



Yenisehir  
2023



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2023



# Athletes Guide



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It is with great pleasure that I welcome the Athletes and the NFs to Yenisehir.

The race was in the calendar at the beginning of the 2023 season but unfortunately the city has been hit, about 7 months ago, by a terrible earthquake that devastated the whole region.

We all still have in our mind the shocking images of that devastating event.

The race, at the time, had to be suspended but the City and the Turkish National Federation, since the right beginning wanted that the race was not suspended but only delayed in 2023.

I do want to express my sincere appreciation for the spirit and the commitment shown in these months..What seemed impossible, now is real.

The race is back in the calendar and the city is ready now to welcome you all.

I want to use this opportunity to send my condolences to all the families that suffer from the tragic event and to thank the Region and the City for the commitment to keep the race alive.

Enjoy the race and enjoy the hospitality of the Turkish people.

Renato Bertrandi  
Europe Triathlon President



Dear Sports fans,

We are in great excitement of being the host of the European Triathlon Cup and European Triathlon Youth Cup for the second time, in one of the most beautiful cities in the world, Mersin/Yenişehir.



The athletes coming from all over the world will swim in the mediterranean blue sea, will run on its spectacular beach and they will ride their bicycles under the kindly bending palm trees in company with nice weather in Mersin/Yenişehir.

This unique geography that we have, offers a great opportunity to experience the excitement of triathlon. With a perfect organisation, we will show our great hospitality to these great athletes in our city and we will witness all together with breathtaking performances of triathletes.

With our people's desire for sports and the belief in the binding power of sports, we will be having a colourful and full of contest for two days. A good weekend awaits us to make unforgettable memories. We are ready to meet in Mersin/Yenişehir at 21 and 22 October. Be healthy and sportive.

With Kind Regards

ABDULLAH ÖZYİĞİT

Mayor of Yenişehir Municipality, Mersin

Dear Triathlon Enthusiasts,

Warm greetings and a hearty welcome to Yenişehir, Türkiye!

I am elated to be a part of the ever-expanding triathlon community, a family that continues to flourish day by day. Triathlon, you see, is more than just a sport; it embodies the spirit of determination and unwavering perseverance for individuals who take on its challenges.



Triathlon, as a discipline that harmoniously combines three distinct sports, stands out as a modern and innovative athletic pursuit, as it always has been. The Yenişehir Triathlon, born from a unique locale and now sprinting ahead with purpose, symbolises a bright future. It's a pivotal step in Mersin's journey towards becoming one of the preeminent cities in the world of triathlon.

I extend my heartfelt gratitude to all the athletes, coaches, technical officials, parents, and everyone who dedicates their energy and effort to the growth of triathlon. As a federation, you serve as a constant source of inspiration for us all.

With warm regards,  
Bayram YALÇINKAYA  
President,  
Türkiye Triathlon Federation

## 1. GENERAL INFORMATION

### 1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

### 1.2. KEY DATES

Date	Action	Time	Place
20.10.2023	Swim Familiarisation-Junior	13:00 - 14:00	Venue
20.10.2023	Swim Familiarisation-Elite	14:00 - 15:00	Venue
20.10.2023	Race Briefing and Race Package Pickup-Junior	16:30 - 18:00	Atatürk Culture Center
20.10.2023	Race Briefing and Race Package Pickup-Elite	18:00 - 19:30	Atatürk Culture Center
21.10.2023	Bike Familiarisation-Junior and Elite	07:00 - 07:45	Transition Area
21.10.2023	Junior Women Race Start	13:30	Venue
21.10.2023	Junior Men Race Start	16:00	Venue
21.10.2023	Award Ceremony-Junior Women and Men	17:30	Venue
22.10.2023	Elite Women Race Start	13:30	Venue
22.10.2023	Elite Men Race Start	16:00	Venue
22.10.2023	Award Ceremony-Elite Women and Men	17:30	Venue

