



ATHLETES' GUIDE



2016 BURGAS ETU TRIATHLON U23 EUROPEAN CHAMPIONSHIPS & 2016 BURGAS ETU TRIATHLON JUNIOR EUROPEAN CUP

17th - 19th June 2016



INTRODUCTION

The **Bulgarian Triathlon Federation** together with **Burgas Municipality** are proud to host *2016 Burgas ETU Triathlon U23 European Championships* and *2016 Burgas ETU Triathlon Junior European Cup*.

We look forward to welcoming you and your athletes in Burgas between

17 -19 June, 2016.

Please, find all the details about the event in our Athletes' guide.

All the information contained in this Guide is correct and up-to-date, however, please be advised to check with the LOC during the Championship's week regarding any changes.

LOCATION

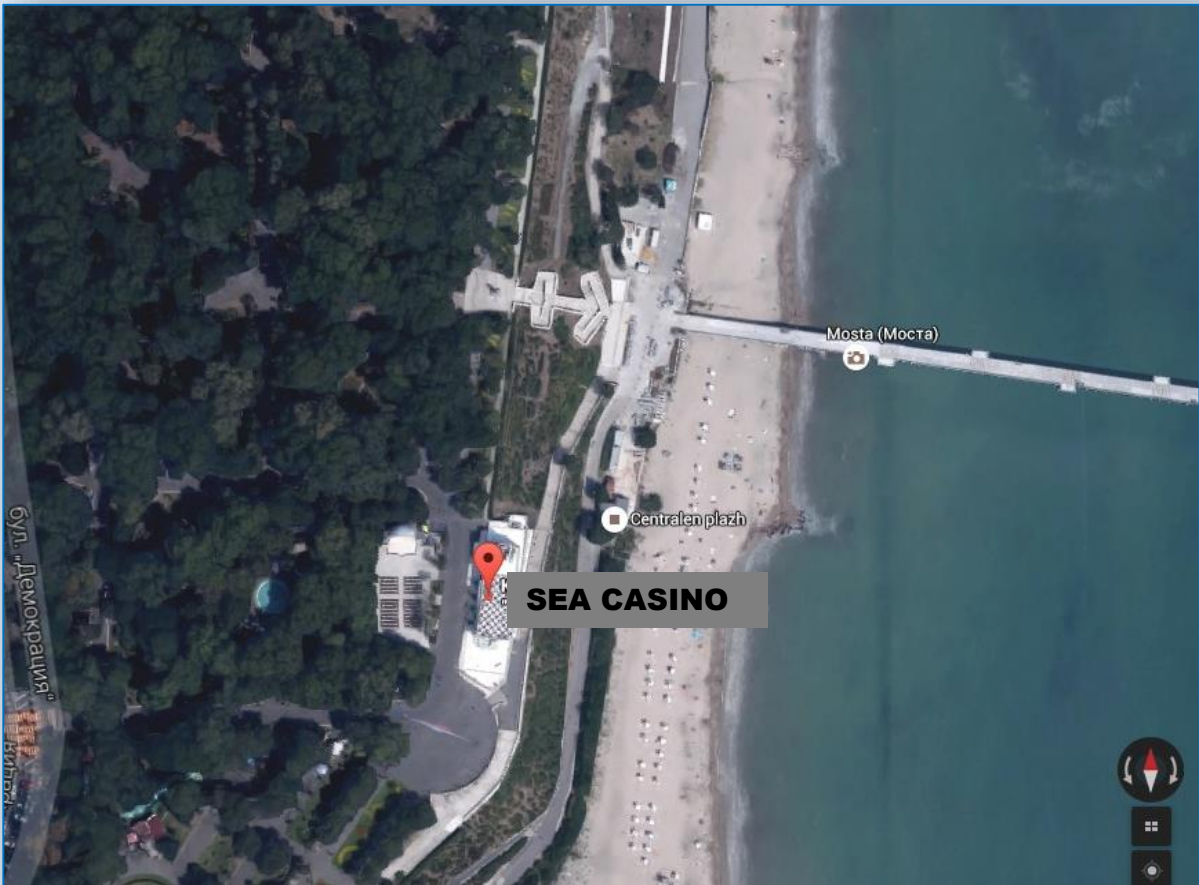
Burgas (Bulgarian: Бургас, pronounced [bur'gas]), is the second-largest city on the Bulgarian Black Sea Coast. It is the capital of Burgas Province and an important industrial, transport, cultural and tourist center.

