



Kitzbühel
2024



Athletes' Guide





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1 Welcome to Kitzbühel

Dear Athletes,

Welcome to Kitzbühel, where the excitement of competition meets the stunning backdrop of the Austrian Alps! We're honoured to have such a fantastic group of athletes here, each bringing their passion and dedication to triathlon. As you prepare to race, know that we're dedicated to making your time here unforgettable. From our top-notch venue to our unmatched hospitality, we've got everything you need to perform your best.

Alongside other great destinations in Europe, we're thrilled to once again host Europe's best elite athletes. And it's not just about the elite races – we've got a great line-up of age group, junior, and community races for everyone to enjoy. Whether you're a newbie or a seasoned pro, the spirit of triathlon will be felt by all.

The blue carpet is ready for you, and we're honoured to have you here. Best of luck in the upcoming races!

Best regards,

The LOC

2 General Information

2.1. Introduction

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and team managers are advised to check with the event office regarding any changes in information included in this guide.

2.2. Key dates

Thursday, June 13

16:00	Bike familiarisation	start at mount line
16:30 - 17:00	Swim familiarisation	at the swim start
17:00	Race package pick-up	event area
18:00	Athletes Briefing	event area
<i>followed by</i>	Pasta Party	event area

Friday, June 14

11:15	Elite Women Athlete Lounge open - registration & bike check	Athletes lounge
12:15-12:45	Elite Women Athletes' Transition Check In	Transition area



13:00	Elite Women Super Sprint Qualifier wave 1	Swim start
14:00	Elite Women Super Sprint Qualifier wave 2	Swim start
14:00	Elite Men Athlete Lounge open - registration & bike check	Athletes lounge
14:40 - 14:55	Check-out Women	Transition area
15:00 - 15:35	Elite Men Athletes' Transition Check In	Transition area
15:50	Elite Men Super Sprint Qualifier wave 1	Swim start
16:50	Elite Men Super Sprint Qualifier wave 2	Swim start
17:50	Elite Men Super Sprint Qualifier wave 3	Swim start
18:30	Check-out Men	Transition area
19:00	Registration Finalists	Venue / athletes lounge
Saturday, June 15		
14:30	Elite Athlete Lounge open - registration & bike check	Athletes lounge
16:15-16:45	Elite Women and Men Athletes' Transition Check In	Transition area
17:00	Elite Women Super Sprint Final	Swim start
18:00	Elite Men Super Sprint Final	Swim start
18:50-19:10	Check-out Women and Men	Transition area
19:15	Award Ceremony	Event area

2.3. Key contacts

LOC

Triathlonverein Kitzbühel
 Leitnerwald 24
 A-6370 kitzbühel

EVENT DIRECTOR

Wolfgang Fuchs
office@trikitz.at
 (+43 664 2237297)

RACE DIRECTOR

Roman Swidrak
roman.swidrak@outlook.de
 (+43 664 808332067)

EUROPE TRIATHLON TD

Sören Jarling
Soeren@jarling.net
 (+49 151 6847 3191)

EVENT WEBSITE

<https://www.triathlon-kitzbuehel.com/de>

FACEBOOK

<https://www.facebook.com/KitzTriathlon>

EUROPE TRIATHLON OFFICE

hq@europe.triathlon.org
 +32478825456.



2.4. Sustainability

At Kitzbühel Triathlon, we are proud to take a holistic approach to sustainability, recognizing that it is not just a box to tick but an ongoing commitment to protecting our natural environment and making a positive impact on the communities in which we operate. Our sustainability efforts are diverse and extensive. From reusing our iconic blue carpet to sourcing local food for catering, and implementing a waste separation program, we're proud to be at the forefront of sustainable initiatives in our region. Last year, we introduced a trash separation program as one of our first steps towards a greener future, and we're determined to continue striving for the planet's well-being.

