

ATHLETE'S GUIDE

**2021 BONAQUA AFRICA TRIATHLON CUP
TROUTBECK**

**2021 BONAQUA AFRICA TRIATHLON JUNIOR CUP
TROUTBECK**

**SATURDAY 25TH SEPTEMBER 2021 – TROUTBECK
INN RESORT, NYANGA, ZIMBABWE**



TABLE OF CONTENTS

1. GENERAL INFORMATION	page
1.1. INTRODUCTION	3
1.2. KEY DATES	3-4
1.3. KEY CONTACTS	5
2. VENUE	
2.1. RACE VENUE	5
2.2. COURSE FAMILIARIZATION1	5
2.3. ATHLETE’S LOUNGE	6
2.4. ELITE ATHLETES’ RACE PACKAGE	6
2.5. DOPING CONTROL	6
2.6. SECURITY	6
2.7. LOC OFFICE	6
3. ACCOMMODATION	6
4. VISAS, AIR TRAVEL LOCAL TRANSFER AND TRANSPORT	7-8
5. ATHELETE’S SERVICES	8
5.1. SWIM AND BIKE TRAINING	8
5.2. MEDICAL SERVICES	8
5.3. BIKE MECHANICAL SERVICE	8
6. COMPETITION SCHEDULE	
6.1. ELITE WOMEN	9
6.2. ELITE MEN	9
6.3. COMPETITION RULES	9
6.4. ATHLETE’S BRIEFING	9
6.5. TIMING CHIPS	9
6.6. RESULTS	10
6.7. PROTEST & APPEALS	10
7. ACCREDITATION	10
8. USEFUL INFORMATION	10
9. COURSE MAPS	
SWIM	11
BIKE	12
RUN	13
10. COVID-19 Measures	14-18
*** ALSO REFER TO EVENT CONCEPT PAPER available to view on the World Triathlon event pages	

1. GENERAL INFORMATION

1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

1.2. KEY DATES

DAY	TIME	PRE AND POST EVENT SCHEDULE
Thursday 23/09/2021	TBC	Visiting International Athletes arrive Harare Intl Airport, transfer for Troutbeck Inn Resort
Friday 24/09/2021		COURSE FAMILIARISATION
	0900-1000	Swim Course – Individual with Water safety in place
	1000-1100	Bike Course – staggered for individuals with road closures. Pre-recorded video link will also be published – course maps on display at venue
		ELITE/U23 ATHLETES
	1100	COMPULSORY PRE-EVENT ANTIGEN TESTING
	1130-1230	Registration, Uniform check, Packet collection in RACE NUMBER Order
	1300	Media Conference – Conference Room
		JUNIOR MEN & WOMEN
	1300	COMPULSORY PRE-EVENT ANTIGEN TESTING
	1330-1430	Registration, Uniform check, Packet collection in RACE NUMBER Order
	1430	Media Conference – Conference Room
		RACE BRIEFINGS - NO FACE TO FACE BRIEFINGS FOR ANY EVENTS WILL BE HELD -
	ELITE/U23	Via pre-recorded video link on World Triathlon and Triathlon Zimbabwe event pages. Option to view on in-house hotel tv channel at a specific time to be confirmed. TD will be available virtually for any questions or queries
	JUNIOR MEN & WOMEN	Via pre-recorded video link on World Triathlon and Triathlon Zimbabwe event pages. TD will be available virtually for any questions or queries
SUNDAY 26TH SEPTEMBER	0700-0800	COMPULSORY COVID-19 PCR TESTING FOR ALL VISITING ELITE/U23/JUNIOR ATHLETES
	1000	DEPARTURES TO HARARE

