

VALENCIA ATHLETES GUIDE v.04-11



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GENERAL INFORMATION

1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

1.2. KEY DATES

DAY	START	END	ACTIVITY	LOCATION
5 th	17:00	17:30	Athletes Briefing	Virtual
5 th	18:00	20:00	COVID-19 tests & Athletes Package pick up	Main venue
6 th	16:00	17:00	Swim Course familiarization	Main venue
7 th	14:15		Elite Women Event	Main venue
7 th	16:45		Elite Men Event	Main venue

1.3. KEY CONTACTS

Event Director: Arturo Navarro

arturo.navarro@triatlocv.org

Co-Event Director: Alicia García

alicia.garcia@triatlon.org

Co-Event Director: Jorge García

jorge.garcia@triatlon.org

Race Director Alejandro Gómez

Alejandro.gomez@triatlocv.org

Technical Delegate: Miguel Fernández

Miielaleiandro@vahoo.es

Athletes Services Manager: Juan Carlos Díez

Juancarlos.diez@triatlon.org

Media Manager: Daniel Márquez

daniel.marquez@triatlon.org

Medical Delegate: Alfredo Fernández

alfesm1966@gmail.com

Covid Coordinator: Javier García Monreal

ssmorvedre@gmail.com



1.4. CONTACT DETAILS

Spanish Triathlon Federation Ferraz 16 3ºDcha 28008 Madrid Jorge García – <u>jorge.garcia@triatlon.org</u> +34 650 64 63 62

COVID-19 SPECIFIC:

1. PRE-EVENT MEDICAL CERTIFICATE FOR PARTICIPATING

Due to the current situation of the COVID-19, the World Triathlon Medical Committee has made mandatory for all athletes to submit a pre-event medical certificate for participating in the event:

- The medical certificate must be issued in English by the National Federations' medical staff or a personal doctor and submitted to the responsible person assigned by World Triathlon at the time of the race package distribution. Alternative, the medical certificate can be submitted electronically to World Triathlon at (sport@triathlon.org);
- The certificate must declare that the athlete has been examined and he/she has not tested positive to PCR nasopharyngeal swab test and/or is not in quarantine and has been without any COVID-19 symptoms for the previous 14 days;
- The certificate must be signed by a doctor and the athlete and should be produced no later than 72hs before the person's travel day to the event; In case of previous positive PCR nasopharyngeal test, the athlete must provide two negative PCR tests:
 - One must take place prior to the medical examination in order for the doctor to take in consideration for signing the certificate; The second must be issued as close as possible to the event's date; Please note that we are requiring the athletes to submit PCR test results, **ONLY** in the case of a previous positive **PCR** test. In all the other cases, the athlete must submit only the medical certificate:
- A sample of the Pre-Travel Medical Certificate can be found in Appendix 1 of the World Triathlon COVID-19 guidelines;
- In cases where this certificate is not provided, the athlete will not be allowed to compete.

In case, any athlete, staying already in Spain, LOC will provide a doctor in order to go through a control and fill in the certificate. Please contact the Medical Services through the following phone number +34 637 22 56 90 (Serveis Sanitaris Morvedre)

2. Pre-event questionnaire

On the race week all athletes, coaches and team medical should fill in the pre-event questionnaire at https://docs.google.com/forms/d/1gkxqQZi 82DJ2VNey4xh9b-eALjRIxUJblxqfquBVF8/viewform?edit_requested=true



3. Athlete's waiver

All athletes are required to read and sign the athletes' waiver for competing at the event which can be found <u>here</u>. You can bring the signed paper at the race package distribution or sign one on the spot. Please note that it is mandatory for the athletes to sign the waiver in order to collect their race package.

4. COVID-19 Testing at the event

After a request from the Local Organizing Committee and the Spanish Triathlon Federation, and approval from World Triathlon, a Covid 19 test will be conducted to all participant athletes.

The test will take place at the venue, it will be mandatory for all athletes and will follow the specific procedure:

- a. You will go through an antibody test on Thursday afternoon, according to the time table assigned to the race package delivery, please check the table in 2.4. For this test a blood sample will be taken by a finger puncture.
- b. The antibody test will produce results on site 5 to 10 minutes after the sample collection. The result of the test will determine the subsequent actions.
 - i. Negative result. The test is finished and no more actions are needed.
 - ii. Invalid test. The test will be repeated.
 - iii. Positive result. A PCR swap confirmation test is required. You will go through a PCR test at the same location. Following this, you must remain isolated in your hotel room till the results are published, which will be on Friday afternoon.
 - PCR negative: you will be allowed to compete and no additional actions are required.
 - PCR positive: the isolation continues, the health authorities will be informed and you will need to follow their instructions and guidelines. You will not be allowed to compete.

