



Venice
Caorle
2023



Athletes Guide

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WELCOME

ITALIAN TRIATHLON FEDERATION PRESIDENT, RICCARDO GIUBILEI



We are really delighted to welcome in Italy, and mainly in Venice-Caorle, the next important international event which consolidates the sporting events offer of extraordinary prestige. Hosting the European Championship of sprint and standard distance is reason to be really proud, mainly because held in a territory, Veneto Region, renowned for its proven hospitality and sporting skills.

I take this opportunity to thank Europe Triathlon for the confidence in hosting the event in Italy and Silca Ultralite to have accepted a very important challenge for an appointment which already promises to be one of the most attended in this season.

Moreover, for the Italian Triathlon Federation the Europe Duathlon Championships are just the first step because, thanks to the teamwork, with the Regione Veneto and the Caorle Municipal Administration we want to consolidate the successes achieved and work to a continuous growth of the qualitative and quantitative profile of the events.

We will welcome in our wonderful Italy and in the best way, the athletes who will come to challenge each other, from all over Europe, for the continental title, ensuring them to live two thrilling days, made by duathlon and friendship in the most respect of the values of sport.

Riccardo Giubilei
Italian Triathlon Federation President

1. GENERAL INFORMATION

1.1 INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date.

However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

1.2 KEY DATES

Friday, March 17 th		
14:30	15:00	Bike familiarisation (Élite, Junior)
15:00	15:30	Bike familiarisation (Age Groups, Paraduathlon)
16:00		Briefing (Age Group Team Manager, Paraduathlon)
16:30		Briefing (Junior)
17:00		Briefing (Élite)
18:00		Parade of Nations
18:30		Opening Ceremony
10:00	19:00	Race package distribution (Age Group)
Saturday, March 18 th		
08:30		Age Group Men 1 start - sprint distance
08:35		Age Group Men 2 start - sprint distance
09:50		Age Group Women 1 start - sprint distance
11:30		Paraduathlon start
14:00		Junior Women start
15:00		Junior Men start
16:00		Élite Women start
17:00		Élite Men Start
18:30		Élite, U23, Junior and Paraduathlon Prize Ceremony
Sunday, March 19 th		
08:30		Age Group Men 1 start - standard distance
08:50		Age Group Men 2 start - standard distance
09:10		Age Group Women start - standard distance
12:30		Age Group Prize Ceremony, Pasta Party opening

1.3 KEY CONTACTS

	Name	Email	Phone
LOC Chairman	Aldo Zanetti	aldo.zanetti@silca.it	
LOC Event Manager	Francesco Fissore	etccaorle@silcaultralite.it	+39.3927930248
LOC Race Director	Mauro Miani	eventi@trevisomathon.com	+39.3934339472
Technical Delegate	Michiel Van Niekerk	vanniekerk64@outlook.com	+31.626978686
Technical Delegate	Pascal Godel	pgodel@fftri.com	
LOC Office Manager	Nicola Zanetti	etccaorle@silcaultralite.it	+39.3401628156
Europe Triathlon Office		etu_hq@etu.triathlon.org	+32.478825456
Media Manager	Francesca Dal Bo	francesca.dalbo@silca.it	

1.4 CONTACT DETAILS

Silca Ultralite Triathlon ASD

Mail: etccaorle@silcaultralite.it

Phone: +39.0438.1918104

Mob + 39.3927930248 / +39.3401628156

2. REGISTRATION PROCESS AND ENTRY FEES

2.1 REGISTRATION PROCESS

All registrations (Élite, Junior, Paraduathlon and Age Groups) must be done on the TRI system by National Federations.