### 1.3. KEY CONTACTS

- Yenişehir Municipality, Sports Director: İnan Günal, [javin\\_inan@hotmail.com](mailto:javin_inan@hotmail.com)
- Race director: Hüseyin Onur AYDEMİR, [onuraydemir@triatlon.org.tr](mailto:onuraydemir@triatlon.org.tr), +905071682658
- Event directors: Yahya Kuriş, Deniz Şiar Bozkut, [dsiarbozkut@gmail.com](mailto:dsiarbozkut@gmail.com), +905380685786
- Technical delegate: John PETRIDES, [johnpetrides@outlook.com](mailto:johnpetrides@outlook.com), +447808975799
- Assist. Technical delegate: Begüm Özüekren KASAPOĞLU, [drbozuekren@yahoo.com](mailto:drbozuekren@yahoo.com), +905327108914
- Europe Triathlon Office: [hq@europe.triathlon.org](mailto:hq@europe.triathlon.org), +32478825456

### 1.4. CONTACT DETAILS

LOC : Yenişehir Municipality  
 Adress: Limonluk Mahallesi, Vali Hüseyin Aksoy Cd. No:3, 33120 Yenişehir/Mersin  
 E-mail: [info@triathlonyenisehir.com](mailto:info@triathlonyenisehir.com)  
 Phone Number: +905380685786

National Federation: Türkiye Triathlon Federation  
 Maltepe mah Şehit Daniş Tunaligil Sok. No:3 Daire:15 Çankaya / Ankara  
[turkiyetriatlon@triatlon.org.tr](mailto:turkiyetriatlon@triatlon.org.tr)  
 +90 312 309 25 70

## 2. VENUE

### 2.1. GENERAL MAP



### 2.1. RACE VENUE

The 2023 Europe Triathlon Cup Yenisehir and 2023 Europe Triathlon Junior Cup Yenisehir has one venue. Located in Fenerbahçe Square

[Location](#)



2023 Europe Triathlon Cup Yenisehir and 2023 Europe Triathlon Junior Cup Yenisehir Courses

## 2.2 COURSE FAMILIARISATION

<div style="border: 1px solid white; border-radius: 15px; padding: 10px; text-align: center;"> <h1 style="color: yellow; margin: 0;">20</h1> <p style="color: white; margin: 0;">OCTOBER FRIDAY</p> </div>		
13:00 - 14:00	Swim Familiarisation - Junior	Venue
14:00 - 15:00	Swim Familiarisation - Elite	Venue
<div style="border: 1px solid white; border-radius: 15px; padding: 10px; text-align: center;"> <h1 style="color: yellow; margin: 0;">21</h1> <p style="color: white; margin: 0;">OCTOBER SATURDAY</p> </div>		
07:00 - 07:45	Bike Familiarisation - Junior and Elite	Transition area

Bike Familiarization: At the Transition Area (Mount Line).

During the bike familiarisation Police and LOC will escort the athletes.

Swim Familiarization: At the Start area.

You will be able to have a swimming course familiarisation at the swim course. During the swimming course familiarisation there will be lifeguards and medical service available.

## 2.3. ATHLETE'S LOUNGE

The Athlete's Lounge will be located in Fenerbahce Meydani, 30m from the Transition Zone and 200m from Start Area. It will provide toilets and water. Bike mechanic service will be provided in Next to the Athletes Lounge. A recovery zone will be placed near the finish area. It will provide toilets and water. Massage service will be provided.

## 2.4. ATHLETES' RACE PACKAGE

For the Elite athletes race packages will be distributed after the briefing - please, have your ID/Passport with you. The briefing will take place at the Atatürk Kültür Merkezi.

<div style="border: 1px solid white; border-radius: 15px; padding: 10px; text-align: center;"> <h1 style="color: yellow; margin: 0;">20</h1> <p style="color: white; margin: 0;">OCTOBER FRIDAY</p> </div>		
16:30 - 18:00	Race Briefing and Race Package Pickup - Junior	Atatürk Kültür Merkezi
18:00 - 19:30	Race Briefing and Race Package Pickup - Elite	Atatürk Kültür Merkezi

Composition of race package:

- Helmet numbers (3) & Bike number (1)
- Body decals for both arms & legs – 4 x sets
- Accreditation pass



#### Elite Registration fees:

The entry fee will be 85 € and can be paid by cash(€) or credit card at the registration desk or via online bank transfer. The name and nationality of the athletes and their categories should be mentioned in the description section of the transaction if the payment is made via bank transfer

