



ATHLETE'S GUIDE

2022

V2



**Americas
Triathlon Cup**
SANTA MARTA
2022



**Development
Regional Cup**
SANTA MARTA
2022



SANTA MARTA, COLOMBIA - HOST CITY



Santa Marta is a tourist district in the Colombian Caribbean coast. It is the capital of Magdalena's department in Colombia. Founded the July 29th of 1925 by Rodrigo Bastidas. It is the oldest city existent in Colombia and the second ancient of Sur America. Santa Marta has a lot of beaches and their beautiful Sierra Nevada. It was the place that Simón Bolívar, the Liberator, chose to pass his last days in the Quinta of San Pedro Alejandrino. Their location is special, incrustated among Santa Marta's Sierra Nevada with the biggest summits in the country and the sea Caribbean, make it attractive to visit the variety flora and fauna that there are in the area, besides the historical and cultural places.

Santa Marta: 11°14'42.18" N 74°12'46.88" O

Country: Colombia

Weather: 28.9° Humidity of 76%

Altitude: 10 msnm

Distance of Airport: 10 km of Venue and 16.5 km of Down Town.

Salguero Beach: 11°11'19.44" N 74°13'54.12" O

The race circuit is fast, safe and flat, in the exit sector to the Airport of the city. The segment of Swim take place in Playa Salguero, the water temperature for that time is between 23 to 28 ° C y ambient temperature 24 to 30 ° C.

GENERAL INFORMATION

The purpose of the Athletes Guide is to ensure that all Elite Athletes and Team Leaders are well informed about all procedures concerning the 2022 Santa Marta Americas and Development Triathlon Cups. Please keep in mind that this information can change and the final race information will be provided to the athletes and the team managers at the event page. Information in this Athlete's guide is subject to change without prior notice. Updates will be posted at the athlete's packed pick up. Any update version of this guide will be identified by the version number on the cover page (Ex. V1, V2, V3, etc.)

KEY DATES
BRIEFING – Online at event page
DEVELOPMENT ATHLETES Race pack pick up– Saturday, Sept.10 – 16:00 – Hotel Tamacá.
ELITE ATHLETES Race pack pick up– Saturday, Sept.10 – 18:00 – Hotel Tamacá Beach
BIKE FAMILIARIZATION – Saturday, Sept.10 – 10:00 – Venue; INVEMAR
SWIM FAMILIARIZATION – Saturday, Sept. 10 – 11:00 – Venue; Playa Salguero
DEVELOPMENT MEN COMPETITION – Sunday, Sept.11 – 06:30 - Venue
DEVELOPMENT WOMEN COMPETITION – Sunday, Sept.11 – 06:35 - Venue
MEDAL CEREMONY DEVELOPMENT CUP - – Sunday, Sept.11 – 08:00→08:30 - Venue
ELITE WOMEN COMPETITION– Sunday, Sept.11 – 10:00 - Venue
ELITE MEN COMPETITION– Sunday, Sept.11 – 11:25 - Venue
MEDAL CEREMONY DEVELOPMENT CUP - – Sunday, Sept.11 – 12:30 - Venue

KEY CONTACTS
WT TECHNICAL DELEGATE – Rolando Herrera - rolandotriatlon@gmail.com
LOC EVENT DIRECTOR – Janos Kapitani - kapi@xportiva.com
LOC TECHNICAL DIRECTOR – Leo Chaparro - Leo@xportiva.com
TECHNICAL DELEGATE ASSISTANT – John Sarmiento - johnsarmiento@gmail.com
HEAD REFEREE – Gustavo A. Ordoñez - gadoras@gmail.com
ATHLETES SERVICES MANAGER – Sofía Montoya - sofi@xportiva.com. +57 312-5366567

Federación Colombiana de Triatlón - Fedelcotri

President – Juan Manuel Velazco Diez

fedelcoltri@fedelcoltri.com





International Airport Simón Bolívar, Santa Marta.

Entrance to the country: Report your health status through the form [Check-Mig](#), 24 hours before your flight, on line:

<https://apps.migracioncolombia.gov.co/pre-registro/public/preregistro.jsf>



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TRIALÓN DE LA SIERRA
XSERIES
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VENUE and TRANSITION AREA



INVERMAR

The **Venue and Transition area** are located in front of **INVERMAR** in Salguero Beach, on Tamacá 25 St. Athlete's Services, and Athlete's Lounge will be in Invermar square the same avenue. This area will be open starting FRIDAY morning. Athletes will go to see the bike course and run course.

ELITE-DEVELOPMENT ATHLETES LOUNGE AND ATHLETE'S SERVICES

Facilities including athletes' lounge and toilets are provided to the athletes at the finish area. Sealed bottles of water, fruit and snacks will be offered to the athletes before and after the race in the Athletes' Lounge. The Athlete's Lounge is located inside the INVERMAR grounds, directly in front of the Finish Line.

