

# COVID-19 INFORMATION

## PROTECTION RULES & GUIDELINES

### 1. Preliminaries

Since March 2020 the world is suffering under the ongoing Covid-19 pandemic. The goal is to hold the 2021 World Triathlon/Powerman Long Distance Duathlon Championships Zofingen on 19<sup>th</sup> Sept in a safe environment for all participating and involved athletes, officials and staff members and on site spectators.

The measures are subject to change in case of further developments of the pandemic situation and eventual new governmental guidelines.

### 2. Underlying regulations

The concept is strictly following the national rules of the Swiss Government and the latest published prevention guidelines for Event Organizers for COVID- 19 of the World Triathlon.

The Swiss authority is the Federal Office of Public Health

<https://www.bag.admin.ch/bag/en/home.html>

### 3. Pre-Event Health screening of the participant

All Elite, Age Group and Para athletes of the 2021 World Triathlon Powerman Long Distance Duathlon Championships (not Open Category) along with the support staff applying for accreditation this event must respect the following pre-event Covid-19 screening conditions (as a minimum)

- Monitor the personal health status (including temperature detection and monitoring of any symptoms) from 14 days before and during the event.
- Fill in the online pre-event questionnaire.
- Perform an Antigenic (in most countries for free) or PCR swap pre-travel test 72 hours before the athletes' travel to the event or no later than 6 days before the event for local athletes/team support and NTOs. A Covid certificate instead of a test is not valid.

Tests that must currently be taken to gain entry to a country are valid as pre-travel tests.

- All Elite and Para athletes must submit a pre-travel medical certificate through the World Triathlon registration system according to the specifications listed in appendix 3 of the World Triathlon COVID- 19 guidelines.

World Triathlon has developed an online tool for the World Triathlon pre-event Covid-19 screening process which will be activated on race week. Please follow the instructions below based on your role at the event to learn how to submit the questionnaire and upload the necessary documents

[https://triathlon.org/pre\\_event\\_covid\\_19\\_screening\\_guide](https://triathlon.org/pre_event_covid_19_screening_guide)

Additional conditions may be imposed on events from the local health authorities. These additional measures will be communicated to all via the events' Athletes Guides if necessary.

#### 4. Travelling to Switzerland

It is **the individual responsibility** of every participant to fulfill the requirements to enter in Switzerland:

The entry rules depend on the nation/region of departure and is updated on a regular basis.

**General rules and information of the Swiss Federal Office of Public Health:**

<https://www.bag.admin.ch/bag/en/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov/empfehlungen-fuer-reisende/quarantaene-einreisende.html#1355154378>

**List of countries with variant risk:**

<https://www.bag.admin.ch/bag/en/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov/empfehlungen-fuer-reisende/liste.html#:~:text=Coronavirus%3A%20list%20of%20countries%20with%20a%20worrying%20variant>

**Travel check tool:** The Travel check is for information purposes only and cannot be used as confirmation of right to entry.

<https://travelcheck.admin.ch/home>

**COVID Coordinator:** For any question related with COVID restrictions and travel details please contact Reinhard Standke ( [covid@powerman.ch](mailto:covid@powerman.ch) ).

#### 5. Testing and health screening the Event, 17<sup>th</sup> to 19<sup>th</sup> September

- An antigenic COVID-19 test for **elite/u23, para triathletes and guides, coaches, team medical and support NF personnel** will be done at race-pack distribution done by the LOC . In case of a positive result, a PCR swab test must follow. This will take place on Friday 17 September, from 6pm until 8pm. A time slot by country will be communicated at a later stage.
- Registration procedure: Athletes, coaches, and technical officials, have to follow World Triathlon procedures. Precise time slots for registration will be communicated in the "Athletes Guide".
  - Elite Athletes (World Championships) Friday, Sept 17<sup>th</sup>  
(linked with the testing time/place above)
  - Age groupers, Saturday, Sept 18<sup>th</sup>
- A temperature check will be carried out every day at the entrance of the venue. Temperature higher than 37.5°C will be reported to the Medical Director and Medical Staff of the event.
- For temperature below or at 37.5°C the person gets a wristband for every day, different color per day. Persons with wrist bands do not have to check temperature again at the same day and can enter the area.

A summary of the World Triathlon specific measures can be found at the table below:

	<b>Pre-event questionnaire</b>	<b>COVID-19 test pre-event</b>	<b>Medical certificate</b>	<b>COVID-19 test at event</b>	<b>Daily health screening</b>
<b>Elite athletes</b>	yes	yes	yes	yes	yes
<b>Para triathlon athletes/ personal handlers/ guides</b>	yes	yes	yes for athletes/guides	yes	yes
<b>AG athletes WCh</b>	yes	yes	follow public health request	follow public health request	yes
<b>Coaches/team medical/ support NF personnel</b>	yes	yes	follow public health request	yes	yes
<b>TDs /ITOs/NTOs</b>	yes	yes	follow public health request	yes for the ones in close contact with the athletes; the others follow public health request	yes
<b>IF Staff</b>	yes	yes	follow public health request		yes
<b>LOC/ Contractors</b>	follow public health request	follow public health request	follow public health request	follow public health request	yes

## 6. Risk mitigation at the venue

Athletes strictly have to follow these rules developed by LOC, health authority protocols of Switzerland, the Canton of Aargau and the town of Zofingen to minimize the risk of pandemic spread, keeping participants and the public safe and healthy.