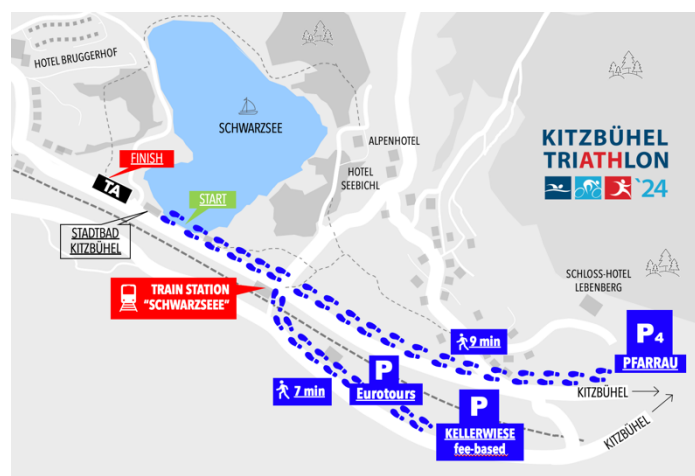
We're also dedicated to promoting sustainable transportation options, encouraging participants to use public transportation to access our event. In our athletes' lounge, we provide tap water for refilling reusable bottles, ensuring that single-use plastics are kept to a minimum. We're delighted to offer our athletes the opportunity to refill their bottles with our exceptionally high-quality mountain water straight from the Alps!

At Kitzbühel Triathlon, sustainability is not just a checkbox—it's a commitment. We believe in taking a holistic approach, recognizing that our actions have a lasting impact on our environment and communities. Together, let's race towards a greener, brighter future.

3 Venue

3.1. Race venue

Our stunning location is situated just a 15-minute walk from the town center, and there are various parking areas available as indicated. There are no parking spaces directly at the race site. We recommend travelling to the race site by public transport (see train station "Schwarzsee").



3.2. Course familiarisation

! CRITICAL NOTICE !

The roads remain open to traffic and are not closed for training purposes. It is imperative that during all training sessions, local traffic regulations, including speed limits, are adhered to. We require all athletes to demonstrate respect and caution towards any vehicles, cyclists or pedestrians to prevent any potential dangerous situations and accidents.

Bike familiarization

The bike familiarisation will take place on **Thursday, June 13th at 16:00**. The meeting point will be at the **mount line** in the transition area. The athletes will be escorted for **1 lap**.



Further training is up to your own risk and **all athletes must adhere to the local traffic regulations.**

Swim familiarization

The swim familiarisation will also take place on **Thursday, June 13th**. Meeting point will be the **swim start** at the Stadtbad Schwarzsee. Athletes will have the opportunity to have the swim course familiarization from **16:30- 17:00**. During the swim course familiarisation, there will be lifeguards and swim safety in place.

3.3. Athletes' lounge

The athletes' lounge, situated at the rear of the public area tent near the finish area, will offer restroom facilities and a tap for filling water bottles with drinking water. Additionally, a recovery zone containing water will be conveniently located immediately behind the finish area. The athletes' lounge will open on Friday, June 14th from 11:15 for the women and from 14:00 for the men. On Saturday, June 15th it will open for all athletes from 14:30 to 19:30.

3.4. Elite athletes' briefing and race package

The race package distribution will take place at the central tent at the event area. The package pick-up will be starting from **17:00 on Thursday, June 13th**. You will receive your race number, accreditation, tattoo etc. Afterwards, the briefing will start at **18:00**.

It is required that all athletes show up **in person** with a photo-ID (driving license, passport, etc.).

The entry fee will be € 85,00 for the Elite. Should it have not been covered by the national federations in advance, it can be paid at the registration desk. Entry fee can be paid to:

Triathlonverein Kitzbühel

Leitnerwald 24, 6370 Kitzbühel

IBAN: AT41 2050 5000 0003 4025

BIC: SPKIAT2KXXX

Bank:

Sparkasse der Stadt Kitzbühel

Bahnhofstraße 6

6370 Kitzbühel

After the briefing we invite all athletes and coaches to the 'Pasta-Party', where some delicious food will be prepared to fuel for the upcoming races.

3.5. Doping control

Doping Controls will be implemented according to the World Triathlon and WADA standards. If tested, athletes must carry their **identification** to the doping control facilities. Testing will take place nearby the venue.

3.6. Security

During opening hours, access to the athletes' area will be controlled. Admission is only possible for authorized people with valid accreditation. Restricted areas (athletes' area, transition zone) might be under **video surveillance** for security reasons. These areas will be



marked with a sign. For more information, please see our disclaimer. A technical official will be present on the field of play. Road closure will be managed by the LOC and local police.

3.7. LOC office

The LOC office can be found next to the transition area in the tent. We are happy to assist you with your questions.