AGE GROUPS registration process:

- AG athletes will be registered through their National Federation by a designated AG Team Manager;
- AG athletes need to contact their National Federation for further information;
- In case an athlete is not able to get in touch with his/her National Federation, please contact etccaorle@silcaultralite.it
- Any athlete who is participating in more than 1 event will need to be registered separately in each event by his/her NF;
- NFs are to collect the entry fees from athletes. No athlete can directly pay the LOC;
- The registration will be considered valid only after the confirmation of payment;
- Registration process closes on the 26th of February;

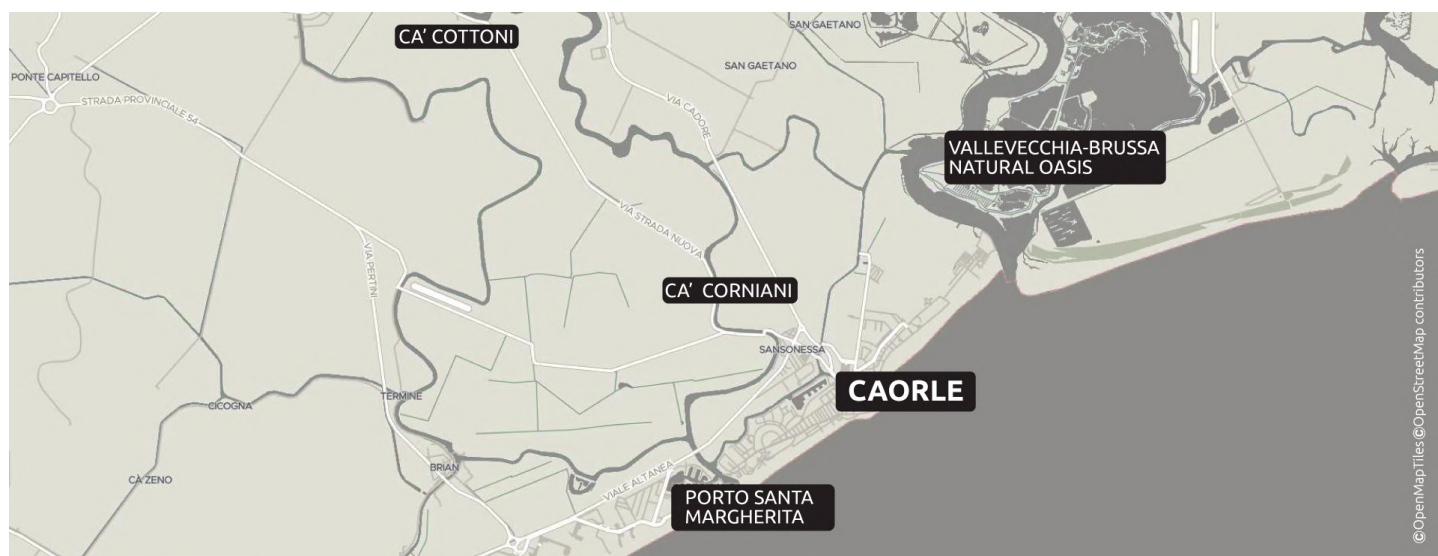
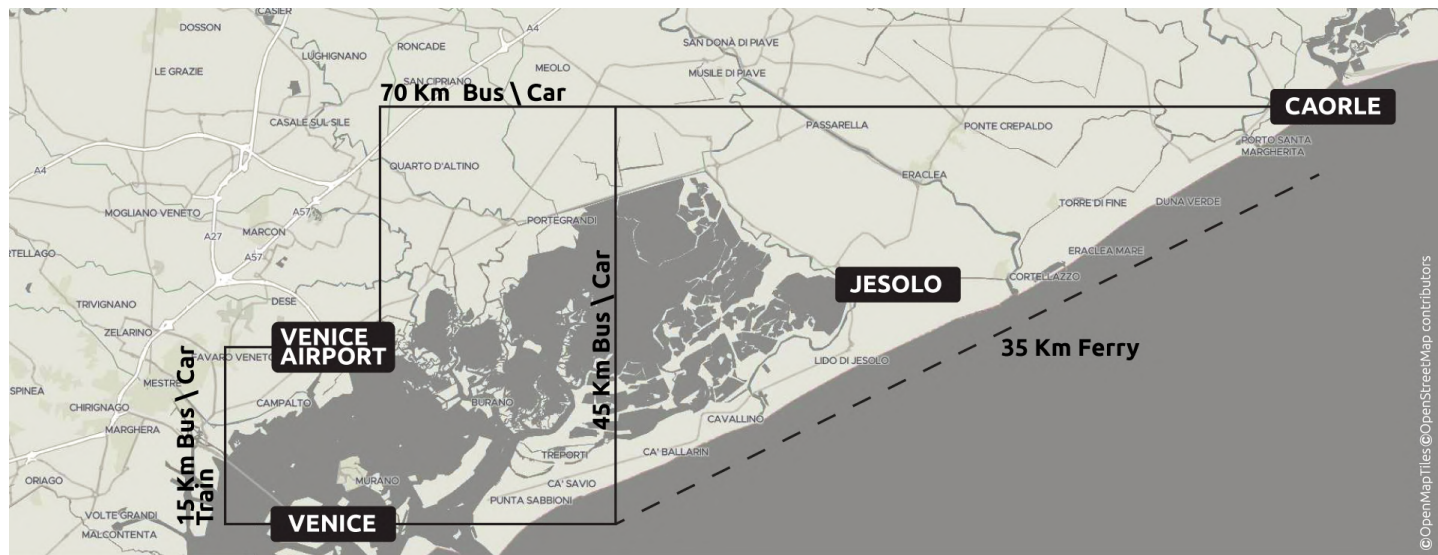
2.1 ENTRY FEES