For any clarifications, please contact Alicia Garcia alicia.garcia@triatlon.org

5. Health Screening

Temperature and Oxygen saturation level checks will be performed every time the athletes and coaches are entering the site including at the times of the athletes' package distribution and familiarizations. Saturation levels lower than 95% and a temperature above 37.5°C will be reported to the RMD/MD.

6. Cleaning protocols on site

All facilities used by the athletes will be cleaned and disinfected by the LOC through the day.



2. VENUE

2.1. RACE VENUE

The venue is located at the Marina Real Valencia.

Marina Real Juan Carlos I Street

https://goo.gl/maps/zV1bGuTjqacQ6SZv8 https://w3w.co/islotes.baúl.tinte

Located between the commercial port of the city and its promenade is La Marina de Valencia, leading area of the city with big spaces to walk, ride a bike, enjoy local cuisine and practice nautical and sports activities.

As a result of the modernization of the Port to host the 32nd America's Cup, Valencia has this space where culture, training and entertainment are combined with sports, tourism and gastronomy.

The most emblematic building is the Veles e Vents, a symbol of contemporary architecture in Valencia and a cultural container, where there are exhibitions, live music, theatre, conferences and dance.

In the area there are many restaurants, first class hotels and the Marina Beach Club.

In addition, it has become a regular venue for sporting events such as Valencia Triathlon, which in 2020 hosts the ITU Triathlon World Cup.





2.2. COURSE FAMILIARIZATION

Due to the COVID-19 outbreak the bike familiarization is not going to take place. We are going to record the course and give the opportunity to ride virtual through our partner platform Bkool.

The video will be released on Thursday 5th of November on the World Triathlon event page.

Swim course familiarization will take place on Friday; at 16.00 at the venue.

2.3. ATHLETE'S LOUNGE

Will be allocated at the venue, and will be divided in two; one for men, one for women.

2.4. EVENT BRIEFING & ATHLETES' RACE PACKAGE

COVID-19 specific:

Athletes briefing will be virtual and it will take place on Thursday 5th of November at 17:00 local time. Please register for the athletes' briefing here. The recording of the briefing and the presentation will be available after the session here.

Athletes' race package will be distributed at the venue according to the following schedule and it must be collected by the athlete. The use of mask and social distancing is mandatory:

18:00 – 18:15:	AUS, AUT, BEL, BER, BRA
18:15 – 18:30:	CHI, COL, CZE, EST, FRA, GBR, GER
18:30 – 18:45:	ESP Women
18:45 – 19:00:	ESP Men
19:00 – 19:15:	HUN, ISR, ITA, LUX
19:15 – 19:30:	MEX, NOR, PHI
19:30 – 19:45:	POL, POR, ROU, RSA, RUS
19:45 – 20:00:	SLO, SUI, SYR, UKR, USA, VEN



2.5. DOPING CONTROL

Doping tests will be conducted according to World Triathlon/WADA rules. The athletes must carry their identification to the doping control facilities.

2.6. SECURITY

Local Police from Valencia, Policía Nacional and emergencies service, will provide the security for the event.

2.7. LOC OFFICE

LOC office will be allocated at the main venue and will be open from Thursday till Saturday, from 10:00 to 14:00 and from 16:00 to 20:00.

2.8. BIKE MECHANICAL SERVICE

There will be bike mechanical service at the venue on race day and during the swim familiarization

3. ACCOMODATION

COVID-19 specific:

Standard COVID-19 measures will apply in all the hotels at the Valencia city. You will be informed about them upon arrival to your accommodation.

For information and booking, contact maricarmen.martos@transviasport.com





4. TRAVELLING, VISAS and TRANSFERS

COVID-19 specific:

For arrival into Spain please check the most up to date information here: https://www.spth.gob.es/

If you require additional help please contact Alicia García (alicia.garcia@triatlon.org)

Anyone using the shuttles provided by the LOC must be informed that the use of mask and face covering is mandatory. Everyone needs to disinfect their hands before entering the bus.

