

# **2023 NTT ASTC Subic Bay Asia Cup**

**22-23 April 2023, Subic Bay Freeport, Philippines**

## **EVENT INFORMATION**

Race Date & Time:

22 April 2023 (Saturday) Super Sprint, Sprint Age Group, Sprint Para and Mixed Team Relay Inter-Club Competition

23 April 2023 (Sunday) Sprint Jr. Elite, Sprint Elite and Standard Age Group

<b>Race Distances:</b>	<u>Swim</u>	<u>Bike</u>	<u>Run</u>
Standard Distance	1.5k	40k	10k
Sprint Distance	750m	20k	5k
Super Sprint Distance	500m	13k	2.5k

## **Participants' Categories (Top 3):**

- Elite Open and U23 Sprint Men & Women
- Age Group Sprint Men & Women: 16-19, 20-24,25-29, 30-34,35-39, 40-44, 45-49, 50-54, 55-59, 60 and over
- Age Group Standard Distance Men and Women: 18-24,25-29, 30-34,35-39, 40-44, 45-49, 50-54, 55-59, 60 and over
- Age Group Super Sprint Distance Boys and Girls: 13-15

## **Registration Fees:**

Regular Rate: (February 1- 28,2023)

Standard Distance: Php 6,500/US\$150.00 + online reg fees

Sprint Distance: Php 6,000/US\$150.00 + online reg fees

Super Sprint Distance: Php 5,000/US\$150.00 + online reg fees

Mixed Team Relay: Php 9,500 + online reg fees

Late Registration: (March 1 -31,2023)

Standard Distance: Php 7,000/US\$175.00 + online reg fees

Sprint Distance: Php 6,500/US\$170.00 + online reg fees

Super Sprint Distance: Php 5,500/US\$170.00 + online reg fees

Mixed Team Relay: Php 10,000 + online reg fees

Register at: [raceyaya.com](http://raceyaya.com)

## Race Schedule

Friday – April 21,2023 Race Schedule (subject to change)			
START	FINISH	EVENT	VENUE
09:00	19:00	<b>Distribution of Race Packets and Timing Chips</b> (Present a valid ID. Submit signed waiver, parental consent (for minor participants). <b>NO CLAIMING of race packet on race day</b> )	Subic Bay Exhibition and Convention Center
09:00	15:00	Super Sprint (13-15 y.o.) Age Group Sprint Distance	Subic Bay Exhibition and Convention Center
15:00	16:00	Legends Super Sprint Distance	Subic Bay Exhibition and Convention Center
16:00	17:00	Super Sprint & Sprint Race Briefing	Subic Bay Exhibition and Convention Center
16:00	19:00	<b>Mandatory Bike Check-in for Age Groupers at the transition area.</b>	Boardwalk

Saturday – April 22,2023 Race Day Race Schedule (subject to change)			
START	FINISH	EVENT	VENUE
04:00 04:30		<b>OPENING OF TRANSITION-</b> Body Marking	Boardwalk
05:30		<b>CLOSING OF TRANSITION</b>	
		<b>WAVES</b>	
05:35		Wave 1 - Race of the Legends	
05:45		Wave 2 - Super Sprint Boys (13-15)	
05:55		Wave 3 - Super Sprint Girls (13-15)	
06:00		Wave 4 – Sprint Para	
06:15		Wave 5 - Sprint Age Group Men	
06:25		Wave 6 - Sprint Age Group Women	
07:05		Wave 7 - Mixed Team Relay Inter-Club Competition	

10:00		Awarding Ceremony	Lincoln St.
09:00	19:00	<b>Distribution of Race Packets and Timing Chips</b> Present a valid ID. Submit a signed waiver, parental consent (for minor participants). <b>NO CLAIMING of race packet on race day)</b>	Subic Bay Exhibition and Convention Center
09:00	12:00	Elite Juniors and U23	Subic Bay Exhibition and Convention Center
13:00	14:00	Age Group Standard Distance	Subic Bay Exhibition and Convention Center
13:00	15:00	Elite Uniform Check & Bike Check	Subic Bay Exhibition and Convention Center
15:00	16:00	Bike Course familiarization for Elites, Jr. Elites and U23	Subic Bay Exhibition and Convention Center
16:00		Elite Sprint Race Briefing Elite Junior and U23 Race Briefing	Subic Bay Exhibition and Convention Center
16:00	19:00	<b>Mandatory Bike Check-in for Age Groupers at the transition area.</b>	Boardwalk
17:00		Standard Distance Race Briefing	Subic Bay Exhibition and Convention Center

Sunday – April 23,2023 Race Day Race Schedule (subject to change)			
START	FINISH	EVENT	VENUE
04:00		<b>MEDICAL SCREENING</b>	TBD
04:30		<b>OPENING OF TRANSITION- Elite</b> Body Marking	
05:30		<b>CLOSING OF TRANSITION</b>	
		<b>WAVES</b>	
05:40		Wave 1 - Elite Men	
05:50		Wave 2 - Elite Women	
06:10		Wave 3 – Jr. Elite Men (16-19)	
06:20		Wave 4 - Jr. Elite Women (16-19)	
06:30		Wave 5 - AG Standard Men	

06:40		Wave 6 - AG Standard Women and Relay Team	
10:30		Awarding Ceremony	Lincoln St.

### **Race Route:**

- Course Maps to follow

### **Registration Reminders:**

- Paid fees are non-refundable, non-transferable & non-creditable to future TRAP races.
- Registration fee will cover cost of participation, swim cap, timing chip, race bib, bike & helmet stickers, finisher's medal, event shirt and post - race snacks.
- For further inquiries/concerns on registration, please send email to: [trap.sportsevents@gmail.com](mailto:trap.sportsevents@gmail.com)

### **Race Rules:**

- Body markings (race numbers) must appear on both upper arms.
- Bikes must be racked at the designated spot of the bike rack in the transition area.
- Bare torso biking or running is not allowed.
- Vehicular traffic will be controlled but not closed.
- Athletes must follow all traffic rules, safety protocols and watch out for his/her own road safety
- No headsets or music devices in the bike and/or run

See full Complete rules at

**[www.triathlon.org/uploads/docs/World-Triathlon\\_Competition-Rules\\_2023\\_20221220.pdf](http://www.triathlon.org/uploads/docs/World-Triathlon_Competition-Rules_2023_20221220.pdf)**

#### **• Pre-Race Requirements:**

\* Download and sign the Event Waiver at:

[https://drive.google.com/drive/folders/1\\_JN5wPwrb7v4S-7lBKxQIUyOAvH-r55u](https://drive.google.com/drive/folders/1_JN5wPwrb7v4S-7lBKxQIUyOAvH-r55u)

\* Request for a Medical Certificate of Fit to Race.

\* Prepare Copy of Vaccination Card/Certificate.

#### **• Race Protocols:**

\* Upon registration, provide a copy of your valid ID, vaccination card/certificate, Fit to Race Medical Certificate and signed Event Waiver.

**Accommodation and Airport Transfer:**

For hotel booking and airport transfer requests, please send email to trapgameservices@gmail.com

**Event Organizers:**

The Triathlon Association of the Philippines (TRAP) in cooperation with the Subic Bay Metropolitan Authority (SBMA).

**EVENT PRESENTORS**



**SPONSORS:**