1.2 KEY DATES – COMPETITION DAY

TIME	SATURDAY 25TH SEPTEMBER RACE DAY EVENT SCHEDULE
1055	NATIONAL ANTHEM
1030	JUNIOR AFRICA TRIATHLON CUP - JUNIOR MEN - ATHLETE LOUNGE OPENS
1045	JUNIOR MEN - SWIM CAP & TIMING CHIP COLLECTION - TRANSITION OPENS
1100-1115	JUNIOR MEN - SWIM WARM UP
1120	JUNIOR MEN - TRANSFER TO PRE-START TENT-LINE UP
1125	JUNIOR MEN - ATHLETE INTRODUCTION
1130	START - MEN - JUNIOR AFRICA TRIATHLON CUP
1130	ELITE/U23- WOMEN / JUNIOR WOMEN - ATHLETE LOUNGE OPENS
1145	ELITE/U23- WOMEN / JUNIOR WOMEN - SWIM CAP & TIMING CHIP COLLECTION - TRANSITION OPENS
1215-1230	ELITE/U23 WOMEN / JUNIOR WOMEN - SWIM WARM UP
1250	ELITE/U23 WOMEN / JUNIOR WOMEN - TRANSFER TO PRE-START TENT-LINE UP
1255	ELITE/U23 WOMEN / JUNIOR WOMEN - ATHLETE INTRODUCTION
1300	START - ELITE/U23 WOMEN AFRICA TRIATHLON CUP / WOMEN JUNIOR AFRICA TRIATHLON CUP
1300	ELITE/U23- MEN - ATHLETE LOUNGE OPENS
1315	ELITE/U23- MEN - SWIM CAP & TIMING CHIP COLLECTION - TRANSITION OPENS
1345-1400	ELITE/U23 MEN - SWIM WARM UP
1415	ELITE/U23 MEN - TRANSFER TO PRE-START TENT-LINE UP
1425	ELITE/U23 MEN - ATHLETE INTRODUCTION
1430	START - ELITE/U23 MEN AFRICA TRIATHLON CUP
1600	MEDAL CEREMONY - JUNIOR AFRICA TRIATHLON CUP - MEN & WOMEN
1615	MEDAL CEREMONY - ELITES AFRICA TRIATHLON CUP - MEN & WOMEN
1830	EVENING FUNCTION
1900	KEY NOTE ADDRESS-GUEST OF HONOUR
1920	ELITE PRIZE MONEY PRESENTATION
1930	DINNER SERVED

1.3. KEY CONTACTS

EVENT & LOC DIRECTOR - MR RICK FULTON

Email: fultonrickh@gmail.com / Mobile: + 263 772 573534

LOC EVENT ADMINISTRATION - All enquiries – Race entries, Registration enquiries, Hotel Bookings
MRS CAROL PAKENHAM

Email: troutbecktri-loc@zimtri.org / triathlonzimbabwe@gmail.com

Mobile: + 263 772 410344

TECHNICAL DELEGATE - MRS BERYL CAMPBELL (RSA)

Email: berylc@mweb.co.zw

ATHLETE LIASON & ATHLETE SERVICES - MRS CATHERINE JENNINGS

Email: zudwa@yahoo.com / Mobile: + 263 772 353760

NATIONAL FEDERATION

TRIATHLON ZIMBABWE - President – MR DAVID ELLIS

Email: davidellis1910@gmail.com

Secretary General – MRS CAROL PAKENHAM

Email: info@zimtri.org or triathlonzimbabwe@gmail.com / Mobile: +263-772-410344

2. VENUE

2.1. RACE VENUE

TROUTBECK INN RESORT, NYANGA, ZIMBABWE - The venue meets stringent World Triathlon Event Organiser standards with regards to safety and athlete's experience. This will also apply to all relevant current Covid-19 National and World Triathlon Guidelines. Troutbeck Inn Resort is selected for a guaranteed clean, disease and animal free stretch of open water within Zimbabwe for the swim element. This water quality is critical to the World Triathlon requirements for hosting international events and has to comply with specific health requirements for open water swimming.

A demanding event held at an altitude of 2000m and over hilly terrain. The close proximity of the venue to a good tar road for the cycle section. A central location for all aspects of the event for spectators and athletes alike.

The cycle and run courses will consist of multi laps through the Hotel complex which adds to spectator interest and involvement. This course will then be used for other triathlons that will do distances proportionate to each other.