For Visa requests, you have to contact:

Lourdes López Spanish Triathlon Federation Lourdes.lopez@triatlon.org

Transfer services information:

Transfers will be complimentary for all athletes that are going to compete in Valencia and arrive to Valencia International Airport, under the following conditions:

- Will be organized by groups.
- Will be done to any hotel inside the city of Valencia, and will be organized from the airport to the specific hotel designated by the NF
- NF's need to send an email before Sunday 1st of November to maricarmen.martos@transviasport.com, with the following data:
 - National Federation
 - Name and surname
 - Athlete / Coach / Guest
 - Email
 - Phone contact
 - Bike (yes/no) / number of Bikes
 - o Arrival details: Day/hour/flght number
 - Departure details: Day/hour/flight number
 - Hotel in Valencia: Name and address

For coaches and other support staff from each NF, the cost is 60 € per person, return included



5. ATHLETE'S SERVICES

5.1.TRAINING FACILITIES

COVID-19 specific

Athletes are recommended to keep distance during running sessions and during their session at the beach. *It is recommended to call the telephone to confirm pool availability

Suma Fitness Club Patacona

Web https://www.sumafitnessclub.com/patacona/

Location: https://g.page/sumapatacona?share

Free swim https://www.sumafitnessclub.com/patacona/horarios/#actividades-agua

Tel: 96 320 51 80

Polideportivo Nazaret

http://www.fdmvalencia.es/instalaciones/polideportivo-nazaret/

Location: https://goo.gl/maps/c38UkQJNkZFUXaUE8

Tel: 96 367 79 48.

- Monday, Wednesday, Friday: 8:00h. a 17:30h. y de 19:00h. a 22:30h.
- Tuesday, Thuersday: 8:00 h a 17:30 h
- Saturday: 9:00h. a 15:00h.

Piscina Municipal Ayora

http://www.fdmvalencia.es/es/instalaciones/piscina-ayora/

Web https://www.centrosupera.com/ayora/

Location https://goo.gl/maps/wMxp2BRjEp79uwpF7

Tel: 96 331 81 04

Polideportivo Malilla, Swimming pool

http://www.fdmvalencia.es/es/instalaciones/polideportivo-malilla/

Location https://goo.gl/maps/ip5zu6vgammsFXY46

Tel: 960018776 - Whatsapp: 652834346



Pista Atletismo Estudio Turia – polideportivo Tramo III

http://www.fdmvalencia.es/es/instalaciones/instal%C2%B7lacions-riu-turia-estadi-del-turia-tram-iii/

Location https://goo.gl/maps/udmdgbQzsmCe2hrZ8

Tel: 96 348 50 00

Other pools with free swim valencia http://www.fdmvalencia.es/es/instalaciones-fdm/

5.2. MEDICAL SERVICES

COVID-19 medical protocols

- a. COVID-19 emergency contact details: Please contact Javier García Monreal (ssmorvedre@gmail.com) in case of COVID-19 symptoms.
- b. Protocols to be followed in case of a positive case: The assigned medical director will activate the protocol established by Generalitat Valenciana health authorities, that are set at the specific moment
- c. The number to call in case of COVID-19 emergency is the Hotline number: 900300555

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions and during the race. There will be First Aid and Emergency Medical Services at the Race Village on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.



6. COMPETITION SCHEDULE

ELITE WOMEN & MEN

DAY	STA RT	END	ACTIVITY	LOCATION
5 th	TBC		COVID-10 Tests	Main Venue
5 th	17:00	17:30	Athletes' briefing	Virtual
5 th	18:00	20:00	COVID-19 tests & athletes' package pick up	Main venue
6 th	16:00	17:00	Swim Course Familiarization	Main Venue
7 th	12:45	13:45	Athlete Lounge check in	Main Venue
7 th	13:15	14:00	TA Check In	Main Venue
7 th	13:15	14:00	Swim Warm Up	Main Venue
7 th	14:00		Calling area	Start Area
7 th	14:10		Athletes introduction	Start Area
7 th	14:15		Start	Start Area
7 th	15:30		Award Ceremony	Main Venue
7 th	15:15	16:15	Athlete Lounge check in	Main Venue
7 th	15:45	16:30	TA Check In	Main Venue
7 th	15:45	16:30	Swim Warm Up	Main Venue
7 th	16:30		Calling area	Start Area
7 th	16:40		Athletes introduction	Start Area
7 th	16:45		Start	Start Area
7 th	18:00		Award Ceremony	Main Venue

7. COMPETITION RULES

The event will follow the latest published Competitions Rules of the World Triathlon.

https://www.triathlon.org/uploads/docs/itusport_competition-rules_2019.pdf

8. TIMING CHIPS

On race day athletes will be given a timing chip, to be worn on the athletes' ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure.

