




# AG STANDARD EUROPEAN CHAMPIONSHIP

	<b>SWIM - 1500 m</b> (2 LAPS)
	<b>BIKE - 37,2km</b> (2 LAPS)
	<b>RUN 10 km</b> (3 LAPS)

**BIKE** 

 **RUN**

 **SWIM**



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**SWIM - 1500 m**  
**(2 LAPS)**





# AG STANDARD EUROPEAN CHAMPIONSHIP

 **BIKE** 37,2km (2 LAPS)

**BIKE**



Gráfico: min., media, máx. Elevación: 590, 639, 698 m  
Total de intervalo: Distancia: 18.5 km Incremento/pérdida de elevación: 267 m, -267 m Pendiente máxima: 6.0%, -9.9% Pendiente media: 2.3%, -2.7%







# AG STANDARD EUROPEAN CHAMPIONSHIP


T2, RUN & FINISH AREA

 **RUN 10 km  
(3 LAPS)**


BIKE 

2# LAP BIKE 

BIKE OUT 


BIKE IN 

FINISH AREA

RUN OUT 

FINISH 

START LAPS 

WATER (one side) 

RUN 





**AG STANDARD**  
**EUROPEAN CHAMPIONSHIP**  
**SWIM & TRANSITION AREA**

