2021







COVID GUIDE LINE

English

VERSION 6.0 of 04 Sept 2021

Be your extraordinary

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EUROPEAN CROSS TRIATHLON CHAMPIONSHIP DOLOMITI PAGANELLA

COVID-19 continues to cause significant challenges. Our first intention is to work constantly with the local authorities and to organize a safe event. The approach is to follow all WHO recommendations and the World Triathlon Guidelines, to respect and fully support the Italian national health directives, and Regione Autonoma Trentino Alto Adige and those issued by the Municipality of Andalo and Molveno The other priority is the protection of the health and safety of the participants and all the people who will take part in the organization of the event.

Our goal is to provide appropriate measures to protect the health of participants and ensure their access to timely medical care. Preventive measures will be put inplace to limit the transmission of infection and preventive measures to minimise this risk.

The purpose of this document is to define the duties of the various parties operating in the context of the event, in order to limit the risk produced by Covid- 19.

The first measure of protection on which all others depend is the sense of responsibility of each one.

The defined guidelines must be implemented not only by all participants, European Triathlon staff, FITRI, Volunteers and staff of the organization, but also by external parties (suppliers, visitors, etc.).

The Covid-19 Committee meets at least once a month and it is is established to define, implement and monitor actions as the health emergency develops.

The Covid-19 Committee is composed of:

- Race Director
- Safety and Covid Manager
- European Triathlon Managers
- Medical Race Manager

The members of the Covid-19 Committee are authorized to access all information about the event that may be useful to limit the Covid-19 risk.

In addition, regular meetings are held between local public authorities and the Covid-19 Committee to monitor the actions implemented.







1. PURPOSE

The purposes of this document are:

- a) Take technical and organizational measures to contain the circulation of the virus:
- b) Manage participants, delegations, volunteers and staff with virus symptoms;
- c) Take measures to avoid possible situations of assemblage;
- d) Minimize the presence of Staff and Volunteers and Technicians through:
 - The prohibition of access to the operational areas of the event by persons whose presence is not strictly necessary;
 - The implementation of the agile working mode;
 - The implementation of the system of remote meetings;
 - Protect the weaker categories:
 - · Punctual health management;
- (e) Ensuring health protection;
- (f) Stimulating correct actions;
- (g) Strengthen cleaning and sanitation cycles;
- h) Update the emergency plan with Covid-19.

2. VALIDITY

The content of this document is valid for as long as national or local emergency conditions continue and in any case unless otherwise communicated by the Organization.

3. RISK ASSESSMENT AND RISK REDUCTION

The international triathlon organization of XTERRA DOLOMITI PAGANELLA (LOC)", used the WHO risk assessment and risk prevention checklist for "mass gatherings" in the framework of the covid-19 document to design the event.

The organization is implementing its activities in order to comply with local health authority protocols and minimize the risk of pandemic spread, keeping participants and the public safe and healthy.

A careful management of the timetable and access times of the participants will be implemented in order to access the competition areas with an adequate social distancing and an immediate exit once finished. The waiting areas will be restricted and controlled by volunteers.







Data collection systems (addresses - Phone - Mail) will be used in order to manage the contacts of all participants (except the public) who will be present at the event. This includes athletes, race officials, coaches, managers, executives, volunteers, race staff. This would ensure that we can trace back to the people potentially involved if a suspicious case is identified. Once confirmed, all isolation procedures and reporting to health authorities will be activated.