2.2 COURSE FAMILIARIZATION

Friday 24/09/2021	0900-1000	Swim Course – Individual with Water safety in place
	1000-1100	Bike Course – staggered for individuals with road closures. Pre-recorded video link will also be published – course maps on display at venue

2.3. ATHLETE'S LOUNGE

LOCATION: At the race venue - open on Saturday 25th September –

Junior Men – 1030

Junior Women / Elite/U23 Women – 1130

Elite Men - 1300

Water, fruit and energy drinks provided, toilets in close proximity

RECOVERY ZONE: Located at the Finish Area

2.4. ELITE and JUNIOR ELITE ATHLETES' REGISTRATION AND RACE PACK COLLECTION

FRIDAY 24/09/2021 –

ELITE/U23 MEN AND WOMEN – 1130 – 1230 – in RACE NUMBER ORDER

JUNIOR MEN AND WOMEN – 1330 – 1430 – in RACE NUMBER ORDER

2.5. DOPING CONTROL

Doping tests will be conducted according to WT/WADA rules.

2.6. SECURITY

On-site security will be in place and provided by event partner Safeguard Security, Zimbabwe

2.7. LOC OFFICE & MEDICAL DELEGATE/COVID CONTROL OFFICE

LOC Office is located at the front of the hotel. Opening hours 0700 – 1700

Contact: Race Director Rick Fulton / LOC Administration Carol Pakenham

Medical Delegate/Covid Control Officer – Dr Austin Jeans +263 772 307848

3. ACCOMMODATION

Troutbeck Inn Resort, Nyanga, Zimbabwe. ALL ACCOMMODATION requirements to be done through LOC Administrator contact Carol Pakenham

Home Stays not available

Rates: USD 65 per person per night sharing a room on a Bed and Breakfast basis – ATHLETES TO ADVISE ON SPECIFIC ROOM MATE REQUEST

USD 100 per person per night single room occupancy on a Bed and Breakfast basis – LIMITED SINGLE OCCUPANCY ROOMS AVAILABLE

Mastercard/Visa accepted – USD cash also accepted

HARARE ACCOMMODATION – SUNDAY 26TH SEPTEMBER –
AFRICAN SUN HOTEL (Bio-Bubble environment for athletes)

4. VISAS, AIR TRAVEL, LOCAL TRANSFER AND TRANSPORT

VISA REQUIREMENTS

Please check <http://www.zim.gov.zw/Immigration-visas/immigration-and-visas> if you require a visa for entry into Zimbabwe

Visas may be obtained on arrival at Harare International Airport at a cost of US\$ 50 – subject to change - please bring correct note denominations

Visa applications can be done online – <https://www.evisa.gov.zw/home>

Contact LOC / Athlete Liaison for a Letter of Invitation if required

All flights arrive at HARARE INTERNATIONAL (ROBERT GABRIEL MUGABE INTERNATIONAL) AIRPORT. Due to distance involved from Harare to Troutbeck Resort and Government travel restrictions between certain hours, it is recommended that you plan your travel as follows –

ARRIVALS and DEPARTURES

Plan to arrive by 1300 on THURSDAY 23RD SEPTEMBER

Plan your departure flight on MONDAY 27TH SEPTEMBER

Overnight accommodation in an African Sun Hotel (bio-bubble environment for athletes) will be arranged in Harare for Sunday 26th September. This will be for athletes account.

All Athletes will be met on arrival at Harare International Airport and assisted with Customs and Clearance procedures.

Transfers from airport to Troutbeck, return to Harare overnight B&B and back to RG Mugabe International Airport is FREE OF CHARGE. Bikes and luggage will be transported to race venue in closed, secure trucks that will travel in convoy with the Athlete Transfer Bus.