Receiver: Mersin Yenişehir Belediye Başkanlığı

Bank: Türkiye Halk Bankası Pozcu Şubesi Euro account

IBAN: TR40 0001 2009 5990 0058 0002 58

Account No: 58000258

SWIFT(BIC) : TRHBTR2A

#### Junior Registration fees:

The entry fee will be 65 € and can be paid by cash(€) or credit card at the registration desk or via online bank transfer. The name and nationality of the athletes and their categories should be mentioned in the description section of the transaction if the payment is made via bank transfer

Receiver: Mersin Yenişehir Belediye Başkanlığı

Bank: Türkiye Halk Bankası Pozcu Şubesi Euro account

IBAN: TR40 0001 2009 5990 0058 0002 58

Account No: 58000258

SWIFT(BIC) : TRHBTR2A

### 2.5. DOPING CONTROL

Doping tests will be conducted according to World Triathlon/WADA rules by the Türkiye Anti-Doping Commission. The athletes must carry their identification to the doping control facilities. There will be a dedicated doping control room inside the Yenişehir Municipality Building. Athletes will undergo doping tests in these private rooms.

### 2.6. SECURITY

There will be local police and 112 emergency ambulance services at the venue. Additionally, there will be private security personnels to manage access control and crossing across control.

### 2.7. LOC OFFICE

LOC office will be open from October 15 till 22 October between 10:00 - 17:00

Yenişehir Belediyesi Atatürk Kültür Merkezi

Address: Limonluk, 13. Cd. No: 11, 33120 Yenişehir/Mersin

Location: <https://g.page/MyAKM?share>

## 3. ACCOMMODATION, TRANSFER AND TRANSPORT

Sayga Travel is the official body for transportation and accommodation.

Contact:Ms. Ceren Demirkaya

E-mail: [triathlon@sayga.travel](mailto:triathlon@sayga.travel)

Address: Sayga Travel

Valikonağı Caddesi Akkırman Sokak Akkırman Apartmanı No:2/1 Kat:5 D:18 Nişantaşı Şişli / İSTANBUL

## Alanya - Yenişehir / Mersin Transfer

From: Alanya Triathlon Event Venue  
Transfer Date: 16 / 10 / 2023  
Time: 11:00  
To: Yenisehir Cultural Center (Registration)  
Contact: Ms. Ceren Demirkaya  
E-Mail: [triathlon@sayga.travel](mailto:triathlon@sayga.travel)

Transfer Fee: 75€ / Per Person\*

- Please note that there are limited spaces for only 14 bikes in the bus. The minimum number of passengers is 14. More passengers without the bike can be added.
- The pre booking date for the transfer is 06 October 2023 and the deadline for the payment is 09 October 2023 17:00 (Istanbul Time)
- In case the minimum number is not reached till the end of the booking date the bus will be cancelled. We advise you to complete the booking and the payment as soon as possible.

### Visa Information

By clicking the link below you can check whether you are going to need a visa to enter Türkiye:  
<https://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa>

## 5. ATHLETES' SERVICES

### 5.1. TRAINING FACILITIES

#### SWIM

Yenisehir Olympic Pool  
Address:Fuatmorel, 15. Cd. No:5/C, 33120 Yenişehir/Mersin  
Location: <https://goo.gl/maps/GwK1Jjpbiequ8krG7>

Pre-competition swim training can be done at the local 50m indoor pool free of charge for athletes. Pre-reservation is obligatory. For booking enquiries please send an email to the address indicated below.

[service@triathlonyenisehir.com](mailto:service@triathlonyenisehir.com)

The beach is open for swimming under personal responsibility

#### BIKE

Roads are not closed to traffic for training sessions, therefore the local traffic regulations must be strictly followed at all times.

#### RUN

Where: Nevin Yanit Running Track  
Address: Deniz, İsmet İnönü Blv., 33150 Yenişehir/Mersin  
Location: <https://goo.gl/maps/YZUD6wwZCd3d5sCn9>

Pre-competition training can be done at the tartan track free of charge for athletes. Pre-reservation is obligatory. For booking enquiries please send an email to the address indicated below.

