



Triathlon Cross
World Championships
EXTREMADURA
2021



Triathlon Cross
World Championships
EXTREMADURA
2021



GENERAL INFORMATION

KEY CONTACTS

Executive Director	Jose Manuel Tovar presidencia@triatlonextremadura.com
Athletes' Services	Armando Rodriguez luancarlos.diez@triatlon.org
Media Manager	Daniel Marquez Daniel.marquez@triatlon.org
Accommodation	Araceli García Araceli.garcia@bdcme.es
Transfers	Araceli García Araceli.garcia@bdcme.es

WHEN WILL EL ANILLO - EXTREMADURA CROSS TRIATHLON WORLD CHAMPIONSHIPS WILL BE HELD?

2021 Extremadura – El Anillo Cross Triathlon World Championships will take the 31st of october 2021.

- Sunday 31st of october
 - o Junior
 - o ParaTriathlon
 - o Age Group
 - o Elite and U23

You can check the full schedule at

https://triatlon.org/events/event/2021_world_triathlon_cross_triathlon_world_championships_extremadura

DISTANCES

These are the provisional distances

Junior

- Swim 1 lap of 500 m
- Bike 1 lap of 10 km
- Run 1 lap of 3 km

ParaTriathlon

- Swim 1 lap of 500 m
- Bike 1 lap of 10 km
- Run 1 lap of 3 km

Age Group (competition format TBC)

- Swim 1 lap of 1 km
- Bike 1 lap of 20 km
- Run 2 laps of 3 km

Elite and U23

- Swim 1 lap of 1 km
- Bike 1 lap of 20 km
- Run 2 laps of 3 km

ABOUT EXTREMADURA AND EL ANILLO



WHAT ABOUT THE WEATHER IN EXTREMADURA?

In October, average temperatures between 22°C y 13°C during the day.

WHERE TO GO AND VISIT

Extremadura is a big region in the west side of Spain, and next to Portugal border.

The biggest city next to El Anillo is Plasencia, and the capital is Cáceres

AMBROZ VALLEY AND TIERRAS DE GRANADILLA

Cultural heritage, natural beauty spots and ornithology come together in these two regions of the province of Cáceres.

Located in the north of Cáceres province, between the region of Las Hurdes and the Valley, you will find the **Valley of Ambroz**. The landscape, which is comprised of a mountainous area full of **holm-oaks**, **chestnut tres** and **pine groves**, changes, as one moves from **Plasencia** towards **Baños de Montemayor** or **Hervás**, from meadow and pasture land to high mountain scenery.

This region will definitely appeal to you if you like fishing and water sports. Also, if you consider yourself an experienced mountaineer, take advantage of the winter to climb up the snowy mountainsides.

Birdwatchers come to the Ambroz Valley to spot all kinds of fowl: those that inhabit the forest, mountains, brush, meadow, crops and aquatic birds.

In this region, you will also find some **emblematic trees**, of the many that are scattered around Extremadura. Do not miss the **birch wood** of **Puerto de Honduras**, the enormous **chestnut trees** of **Casas del Monte** and **Segura de Toro**, and the **La Fresneda cork-oak** in **Aldeanueva del Camino**.

With regard to the region's wealth of monuments, the highlights are the **Jewish quarter** of **Hervás**, and the **palace of Sotofermoso**, located in **Abadía**, both of which have been declared historical and artistic sites, as well as the **Baños de Montemayor baths**, and **Aldeanueva del Camino**. The latter two villages are on the Silver Route.

The **Ambroz Valley** is the venue for two highly relevant events: **Los Conversos** in **Hervás**, and the **Magical Autumn**, declared a **Festival of Tourist Interest in Spain**.

The heart of the neighbouring district of **Tierras de Granadilla** lies in the **Gabriel y Galán reservoir**, construction of which led to the abandonment of the beautiful village of **Granadilla**. It is now being rehabilitated and can be visited, with its town **wall** and **castle**.