Entry fees are as follows:

- Junior: 130€
- Élite/U23: 140€
- Paraduathlon: 130€
- Age Group Sprint: 140€
- Age Group Standard: 150€

3. VENUE

The Race Venue will be set up by the PalaExpomar, the Olympic Stadium and the Sports Hall, in Via Aldo Moro 21, 30021 Caorle (Venice).



3.1 COURSE FAMILIARIZATION

Bike familiarization will be organized:

- for Élite/U23 and Junior on Friday, March 17th at 14:30
- for Age Groups and Paraduathlon on Friday, March 17th at 15:00

Meeting point is near Transition Area, Via Aldo Moro 21, Caorle.

Only for Élite and Junior: the bike familiarization will be escorted by the police. Due to open roads during the familiarization, it will not be possible to follow the race course direction.

3.2 ATHLETE'S LOUNGE

Athlete's Lounges will be located by track and field Stadium Giovanni Chiggiato (Piazzale Olimpia) and will work for Élite/U23, Junior and Paraduathlon according to Race Schedule.

Age Group Services will be available by Sports Hall Palamare Valter Vicentini (Dressing Rooms, Bags Deposit, Showers, Toilettes).

Access to Athletes Lounge and AG Services will be through Sports Hall: only accredited people will



have access to the Area (athletes and coaches).

3.3 ATHLETES' RACE PACKAGE

Race Package distribution for Élite, U23, Junior and Paraduathlon will be organized immediately after the Race Briefings (at PalaExpomar, via Aldo Moro 21, Caorle).

Race Package distribution for Age Groups will be organized at PalaExpomar (Via Aldo Moro 21):

- Friday, March 17th, from 10:00 to 19:00 (Sprint and Standard Distance)
- Saturday, March 18th from 10:00 to 12:00 and from 14:00 to 18:00 (Standard Distance)

Age Groups Athletes must carry on an identification document (passport or ID card) and show it to the LOC Staff in order to collect the race package.

3.4 DOPING CONTROL

Doping Control Office will be located at the Olympic Stadium, Piazzale Olimpia, Caorle.

Doping tests will be conducted according to TRI/WADA rules.

The athletes must carry their identification to the doping control facilities.

3.5 SECURITY

Security Service will be provided during the competition in the Athletes Lounge, Transition Area and FOP.