DOPING CONTROL

Doping Control will be performed according to the ITU /WADA rules. Doping Control will be under the supervision of COLNADO. Tests will be performed at the INVERMAR, near from transition-finish area. All the athletes must bring photographic ID with them in case of being tested.

MEDICAL SERVICE

First Aid and Emergency Medical Services will be available at the venue on Sept. 10th and 11st before and during the competition hours.

Medical and paramedical personnel from Cruz Roja (Red Cross) will be available throughout the competition. Four ambulances will be available to provide emergency transfer to the nearby hospital. A medical tent will be provided on site at the post finish area. Medical services at the Venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

Emergency number: 123

BIKE MECHANIC SERVICE

The LOC will have bike mechanics starting Thursday morning at the host hotel. General bike services are free of charge for ELITE athletes, and packing or unpacking of bikes are available for a fee. Bike Services at the venue on Friday are subject to a fee.

BIKE SERVICES		
Sept 9th	Host Hotel	10:00 - 17:00
Sept 10th	Venue	10:00 - 17:00
Sept 11th	Venue	06:00 - 12:00

IMPORTANT NOTICE:

The briefing is on the event page. At 18:00 to 20:00 on Saturday 10TH all race packet must be picked up. Packet pick up process is personal. Coaches and athletes will be accredited there.

TRAINING FACILITIES

SWIM

Lugar: Salguero Beach

Always train with at least one other person (especially in the open water) While swimming please wear a bright color swim cap.

BIKE - RUN Roads of Down Town

When training, please bike and run on the shoulder without moving into the traffic lane. Please be courteous while ridding your bike, ride in a single file, biking side by side is illegal. Please respect and obey the traffic laws during your training practices.

BIKE / SWIM FAMILIARIZATION

Saturday, September 10th

BIKE (1 lap escorted): 10:00.

Place: INVERMAR (in front)

SWIM 11:00.

Place: Salguero Beach, in front of Start place.

INFORMATION CENTRE / LOC OFFICE

The LOC Office will be located at the Hotel Tamacá. Cra. 2 #11A – 98 2 blocks South from the venue, and open from Thursday 8th.

Juan Manuel Velazco Diez +573153002929 Email: fedelcoltri@fedelcoltri.com

LOC OFFICE		
Sept 9th	Hotel	14:00 – 18:00
Sept 10th	Hotel	09:00-18:00 (Closed 12:30 – 13:30)
Sept 11th	Hotel	09:00-18:00 (Closed 12:30 – 13:30)

ACCOMODATION

INFORMACION DE HOTELES EN SANTA MARTA

Hotel Tamacá Torre Norte
El Rodadero Cra. 2 #11A - 98
reservas@tamaca.com.co
+575 4237222

Hotel Olas Marinas Inn
Carrera 4 No.7 21
+575 4239044
Celular: 310 361 6396

Hotel Tucuraca
Carrera 2 No12 43 Ave. Tamacá/Rodadero
+575 4227493
Celular: 300 8162187
reservas@hoteltucuraca.com

Estimated values can changes by room type (clarify that the values are subject to availability of the establishment) etc.

TRANSPORTATION

Cia in Charge: Caribbean Pearl

Contact: Alexander Rojas

Telephone: +57 300 2100821or 300 7902725

Email: reservascaribbeanpearl@gmail.com

The prices will be according to the agreed routes and according to the vehicles

COMPETITION SCHEDULE

Saturday, Sept.10
FAMILIARIZATION BIKE – 10:00→11:00 – In front of INVERMAR
FAMILIARIZATION SWIM – 11:00→12:00 – Salguero Beach
DEVELOPMENT ATHLETES Race pack pick up– Sat, Sept.10 – 16:00 – Hotel Tamacá.
ELITE ATHLETES Race pack pick up– Saturday, Sept.10 – 18:00 – Hotel Tamacá Beach
BRIEFING – Online at event page
Sunday, Sept.11
05:30→06:00 – Athlete Lounge Open/Close for Development Athletes Men and Women
05:45→06:15 – Transition Open/Close for Bike Check Development Athletes (M-W).
06:15→06:25 – Swim Warm up Open/Close for Development Athletes Men and Women
06:25→06:29 – Men Development Athletes line up and introduction
06:30 - Men Development Athletes Start
06:30→06:34 – Women Development Athletes line up and introduction
06:35 - Women Development Athletes Start
08:00 – Awards Ceremony Development Athletes Men and Women
09:00→09:30 – Athlete Lounge Open/Close for Elite Women
09:30→09:40 – Transition Open/Close for Bike Check Elite Women.
09:40→09:55 – Swim Warm up Open/Close Elite Women
09:55 →09:59– Elite Women line up and Introduction
10:00 - Elite Women race Start
10:00→10:45 – Athlete Lounge Open/Close for Elite Men
10:45→11:00 – Transition Open/Close for Bike Check.
11:00→11:15 – Swim Warm up Open/Close
11:15→11:24 – Elite Men line up and Introduction
11:25 - Elite Men race Start
12:30 – Awards Ceremony Men and Women

COMPETITION RULES

http://www.triathlon.org/about/downloads/category/competition_rules

INFORMATION ABOUT THE FOP

TIMING CHIPS

On race day athletes will be given a timing chip, to be worn on the athletes' ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure.