The city is surrounded by the Burgas Lakes and located at the westernmost point of the Black Sea, at the large Burgas Bay.

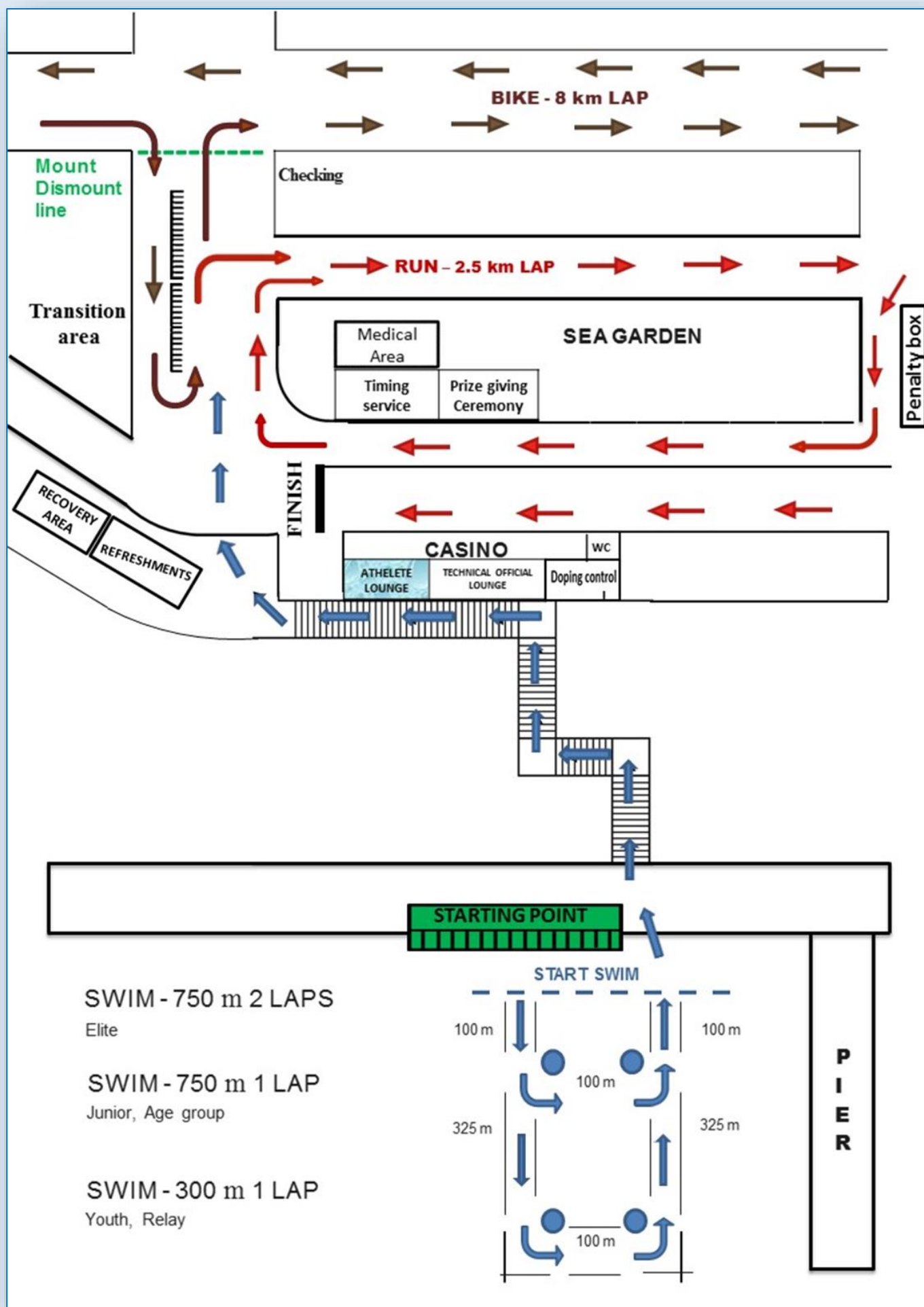


VENUE

The venue is located in front the **Burgas Sea Casino**, situated in the Sea garden by the central beach of Burgas.