INTERNATIONAL AIRLINES OPERATING TO AND FROM HARARE – ALL DETAILS GIVEN ARE SUBJECT TO CHANGE – schedules as at JULY 2021

ETHIOPIAN AIRLINES – connections to Lusaka, Addis Ababa and beyond

KENYA AIRWAYS – connections to Nairobi and beyond

EMIRATES – connections to Lusaka, Dubai and beyond

QATAR AIRLINES – connections to Lusaka, Doha and beyond

FAST JET – Johannesburg - Harare

AIRLINK – Johannesburg - Harare

BRITISH AIRWAYS/COMAIR – Johannesburg - Harare

Thursday 23 Sep – ARRIVAL TIMES

Airlink – 0625 / 0805 / 1040 / 1540* - * not recommended

Comair - 1100

Fastjet – 0835 / 1255 / 1415* / 1830* - * not recommended

Kenya Airways - 0700

Ethiopian : 0925

Monday 27 Sep – DEPARTURE TIMES

Airlink – 1300 / 1800
Comair - 1330
Fastjet – 0620 / 1045 / 1200 / 1615 / 1825
Emirates - 1855
Kenya Airways - 0700
Ethiopian : 1340

** Qatar Airways also operates Doha-Lusaka-Harare but only operate Sun/Wed.Fri

There are many sources for covid information - starting with your specific country websites, the airline websites, and other sites on the various search engines.

Just to give you a few of these links :

<https://infopages.traveldoc.aero/Information/Coronavirus>
<https://www.iatatravelcentre.com/world.php>
<https://apply.joinsherpa.com/travel-restrictions>

Emirates have a very good covid hub - <https://www.emirates.com/zw/english/help/covid-19/>

5. ATHLETE'S SERVICES

5.1. TRAINING FACILITIES



SWIM - Training in the lake with water safety at times to be confirmed



BIKE - Friday 24th September 10-11am – Staggered individual Bike familiarisation with road closure



RUN - Running around venue at any time. Run familiarisation Friday 24/09/2021 10-11am

5.2. MEDICAL SERVICES

First Aid and Emergency Medical Services will be on-site during the race. The Medical Delegate will be on call at the Host Hotel. Medical personnel will be available throughout the race and ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance

5.3. BIKE MECHANICAL SERVICE

Bikes will be transported in convoy with the Athlete Bus in secure, closed trucks from Harare International Airport to Venue.

Please ensure that you bring with you, all specific items required for your bikes should these be unavailable in Zimbabwe. NO BIKE SHOP available in the area but a selection of spares and equipment will be available from our Bike Mechanic who will be on site at the venue

6. COMPETITION SCHEDULE

6.1. ELITE WOMEN

DAY	START	END	ACTIVITY	LOCATION
			VIRTUAL BRIEFING	Via video link from WT website
Fri 24/09	1130	1230	Race package distribution	
	1130	1230	Athlete Registration	
	1300		Press Conference	
Sat 25/09	1130		Athlete Lounge check in	
	1145		TA check in	
	1215	1230	Swim warm-up	
	1250		Calling area	
	1255		Athletes introduction	
	1300		Start	
	1600		Award Ceremony	

6.2. ELITE MEN

DAY	START	END	ACTIVITY	LOCATION
			VIRTUAL BRIEFING	Via video link from WT website
Fri 24/09	1130	1230	Race package distribution	
	1130	1230	Athlete Registration	
	1300		Press Conference	
Sat 25/09	1300		Athlete Lounge check in	
	1315		TA check in	
	1345	1400	Swim warm-up	
	1415		Calling area	
	1425		Athletes introduction	
	1430		Start	
	1600		Award Ceremony	

6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the World Triathlon.

6.4. ATHLETE'S BRIEFING

The athletes briefing will be pre-recorded and the video link will be available on the World Triathlon event page and Triathlon Zimbabwe event page websites. Elite Briefings will also be broadcast via a dedicated channel on the Hotel in-house television system on a specified channel and at a specified time.

6.5. SWIM CAPS AND TIMING CHIPS

On race day athletes will be given numbered swim cap and a timing chip, to be worn on the athletes' ankle. Athletes will pick up the swim cap and timing chips before the competition, during their check-in procedure.