4 Accommodation

Experience the convenience of staying in Kitzbühel and its surrounding villages, where accommodations are just a stone's throw away from the event venue. With a plethora of options available, ranging from cozy guesthouses to comfortable hotels, finding the perfect place to stay is a breeze.

Our partner, **Kitzbühel Tourismus**, is here to assist you every step of the way. Whether you have questions about the area or need help finding accommodation that suits your preferences and budget, their knowledgeable team is ready to lend a hand. Don't hesitate to reach out to Kitzbühel Tourism for all your needs during your stay.

Kitzbühel Tourismus

Hinterstadt 18

6370 Kitzbühel

<http://www.kitzbuehel.com>

Phone: +43 5356 66660

Booking:

<https://www.kitzbuehel.com/en/holiday-planning/accommodation-booking/accommodations>

Contact person:

Gintsberger Sabine

+43 5356 66660-11

s.gintsberger@kitzbuehel.com



5 Transfer and Transport

Kitzbühel and the neighbouring villages nestle in the heart of Austria's Tirol region. Getting here is a breeze, thanks to our trio of train stations, seamless connections to nearby airports (Innsbruck, Munich, Salzburg, Vienna), and an efficient public transport system. To champion sustainability, we urge you to embrace eco-friendly travel options like public transit or carpooling. "Schwarzsee" train station is a mere 5-minute stroll from the race venue.

Flight Connections:

Munich Airport

Journey time: approx. 120 minutes, distance: approx. 150 km

Innsbruck Airport

Journey time: approx. 80 minutes, distance: approx. 95 km

Salzburg Airport

Journey time: approx. 75 minutes, distance: approx. 80 km



Click here for [more information on how to reach Kitzbühel.](#)

For airport transfer options, please see below:

[Andi's Taxi](#)

[Taxi Peter](#)

[Taxi Mike](#)

[Four Seasons Airport Taxi](#)

6 Athletes' Services

6.1. Training facilities

SWIM

At the "Aquarena" in Kitzbühel, athletes can engage in pre-competition swim training in a 25m indoor pool on a "first come, first served" basis for lap swimming. The admission rates can be found at the office desk.

Additionally, there is an olympic 50m outdoor pool "[Panorama Bad St. Johann in Tirol](#)" located 8km away from Kitzbühel, find the admission rates at the office desk.

For open water swimming, the lake Schwarzsee is open to the public.

BIKE

! Roads are not closed to traffic for training sessions therefore the local traffic regulations must be strictly followed at all times, including speed regulations. We expect our athletes to respect and watch out for other vehicles as well as cyclists and pedestrians !



RUN

For track workouts, Kitzbühel provides a 400m Track and Athletic Facility "Sportplatz Langau", which is open to the public.

Address: Jochberger Straße 120, 6370 Kitzbühel

5.2. Medical services

First Aid and Emergency Medical Service will be provided on scene from medical personnel throughout the race weekend. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site near the finish area. Medical services at the venue are free of charge. Treatment in private hospitals is to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

Closest hospital: **Bezirkskrankenhaus St. Johann i. T.**, Bahnhofstraße 14, 6380 St. Johann in Tirol

Emergency telephone: **144 (all emergencies)**

6.2. Bike mechanical service

Radsport Stanger (Raimund Stanger)

+43 5356 62549-11

info@radservice.at

Toni's Pro Shop

+43 (0)5357 2447

Bahnhofstraße 2, 6365 Kirchberg in Tirol

<https://www.tonisproshop.at>

Team Comp (Martin Comploi)

<https://www.team-comp.at>



7 Competition schedule

7.1. Elite women

Thursday, June 13

16:00	Bike familiarisation	start at mount line
16:30 - 17:00	Swim familiarisation	at the swim start
17:00	Race package pick-up	event area
18:00	Athletes Briefing	event area
<i>followed by</i>	Pasta Party	event area

Friday, June 14

11:15	Elite Women Athlete Lounge open - registration & bike check	Athletes lounge
12:15-12:45	Elite Women Athletes' Transition Check In	Transition area
13:00	Elite Women Super Sprint Qualifier wave 1	Swim start
14:00	Elite Women Super Sprint Qualifier wave 2	Swim start
14:40 - 14:55	Check-out Womens	Transition area
19:00	Registration Finalists	Venue / athletes lounge

