

BONAQUA AFRICA TRIATHLON CUP TROUTBECK

Concept Paper

INDIVIDUAL RESPONSIBILITY

The event will follow the latest published <u>Prevention guidelines for Event Organizers</u> for COVID-19 of the World Triathlon.

Also, the event, is under the regulations of the Zimbabwe Ministry of Health, that is the authority with competences in terms of health: TEL +263 4 798555/60

Procedures to enter in Zimbabwe.

- Entry to Zimbabwe requirement is a valid negative PCR test certificate within 48 hours of arrival.
- 2. All visitors are encouraged to be vaccinated but this is not a mandatory requirement.
- 3. All visitors are encouraged to remain in a Bio Secure Bubble prior to arrival in Zimbabwe but this is not mandatory.
- 4. ALL ATHLETES ARE ADVISED TO CHECK WITH THE LOC ATHLETE LIAISON OFFICER PRIOR TO TRAVEL CONFIRMATION at troutbecktri-loc@zimtri.org

Any amended regulations in place prior to the event date, will also be revised on the Concept Paper accordingly.

COVID Coordinator: For any question related with COVID restrictions and travel details please contact Dr AUSTIN JEANS email: jeansdoc86@gmail.com

RISK ASSESSMENT AND MITIGATION

The Local Organizing Committee used the WHO risk assessment and risk prevention checklist for "mass gatherings" in the framework of the COVID-19 document to design the event.

The LOC is implementing its activities to comply with the local health authority protocols and minimize the risk of pandemic spread, keeping participants and the public safe and healthy.

The Event Venue and Hotel will be managed as a Bio Secure Bubble.

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A careful management of the schedule and access times of the athletes will be implemented to access the competition areas with an adequate social distancing and an immediate exit once finished. The waiting areas will be restricted and controlled by volunteers or security personnel.

Data collection systems will be used to manage the contacts of everyone involved in the event. This includes athletes, technical officials, coaches, volunteers and staff. This would ensure that we can trace back to the people potentially involved if a suspicious case is identified. If confirmed, the protocol established now by the health authorities will be executed.

PARTICIPANTS' HEALTH SCREENING

Athletes must continuously monitor their daily health status (including temperature measurement and monitoring of any symptoms) from 14 days before and during the event as per the compulsory World Triathlon on-line Health Screening Questionnaire and protocols which are part of the Event Entry requirements via: entries@triathlon.org

https://triathlon.org/pre_event_covid_19_screening_guide

For information about travelling to Zimbabwe, see the "TRAVEL" chapter of this guide.

Temperature check will be carried out every day at the entrance of the venue.

Temperature higher than 37.5°C will be reported to the Medical Director and Medical Staff of the event.

Any Athlete or Official must pre-declare to the Medical Delegate/Covid Control Officer any high-risk conditions such as Heart Disease, High blood pressure, Obesity and Diabetes. jeansdoc86@gmail.com

A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.

Registration procedure: Athletes, coaches, and technical officials, will follow WORLD TRIATHLON procedures. Volunteers, staff, media, and authorities will be registered online through a specific application.





World Triathlon Pre-Event Covid-19 Screening Process

All athletes along with the support staff applying for accreditation for this event must respect the following pre-event Covid-19 screening conditions (as a minimum):

- · Fill in the online pre-event questionnaire
- Perform a PCR swab pre-travel test within 48 hours before planned arrival in Zimbabwe for the event
- All athletes must submit a pre-travel medical certificate through the World Triathlon registration system according to the specifications listed in the World Triathlon COVID-19 guidelines

World Triathlon has developed an online tool for the World Triathlon pre-event Covid-19 screening process. Please follow the instructions below based on your role at the event to learn how to submit the questionnaire and upload the necessary documents https://triathlon.org/pre_event_covid_19 screening_guide

Additional conditions may be imposed on events from the local health authorities. These additional measures will be communicated to all via the events' Athletes Guides.

World Triathlon Event COVID-19 screening process

- A minimum of one antigenic COVID-19 test for all athletes and support NF personnel is required at the event location (see below). In case of a positive result, a PCR swab test must follow. A time and place for these tests will be determined by the LOC.
- A rapid antigen test will be performed at the event venue on Friday 24 September 2021, this will be done on a designated time slot per athlete starting at 11am prior to athlete registration. Athletes will be informed of this process and their respective time slot by the LOC.
- Daily health screening is also required at the Event venue for COVID-19 related symptoms.
- The above process is a standard process in all the events this season. Additional
 conditions may be imposed on events from the local health authorities. These additional
 measures will be communicated to all via the events' athletes' guides.