[service@triathlonyenisehir.com](mailto:service@triathlonyenisehir.com)

## **5.2. MEDICAL SERVICES**

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions and during the race. There will be First Aid and Emergency Medical Services at the Race area on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

Closest hospital, address : Özel Mersin Yenişehir Hastanesi

Address: Güvnevler Mah. 20.Cad No:4 Forum Karşısı, 33140 Yenişehir Mersin

Location: <https://maps.app.goo.gl/G7aE6jqpYWz8hB3i7>

Emergency telephone number : 112

## **5.3. BIKE MECHANICAL SERVICE**

Official Bike mechanical partner [Shimano Türkiye](#) will be at the EXPO area, close to the transition area.

## 6. COMPETITION SCHEDULE

**20**  
OCTOBER  
FRIDAY

13:00 - 14:00	Swim Familiarisation - Junior	Venue
14:00 - 15:00	Swim Familiarisation - Elite	Venue
16:30 - 18:00	Race Briefing and Race Package Pickup - Junior	Atatürk Kültür Merkezi
18:00 - 19:30	Race Briefing and Race Package Pickup - Elite	Atatürk Kültür Merkezi

**21**  
OCTOBER  
SATURDAY

07:00 - 07:45	Bike Familiarisation - Junior and Elite	Transition area
12:00 - 13:00	Athlete's Lounge open - Junior Women	Venue
12:30 - 13:15	TA Check in - Junior Women	Venue
12:45 - 13:15	Swim warm up - Junior Women	Venue
13:30	Junior Women Race Start	Venue
14:45	TA Check out - Junior Women	Venue
14:30 - 15:30	Athlete's Lounge open - Junior Men	Venue
15:00 - 15:45	TA Check in - Junior Men	Venue
15:15 - 15:45	Swim warm up - Junior Men	Venue
16:00	Junior Men Race Start	Venue
17:10	TA Check out - Junior Men	Venue
17:30	Award Ceremony - Junior Women and Men	Venue

**22**  
OCTOBER  
SUNDAY

12:00 - 13:00	Athlete's Lounge open - Elite Women	Venue
12:30 - 13:15	TA Check in - Elite Women	Venue
12:45 - 13:15	Swim warm up - Elite Women	Venue
13:30	Elite Women Race Start	Venue
14:45	TA Check out - Elite Women	Venue
14:30 - 15:30	Athlete's Lounge open - Elite Men	Venue
15:00 - 15:45	TA Check in - Elite Men	Venue
15:15 - 15:45	Swim warm up - Elite Men	Venue
16:00	Elite Men Race Start	Venue
17:10	TA Check out - Elite Men	Venue
17:30	Award Ceremony - Elite Women and Men	Venue

### 6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the World Triathlon published [WT Competition Rules](#)

#### **6.4. ATHLETES' BRIEFING**

14.10.2023 18:00 - 18:30 Elite Briefing

#### **6.5. TIMING CHIPS**

At race Check-In, Athletes will be issued with their timing chip which is to be worn above the left ankle.

Athletes will also be given their numbered Swim Cap and must have their Uniform and Running shoes available to be checked for WT guideline compliance (photos will be taken). Bikes will be checked for safety and compliance on entry to the Transition Area.

#### **6.6. RESULTS**

Results will be uploaded to the World Triathlon official website [www.triathlon.org](http://www.triathlon.org).

#### **6.7. PROTEST & APPEALS**

Standard procedures will be followed according to the current World Triathlon Competition Rules.

### **7. ACCREDITATION**

The LOC will provide all the Organizing Committee Members, TRI Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

### **8. OTHER USEFUL INFORMATION**

#### **8.1. LANGUAGE**

Türkiye's official language is Turkish.

#### **8.2. POPULATION**

According to current information approximately 85 million 279 thousand 553 people are living in Türkiye.

#### **8.3. CURRENCY**

The National Currency is Turkish Liras (TL)

#### **8.4. TIME**

GMT +3

#### **8.5 ELECTRICITY**

230V 50 Hertz

In Türkiye the power sockets are of type E.

#### **8.6 WATER**

Non-potable water



## 8.7 TELEPHONE CONNECTIONS

+90 area code

## 9. COURSE MAPS

### 9.1. SWIM START



The start will be a Beach Start, featuring a blue start carpet marked with numbers and each numbered box measures 75 cm in width and 50 cm in length.