4. INDIVIDUAL RESPONSIBILITY

- Participants must behave in a certain way during the trip and manage their personal safety by adopting and using at all times. (mask, personal hand sanitizers, individual food and drink and avoid stopping in crowded places)
- Participants must be careful to always keep a safety distance of at least one meter from other people, especially those who show that they are not feeling well, with symptoms such as fever, cough and cold
- If participants have symptoms showing acute breathing problems before, during or after the trip, they must seek medical assistance and inform their health care provider of their movements and travel history.
- In case of fever and flu symptoms, beyond to visit with your health care provider and not to leave home, it need the isolation from the other people, until the symptoms resolve. The sick person should not reach the event location to avoid to infect, through the droplets respiratory, those around him.
- Participants must bring their own equipment (water bottle, towels, masks, etc.).
- Participants must wash their hands frequently with soap and warm or alcoholbased water (at least 65-70%) and rub their hands for 20 seconds.
- Avoid the handshake, the hugs and the five.
- · Avoid steam baths or sauna.
- · Avoid touching the mouth, nose or eyes.
- The sharing of equipment and equipment is prohibited, always use your own towel, water bottle or water bottle.
- Before and after the training activities, participants must shower and change their clothes at home or in their hotel rooms.
- There must be no physical contact between participants, coaches or competition officials.
- People over 69 years of age and all people with suboptimal health conditions must avoid taking part in the event.
- Participants' travel insurance should cover medical treatment, return home and cancellation of the trip.







5. USE OF THE FACE MASK

- The use of face masks/face protection is mandatory for volunteers, competition officials, federations' staff and collaborators in various capacities.
- Participants must wear face masks/face protection during any non-competitive activities.
- The Organization will provide all volunteers and all staff involved with masks as well as an emergency number for medical needs.
- All other participants must bring their own devices.

6. HEALTH SCREENING OF PDOARTICIPANTS

- Athletes must continuously monitor their health status (including temperature detection and monitoring of any symptoms) from 14 days before and during the event.
- For information and rules for the journey to Italy, see the "TRAVEL" chapter of this guide.
- A temperature check will be carried out every day at the entrance of the venue.
- A temperature higher than 37.5°C will be reported to the Doctor.
- A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.

7. INFECTION MANAGEMENT

"Risk cases" are defined as those who, without the use of protective equipment and compliance with anti-accounting procedures, have come into close contact in the last 14 days with a possible or confirmed case.

Below, for the sake of completeness, is the definition taken from the Circular of the Italy Ministry of Health latest

"The close contact of a possible or confirmed case is defined as:

- A person who lives in the same house as a COVID-19 case;
- A person who had direct physical contact with a COVID-19 case;
- A person who has had unprotected direct contact with the secretions of a COVID-19 case;
- A person who has had direct (face-to-face) contact with a case of COVID-19, at a distance of less than 2 meters and lasting more than 15 minutes;







- A person who has been in a closed environment (e.g. classroom, meeting room, hospital waiting room) with a case of COVID-19 for at least 15 minutes, at a distance of less than 2 meters;
- A health care professional or other person providing direct assistance to a COVID19 case or laboratory personnel handling samples of a COVID-19 case without the use of recommended PPE or by the use of unsuitable PPE;
- A person who has traveled sitting by train, plane or any other means of transport, within two adjacent place, than a COVID-19 case; the travelling companions an the crew members assigned to the section of the aircraft are considered "close contacts" where the index case was sitting (if the index case has severe symptoms or has moved within the aircraft, resulting in increased passenger exposure, consider all passengers seated in the same section of the aircraft or throughout the aircraft as close contacts);
- · A person who used the same work equipment as in the COVID-19 case."

Procedures are defined for:

- The collection of contact information from the person with the virus.
- The management of the workplace to be sanitized, and possible information to be communicated to the competent authorities.

COVID 19 POSITIVE CASE MANAGEMENT

In case of symptoms or doubts, all persons involved in the organization or participation in the event must stay at home or at the hotel, do not go to the emergency room or doctor's office and immediately inform the race medical manager or a person in charge of the organization.

The race doctor and those responsible for the organization will contact the nearest health department to handle the case.

Healthcare facilities management COVID 19

The health authorities will be alerted before the event and all health activities will be coordinated with the local health authorities and with the help of the Civil Protection and the 118.

Contingency plan

It will be implemented according to the provisions in force on the date of the event.