A summary of the pre-event and event COVID-19 screening process can be found at the table below:

CATEGORIES Pre-event Questionnaire		COVID-19 test before travelling	Medical Certificate	COVID-19 test at event	Daily Health screening
Elite athletes	yes	yes	yes	yes	yes
J23 athletes yes		yes	yes	yes	yes
Junior athletes yes		yes	yes	yes	yes
outh athletes yes		yes	yes	yes	yes
Para triathlon athletes/personal handlers/guides	yes	yes	yes for athletes/guides	yes	yes
AG athletes	yes	yes	Follow public health request	follow public health request	yes
Coaches/team medical/support NF personnel	yes	yes	follow public health request	yes	yes
TDs/ITOs/NTOs	yes	yes	follow public health request	yes for the ones in close contact	yes
IF Staff	yes	yes	follow public health request	with the athletes, the others follow public health request	yes
LOC/Contractors	follow public health request	follow public health request	follow public health request	follow public health request	yes
Para triathlon swim exit assistants	yes	follow public health request	follow public health request	yes	yes







CLOSE CONTACT DEFINITION AND PROCESS TO FOLLOW IN CASE OF POSITIVE CASE

In the event of a COVID-19 positive test or a possible (suspicious) case at the event venue all close contacts identified as anyone who has been within 2meters of the person within 24 hours shall be informed and be subject to a rapid antigen test. Any person testing positive on rapid antigen test will be advised to isolate in their room or the Isolation Room in the hotel until confirmatory PCR test results are evaluated.

Prior to departure every visiting athlete/coach/official will undertake a compulsory PCR test. Should the result show positive for Covid then he/she will be transported to a regulated COVID 19 quarantine facility and remain there for the required period of time and be subject to the required testing until a PCR negative certificate is provided as required for their departure flight from Harare. This will be at their own cost.

Should hospitalization be deemed necessary the person will be transported by ambulance to HealthPoint hospital in Harare. Hospitalization and treatment costs are for the athlete or their insurance. If the medical insurance will not cover the upfront costs then the athlete is liable to pay and reclaim. Athletes can supply details of their medical insurance to the LOC if they wish to preview the acceptability of their insurance by HealthPoint hospital.

USE OF MASK/MOUTH-NOSE FACE COVERING AND RUBBER/DISPOSABLE GLOVES

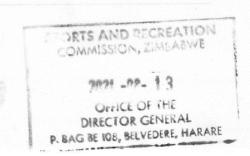
According to World Triathlon the use of a mask is mandatory for all athletes, technical officials and team support (except, for the athletes during the competition). Country laws will determine the use of mask for the LOC staff, volunteers and each contractor. The use of rubber gloves is not mandatory.

ISOLATION TENT AND SUSPICIOUS CASES

During the event, if a Suspicious Case is identified:

- A surgical mask will be applied (provided or used?), preferably by the own Suspicious Case (need to clarify if athletes/team members must have their own and spares);
- That person will be taken to the Isolation Tent by a staff member;
- The Doctor in charge of the Isolation Tent will call the National Health Service TEL no. +263 4 798555/60 and follow the given procedure;
- The Isolation Tent/Hotel room will be provided with exclusive bathroom, sealed water and food, surgical masks, hand sanitizers and alcohol solution wipes.

The definition of suspicious case is: any person presenting symptoms of headache, fever, chills, sore throat, joint aches, dry cough, shortness of breath.





VENUE AND EVENT STRUCTURE

The Covid Operations Manual is included for particular reference to all contingent operational processes planned for the venue.

CLEANING AND SANITATION

In addition to the cleaning and sanitization measures already in place in common workplaces, further cleaning and sanitization of surfaces that most commonly come into direct contact with people are planned.

In specific entrance areas, products (disinfectant and paper) are supplied to perform self-sanitization of vehicles and workstations.

ATHLETES' SERVICES

AIRPORT TRANSFER

All visiting athletes will be met at Robert Gabriel Mugabe International Airport, and once all immigration, customs and covid protocols are completed, they will be transferred directly to Troutbeck Resort by specifically designated buses based on arrival, that will be sanitised before and after travel, and will ensure adequate seating room for the passengers to avoid any overcrowding. Hand sanitizers and the wearing of masks will also be enforced. Where feasible visiting delegations based on arrivals, will travel together only.

TRAINING FACILITIES

The venue at Troutbeck Resort will allow the athletes to train in the open as individuals or Team groups. There is no requirement for indoor training facilities- swim/bike/run.