In **Guijo de Granadilla** you can visit the **museum-house of the poet Gabriel y Galán**. And in the municipality of **Oliva de Plasencia**, you simply must visit the Roman town of **Cáparra**.

There is also a district with a **monumental tree** here: the **Romanejo** or **El Acarreadero Oak**, in **Cabezabellosa**.

The **gastronomy** of both regions is sure to delight anyone's palate.

More information about **Valle del Ambroz**: <http://visitambroz.com>

More information about Extremadura: <https://www.turismoextremadura.com/>

VENUE AND MAIN AREAS

Main venue will be located at El Anillo, the main venue for the 2021 Triathlon Cross World Championships.

Main venue will be El Anillo, <https://www.facebook.com/elanilloinnova/>

You can find the location here, <https://goo.gl/maps/tmWBQJaPn8Rqug4L6>

COVID-19, TRAVEL, TRANSPORT AND ACCOMODATION

COVID-19 INFORMATION

TRAVEL TO SPAIN

Procedures to enter in Spain

1. For **ALL** travelers: The Government of Spain has implemented a series of measures to protect the general public's health, including health control of passengers upon arrival in Spain. From this website you can fill out the health control form and obtain your QR Code, to show it at the checking points in the airport before to flight to Spain, <https://www.spth.gob.es/>.

By default, this page is in Spanish but you can select French, English or German by clicking in the box "Elija Idioma".

Please check this website regularly as it is subject to change and further information will follow

2. Restrictions may change quickly, so you need to check the restrictions from your country to enter in Spain. The event is considered "High level event" for the Spanish Government. All people vaccinated will be able to enter in Spain, despite the restrictions in place in each moment.

It is your responsibility to abide to the required measures.

COVID Coordinator: For any question related with COVID restrictions and travel details please contact Alicia Garcia alicia.garcia@triatlon.org

PARTICIPANTS' HEALTH SCREENING

The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of the World Triathlon.

Also, the event, is under the regulations of the autonomous community of Extremadura, that is the authority with competences in terms of health <https://saludextremadura.ses.es/web/>

Athletes must continuously monitor their health status (including temperature detection and monitoring of any symptoms) from 14 days before and during the event.

~~For information about travelling to Spain, see the "TRAVEL" chapter of this guide.~~

Temperature check will be carried out every day at the entrance of the venue.

Temperature higher than 37.5°C will be reported to the Medical Director and Medical Staff of the event.

A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.

Registration procedure: Athletes, coaches, and technical officials, will follow World Triathlon procedures.

Based on the current situation of the COVID-19, World Triathlon requires for this event:

- All athletes, coaches, technical officials, volunteers, staff, media must follow the requirements to enter the host country.
- No additional test is expected unless required by the local authority.
- The decision/rules of the local public health of the host country will be respected.

Full Covid-19 concept paper is available on the event webpage.

HOW TO GET TO EL ANILLO - EXTREMADURA

Due to the place where El Anillo is located, we recommend to fly to Madrid or Seville, and from there rent a car. Renting a car, will allow the people coming to the event, to discover the province of Extremadura.

From Seville, is connected by highway, and the distance is 350 km

From Madrid, is connected by highway, and the distance is 250 km

If you wish to request a quote for a transfer service, please contact:

Araceli García
BCD Meetings and Events
araceligarcia@bcdme.es

ANY TRANSFERS PROVIDED?

Get in contact with:

Araceli García
BCD Meetings and Events
araceligarcia@bcdme.es

If you want to book a Taxi, please contact here:

Autocares Rufo - [927 40 47 16](tel:927404716)

WHERE CAN I SLEEP?

The main cities to El Anillo, are Plasencia and Hervás

Araceli García
BCD Meetings and Events
araceligarcia@bcdme.es

REGISTRATION PROCESS

1. AG athletes will be registered through their National Federation by a designated AG Team Manager.
2. AG athletes need to contact their [National Federation](#) for further information.
3. In case an athlete is not able to get in touch with his/her National Federation, he/she should contact inscripciones@triatlon.org
4. Any athlete who is participating in more than 1 event will need to be registered separately in each event by his/her NF.
5. NFs are to collect the entry fees from athletes. No athlete can directly pay the LOC.