6.6. RESULTS

Results will be uploaded on to the World Triathlon official website www.triathlon.org.

All the Results information will be displayed on the Notice Board at the venue.

6.7. PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules

7. ACCREDITATION

The LOC will provide official Accreditation Cards to all the Organizing Committee Members, World Triathlon Technical Officials, VIPs, Media, technical staff, volunteers, etc.

Accreditations will be distributed on Friday 24th September at the LOC Office

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition areas.

All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request.

8. OTHER USEFUL INFORMATION

Languages	:	English, Shona, Ndebele
Population	:	2010 census 13 million
Currency	:	ZWL DOLLAR US\$ CASH is widely accepted and we recommend you bring small denomination notes (50, 20, 10, 5, 1)
Time Zone	:	Standard Time GMT+2
Electricity	:	220v. UK version square or SA version round. Recommend you bring a universal adaptor as well as cell phone chargers, computer adaptors etc
Telephone	:	International prefix +263
Climate	:	Tropical, peak summer months & rain October – March

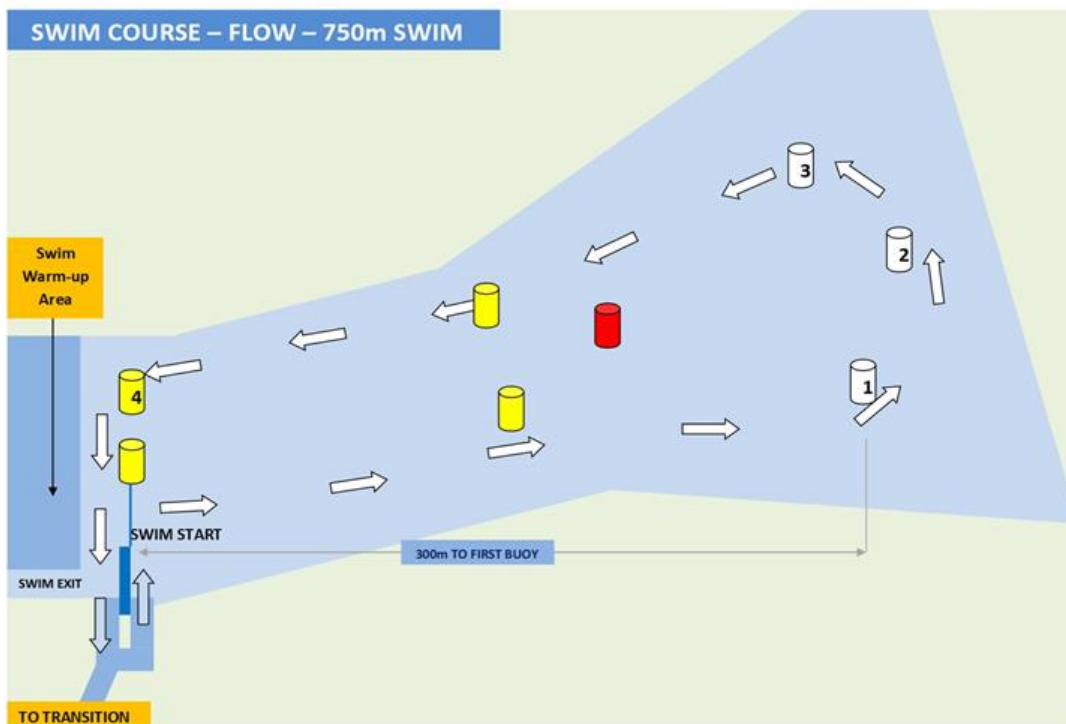
9. COURSE MAPS



SWIM COURSE

Water temperature	:	Expect 20 degrees
Number of laps	:	SPRINT: 1 LAP x 750m
Start Mechanism	:	DEEP WATER
Conditions	:	LAKE-CLEAN, DISEASE & ANIMAL FREE