1. GENERAL COURSE MAP



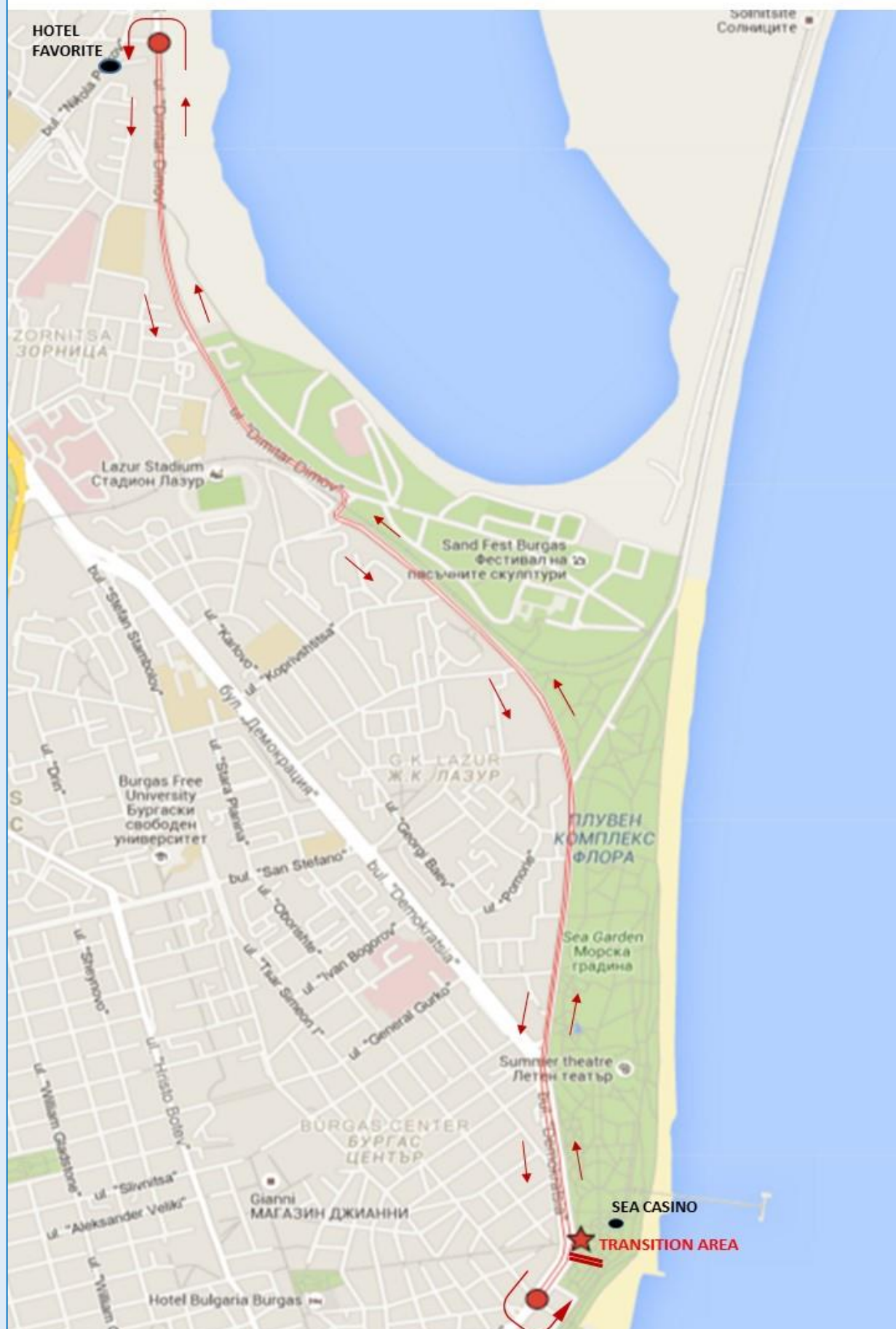
2. BIKE ROUTE MAP

BIKE DISTANCE

U23 - 40 km - 5 laps x 8 km

Junior & Age Group - 24 km - 3 laps x 8 km

Youth & Relay - 8 km - 1 lap



3. RUN COURSE MAP – U23/JUNIOR/AGE GROUP

RUN DISTANCE

U23 - 10 km – 4 laps x 2.5 km

Junior & Age Group - 5 km – 2 laps x 2.5 km



4. RUN COURSE MAP – YOUTH/RELAY

RUN DISTANCE

Youth & Relay- 1.5 km – 1 laps



SCHEDULE

Thursday, 16 June 2016

18.00 Athletes' Briefing Junior*

19.30 Athletes' Briefing U23*

Friday, 17 June 2016

14.00 swim course familiarization – Sea Casino

16.00 bike course familiarization – Sea Casino

18.00 Athletes' Briefing Youth*

19.00 Athletes' Briefing AG*

***All briefings will be held at Mirage Conference Hall in Mirage Hotel, 2 floor**

Saturday, 18 June 2016

08.30 Junior Male

11.30 U23 Female

14.00 Junior Female

17.00 U23 Male

Sunday. 19 June 2016

08.30 Youth International Race

11.00 Junior Mixed Relay**

14.00 U23 Mixed Relay **

16.00 Open start - age groups **

**** If there are not enough junior teams the start of U23 Mixed Relay is to be at 12.00 and the open AG group start at 14.00 respectively.**