3.6 LOC OFFICE

LOC Office will be located at PalaExpomar, Via Aldo Moro 21, Caorle.

Opening hours will be communicated as soon as possible.

4. ACCOMMODATION

Nirvana, the Official Travel & Accommodation Partner of World and European Triathlon are absolutely delighted to support Athletes & Spectators travelling out to the 2023 European Sprint and Standard Distance Duathlon Championships Venice Caorle.

We are really excited to be working alongside the local event provider in Caorle Venice to provide great value fully inclusive travel and accommodation packages to the 2023 European Duathlon Championships.

We have a number of different hotel and apartment options available to allow you to decide where is best for you for the event.

Athletes & spectators will be able to call on Nirvana's 20 year experience & expertise in arranging all travel & accommodation to the event & benefit from host of travel services, designed specifically for the Age Group athletes.

- Accommodation
- Free Race Entry Fee Insurance - info [HERE](#)
- Bike Storage permitted in your bedroom
- Athlete friendly & orientated daily breakfast
- Early breakfast on race day arranged
- Sports Massage
- Pre Race Bike Tune Up (upgrades to build or pack available)
- Access to Cycle track pumps prior to the Race start
- Experienced Nirvana Support Team in Resort
- Event Transfers to/from the Event Site (where required)
- Venice Airport Meet & Greet with Return Airport Transfers

[Book HERE \(link\) your accommodation and services.](#)

5. TRANSFER AND TRANSPORT

The main airports to reach Caorle are:

- [Aeroporto Marco Polo, Venice \(VCE\)](#), 52Km
- [Aeroporto Antonio Canova, Treviso \(TSF\)](#), 61Km
- [Aeroporto Friuli Venezia Giulia, Trieste \(TRS\)](#), 90Km

Transfer and Travel solutions will be managed by Nirvana Europe LTD:
contactus@nirvanaeurope.com - Telephone: +44 (0) 191 257 1750

6. ATHELETE'S SERVICES

6.1 TRAINING FACILITIES

BIKE: safe bike locations.

Bike 27Km course ([click here to download .gpx file](#)).

Bike 30Km course ([click here to download .gpx file](#)).

Bike 32Km course ([click here to download .gpx file](#)).

Training courses are open on regular traffic roads, remember to respect the traffic laws.

RUN: athletics track is available free of charge at Olympic Stadium "Chiggiato" in Piazzale Olimpia, 31020 Caorle (Venice), to make your reservation please write an email to etccaorle@silcaultralite.it.
5Km course ([click here to download .gpx file](#)).

6.2 MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions, before, during and after (1h) the race.

There will be First Aid and Emergency Medical Services at the Race Village on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital.

A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should have their appropriate medical insurance.

Reparto di pronto soccorso Caorle (First Aid)

Address: via Riva dei Bragozzi 138, 30021 Caorle (Venezia). Phone: 0421 219815

Azienda Unità Locale Socio Sanitaria N.10 Veneto Orientale

Address: viale M. Buonarroti 2, 30021 Caorle (Venezia). Phone: 0421 81708

San Donà di Piave Hospital - ULSS4 Veneto Orientale

Address: via Nazario Sauro 25, 30027 San Donà di Piave (Venezia). Phone: 0421 227111

6.3 BIKE MECHANICAL SERVICE

Bike Mechanical Service will be organised at Race Venue and will be available:

- Friday, March 17th from 10:00 to 19:00
- Saturday, March 18th from 7:00 to 12:00 (for Age Groups)
- Saturday, March 18th from 12:00 to 17:00 (for Élite)
- Sunday, March 19th from 7:00 to 08:30