Saturday, June 15

14:30	Elite Athlete Lounge open - registration & bike check	Athletes lounge
16:15-16:45	Elite Women and Men Athletes' Transition Check In	Transition area
17:00	Elite Women Super Sprint Final	Swim start
18:50-19:10	Check-out Women and Men	Transition area
19:15	Award Ceremony (followed by prize money distribution)	Event area

7.2. Elite men

Thursday, June 13

16:00	Bike familiarisation	start at mount line
16:30 - 17:00	Swim familiarisation	at the swim start
17:00	Race package pick-up	event area
18:00	Athletes Briefing	event area
<i>followed by</i>	Pasta Party	event area

Friday, June 14



14:00	Elite Men Athlete Lounge open - registration & bike check	Athletes lounge
15:00 - 15:35	Elite Men Athletes' Transition Check In	Transition area
15:50	Elite Men Super Sprint Qualifier wave 1	Swim start
16:50	Elite Men Super Sprint Qualifier wave 2	Swim start
17:50	Elite Men Super Sprint Qualifier wave 3	Swim start
18:30	Check-out Men	Transition area
19:00	Registration Finalists	Venue / athletes lounge

Saturday, June 15

14:30	Elite Athlete Lounge open - registration & bike check	Athletes lounge
16:15-16:45	Elite Athlete Transition Check In	Transition area
18:00	Elite Men Super Sprint Final	Swim start
18:50-19:10	Check-out Elite Women and Men	Transition area
19:15	Award Ceremony (followed by prize money distribution)	Event area

7.3. Competition rules

The event will follow the latest published Competition Rules of the International Triathlon Union.

7.4. Timing chips

On race day athletes will be given a timing chip, to be worn on the athletes' ankle. Athletes will pick up the timing chips before the competition, during their check-in procedure. The responsible timing company will be Race Result (Contact person: Andreas Mayr).

7.5. Results

Results will be uploaded live at the [World Triathlon official website](#).

7.6. Protest & appeals

Standard procedures will be followed according to the current World Triathlon Competition Rules.

7.7. Price money

Price money will be distributed by the LOC. Price money receivers must come to the LOC office (registration area) after the prize giving ceremony to fill out the price money claim. Contact person for the LOC price money claim is Marilena Swidrak (+43 677 63034127).



8 Accreditation

The LOC will provide accreditations to all the athletes and coaches. Such accreditations will be distributed on Thursday at the race package pick-up. Only accredited people will be allowed to access certain venue areas.

All accredited people are requested to **always carry their accreditation cards** with them and to show them upon request. Accreditation Cards are **mandatory** to enter the venue.

9 Course maps

SWIM COURSE

The start area is on the lakeside of the Stadtbad Kitzbühel. The start process will be a dive start from a pontoon. The Head Referee with the assistance of Europe Triathlon Technical Officials, will start each race.

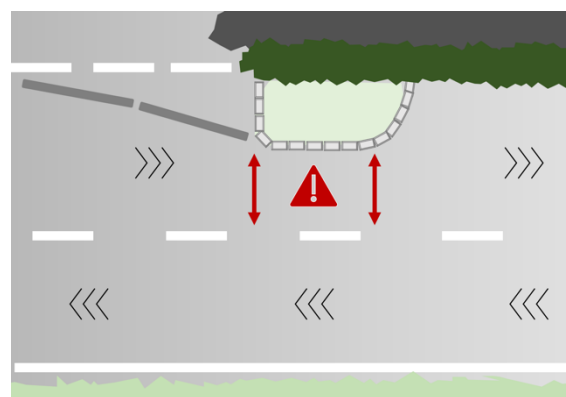
Elite athletes will swim two laps of the course which totals 500m in an anti-clockwise direction, passing the red buoys with their left shoulder. The distance to the first buoy will be 120m. You can see the course map at the end of this guide.

TRANSITION 1/2

A flow through transition has been developed to keep athletes moving forward. Athletes enter the Transition area 1 and must deposit swim gear in a bin placed beside the bike racks. Athletes' names and/or numbers are displayed on the top of each bike rack. After the helmet is secured, athletes unrack the bike by moving forward into the centre lane and towards the mount line. After the bike leg is completed, athletes rack their bikes and move on the running course.

BIKE COURSE

The bike course will be four laps (4x 2.8km), a hilly and technical course with sharp turns and a narrow "forward-and-back" section. Please take note of the speed bumps. There are several technical parts on the course, so we advise you to familiarize yourself accordingly and be cautious taking turns in big packs. We especially want to highlight the turns and the short descent section onto the main street. Please take notice of the narrow road section 250m from the transition area. Please take care of yourself and your fellow athletes.