9. RESULTS

Results will be uploaded live at the World Triathlon official website www.triathlon.org.

10.PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules



11.ACCREDITATION

COVID-19 Specific:

Only one accreditation to coach and team medical per team.

The LOC will provide all the Organizing Committee Members, World Triathlon Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, coaches, etc. with an official Accreditation.

Athletes and Coaches will receive the accreditations at the race package distribution.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas.

All accredited people are requested to carry their accreditation at all times, and to show them upon request. Accreditations are mandatory to enter both venues.

12. OTHER USEFUL INFORMATION

12.1. USEFUL INFORMATION

LANGUAGE: Spanish

POPULATION: 790.201 inhabitants

CURRENCY: Euro (€)

TIME: Standard time GMT+1 (summer time)

ELECTRICITY: 220 v

WATER: Drinking water, urban network

TELEPHONE CONNECTIONS: International prefix +34

12.2. **BANKS**

There are many banks around the hotels, so it is really easy to get to them. Usual time is from 8.30 to 14.30

12.3. LOCAL INFORMATION

You can find all the tourist information in the following link

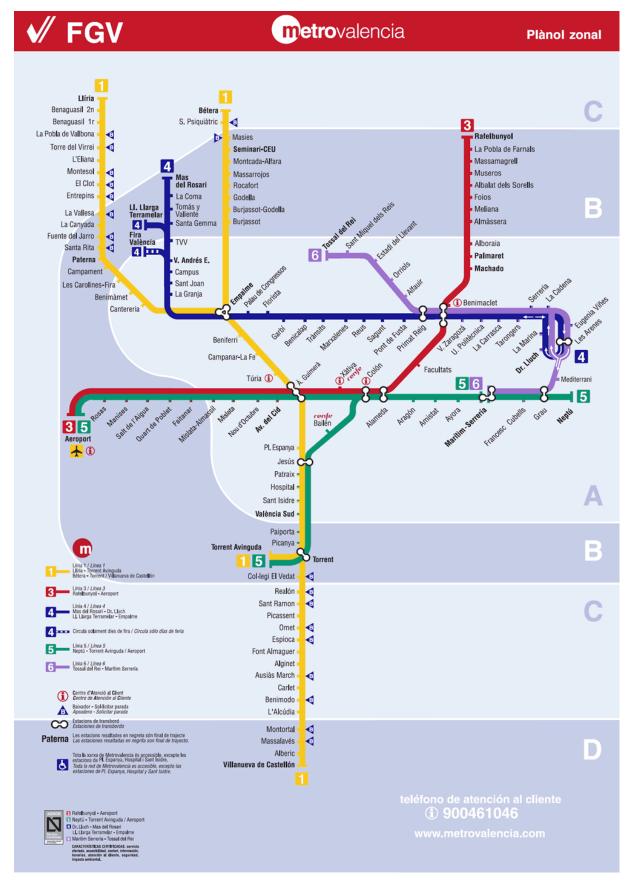
https://www.visitvalencia.com/en

12.4. VALENCIA METRO

https://www.metrovalencia.es/page.php

The closest station to the venue is Maitim-Serreria







13.QUALITY TEST





Datos S	Solicitante	Informe Ensayo	nº	A27709-20
Nombre	FEDERACIÓN TRIATLÓN DE LA COMUNIDAD VALENCIANA	Instalación	Marina de Valencia	2
irección	C/ Aviación, 15P.I. Aeropuerto, MANISES	Fecha Toma	14/10/2020	
		Pto Toma Muestras	Punto 1	

Datos Muestra			
Tipo de muestra	AGUA MARINA	Fecha Recepción	14/10/2020 14:00
Toma de Muestra	EL SOLICITANTE	Fecha Inicio Analisis	14/10/2020
Procedimiento Toma Descripción	Procedimiento Cliente Envase PET estéril neutral.+envase vidrio	Fecha Final Análisis	16/10/2020
Descripción	Envase PET estéril+envase PET estéril neutral.+envase vidrio	I echa i mai Anansis	10/10/2020