Map of the swim course



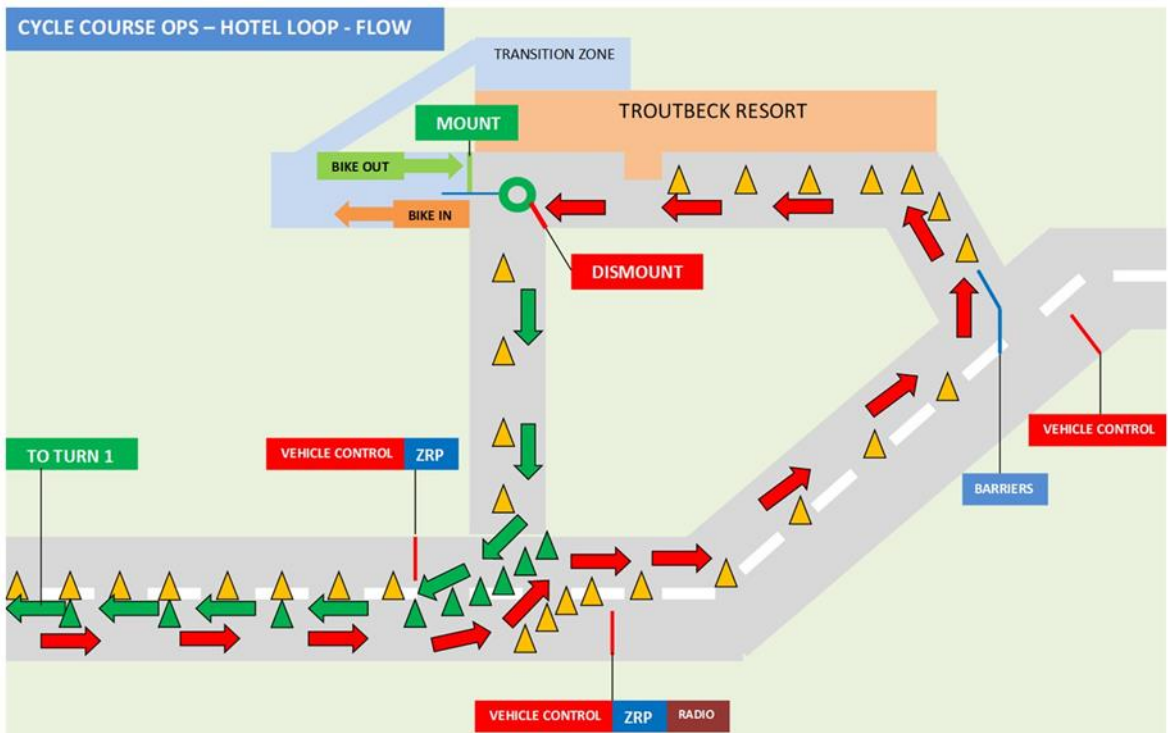
TRANSITION 1

A flow through transition has been developed to keep athletes moving forward. Athletes enter the transition and must deposit swim gear in a bin placed beside the bike racks. Athletes' names and/or numbers are displayed on the top of each bike rack. After the helmet is secured, athletes un-rack the bike by moving forward towards the mount line

 BIKE COURSE

3 LAPS x 6.6km = 19.8km

Hilly and technical, no requirement though for gear/cassette changes - 16% gradient. Road closure.



 **RUN COURSE**

Description: hilly, asphalt and grass



10. COVID-19 Measures for Athletes and Coaches

1. Travel

For arrival into Zimbabwe - please also refer to Section 4 in this guide
If you require additional assistance, please immediately contact ATHLETE LIAISON
CATHERINE JENNINGS email zudwa@yahoo.com Mobile + 263 772 353760

All Travel will be in a bio-bubble environment – to, from and onsite at the hotel, event venue and departure hotel.

2. Airport transfers – please also refer to Section 4 in this guide

Wearing of face masks is mandatory in Zimbabwe. Everyone using the transfer provided by the LOC must wear a face mask or face covering. Everyone needs to disinfect their hands before entering the bus.

