

**bonaqua**Africa  
Triathlon  
Cup  
Troutbeck

**2024 BONAQUA AFRICA TRIATHLON CUP, AFRICA TRIATHLON JUNIOR CUP,  
ZIMBABWE NATIONAL TRIATHLON CHAMPIONSHIPS, BONAQUA CIMAS I-GO  
CORPORATE TEAM TRIATHLON & DUATHLON CHALLENGES, OFF-ROAD TRIATHLON,  
MOUNTAIN BIKE, YOUTH-MINI TRIATHLON, AQUATHLON, DUATHLON, AQUABIKE,  
OPEN WATER SWIM & TRAIL RUN**

DAY	TIME	PRE AND POST EVENT SCHEDULE
Thursday 15 February		Visiting international athletes arrive RGM International, transfer to Troutbeck Inn Resort
	1700	ALL ONLINE ENTRIES CLOSE
Friday 16 February		<b>COURSE FAMILIARISATION</b>
	0900-0945	CYCLE COURSE FAMILIARISATION - ELITE, JUNIORS
	1000-1030	SWIM COURSE FAMILIARISATION - ELITE, JUNIORS
	1400-1430	SECOND SESSION SWIM COURSE FAMILIARISATION
		<b>ELITE/U23 ATHLETES</b>
	1130-1230	REGISTRATION & RACE PACK COLLECTION
	1230	ATHLETES BRIEFING - CONFERENCE ROOM
	1300-1330	MEDIA CONFERENCE - CONFERENCE ROOM
		<b>JUNIOR MEN &amp; WOMEN</b>
	1330-1400	REGISTRATION & RACE PACK COLLECTION
	1400	ATHLETES BRIEFING - CONFERENCE ROOM
	1430	MEDIA CONFERENCE-CONFERENCE ROOM
		<b>ALL OTHER PARTICIPANTS</b>
	1400 - 1600	REGISTRATION ZONE: LATE ENTRY REGISTRATIONS ACCEPTED - PAYMENT OF ENTRY FEES - REPORT TO SPECIFIC DISCIPLINE DESK - TRIATHLON & YOUTH MINI / DUATHLON / AQUATHLON / AQUABIKE / CORPORATE TEAMS / OFF-ROAD / MTB / OPEN WATER SWIM / TRAIL RUN
	1600	ALL ENTRIES CLOSE
		<b>RACE BRIEFINGS</b>
	1615	CONFERENCE ROOM - ONLY FOR TRIATHLON, AQUABIKE & DUATHLON PARTICIPANTS - includes AG Standard, Sprint, Supersprint, Youth Supersprint, Corporate Team Challenge - all Teams - at least 1 team member must attend
		** FOR ALL EVENTS - COURSE MAPS WILL BE DISPLAYED AT THE VENUE, THEY ARE ALSO AVAILABLE TO VIEW ON WEBSITE <a href="http://www.zimtri.org">www.zimtri.org</a> - TAKE THE TIME TO STUDY THEM AND UNDERSTAND YOUR COURSE
		<b>BRIEFINGS FOR FOR ALL OTHER EVENTS : YOUTH MINI, OFF-ROAD TRIATHLON, MTB, AQUATHLON, OPEN WATER SWIM, TRAIL RUN - Briefings will be done prior to the start of your race on Saturday morning.</b>
	1800	TECHNICAL OFFICIALS & VOLUNTEERS BRIEFING
Saturday 17 February		<b>COMPETITION DAY</b>
		<b>REPORT TO CHECK-IN AT YOUR SPECIFIC TRANSITION ZONE AT THE CORRECT TIME. YOU WILL NOT BE PERMITTED TO CHECK IN TO TRANSITION EARLIER THAN YOUR ALLOCATED TIME SLOT.</b>
	1800	TECHNICAL OFFICIALS & VOLUNTEERS POST-EVENT BRIEFING
Sunday 18 February	TBC	DEPARTURES TO HARARE