OBSERVACIONES

Hoja V-115781--- CIF: B-97783757

80,

Folio

Libro 5796,

Inscrita en el R.M. de Valencia,

Pruebas/Ensayos	LD/LQ	Resultados	Unidades	Incert.	V.P.	Métodos
*pH	<4,0 Ud. pH	8,0	Ud. pH	3 %	6,0 - 9,0	IT-EN-04
Recuento de Escherichia coli	<1 ufc/100mL	13	ufc/100mL		250	IT-EN-11
Recuento de Enterococos	<1 ufc/100mL	0	ufc/100mL		100	IT-EN-10
* Temperatura		19,8	°C			#

Observaci	ones	

Este informe complementa al informe nº 10008

Legislación Muestra

Valores Paramétros aportados por la Federación de Triatlón de la Comunidad Valenciana

Los resultados emitidos en el presente informe pertenecen únicamente a las muestras analizadas tal y como se han recibido en el laboratorio. AMBIENTALYS garantiza la confidencialidad de los resultados incluidos en este informe. Queda prohibida la reproducción total o parcial de este informe sin el consentimiento expreso de AMBIENTALYS. Cuando la muestra no es tomada por AMBIENTALYS, la fecha y hora, instalación y punto de toma de muestra son facilitados por el solicitante. AMBIENTALYS no se hace responsable de la información aportada.
Medición in situ facilitada por el solicitante.
(*) La forma de muestras sólo está acreditada para los parámetros incluidos en el anexo técnico nº 767/LE1491
VP. 'Valor paramétrico para cada ensayo según legislación de aplicación. L.D.: Limite detección para ensayos microbiológicos. L.Q.: Limite cuantificación para ensayos físico -químicos. Regla decisión análisis resultados-comparación directa: Conforme a ISO 7218 e ISO 8199: Valores de 1 a 3 ufc/placa, 10 a 30 ufc/g, 1 a 3 ufc/mL o VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 40 a 90 ufc/g, 4 a 9 ufc/mL o VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 40 a 90 ufc/g, 4 a 9 ufc/mL o VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 10 a 90 ufc/g, 1 a 3 ufc/mL o VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 40 a 90 ufc/g, 4 a 9 ufc/mL o VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 40 a 90 ufc/g, 4 a 9 ufc/mL o VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 40 a 90 ufc/g, 4 a 9 ufc/mL o VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 40 a 90 ufc/g, 4 a 9 ufc/mL o VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 40 a 90 ufc/g, 4 a 9 ufc/mL o VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 40 a 90 ufc/g, 4 a 9 ufc/placa, 40 a 90 ufc/g,

En Paterna a 26 de octubre 2020

Responsable de Microbiología Enedina Hurtado López

ANGENTALYS CONSULPCIA T ANALYSIS, S.L.
C. I. F. B. 97783757

Calle Les Ones, 6. F. 472807

46980 - PATERNA (Valencia)

Responsable de Físico-Químico Andrea Alacreu Fernández

Autenticidad verificable en https://valide.redsara.es/valide/









Los ensayos identificados con "*" están excluidos de acreditación ENAC.

Datos Solicitante	Informe Ensayo	nº A27710-20
lombre FEDERACIÓN TRIATLÓN DE LA COMUNIDAD VALENCIANA	Instalación	Marina de Valencia
Dirección C/ Aviación, 15P.I. Aeropuerto, MANISES	Fecha Toma	14/10/2020
	Pto Toma Muestras	Punto 2

Datos Muestra

Tipo de muestra AGUA MARINA Fecha Recepción 14/10/2020 14:00 Toma de Muestra EL SOLICITANTE 14/10/2020 Fecha Inicio Analisis Procedimiento Toma Procedimiento Cliente Fecha Final Análisis 16/10/2020 Descripción Envase PET estéril+envase PET estéril neutral.+envase vidrio

OBSERVACIONES

Pruebas/Ensayos	LD/LQ	Resultados	Unidades	Incert.	V.P.	Métodos
* pH	<4,0 Ud. pH	8,0	Ud. pH	3 %	6,0 - 9,0	IT-EN-04
Recuento de Escherichia coli	<1 ufc/100mL	5	ufc/100mL		250	IT-EN-11
Recuento de Enterococos	<1 ufc/100mL	2	ufc/100mL		100	IT-EN-10
* Temperatura		20,3	°C			#