Registration process closes on the 2nd of October

ENTRY FEES

- Age-Group 180 Euro
- Elite and U23 135 Euro
- Juniors 135 Euro
- Para 135 Euro

IF I HAVE REGISTERED AND I CANNOT RACE, WILL I GET MY MONEY BACK?

Sorry, no.

MY NATIONAL FEDERATION CANNOT HELP ME WITH REGISTRATION, CAN I REGISTER INDIVIDUALLY?

Please, send a mail to juancarlos.diez@triathlon.org and we will do our best to help you!

COURSES

Courses will be published at:

https://triathlon.org/events/event/2021_world_triathlon_cross_triathlon_world_championships_extremadura

SERVICES

The following services will be available at the venue:

- Info point.
- Registration.
- Cloakroom.
- Recovery Area.
- Expo.
- Merchandising store.
- Cafeteria.
- WC.
- Lost and found.
- Bike mechanical service.
- Bike washing area.
- Medal ceremonies.

WHAT I WILL RECEIVE AT THE REGISTRATION?

At the registration, you need to show your Passport or ID, and after data verification, you will receive:

- Wristband
- Welcome package

Additional, you will receive an envelope that includes:

- Bib number
- Swim cap
- Bike plate

- Stickers: helmet (x3), bike (x1), cloakroom (x1)
- Tattoo (x1), with the race number for the right arm
- Tattoo (x1), with the race number for the left leg
- Tattoo (x1), with the age group category for the calf

WHEN REGISTRATION WILL BE OPENED?

Registration will be opened:

- Age-Group WCH Friday, from 16:00 to 20:00.
 Saturday from 10:00–16:00

- Elite/U23, Juniors, Para WCH Saturday from 12:00–13:00

IF I AM FINISHER, WILL I RECEIVE ANY ADDITIONAL GIFT?

All the finisher athletes will receive a “finisher” medal and a “finisher” t-shirt.

WHERE THE ATHLETES BRIEFING WILL TAKE PLACE?

Briefings will take place virtually.

THERE WILL BE RENTAL BIKE SERVICE?

At this moment, this service can not be confirmed.

IS THERE GOING TO BE MASSAGE SERVICE?

At this moment, this service can not be confirmed.

MEDAL ENGRAVING

Commemorate your achievement! Engrave your FINISHER time on your medal! You can book this service online, (details will come by september) and pay 10€. Or also, when you have crossed the Finish Line go to the Recovery Area and pay 15€.

TRAINING FACILITIES

Swim course familiarization will be on Friday between 16:00–17:00

BIKE COURSE FAMILIARIZATIONS

Courses will be marked from Tuesday the week of the event

THERE WILL BE CHANGING ROOMS AND SHOWERS?

There will be showers at the venue

IS THERE A BIKE CLEANING STATION?

LoC to provide details

WHAT ABOUT THE LOST & FOUND OFFICE?

If you lose anything, you can go to the lost & found office at the Expo, next to the place where you will pick up your bag with your bib numbers.

CAN I WEAR MY OWN TRISUIT?

It is compulsory to wear the trisuit of your National Federation, the country you are representing. Please double check with your National Federation if you have doubts.

WILL THERE BE AN EXHIBITION AREA- EXPO?

Yes, at the El Anillo center, from Friday to Sunday.

WHEN THE COURSES WILL BE MARKED?

We are planning to have the courses marked by the Tuesday preceding the race.

THERE WILL BE LIVE TIMING OF THE EVENT?

Yes, all the events will have live timing through the official APP; further details shortly

THERE WILL BE FREE PHOTOS OF THE EVENT?

Yes, there will be a photographer at the finish line, and the photos will be posted in Facebook



Triathlon Cross
World Championships
EXTREMADURA
2021

