

## **2021 Extremadura Aquathlon and Cross Triathlon World Championships Covid-19 Concept Paper (24.09.2021)**

### **INDIVIDUAL RESPONSIBILITY**

The event will follow the latest published [Prevention guidelines for Event Organizers](#) for COVID-19 of the World Triathlon.

Also, the event, is under the regulations of the Regional Government of Principado de Asturias, that is the authority with competences in terms of health <https://saludextremadura.ses.es/web/>

Procedures to enter in Spain

1. For **ALL** travelers: The Government of Spain has implemented a series of measures to protect the general public's health, including health control of passengers upon arrival in Spain. From this website you can fill out the health control form and obtain your QR Code, to show it at the checking points in the airport before to flight to Spain, <https://www.spth.gob.es/>. By default, this page is in Spanish but you can select French, English or German by clicking in the box "Elija Idioma".
2. Restrictions may change quickly, so you need to check the restrictions from your country to enter in Spain. The event is considered "High level event" for the Spanish Government. All people vaccinated will be able to enter in Spain, despite the restrictions in place in each moment.

COVID Coordinator: For any question related with COVID restrictions and travel details please contact Alicia Garcia [alicia.garcia@triatlon.org](mailto:alicia.garcia@triatlon.org)

### **RISK ASSESSMENT AND MITIGATION**

Extremadura "Local Organizing Committee (LOC)" uses the WHO risk assessment and risk prevention checklist for "mass gatherings" in the framework of the covid-19 document to design the event.

The organization is implementing its activities to comply with local health authority protocols and minimize the risk of pandemic spread, keeping participants and the public safe and healthy.

A careful management of the schedule and access times of the participants will be implemented to access the competition areas with an adequate social distancing and an immediate exit once finished. The waiting areas will be restricted and controlled by volunteers or security personnel.

Data collection systems (addresses - Phone - Mail) will be used to manage the contacts of everyone involved in the event. This includes athletes, technical officials, coaches, volunteers, staff, authorities. This would ensure that we can trace back to the people potentially involved if a suspicious case is identified. If confirmed, the protocol established at the moment by the health authorities will be executed.

### **PARTICIPANTS' HEALTH SCREENING**

Athletes must continuously monitor their health status (including temperature detection and monitoring of any symptoms) from 14 days before and during the event.

For information about travelling to Spain, see the "TRAVEL" chapter of this guide.

Temperature check will be carried out every day at the entrance of the venue.

Temperature higher than 37.5°C will be reported to the Medical Director and Medical Staff of the event.

A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.

Registration procedure: Athletes, coaches, and technical officials, will follow World Triathlon procedures. Volunteers, staff, media, and authorities, will be registered online through a specific application.

Due to the current situation of the COVID-19, the World Triathlon Medical Committee has made the following measures mandatory for all athletes (including Spanish athletes):

- All individuals applying for an accreditation to World Triathlon and Continental Triathlon events must fill in the online pre-event questionnaire through the link that will be provided by the LOC in the athlete guide.
- We will continue to respect the decision/rules of the local public health of the host country.
- All the specific measures can be found in the table next page:

	<b>Pre-event questionnaire</b>	<b>COVID-19 test before travelling</b>	<b>COVID-19 test at event</b>
<b>Elite athletes</b>	Yes, for contract tracing purpose	Follow the requirements to enter the host country	Yes, only if stand-alone event
<b>U23 athletes</b>			
<b>Junior athletes</b>			
<b>Youth athletes</b>			
<b>Paratriathlon athletes / Personal handlers / guides</b>			
<b>AG athletes</b>			Follow public health request
<b>Coaches / team medical / support NF personnel</b>			Follow public health request
<b>TDs / ITOs / NTOs / Competition Jury</b>			Follow public health request
<b>IF Staff / Continental Federation Delegation</b>			
<b>LOC / Contractors</b>			Follow public health request
<b>ParaTriathlon Swim exit assistants</b>			Follow public health request

### **CLOSE CONTACT DEFINITION AND PROCESS TO FOLLOW IN CASE OF POSITIVE CASE**

In general close contact will be considered any person that has been in the same place as a case, at a distance of less than 2 meters and for more than 15 minutes.

In case of symptoms, stay alone, and call 112.

### **USE OF MASK/MOUTH-NOSE FACE COVERING AND RUBBER/DISPOSABLE GLOVES**

Spanish laws establish that the use of a **mask is mandatory for everyone** except for the athletes during the competition. The use of rubber gloves is not mandatory.