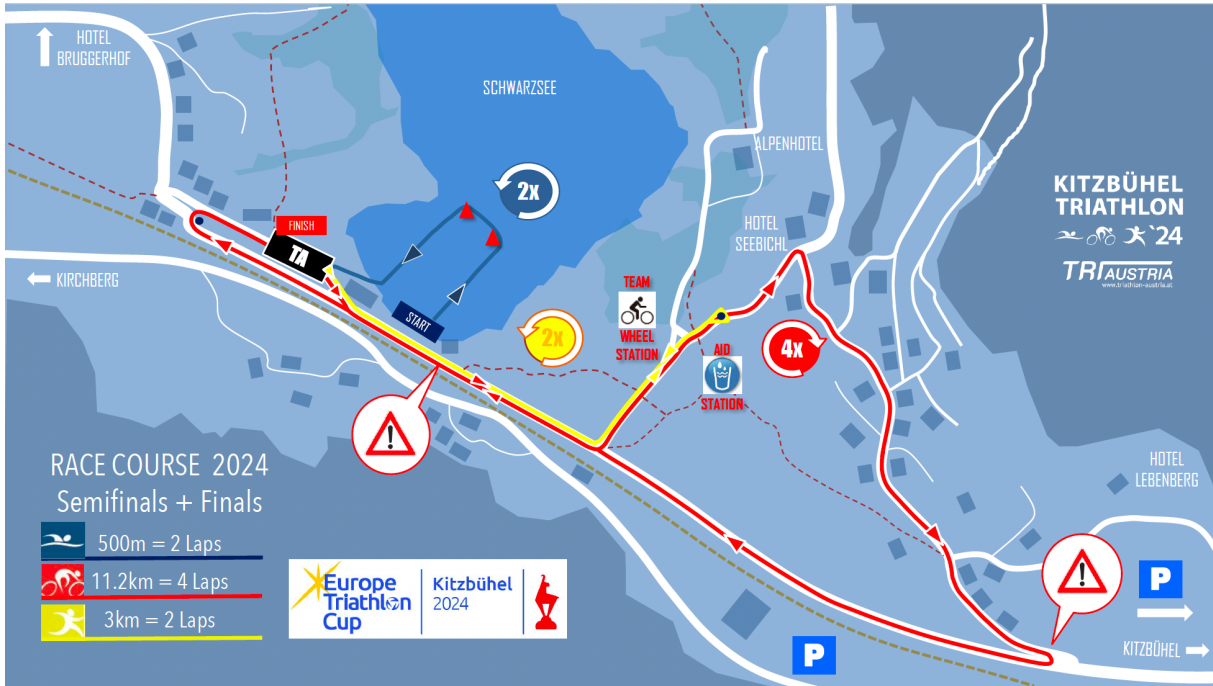


RUN COURSE

The run course starts along on the same road as the bike course and will also take a lefthand turn up the Seebichl. After a short incline there will be a turnaround point. In total, there are 2 laps of 1,5km. The course will be on asphalt and mostly flat, with a small ascend to the



turnaround point. The penalty box will be located towards the end of the lap, on the right side before the transition area.



FINISH

Timing chip removal must be done by the athlete, who must deposit the timing chip to a specific bin close to the exit of the post-finish area.

All recovery stations will be self-served. Massage facilities will not be provided. Athletes must avoid lying or sitting down on the blue carpet (without any medical need/problems). Any non-accredited persons can watch the event from the spectator's areas.



PROTEST AND APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules.

WHEEL STATION

The team wheel station on the bike course will be on located about 600m from the TA, shortly before the ascent on the 'Seebichl'. Wheels can be dropped off at the opening of the transition area for check-in and will be transported there by our staff. Please be aware that we cannot transport wheels to the wheel station shortly before the start. There will be no neutral wheel station.



AID STATION & LITTERING ZONE

There will be one Aid station on the run course. The aid station will be approx. 600m away from the transition area. A littering zone will be attached to aid station and these areas will also serve during the bike course.



AFTER RACE PROGRAM

After the race on Saturday, we would like to extend a warm invitation to all athletes to join us for an exciting after-race program at the race site! After an intense day of competition, it's time to unwind and have some fun!