3. Accommodation – please also refer to Section 3 of this guide

Troutbeck Inn Resort have in-house Covid protocols and safety measures and must be respected at all times

4. Training sites

Athletes are recommended to keep distance during running sessions and during their swimming session in the lake.

5. Testing protocol and health screening

World Triathlon Pre-Event Covid-19 Screening Process

All athletes along with the support staff applying for accreditation for this event must respect the following pre-event Covid-19 screening conditions (as a minimum):

- Fill in the online pre-event questionnaire
- Perform a PCR swab pre-travel test within 48 hours before planned arrival in Zimbabwe for the event
- All athletes must submit a pre-travel medical certificate through the World Triathlon registration system according to the specifications listed in the World Triathlon COVID-19 guidelines

Please follow the instructions in the link below based on your role at the event to learn how to submit the questionnaire and upload the necessary documents

https://triathlon.org/pre_event_covid_19_screening_guide

Additional conditions may be imposed on events from the local health authorities. These additional measures will be communicated to all via the events' Athletes Guides.

World Triathlon Event COVID-19 screening process

- A minimum of one antigenic COVID-19 test for all athletes and support NF personnel is required at the event location (see below). In case of a positive result, a PCR swab test must follow. A time and place for these tests will be determined by the LOC.
- A rapid antigen test will be performed at the event venue on Friday 24 September 2021, this will be done on a designated time slot per athlete starting at 11am prior to athlete registration. Athletes will be informed of this process and their respective time slot by the LOC.
- Daily health screening is also required at the Event venue for COVID-19 related symptoms.
- The above process is a standard process in all the events this season. Additional conditions may be imposed on events from the local health authorities. These additional measures will be communicated to all via the events' athletes' guides.

A summary of the pre-event and event COVID-19 screening process can be found at the table below:

CATEGORIES	Pre-event Questionnaire	COVID-19 test before travelling	Medical Certificate	COVID-19 test at event	Daily Health screening
Elite athletes	yes	yes	yes	yes	yes
U23 athletes	yes	yes	yes	yes	yes
Junior athletes	yes	yes	yes	yes	yes
Youth athletes	yes	yes	yes	yes	yes
Para triathlon athletes/personal handlers/guides	yes	yes	yes for athletes/guides	yes	yes
AG athletes	yes	yes	Follow public health request	follow public health request	yes
Coaches/team medical/support NF personnel	yes	yes	follow public health request	yes	yes
TDs/ITOs/NTOs	yes	yes	follow public health request	yes for the ones in close contact with the athletes, the others follow public health request	yes
IF Staff	yes	yes	follow public health request		yes
LOC/Contractors	follow public health request	follow public health request	follow public health request	follow public health request	yes
Para triathlon swim exit assistants	yes	follow public health request	follow public health request	yes	yes

6. Athletes' Briefing

Athletes briefing will be pre-recorded and available at:

ELITE/U23 https://www.triathlon.org/events/event/2021_africa_triathlon_cup_troutbeck
JUNIOR MEN/WOMEN

https://www.triathlon.org/events/event/2021_africa_triathlon_junior_cup_troutbeck

7. Race Package distribution

Race package to be collected between 1130 and 1230 local time on Friday 24th September in the Conference Room at the venue by the athlete. The use of mask and social distancing is mandatory.

8. Health Screening

Athletes must continuously monitor their daily health status (including temperature measurement and monitoring of any symptoms) from 14 days before and during the event as per the compulsory World Triathlon on-line Health Screening Questionnaire and protocols which are part of the Event Entry requirements via: entries@triathlon.org
https://triathlon.org/pre_event_covid_19_screening_guide

For information about travelling to Zimbabwe, see the "TRAVEL" chapter of this guide.

Temperature check will be carried out every day at the entrance of the venue.

Temperature higher than 37.5°C will be reported to the Medical Director and Medical Staff of the event.

Any Athlete or Official must pre-declare to the Medical Delegate/Covid Control Officer any high- risk conditions such as Heart Disease, High blood pressure, Obesity and Diabetes.