8. ACCESSES TO THE EVENT

The venue and the premises will be organized in such a way as to ensure the physical separation (at least 1 meter) of athletes, officials, spectators (if present) and support staff. In the areas defined by the organizer "Public Areas" spectators will also be invited to follow the rules of social distancing. The entrances to the public areas and the premises used for the operational management of the event will be one-way.

Persons with fever or who have come into contact with people who are positive for the virus in the previous 14 days are prohibited from entering.

- Body temperature will be measured for all people entering the event's Operating Areas.
- All areas are accessed wearing surgical masks.
- A special signage is put up at all access points.

9. AMBIENTS

The maximum capacity - communicated with special signs - of:

- Meeting rooms,
- Race secretariat
- Athletes Lounge
- Advanced Medical Post (PMA)
- Hospitality

The sessions will be positioned in such a way that the safety distance of at least 1 meter between people is respected.

Air exchange is guaranteed by opening the windows throughout the day.

In common areas, specific signs are affixed to indicate the minimum interpersonal distance of 1 meter.

10. VENUE, MEETINGS ACTIVITIES

Surface sanitizing material (disinfectant and paper) is available.

The use of microphones or other promiscuous devices is prohibited.

Where possible, the room must be adequately ventilated before, during and after the meeting.







In case food or drink is provided:

- all food must be packaged at origin to avoid possible contamination;
- The delivery person must be provided with a surgical mask;
- hot and cold drinks must not be available in self-service mode;
- When using cutlery and crockery, preference should be given to disposable cutlery and crockery delivered in a sterile bag;
- waste must be properly separated and promptly removed and deposited in areas specially equipped for this purpose.

11. COMMON BEHAVIOURS

- Check the body temperature yourself before entering the seats.
- Physical contact (e.g. handshakes and hugs) is prohibited.
- The capacity of the premises must be respected, as well as reduced according to the containment measures of the Covid-19.
- The minimum interpersonal distance of 1 meter must always be respected.
- Where it is not possible, due to technical or productive impediments, to respect the minimum interpersonal distance of 1 meter, all compensatory measures must be taken (surgical masks, hand cleansing gel and sanitizing products).
- Constant personal hygiene with frequent hand washing.
- Any requirements imposed by health authorities must be communicated to the organization.
- It is mandatory to inform those responsible for the organization of any influenza symptoms that may appear during the organizational and set-up activities, also contacting the Competent Doctor.
- Avoid touching your mouth, eyes and nose with your hands.
- Keep the doors open (except for fire doors).
- Avoid the use of lifts (except for people with disabilities).
- The use of company equipment and means is prohibited unless previously sanitized.







12. CLEANING AND SANITATION

In addition to the cleaning and sanitization measures already in place in common workplaces, further cleaning and sanitization of surfaces that most commonly come into direct contact with people are planned.

In specific entrance areas, products (disinfectant and paper) are supplied to perform self-sanitization of vehicles and workstations.

Race preparations:

Equipment (e.g. microphones, Rack Bike, tables, chairs, etc.) will be sanitized between races.

We would also implement:

- That all those who enter the premises accept the health guidelines.
- Accelerate the entry and exit processes of public areas and premises to minimize contact.
- The men's and women's competition will take place at different times to allow the sanitization of equipment and premises.
- Minimize equipment sharing.
- Keep the complete database of people involved in the event up to date.
- There will be no opening/closing ceremonies to avoid gatherings.

13. LOC, EUROPEAN TRIATHLON & FITRI STAFF: SUPPLIERS ANDSERVICES

Implementation of guidelines to minimize the risk of contracting Covid-19.

WHO:

All Organization Managers - European Triathlon Managers - FITRI, National Federation Managers - External Companies, Suppliers and Services Managers.

WHEN:

During the activities of preparation, preparation, organization, during the stages of the race, during the dismantling phases and in any case during the entire stay in the event venues.







HOW:

It provides information, training and education about:

- Correct behaviors to be kept during all phases of the event and specifically on the correct distances to be kept in interpersonal relationships;
- Correct use and storage of the masks.

Report any need for cleaning materials through the organization's normal channels.