Observaciones

Hoja V-115781--- CIF: B-97783757

Folio 80,

5796,

Inscrita en el R.M. de Valencia,

Este informe complementa al informe nº 10009

Legislación Muestra

Valores Paramétros aportados por la Federación de Triatlón de la Comunidad Valenciana

Los resultados emitidos en el presente informe pertenecen únicamente a las muestras analizadas tal y como se han recibido en el laboratorio. AMBIENTALYS garantiza la confidencialidad de los resultados incluidos en este informe. Queda prohibida la reproducción total o parcial de este informe sin el consentimiento expreso de AMBIENTALYS. Cuando la muestra no es tomada por AMBIENTALYS, la fecha y hora, instalación y punto de toma de muestras os facilitados por el solicitante. AMBIENTALYS no se hace responsable de la información aportada.

Medición in situ facilitada por el solicitante.

(*) La toma de muestras sólo está acreditada para los parámetros incluidos en el anexo técnico nº 767/LE1491

V.P.: Valor paramétrico para cada enasyo según legislación de aplicación. L.D.: Limite detección para enasyos microbiológicos. L.Q.: Limite cuantificación para ensayos fisico -químicos. Regla decisión análisis resultados-comparación directa: Conforme a ISO 7218 e ISO 8199: Valores de 1 a 3 ufc/placa, 10 a 30 ufc/pl. 4 y ufc/ml. O VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 40 a 9 ufc/ml. O VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, a 9 ufc/ml. O VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, a 9 ufc/ml. O VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, a los posición del ciente.

Para el ensayo de Legionella según UNE ISO 11731:2017: (A) Matriz A, Procedimiento 5 y 7, Medio de Cultivo A y C(GVPC), (B) Matriz B, Procedimiento 8,9 y 10, Medio de Cultivo C(GVPC)

En Paterna a 26 de octubre 2020

Responsable de Microbiología Enedina Hurtado López

AMBIENTALYS CONSULTORIA T ANALISIS, S.L.
C. I.F. B 47783 F67
Calle Les Ones 6 P. General
16980 - PATERNA (Valencia)

Responsable de Físico-Químico Andrea Alacreu Fernández

Autenticidad verificable en https://valide.redsara.es/valide/







Los ensayos identificados con "*" están excluidos de acreditación ENAC.

Datos So	licitante	Informe Ensayo	nº A27711-20
Nombre I	FEDERACIÓN TRIATLÓN DE LA COMUNIDAD VALENCIANA	Instalación	Marina de Valencia
Dirección	C/ Aviación, 15P.I. Aeropuerto, MANISES	Fecha Toma	14/10/2020
		Pto Toma Muestras	Punto 3

Datos Muestra

Tipo de muestra AGUA MARINA Fecha Recepción 14/10/2020 14:00 Toma de Muestra EL SOLICITANTE 14/10/2020 Fecha Inicio Analisis Procedimiento Toma Procedimiento Cliente 16/10/2020 Fecha Final Análisis Descripción Envase PET estéril+envase PET estéril neutral.+envase vidrio

OBSERVACIONES

Pruebas/Ensayos	LD/LQ	Resultados	Unidades	Incert.	V.P.	Métodos
* pH	<4,0 Ud. pH	8,0	Ud. pH	3 %	6,0 - 9,0	IT-EN-04
Recuento de Escherichia coli	<1 ufc/100mL	0	ufc/100mL		250	IT-EN-11
Recuento de Enterococos	<1 ufc/100mL	0	ufc/100mL		100	IT-EN-10
* Temperatura		20,6	°C			#

Observaciones

Hoja V-115781--- CIF: B-97783757

Folio 80,

5796,

Inscrita en el R.M. de Valencia,

Este informe complementa al informe nº 10010

Legislación Muestra

Valores Paramétros aportados por la Federación de Triatlón de la Comunidad Valenciana

Los resultados emitidos en el presente informe pertenecen únicamente a las muestras analizadas tal y como se han recibido en el laboratorio. AMBIENTALYS garantiza la confidencialidad de los resultados incluidos en este informe. Queda prohibida la reproducción total o parcial de este informe sin el consentimiento expreso de AMBIENTALYS. Cuando la muestra no es tomada por AMBIENTALYS, la fecha y hora, instalación y punto de toma de muestras os facilitados por el solicitante. AMBIENTALYS no se hace responsable de la información aportada.