A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.

9. Competition activities

- a. Face masks to be worn at all times and removed before athletes' introduction.
Please make sure that you wear your mask after your swim warm-up.

- b. Wheel stations:

- At the neutral wheel stations, all wheels will be disinfected before being delivered to the specific locations. An athlete in need of a spare wheel will be directed by the TO to the proper wheel which can be picked up by the athlete.
- At the team wheel station, the volunteers and TOs present at that location must not have any contact with the team wheels. The team representatives are responsible for disinfecting the wheels prior to depositing them at the wheel

station. An athlete in need of a spare wheel will be directed by the TO to the proper wheel which can be picked up by the athlete.

- In both cases, the wheel that is left behind by the athlete will be disinfected by the TO before being deposited at the station.
- Technical officials will wear masks/mouth-nose face covering and rubber/disposable gloves

c. Finish Area

- Timing chip removal must be done by the athlete, who must deposit the timing chip to a specific bin close to the exit of the post-finish area.
- Medalist photos at the post-finish area is not allowed.
- All recovery stations will be self-service.
- Food provided will be individually wrapped.
- Massage facilities will not be provided.
- Athletes must avoid lying or sitting down on the blue carpet (without any medical need/problems). A minimum number of volunteers will be available to support athletes and make sure that the athletes are not congregating at the post finish area. These volunteers will wear rubber/disposable gloves and masks/mouth-nose face covering.
- Face Masks will be distributed to the athletes to wear at their earliest convenience.

d. Medal Ceremonies

Medal ceremonies will be performed according to the COVID-19 guidelines for medal ceremonies that can be found on the [World Triathlon COVID-19 Guidelines for Event Organizers](#).

10. Spectators' access

The event will be open to spectators who can watch the event from specific Spectator Pods.

11. Accreditations

The LOC will provide an official Accreditation Card to all the Organizing Committee Members, World Triathlon Technical Officials and Coaches, VIPs, Media and Medical Personnel.

Accreditation Cards provide access to specific areas of the competition areas.

All those accredited are requested to carry their Accreditation Cards with them at all times, and to show them upon request.

VIPS - All VIPS, Sponsors and specific sponsor guests will be issued with Accreditation Passes which allows entry into the specified VIP Zone. No entry will be permitted without accreditation. Accreditation cards are non-transferrable

COACHES - All coaches must be entered through the World Triathlon System by their National Federation. Accreditation Cards will be issued by the LOC Administration.

MEDIA - All media personnel will be required to register with the LOC who will issue Accreditation Cards. Press Conferences will be held at specific times, Media Personnel are requested to adhere to the schedule.

9. Cleaning protocols on site

All facilities used by the athletes will be cleaned and disinfected by the LOC through the day.

10. COVID-19 medical protocols –

COVID Coordinator: For any questions related with COVID restrictions, travel or symptoms please contact Dr AUSTIN JEANS email: jeansdoc86@gmail.com

In the event of a COVID-19 positive test or a possible (suspicious) case at the event venue all close contacts identified as anyone who has been within 2 meters of the person within 24 hours shall be informed and be subject to a rapid antigen test. Any person testing positive on rapid antigen test will be advised to isolate in their room or the Isolation Room in the hotel until confirmatory PCR test results are evaluated.

Prior to departure every visiting athlete/coach/official will undertake a compulsory PCR test. Should the result show positive for Covid then he/she will be transported to a regulated COVID 19 quarantine facility and remain there for the required period of time and be subject to the required testing until a PCR negative certificate is provided as required for their departure flight from Harare. This will be at their own cost.

Should hospitalization be deemed necessary the person will be transported by ambulance to HealthPoint hospital in Harare. Hospitalization and treatment costs are for the athlete or their insurance. If the medical insurance will not cover the upfront costs then the athlete is liable to pay and reclaim. Athletes can supply details of their medical insurance to the LOC if they wish to preview the acceptability of their insurance by HealthPoint hospital.