Notify the Management, the Medical Manager:

- Any prescriptions from the health authorities;
- Positivity to the virus of a volunteer, a collaborator, an athlete and any person involved in participating in the event;
- Any direct exposure to contagion, even outside of work.

Encourage and monitor the organization of meetings with remote forms.

It implements all technical and organizational measures to ensure the respect of the interpersonal distance of at least 1 meter during the work activity. Where this is not technically and organizationally possible:

- Check for the presence and use of surgical mask, hand disinfectant and surfaces;
- See to it that these materials are reinstated.

Make sure that volunteers and employees are provided with hygienic masks. In addition to the correct use of the masks, ensure that all staff carry out the following measures:

- Immediately report any symptoms that may appear during your stay at the event to the Medical or Organization Manager;
- Always respect the interpersonal distance of at least 1 meter (especially during rows)







- Always respect the interpersonal distance of at least 1 meter even when carrying out the work; if this is not possible for organizational or technical reasons, the compensatory measure is the obligation to wear masks and the increase in the frequency of self-sanitizing hands and work tools with the products made available;
- At the beginning of the shift and whenever you deem it necessary, clean keyboards, touch screens and any other work tools that have been used by other personnel, using the material provided (paper and disinfectant);
- Respect the maximum capacity of the premises;

Measures to be adopted

- Wash your hands often and in any case after blowing your nose, before and after eating or drinking, use the toilet, use the mask touched your face:
- Wash your hands often with soap and water or in the absence with hydro-alcoholic solutions for hand washing;
- Sneeze and / or cough in a disposable handkerchief, avoiding contact of hands with respiratory secretions, or with a bent elbow and immediately throws away the used handkerchiefs in a closed trash can.

Use of the race whistle by Officials and Volunteers

- Use the whistle only if necessary
- Use a short and effective whistle blow and not long and strong blows
- Avoid turning the whistle blow towards athletes







14. COMPETITION ACTIVITIES AND SERVICES TO ATHLETES

a. TRAINING FACILITIES

Athletes are recommended to keep distance during running sessions and during their session at the beach.

SWIM

Lake Molveno is located close to the town.

At the moment, training session in the 25 meters outdoor swimming pool are not available.

BIKE

Several bike routes are usable, especially those that follow the race bike course. We remind you to comply with the rules of the road code and that you are cycling atyour own risk

RUN

Several running routes are available along the lake and around the park close to the finish line.







b. BRIEFING FOR ATHLETES AND COACHES

ATHLETES BRIEFING WILL BE VIRTUAL

The link for register will be sent by mail before the race week

DUATHLON Briefing will take place on Sept 23rd

14:00 - 15:00 Age Group

15:00 - 16:00 Junior & Para Sep 23rd

16:00 - 17:00 Elite & Under 23

TRIATHLON Briefing will take place on Sept 25th

10:00 - 11:00 Age Group

11:00 - 12:00 Junior & Para

17:00 - 18:00 Elite & Under 23Athlete







c. COVID TEST REGISTRATION AND ACCREDITATION

All COVID-19 TEST, accreditations for athletes, coaches and medical staff of the delegation will be done and collected at

Centro Congressi / Piscina Comunale MOLVENO in a time window between : 09:00 – 11:30 local time on Thursday 23th September 09:00 – 14:30 local time on Saturday 25th September

- LOC will provide all athletes, coaches, technical officials, journalists, etc. with an
 official accreditation card according to the World Triathlon Event Operational
 andTechnical Requirements.
- Accreditation cards for athletes and coaches will be handed out during the official registration on Thusday 23th September and during the briefing.
- Only accredited persons will be allowed to access certain venue areas. Accreditation cards are number-coded and provide access to specific areas of the competition areas.
- All accredited persons are requested to carry their accreditation cards with them at all times and to show them upon request.
- A sticker will be added on the accreditation of each person following the daily health check. The sticker will be different colors for each day.







d. RACE PACKAGE DISTRIBUTION AFTER COVID TEST

Race package to be collected at Centro Congressi / Piscina Comunale MOLVENO in a timewindow between :

DUATHLON 14:00 – 17:30 local time on Thursday 23th September.