Medición in situ facilitada por el solicitante.

(*) La toma de muestras sólo está acreditada para los parámetros incluidos en el anexo técnico nº 767/LE1491

V.P.: Valor paramétrico para cada enasyo según legislación de aplicación. L.D.: Limite detección para enasyos microbiológicos. L.Q.: Limite cuantificación para ensayos fisico -químicos. Regla decisión análisis resultados-comparación directa: Conforme a ISO 7218 e ISO 8199: Valores de 1 a 3 ufc/placa, 10 a 30 ufc/pl. 4 y ufc/ml. O VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, 40 a 9 ufc/ml. O VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, a 9 ufc/ml. O VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, a 9 ufc/ml. O VF indican Presencia del microorganismo; y de 4 a 9 ufc/placa, a los posición del ciente.

Para el ensayo de Legionella según UNE ISO 11731:2017: (A) Matriz A, Procedimiento 5 y 7, Medio de Cultivo A y C(GVPC), (B) Matriz B, Procedimiento 8,9 y 10, Medio de Cultivo C(GVPC)

En Paterna a 26 de octubre 2020

Responsable de Microbiología Enedina Hurtado López

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14. COURSES MAPS

START

The mask should be worn until the last minute before athletes' introduction. Please make sure that you will wear your mask after the warm-up.

The start, will be a pontoon start. The Head Referee with assistance of Technical Officials, who are assigned to the start, will start each race.

SWIM COURSE

The swim course has two laps of 750 m., clockwise.

The average water temperature for November is 18°C

TRANSITION 1

A flow through transition has been developed to keep athletes moving forward. Athletes enter the transition and must deposit swim gear in the bin placed beside the bike racks. Athletes' names and numbers are displayed on the top of each bike rack. After the helmet is secured, athletes may un-rack their bikes and move forward into the centre lane and towards the mount line. The transition zone has individual bike racks.

The racks will be individual.

BIKE COURSE

The bike course is totally flat, with 4 laps of 5 km.

TRANSITION 2

From the dismount line, run through T2 and rack the bike.

RUN COURSE

The run course is totally flat, with 1 lap of 5 km.

WHEEL STATION

- There will be 2 wheel stations:
- Team Wheel Station next to the venue
- 1 Neutral Wheel Station, served both sides, at the start of Avenida del Puerto.
 At the neutral wheel stations, all wheels will be disinfected before being
 delivered to the specific locations. An athlete in need of a spare wheel will be
 directed by the TO to the proper wheel which can be picked up by the athlete.
- At the team wheel station, the volunteers and TOs present at that location must not have any contact with the team wheels. The team representatives



are responsible for disinfecting the wheels prior to depositing them at the wheel station. An athlete in need of a spare wheel will be directed by the TO to the proper wheel which can be picked up by the athlete.

- In both cases, the wheel that is left behind by the athlete will be disinfected by the TO before being deposited at the station.
- Technical officials will wear masks/mouth-nose face covering and rubber/disposable gloves

RUN PENALTY BOX

There will be bike penalty box at the venue before the end of the lap

AID STATION

There will be 2 aid stations per lap.

FINISH AREA

- Timing chip removal must be done by the athlete, who must deposit the timing chip to a specific bin close to the exit of the post-finish area.
- Medalist photo at the post-finish area is not allowed.
- All recovery stations will be self-served.
- Food provided will be individually wrapped
- Massage facilities will not be provided.
- Athletes must avoid lying or sitting down on the blue carpet (without any
 medical need/problems). A minimum number of volunteers will be available to
 support the athletes and make sure that the athletes are not congregating at
 the post finish area. These volunteers will wear rubber/disposable gloves and
 masks/mouth-nose face covering.
- Masks will be distributed to the athletes to wear at their earliest convenience.

MEDAL CEREMONIES

Medal ceremonies will be performed according to the COVID-19 guidelines for medal ceremonies that can be found on the World Triathlon COVID-19 Guidelines for Event Organizers.





General view













Bike | 4 laps x 4,9 km







Run | 1 lap x 5 km