7. COMPETITION SCHEDULE

Friday, March 17 th		
12:00		Press Conference
14:30		Bike familiarisation (Élite, Junior)
15:00		Bike familiarisation (Age Group and Paraduathlon at the end of the group)
16:00		Briefing (Age Group Team Manager)
16:00		Briefing (Paraduathlon)
16:30		Briefing (Junior)
17:00		Briefing (Élite)
18:00		Parade of Nations
18:30		Opening Ceremony
10:00	19:00	Race package distribution (Age Group)
19:00		Opening Party
Saturday, March 18 th		
06:15		Sunrise
06:45		Transition Area open (Age Group)
07:45		Transition Area close (Age Group)
08:30		Age Group Men 1 start (from 16-19 to 45-49) - sprint distance
08:35		Age Group Men 2 start (over 50) - sprint distance
09:50		Age Group Women start - sprint distance
10:50		Athletes Lounge open (Junior, Paraduathlon)
11:00		Transition Area open (Junior, Paraduathlon)
11:20		Transition Area close (Junior, Paraduathlon)
11:30		Paraduathlon PTWC start
11:50		Paraduathlon PTS+PTVI start
13:20		Transition Area open (Junior)
13:45		Transition Area close (Junior)
13:50		End of Transition Area check out (Age Group)
14:00		Junior Women start
14:00		Athletes Lounge open (Élite)
14:20		Transition Area open (Élite)
14:45		Transition Area close (Élite)
15:00		Junior Men start
15:25		Transition Area open (Élite)
15:45		Transition Area close (Élite)
16:00		Élite Women start
17:00		Élite men start
18:15		End of competition
18:20		Sunset
18:30		Award Ceremony (Élite)
10:00	19:00	Race package distribution
Sunday, March 19 th		
06:45		Transition Area open (Age Group)
08:15		Transition Area close (Age Group)
08:30		Age Group Men start (from 18-19 to 50-54)
08:50		Age Group Men start (over 54)
09:10		Age Group Women start
12:45		End of competition
11:45	13:30	Check out
12:00		Award Ceremony (Age Group Sprint and Standard distances), Pasta Party opening

7.1 COMPETITION RULES

The event follows the [latest published \(link\)](#) Competitions Rules of the World Triathlon (TRI).

7.2 ATHLETE'S BRIEFING

All briefings will be held at PalaExpomar, via Aldo Moro 21, Caorle:

- Age Group Team Manager Briefing on Friday, March 17th at 16:00
- Paraduathlon Briefing on Friday, March 17th at 16:00
- Junior Briefing on Friday, March 17th at 16:30
- Élite Briefing on Friday, March 17th at 17:00

An Open Hour for Age Group's Frequently Asked Question could be organised and communicated as soon as possible.

7.3 TIMING CHIPS

On race day Élite, U23, Juniors and Paraduathlon athletes will be given a timing chip to be worn on the athletes' ankle.

Athletes will pick up the timing chips before the competitions, during their check-in procedure. Age Groups will be given a timing chip during the Race Package Distribution.

7.4 RESULTS

Results will be uploaded live at the World Triathlon official website www.triathlon.org.

All the Results informations will be distributed to the Team Leaders at the Race Office (PalaExpomar).

7.5 PROTEST & APPEALS

Standard procedures will be followed according to the current World Triathlon Competition Rules.

8. ACCREDITATION

The LOC will provide all the Organising Committee Members, TRI Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

Accreditations will be distributed at Race Office (PalaExpomar, via Aldo Moro 21) with the following schedule:

- Thursday, March 16th from 15:00 to 18:00
- Friday, March 17th from 10:00 to 19:00
- Saturday, March 18th from 10:00 to 12:00 and from 14:00 to 17:00
- Sunday, March 19th from 08:00 to 10:00