TRIATHLON 14:00 -- 18:30 local time on Saturday 25th September .

The use of mask and social distancing is mandatory.

The athletes/ coaches must ARRIVE according to the time slot below:

REGISTRATION DUATHLON 23 SEPT

14:00 AUT, BEL, SUI, FRA, CZE, DEN, ESP, EST, UKR, POR15:00 GBR, GER, HUN, SWE, SVK16:30 POL,ROU, RUS, IRL, ISL, LUX, NED, NOR Other17:30 ITA

REGISTRATION TRIATHLON 25 SEPT

14:00 AUT, BEL, SUI, FRA
15:00 CZE, DEN, ESP, EST, UKR, POR
16:30 GBR, GER, HUN, SWE, SVK
17:30 IRL, ISL, LUX, NED, NOR
18:00 POL,ROU, RUS, Other
18:30 ITA

Composition of the race pack:

- The preparation of the package and its packaging will be carried out following appropriate hygienic and sanitary measures.
- The timing chips and velcro will be disinfected according to the manufacturers' recommendations (both timing chips and velcro must be machine washed at 60 degrees Celsius for one hour).
- Only materials essential for the race (e.g. no promotional materials) will be included in the race package to reduce the packaging as much as possible.







e. ATHLETES CHECK-IN

- If the activities will be simplified and carried out in the shortest possible time with the aim of avoiding crowds.
- All volunteers, technicians and staff will be required to wear disposable masks.
- Inside the premises and in the waiting lines, the athletes will be enforced
 a distance of 2m. The distance will be indicated by signs and marked with
 adelimiting tape on the floor.
- Any checks of the equipment and competition equipment used by the athletes must be carried out visually.
- Officials may need to carry out a manual check of equipment and fittings.
 In this case, hygienic wipes will be available for the athletes to clean the equipment after the race officials have checked it.
- All athletes will be required to wear disposable masks during this phase

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f. COURSE FAMILIARIZATION

- Race loops open for practice at own risk on 22nd September 09:00-18:00
- Official swim familiarization will be performed on saturday 25th september 09:00 - 11:00







g. CONTROL OF THE INCOMING AND OUTGOING TRANSITION ZONE

- In the entrance row to the Transition area athletes must always keep a distance of 2m.
- All equipment checks must be performed as visual checks.
- Officials may need to do a physical check. In this case, sanitary towels
 will be available for athletes to clean the equipment after the officials have
 checked the equipment.
- All athletes will be required to wear disposable masks during this phase.
- Athletes must respect the check-in times in the time slots listed in the Athletes Guide.
- Athletes are requested to check out immediately after the end of the race.

h. START RACE

 At the start the athletes will be lined up keeping a distance according to the Italian country Covid line at that time.

i. TRANSITION AREA

The format of the transition area provides an adeguate distance between athletes.

j. HYGIENE DURING THE RACE

 To reduce the risk of infection during the race where there is likely to be accidental contact between people, disinfectant gels will be placed in the transition, finish and start areas.







k. AID STATIONS

- ¥ The aid stations will be managed with a larger number of volunteers and according to the rules.
- ¥ A team of volunteers will take care of the management of the aid stations and another one for the collection of bottles and/or glasses used by the athletes.
- ¥ At the moment, outside, according to the law, volunteers will not wear mask. This measure can change every time and follow national rules.
- ¥ The length of the aid stations will be increased compared to the rules in force.