### **ISOLATION TENT AND SUSPICIOUS CASE**

During the event, if a Suspicious Case is identified:

- A surgical mask will be provided;

- That person will be taken to the Isolation Tent at the venue, by a staff member;
- The Doctor in charge of the Isolation Tent will call the City Health Service TELEPHONE and follow the given procedure;
- The Isolation Tent will be provided with exclusive bathroom, sealed water and food, surgical masks, hand sanitizers and alcohol solution wipes.

The definition of suspicious case in Spain is anyone with a clinical picture of sudden-onset acute respiratory infection of any severity that includes, among others, fever, cough, or a sensation of shortness of breath.

### **VENUE AND EVENT STRUCTURE**

Official information will be announced in the Athletes Guide

### **CLEANING AND SANITATION**

In addition to the cleaning and sanitization measures already in place in common workplaces, further cleaning and sanitization of surfaces that most commonly come into direct contact with people are planned.

In specific entrance areas, products (disinfectant and paper) are supplied to perform self-sanitization of vehicles and workstations.

### **ATHLETES' SERVICES**

#### **AIRPORT TRANSFER**

Official information will be announced in the Athletes Guide

#### **TRAINING FACILITIES**

Official information will be announced in the Athletes Guide

#### **ATHLETES' AND COACHES' BRIEFING**

At World Triathlon events, all coaches' presential briefings are cancelled. The briefing will be online and recordings will be made available.

The athletes' briefing is not mandatory.

All information about the race will be provided through the World Triathlon website.

Special rules for the race:

- The online briefing will be held on a date and time consistent with the World Triathlon Competition Rules and will take place online through the Zoom platform.
- Participants will attend the TD presentation and can contribute questions or feedback through the online Q&A function. If people cannot attend the session in

real time, the presentation will be recorded and published on the World Triathlon website for later viewing.

- There are no penalties for those who arrive late or miss the online briefing.
- The event briefing will be available on the event's website.
- The TD will be available for any clarifications: Julien van der Plancke (jvanderplancke@fftri.com).

#### RACE PACKAGE DISTRIBUTION

The athlete must pick up the race pack in person at the venue. The schedule will be communicated in the week of the event. Volunteers will wear face masks and sanitation of hands regularly.

#### COURSE FAMILIARISATIONS

- Swim course familiarizations will be available only for Elite, Junior and ParaTriathletes
- Bike course familiarizations. Course will be marked as of the middle of the week preceding the event.
- Official trainings are not planned

#### **EVENT FORMAT**

**TRANSITION AREA:** Bike racks will be horizontal, and the distance between them will be 1 meter.

**RUN AID STATIONS:** Only water will be provided at the aid stations. Volunteers will distribute the water to the athletes as usual. Volunteers will wear face masks and sanitation of hands regularly.

**PENALTY BOX:** It will be organised in such a way as to ensure social distancing.

**FINISH AREA:** The finish tape will be disinfected between races. Photographers, TV, and Media will stay 20 m from the finish line. After crossing the finish line, the athletes will be directed to a first recovery area, and after they will continue to the athletes' lounge. At the recovery area the athletes will take the water themselves. Next to the finish area the medical area will be located. Volunteers will wear face masks and sanitation of hands regularly.

#### **SPECIFIC RISK MITIGATION PLANNED**

##### **Antigen Test:**

No antigen tests are required for this event.

##### **Arrival at the venue:**

- All the accredited people will access the venue, through the security gate, to guarantee the control of the people that are inside the venue.
- All people will access the event with temperature log, access time, mask detection, and photo log.
- Everything is stored in a file so that the data is available to the health authorities.

- Venue and courses will be completely closed with fences and authorized personnel.
- In the case of any suspicious case, the medical services will be notified.

### **Capacity Control**

The venue size is around 10.000m<sup>2</sup> Currently spectators are allowed at 70 percent of venue capacity.

### **Non-Essential Services**

There will be no massage service.

### **Technical officials**

The event will follow the latest published [Prevention guidelines for Event Organizers](#) for COVID-19 of the World Triathlon.

### **Seating Areas**

There will be no spectators during the competition.

### **Social Distancing**

The recommendations of the health authorities, World Triathlon and FETRI in their protocols will be followed.

### **Races & Sport Presentation**

The event will follow the latest published [Prevention guidelines for Event Organizers](#) for COVID-19 of World Triathlon.

### **HOW TO PROCEED IN CASE AN ATHLETE NEEDS A TEST TO RETURN TO HIS/HER COUNTRY**

Information to be updated in due time