ACCOMMODATION

Hotel Mirage 4* (host hotel)

Providing sea, city or bay views, the warmly decorated rooms feature Italian-style wood furnishings, free Wi-Fi and DVD players, plus mini bar and TV.

Parking is free. Additional amenities include a traditional or Mediterranean restaurant, a lobby bar and a fitness center, plus a spa area offering a sauna, a solarium and massage treatments.

All reservations at the host hotel should be made through Bulgarian Triathlon Federation.

We have reserved rooms in three hotels for the period 14 – 20 June 2016.

Your reservation will be made on the basis of the **filled in reservation & transfer application form**, which has to be mailed to: burgastriathlon@gmail.com

Reservations are made on first come first served basis.

Bulgaria Hotel 4* (additional hotel)

The 71 m high building of hotel Bulgaria is situated in the heart of Burgas. The hotel has 17 floors, each of them with a spectacular view to the Gulf of Burgas or the old town part of the city. Each room offers a private bathroom, air conditioning, mini bar, direct phone, cable TV, free Internet and a radio.

Grand Hotel & SPA Primoretz 5* (additional hotel)

The hotel is located in the Sea Garden of Burgas, in close proximity to the beach, in the bay between Pomorie and Chernomorets and is a Hotel Complex, with Balneal/SPA/Wellness and Beauty Centers, combined with a Seaside Park.

For inquires and reservations please contact:

Irena Chukanova

E-mail: burgastriathlon@gmail.com

TRANSFERS

Burgas airport

20 € per person airport-hotel-airport transfer **/without a bike/**

10 € one way either airport-hotel or hotel-airport **/without a bike/**

30 € per person airport-hotel-airport transfer **/with a bike/**

15 € one way either airport-hotel or hotel-airport **/with a bike/**

Varna airport

60 €* per person airport-hotel-airport transfer **/without a bike/**

80 €* per person airport-hotel-airport transfer **/with a bike/**

For inquiries and bookings please contact:

Irena Chukanova

E-mail: burgastriathlon@gmail.com

* The prices are valid for groups of min. 4 people. We will do our best to group all the arriving athletes at Varna airport so the transfers can be completed.

TRAINING FACILITIES

Athletes can train at “Flora” swimming pool complex, situated at the Sea Garden, during the following hours:

7.00 am – 8.00 am

3.00 pm – 5.00 pm

To reserve a corridor, please contact:

Irena Zlateva

Ireen_b@abv.bg

+359 (0) 885110040

42°30'13.4"N 27°28'51.8"E



RACE PACKAGE PICK-UP

Immediately after the respective briefing in Mirage Conference Hall at Mirage Hotel on the 2nd floor.

ENTRY FEE AND OTHER PAYMENTS IN CASH

Mirage Conference Hall – Mirage Hotel, 2nd floor
16 June 2016 10.00 - 17.00 hours
17 June 2016 10.00 - 17.00 hours

ATHLETES LOUNGE

The Athletes Lounge is located inside the Casino. Toilets, seating, bag storage and sealed bottles of water will be offered to the athletes before and after the race.

RACE CHECK-IN

Athletes must check-in at the Athlete's Lounge prior to racking their bikes. During check-in athletes will be given their race swim cap and timing chip and uniforms will be checked. Bikes and spare wheels will be checked on entry to the transition area. The specific times will be advised on the day of the respective race briefing.

DOPING CONTROL

Doping Control will be performed according to the ITU/WADA rules. Testing will take place inside the Athletes Lounge..

MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the venue on 18th & 19th June before and during the competition hours.

OTHER INFORMATION

For detailed information about:

1. City of Burgas
2. Public transportation information
3. Car rental information
4. Restaurant information
5. Tourist attractions
6. Hospitals
7. Local entertainment, shopping, etc.

Please, visit

<http://gotoburgas.com/en>