I. PENALTY BOX

- The penalty box will be managed according to regulations for World Cup races.
- They will be organized and positioned in such a way as to ensure social distancing







m. FINISH LINE

- ¥ The finish area will be divided into 1.5m wide lanes to prevent athletes from approaching beyond this distance.
- ¥ The finish tape will be disinfected between trials.
- ¥ The photographers and cameramen will be positioned at a distance of 15mt.
- ¥ After the finish line, the athletes will be directed to an area where they will find drinks.
- ¥ The cold water tanks will be replaced by cold water showers.
- ¥ At the final refreshment point the athletes will have to take the water themselves.
- ¥ Adjacent to the arrival area will be placed an advanced PMA medical tent.
- ¥ Athletes will be absolutely forbidden to sit or lie on the carpet (except in cases of medical and health problems). The arrival area will be managed with an adequate number of volunteers







n. MEDAL CEREMONIES

- The possibility of having the award ceremony held will be carefully considered.
- If it takes place, it will be organized as follows:
 - The podium will have a distance of 2m between the medalists.
 - The athletes will take the podium and collect their medal from the medal stand by themselves. Flowers and champagne are not allowed. We recommend athletes to wear the mask during this activity.
 - Only one VIP will be admitted to the prize-giving stage for each ceremony, who will not be able to get in contact with the athletes and will always have to wear the mask.
 - Only one volunteer is involved in the ceremonies, who prepares the trophies on separate trays for each athlete. The volunteer is strongly recommended to wear the mask.
 - The volunteer must disinfect the trays between the podiums.
 - Handshakes or hugs between athletes should always be avoided.
 - The VIP and the athletes can take off the mask during the photo at the end of the ceremony.

o. **COMPETITION JURY**

- The audition with the Jury will take place in a room where the distance of 1meter between people is guaranteed.
- All members of the Competition Jury will maintain a distance of 1 meter from each other.

p. PUBLIC AREAS

Presence of public will follow rules as the decree of Italian Prime Minister at the date.







q. SIGNAGE





































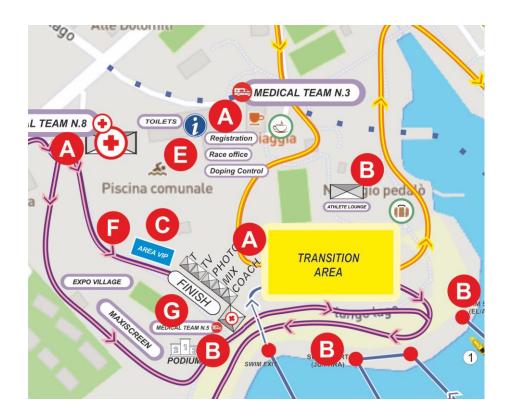








q. SIGNAGE MAP





Accesso Area Gara Accesso Area di Transizione Area Hospitality Accesso Uffici Accesso Uffici Accesso Uffici



Area Athletes Lounge Area Tecnical Official



Area di Transizione Ospiti e Tecnici Area Finish Line Ospiti e Tecnici Area Nuoto Ospiti e Tecnici Area Athletes Lounge Area Tecnical Official Attraversamenti



Accesso Area Gara Accesso Uffici Accesso Uffici Accesso Uffici



Area Hospitality Accesso Uffici Accesso Uffici Accesso Uffici



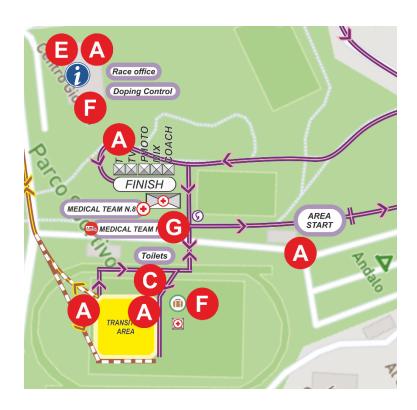
Area Interviste







r. SIGNAGE MAP





Accesso Area Gara Accesso Area di Transizione Area Hospitality Accesso Uffici Accesso Uffici Accesso Uffici



Area Nuoto Area Athletes Lounge Area Tecnical Official



Area di Transizione Ospiti e Tecnici Area Finish Line Ospiti e Tecnici Area Nuoto Ospiti e Tecnici Area Athletes Lounge Area Tecnical Official Attraversamenti