A careful management of the schedule and access times of the athletes will be implemented to access the competition areas with an adequate social distancing and a controlled exit once finished. The waiting areas will be restricted and controlled by volunteers or security personnel.

This includes athletes, technical officials, coaches, volunteers, staff and spectators.

## 7. Use of face mask and gloves

The use of a mask inside the venue is mandatory for all athletes, technical officials and team support (except, for the athletes during the competition) and staff in close contact (if social distance not possible) with the athletes (f.e. race pack distribution, bag drop, aid stations and others).

Outside the venue country laws will determine the use of mask for the LOC staff, volunteers and each contractor.

The use of rubber gloves is not mandatory.

## **8. Isolation room and suspicious case**

During the event, if a suspicious case is identified:

- That person will be taken to the Isolation Tent by a staff member;
- The Doctor in charge of the Isolation Tent will call the National Health Service and follow the given procedure;
- The Isolation room will be provided with exclusive bathroom, sealed water and food, surgical masks, hand sanitizers and alcohol solution wipes.

## **9. Procedure in case of a positive Covid PCR test at the venue**

If a Covid-19 PCR test is positive (may only concern the group who has to perform an PCR test at venue (see 5.), the athlete

- has to follow the instructions of the medical staff
- has to go to isolation at his accommodation; costs at the expense of the athlete
- has to inform the person he/she was in close contact
- Definition of close contact and procedure of close contacts <https://www.bag.admin.ch/bag/en/home.html>

## **10. Cleaning and sanitation**

In addition to the cleaning and general sanitization measures already in place in common workplaces (keep 1.5m distance, wear mask if distancing is not possible, wash your hands thoroughly, avoid shaking hands, cough and sneeze into paper tissue or the crook of your arm, ventilation of rooms several times a day, further cleaning and sanitization of surfaces that most commonly come into direct contact with people).

In specific entrance areas, products (disinfectant and paper) are supplied to perform self-sanitization of vehicles and workstations.

## **11. Athletes' services**

### **11.1. Airport Transfer**

There is no airport transfer available. All athletes, Delegations and Guests of the Event have to use the public transportation system.

For travelers in a public transportation system wearing a face mask is mandatory.

The transfer between persons who do not belong to the same delegation or group of persons shall be reduced as much as possible.

### **11.2. Training facilities and course familiarization**

There are no dedicated training facilities available

The race courses are accessible to all athletes at their own responsibility. Athletes have to avoid unnecessary contact with third persons during trainings.

### **11.3. Race Briefing**

The briefing will be held online at the following date and time:

**Elite:** Friday 17 September – 16:00-17:00 - online  
(Registration links will be sent to the athletes prior to the competition and will be communicated in the Athletes Guide)

**Age-Group:** Friday 17 September – 17:00-18:00 - online (English language)  
(Registration links will be sent to the athletes prior to the competition and will be communicated in the Athletes Guide)

German briefing will be pre-recorded and available in the event as of 18:00

Recordings will be available on [https://triathlon.org/about/downloads/category/race\\_briefings](https://triathlon.org/about/downloads/category/race_briefings)

If live, participants will attend the TD presentation and can contribute questions or feedback through the online Q&A function. If people cannot attend the session in real time, the presentation will be recorded and published on the World Triathlon website for later viewing.

There are no penalties for those who arrive late or miss the online briefing.

The TD will be available for any clarifications: Dirk Bogaert ([dirk.bogaert58@gmail.com](mailto:dirk.bogaert58@gmail.com))

#### **11.4. Race package distribution**

The athlete must pick up the race pack in person at the venue. A schedule per country will be communicated in the week of the event. Health control procedure (see pt. 5.). Athletes have to present the pre-event questionnaire (see pt. 3.). Locations of the Race Package distribution and flow in the will be communicated in the Athletes Guide.

#### **11.5. Testing for travelling home**

LOC will offer test capacities at/near the event venue for athletes leaving Switzerland back home soon after the race. Costs are of the expense of the athlete. Athletes who want to profit from a fly-home test at the race venue already have to register in advance by sending a request to [covid@powerman.ch](mailto:covid@powerman.ch) the latest until 11<sup>th</sup> Sept 2021. The applicants will get the time slot and the location for the tests in the event week. The costs of the test have to be paid at the entry of the test room in cash or by credit card.

Procedure, time and location of the testing facility will be communicated one week before the event at the latest

## **12. Event format**

**Start procedure:** Line start for elite, wave/rolling start for age groups and open race. The schedule will be communicated in the week of the event and World Triathlon and LOC website.

**Aid stations:** Standard food and drinks are offered distributed by volunteers at the official food and water stations. Volunteers will wear masks and continuously disinfect their hands.

**Penalty box:** Athletes have to respect social distancing in the box.

**Finish area:** After crossing the finish line, the athletes will receive mask from the LOC and be directed to the recovery area, and after they will continue to the athletes' lounge. At the recovery area the athletes will take the water themselves. Next to the finish area the medical area will be located.

**Medical service:** Medical staff will wear face masks. There will be no massage service for recovery. Urgent cases will be treated by medical staff.

**Award ceremonies:** Planned outside in a flower ceremony format starting 17.00 in blocks every 30 mins. Athletes have to receive medal and flowers by their own.

**We hope that all involved persons will follow strictly these rules and help to make the Event a save one for all of us. Thank you!**