ATHLETES' AND COACHES' BRIEFING

At World Triathlon events, all coaches' briefings are cancelled. The athletes' briefing is not mandatory.

All information about the race will be provided through WORLD TRIATHLON website.





Special rules for the TROUTBECK race:

- The online briefing will be held on FRIDAY 24 SEPTEMBER at 1200 (see the website) consistent with the World Triathlon Competition Rules and will be pre-recorded and available only on the events' website or will take place online. An option to also show on the hotel in-room channel for athletes to watch in their bedrooms.
- If live, participants will attend the TD presentation and can contribute questions or feedback through the online Q&A function. If people cannot attend the session in real time, the presentation will be recorded and published on the World Triathlon website for later viewing.
- There are no penalties for those who arrive late or miss the online briefing.
- The race briefing will be available on the events' website.
- The TD will be available for any clarifications: BERYL CAMPBELL <u>bcamps@mweb.co.za</u>

RACE PACKAGE DISTRIBUTION

The athlete must pick up the race pack in person at the venue. The schedule will be communicated in the week of the event.

COURSE FAMILIARISATIONS

- Bike course will be recorded on video. There will be a road closure for staggered individual riding. A schedule will be published at the venue.
- Swim course familiarization will take place on Friday 0900-1000.
- Official trainings are not planned.

EVENT FORMAT

START OF THE RACE: There will be 1 hour in between races to warranty a proper time difference to minimize the time that men and women are together at the venue.

TRANSITION AREA: Bike racks will traditional, and the distance between athletes will be 2 meters.

AID STATIONS: Only water will be provided at the aid stations. Volunteers will distribute the water to the athletes as usual. Gloves and masks supplied to the volunteers.

PENALTY BOX: It will be organised in such a way as to ensure social distancing.

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COMMISSION, ZIMLABWE

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OFFICE OF THE
DIRECTOR GENERAL
R BAG BE 108, BELVEDERE, HARARE



FINISH AREA: The finish tape will be disinfected between races. Photographers, TV, and Media will stay 20 m from the finish line. After crossing the finish line, the athletes will be directed to a first recovery area, and after they will continue to the athletes' lounge. At the recovery area the athletes will take the water themselves. Next to the finish area the medical area will be located.

SPECIFIC RISK MITIGATION PLANNED

Arrival at the venue:

- All the accredited people will access the venue through the security gate, to warranty the control of the people that is inside the venue.
- All people will have access to the event with temperature log, access time, mask detection, and photo log.
- Everything is stored in a file so that the data is available to the health authorities.
- Venue and courses will be completely closed with fences and authorized personnel on duty.
- In the case of any suspicious case, the medical services will be notified.

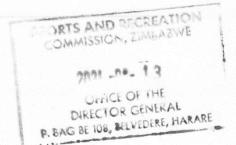
Capacity Control

The venue size is around SIZE m²

Time	Saturday							
	Athletes	Coaches	Staff	Total	Ratio / VS (*)			
7:00:00	₩ 0	₩ 0	P 100	100	190,00			
8:00:00	a 100	₩ 0	100	200	95,00			
9:00:00	a 200	₩ 0	帝 100	300	63,33			
10:00:00	1 300	₩ 0	100	400	47,50			
11:00:00	7 200	₩ 0	100	300	63,33			
12:00:00	2 100	₩ 0	100	200	95,00			
13:00:00	₩ 0	₩ 0	100	100	190,00			
14:00:00	当 75	1 25	100	200	95,00			
15:00:00	2 75	1 25	100	200	95,00			
16:00:00	→ 150	1 25	100	275	69,09			
17:00:00	→ 150	1 25	100	275	69,09			
18:00:00	ᢀ 75	1 25	100	200	95,00			
19:00:00	S) 75	1 25	100	200	95,00			
20:00:00	₩ 0	P 25	100	125	152,00			

Venue Size (VS) = 19.000 m2

(*) Average square meters x person





Non-Essential Services: There will be no massage service.

Technical Officials: The event will follow the latest published <u>Prevention guidelines for Event Organizers</u> for COVID-19 of the World Triathlon.

Seating Areas: Restricted spectator areas based on 50 person pods/corals maintained by security personnel. Movement between pods will be permitted based on numbers and controlled by security.

Social Distancing: The recommendations of the health authorities, World Triathlon and Triathlon Zimbabwe in their protocols will be followed.

Races & Sport Presentation: The event will follow the latest published <u>Prevention guidelines</u> for Event <u>Organizers</u> for COVID-19 of the World Triathlon.