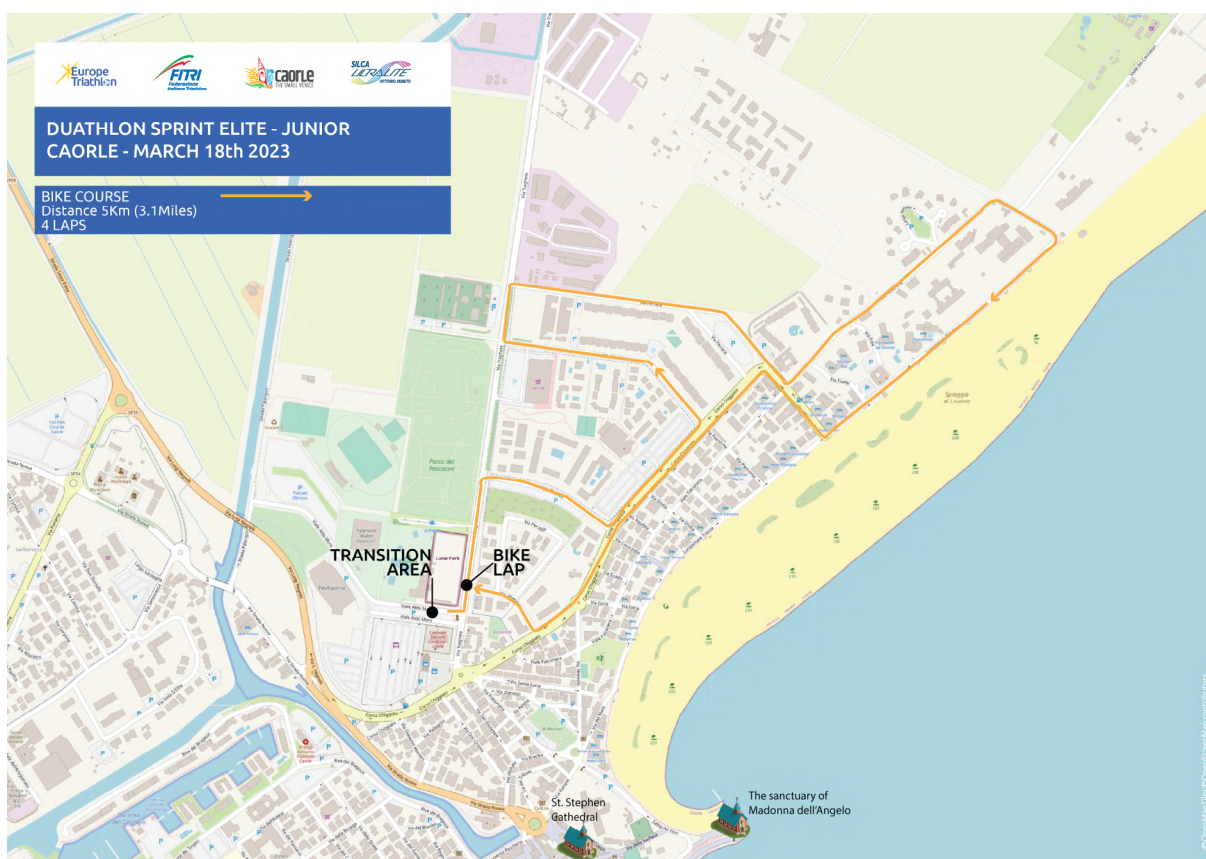
Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition.

All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

9. COURSE MAPS

9.1 ÉLITE, U23, JUNIORS, PARADUATHLON

Run 5Km (2 laps x 2.5Km) - Bike 20Km (4 laps x 5Km) - Run 2.5Km (1 lap)





