

Elite & Junior Schedule 2023 Africa Triathlon Maselspoort FEB 25 - 26

DAY	START	END	ACTIVITY	LOCATION
25 st	13:00	13:45	Bike Familiarization Elite/Junior	Maselspoort (Venue)
25 st	14:15	14:30	Swim Familiarization Elite/Junior	Maselspoort (Venue)
25 st	17:15	17:55	Registration & Race Package Elite/Junior	Kopana Nokeng
25 st	18:00	19:00	Athletes Briefing Elite/ Junior	Kopana Nokeng

DAY	START	END	ACTIVITY	LOCATION
26 nd	09:10	10:20	Athletes Lounge Junior Men	Maselspoort (Venue)
26 nd	09:30	10:20	Transition Check-in Junior Men	Maselspoort (Venue)
26 nd	09:30	10:20	Swim Warm-Up Junior Men	Maselspoort (Venue)
26 nd	10:25	-	Athletes Introduction Junior Men	Maselspoort (Venue)
26 nd	10:30	-	Junior Men Start	Maselspoort (Venue)
26 nd	09:50	10:50	Athletes Lounge Junior Women	Maselspoort (Venue)
26 nd	10:40	11:05	Transition Check-in Junior Women	Maselspoort (Venue)
26 nd	10:40	11:05	Swim Warm-Up Junior Women	Maselspoort (Venue)
26 nd	11:10	-	Athletes Introduction Junior Women	Maselspoort (Venue)
26 nd	11:15	-	Junior Women Start	Maselspoort (Venue)

DAY	START	END	ACTIVITY	LOCATION
26 nd	10:45	11:45	Athletes Lounge Elite Men	Maselspoort (Venue)
26 nd	11:20	11:55	Transition Check-in Elite Men	Maselspoort (Venue)
26 nd	11:25	11:55	Swim Warm-Up Elite Men	Maselspoort (Venue)
26 nd	11:55	-	Athletes Introduction Elite Men	Maselspoort (Venue)
26 nd	12:00	-	Elite Men Start	Maselspoort (Venue)
26 nd	11:40	12:30	Athletes Lounge Elite Women	Maselspoort (Venue)
26 nd	12:05	12:40	Transition Check-in Elite Women	Maselspoort (Venue)
26 nd	12:10	12:40	Swim Warm-Up Elite Women	Maselspoort (Venue)
26 nd	12:40	-	Athletes Introduction Elite Women	Maselspoort (Venue)
26 nd	12:45	-	Elite Women Start	Maselspoort (Venue)
26 nd	15:15	-	Medal Ceremony Junior & Elite	Maselspoort (Venue)