

PARIS 2024 OLYMPIC GAMES
INDIVIDUAL TRIATHLON EVENTS



MEN'S INDIVIDUAL TRIATHLON
30TH JULY 2024 - 08:00
55 MALE ATHLETES



WOMEN'S INDIVIDUAL TRIATHLON
31ST JULY 2024 - 08:00
55 FEMALE ATHLETES

-  **START**
ALEXANDRE III PONTOON
-  **FINISH**
PONT ALEXANDRE III
-  **SWIM COURSE**
1,500m (910m + 590m)
-  **BIKE COURSE**
40Km (5.715m x 7 laps)
-  **RUN COURSE**
10Km (2.5Km x 4 laps)
-  **TRANSITION AREA**
SWIM > BIKE
BIKE > RUN
PONT ALEXANDRE III