Accesso Area Gara Accesso Uffici Accesso Uffici Accesso Uffici



Area Hospitality Accesso Uffici Accesso Uffici Accesso Uffici



Area Interviste







WORLD TRIATHLON PRE-EVENT COVID-19 SCREENING PROCESS

Instructions for athletes (Elite, Under 23, Junior, Age Group), coaches, technical officials, and team support personnelle

To complete the Pre-Event COVID-19 Screening, you will need:

- Access to your Triathlon.org member account (Forgot your password or don't have an account?)
- A copy of your pre travel PCR or Antigen Covid-19 test results within 72 hours before the travel to the event or no later than 6 days before the event for local athletes. Tests that must currently be taken to gain entry to a country are valid as pre-travel tests

A copy of your completed

World Triathlon Pre Travel Medical Certificate (Athletes only).

The medical certificate can only be issued after medical examination. There is a provision in place for athletes that need to issue a medical certificate on site, to do so with the local Medical Delegate or World Triathlon Medical Delegate. In order for that to be arranged the team has to get in contact with World Triathlon Technical Delegate, Dora Rozsa at dorarozsa@yahoo.com in advance.

- If you have receive a Covid-19 vaccination, a copy of your vaccination certificate
- · Fill in the online pre-event questionnaire
- For Junior athletes, a signed copy of the Parental Consent Form

More details: https://triathlon.org/pre_event_covid_19_screening_guide

The race package/accreditation will only be distributed to athletes/support team who have filled the screening process (fill pre-event questionnaire and upload test result).

A Technical Official on site at Race package pick up will be available to go through this process.

The PCR or Antigen Covid-19 test is mandatory for the athletes to compete!

COVID-19 TEST at the DUATHLON event: MANDATORY REGISTRATION BOOKING MAIL (YOUR NAME/COUNTRY/DATE OF BIRTH) TO: luisa@xterra-italy.it

An antigenic COVID-19 test for all athletes, and support NF personnel will take place at the event location. In case of a positive result, a PCR swab test must follow.

The antigenic test will take place on 23th of September between 9:00 and 11:30 at the Centro Congressi / Piscina Comunale Molveno.

Daily health screening will be in place for all accredited people The athletes/ coaches must ARRIVE according to the time slot below:

COVID-19 TEST - DUATHLON 23 SEPT

09:00 AUT, BEL, SUI, FRA, CZE, DEN, ESP, EST, UKR, POR10:00 GBR, GER, HUN, SWE, SVK10:30 POL,ROU, RUS, IRL, ISL, LUX, NED, NOR Other11:30 ITA

COVID-19 TEST at the TRIATHLON event: MANDATORY REGISTRATION BOOKING MAIL (YOUR NAME/COUNTRY/ DATE OF BIRTH) TO: luisa@xterra-italy.it

An antigonic COVID 10 test for all athletes and

An antigenic COVID-19 test for all athletes, and support NF personnel will take place at the event location. In case of a positive result, a PCR swab test must follow.

The antigenic test will take place on 25th of September between 9:00 and 14:30 at the Centro Congressi / Piscina Comunale Molveno.

Daily health screening will be in place for all accredited people The athletes/ coaches must ARRIVE according to the time slot below:

COVID-19 TEST TRIATHLON 25 SEPT

09:00 AUT, BEL, SUI, FRA

10:00 CZE, DEN, ESP, EST, UKR, POR

11:30 GBR, GER, HUN, SWE, SVK

12:30 IRL, ISL, LUX, NED, NOR

13:30 POL, ROU, RUS, Other

14:30 ITA

Categories	Pre-event questionnaire	COVID-19 Test before traveling	Medical certificate	COVID-19 test at event	Daily health screening
Elite athletes	yes	yes	yes	yes	yes
U23 athletes	yes	yes	yes	yes	yes
Junior athletes	yes	yes	yes	yes	yes
Para triathlon Athletes / personal handlers / guides	yes	yes	Yes athletes/guides	yes	yes
TDs /ITOs/NTOs/ CompetitionJury	yes	yes	follow public health request	yes for the ones in close contact with the athletes;	yes
IF/Continental Federation Delegations	yes	yes	follow public health request	the others follow public health request	yes
LOC/ Contractors	follow public health request	follow public health request	follow public health request	follow public health request	yes
Coaches/team medical/ support NF personnel	yes	yes	follow public health request	yes	yes
AG athletes	yes	yes	follow public health request	follow public health request	yes
Para triathlon swim exit assistants	yes	follow public health request	follow public health request	yes	yes