9.2 AGE GROUP - DRAFT LEGAL SPRINT DISTANCE

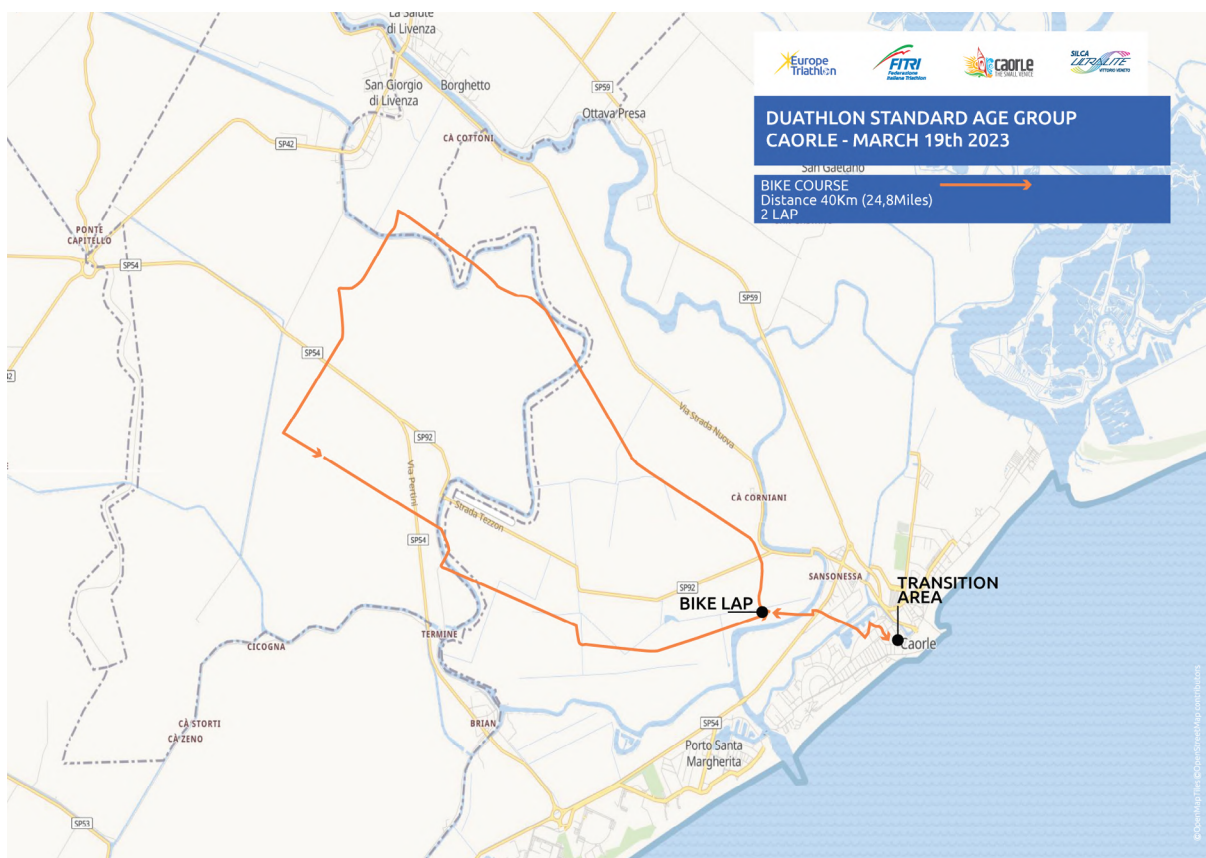
Run 5Km (2 laps x 2.5Km) - Bike 20Km (1 lap x 20Km) - Run 2.5Km (1 lap)





9.3 AGE GROUP - NO DRAFT STANDARD DISTANCE

Run 10Km (2 laps x 5Km) - Bike 40Km (2 laps x 20Km) - Run 5Km (1 lap)





9.4 COURSES DESCRIPTION

RUN

Completely flat, mainly on asphalt, 100m on the beach (compact and carpeted), in the city center of Caorle.

BIKE

Élite: completely flat, good asphalt, technical sections, and turning.

Paraduathlon and Age Group : completely flat, wide and straight roads, good surface.

10. USEFUL INFORMATIONS

10.1 CREDIT CARD AND PAYMENT

Credit and Debit cards are accepted almost everyone, but payments of less than 30€ could be requested by cash.

10.2 SUNRISE AND SUNSET

Sunrise at 06.15. Sunset at 18.15.

10.3 EXPECTED TEMPERATURES

Min temperature: 4°C. Max temperature: 18°C

We would like to thank you for participating and wish you all good luck for the race.

LOC