### 9.2 SWIM COURSE

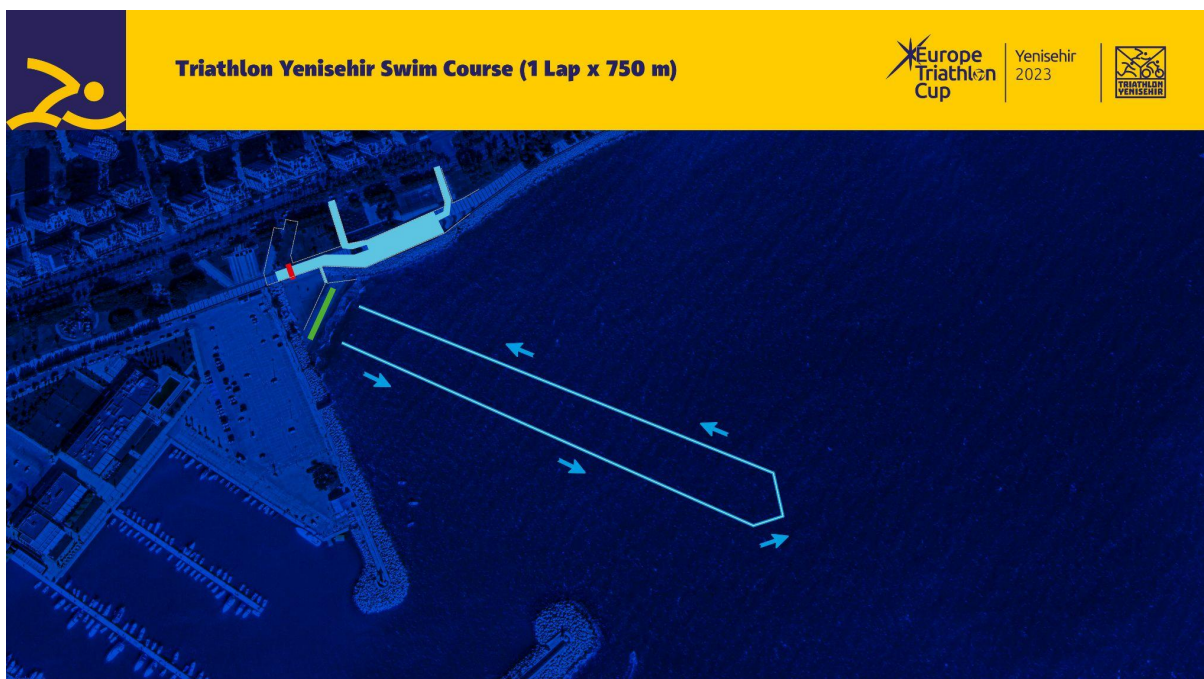
Number of laps: 1 (one)

Distance of the course: 750m

Distance from the start to the first buoy: 300 m

The swim course follows the right side of the buoys, so all of the buoys should stay at athletes' left while passing.

Average water temperature: 23-25°C





### 9.3. TRANSITION 1

A flow through transition has been developed to keep athletes moving forward. Athletes enter the transition and must deposit swim gear in a bin placed beside the bike racks. Athletes' names and/or numbers are displayed on the top of each bike rack. After the helmet is secured, athletes unrack the bike by moving forward into the centre lane and towards the mount line.



### 9.4. BIKE COURSE

Number of laps: 3 (three)

Distance of the course: 20.3km

Description: The bike course is fully high-quality asphalt. Relatively flat.

Team Wheel station will be located near transition, in a place where athletes pass at the end of each lap. Natural wheel station will be located at far end turn point of bike course.







## 9.5. TRANSITION 2

After the last lap of the bike, athletes will turn left to reach the dismount line and transition area. They have to get off the bike before the dismount line. They run by holding the bike. Athletes enter the transition and must deposit the bike in their position and then take off their helmet. Running shoes may be placed beside the rack or in the box. After this, they should proceed to the run course.



## 9.6 RUN COURSE

Number of laps: 2

Distance of the course: 5 km

Description: Flat course



Aid Station and Penalty Box locations: There are 2 (two) aid stations; one of them is at 140m just after exit of T2 and the other one is 800m of the course. The penalty box is at 1550m of the course just before the lap / finish turn



Good luck!