18. MEASURES ON THE ITALIAN TERRITORY - Covid-19

Travel & Participation in international sporting events, before september 2021

Travelling rules vary, depending on the country of origin or destination and the reasons for travelling.

Travel restrictions and measurements are changing constantly, please check back before traveling, forall information visit the Italian government website:

https://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5412&area=nuovoCoronavirus&menu=vuoto

To learn more about the procedure go to the dedicated sections:

Covid-tested flights

https://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua

=english&id=5412&area=nuovoCoronavirus&menu=vuoto&tab=10

Passenger Locator Form

https://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua

=english&id=5412&area=nuovoCoronavirus&menu=vuoto&tab=11







19 EXEMPTION IN ITALY FOR INTERNATIONAL SPORTING EVENT

Provided that no symptoms of COVID-19 occur, athletes, coaches, sport delegations, managers, technical officials, media, technical staff and all those who will take part in the International Sport Event are authorized to participate to also if coming from country for the which the travel toward Italy is limited by restrictions, provided that they have carried out a Nasopharyngeal Swab no later than 48 hours before the arrival in Italy which negative result for COVID-19 have to be recorded inside the self-declaration, required upon boarding or during each inspection by the competent authorities:

https://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5412&area=nuovoCoronavirus&menu=vuoto&tab=9







20. PRE-EVENT MEDICAL CERTIFICATE FOR PARTICIPATING

Due to the current situation of the COVID-19, the World Triathlon Medical Committee has made mandatory for all athletes to submit a pre-event medical certificate for participating in the event:

- The medical certificate must be issued in English by the National Federations'
 medical staff or a personal doctor and submitted to the responsible person
 assigned by World Triathlon at the time of the race package distribution.
 Alternative, the medical certificate can be submitted electronically to World
 Triathlon at (sport@triathlon.org);
- The certificate must declare that the athlete has been examined and he/she has not tested positive to PCR nasopharyngeal swab test and/or is not in quarantine and has been without any COVID-19 symptoms for the previous 14 days;
- The certificate must be signed by a doctor and the athlete and should be produced no later than 72hs before the person's travel day to the event;
- In case of previous positive PCR nasopharyngeal test, the athlete must provide two negative PCR tests:
 - One must take place prior to the medical examination in order for the doctor to take in consideration for signing the certificate;
 - The second must be issued as close as possible to the event's date:
 - Please note that we are requiring the athletes to submit PCR test results,
 ONLY in the case of a previous positive PCR test. In all the other cases,
 the athlete must submit only the medical certificate;
- A sample of the Pre-Travel Medical Certificate can be found in Appendix 1 of the World Triathlon COVID-19 guidelines:

https://www.triathlon.org/uploads/docs/20210303 Covid19 Guidelines 5.0 v22.pdf

 In cases where this certificate is not provided, the athlete will not be allowed to compete.







21. PRE-EVENT QUESTIONNAIRE

On the race week all athletes, coaches and team medical should fill in the pre- event questionnaire which link, sent by e-mail, will be provided by World Triathlon the Monday before the event.

22. COVID TEST FOR TRAVEL AFTER THE RACE

Antigenic test will be provided and take place on 27th of September between 9:00 and 11:30 at Centro Congressi / Piscina Comunale Molveno

athletes/ coaches should request their test by mail: to luisa@xterra-italy.it







Europe Triathl@n Cross Championships

info@x-tribe.it