START

The Start area is at Salguero beach off the beach access closest to Tamacá 26 St.

SWIM COURSE

The course consists of 1 lap of 750 meters in a rectangular shape. The water temperature during the first weeks is expected to be between 20 – 23 C.

BIKE COURSE

Generally flat. There are 2 laps of 10 km each. Athletes who are lapped are taken out of the race. The “First runner, last biker” scenario is not possible for this event.

WHEEL STATION

One-wheel stations for Teams will be available. Team spare wheels will be dropped at the Athlete’s lounge appropriately marked. The Team Wheel station will be located at the midpoint of bike segment.

PENALTY BOX

The penalty box will be located close to the exit of transition area (150 mts).

RUN COURSE

Completely flat, with 2 Laps. It starts on Tamacá 25 St and The Turn-around is close to Cr 2 calle 16.

AID STATIONS

There are 3 aid stations, only one will be located at the midpoint of run course as double aid stations. Sealed water will be provided at each station. Please note the littering zones which will be enforced.

[WEATHER CONDITIONS](#)

The expected weather conditions for the beginning of September is in the range usually around 20 to 26 degrees Celsius, with water temperatures of 24 to 27 degrees.

[PROTESTS AND APPEALS](#)

Standard procedures will be followed according to the WT competition rules.

[PROTESTS AND APPEALS](#)

LOC will provide all athletes, coaches, technical officials, and journalists with an official accreditation card according to the WT Event Operational and Technical Requirements.

Accreditation cards for athletes and coaches will be handed out during the official registration on Saturday, Sept 10th after the Race Packet pick up at Host Hotel. **Only accredited persons will be allowed** to access certain venue areas.

All accredited persons are requested to carry their accreditation cards.

[OTHER USEFUL INFORMATION](#)

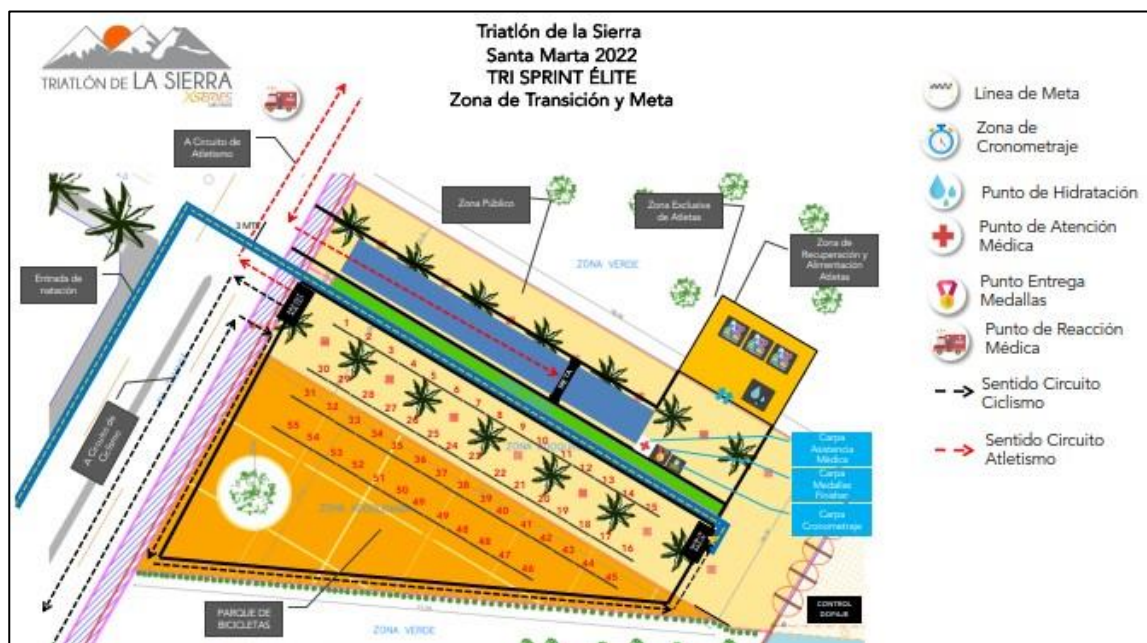
Language: Spanish

Currency: Peso Colombiano

[CONTINGENCY PLAN](#)

In the event of the cancellation of the swim, the duathlon races will be adopted





Welcome to the best race in America. ¡Good Luck!