

ATHLETES GUIDE

2022 Europe Triathlon Elite European Cup Kitzbüchel



TABLE OF CONTENTS

1. GENERAL INFORMATION

- 1.1. KEY DATES
- 1.2. KEY CONTACTS

2. VENUE

- 2.1. RACE VENUE
- 2.2. COURSE FAMILIARIZATION & TRAINING
- 2.3. ATHLETES LOUNGE
- 2.4. ATHLETES RACE PACKAGE
- 2.5. LOC OFFICE AND INFO POINT
- 2.6. DOPING CONTROL
- 2.7. SECURITY

3. ACCOMODATION

4. TRANSFER AND TRANSPORT

5. ATHLETES SERVICES

5.1. TRAINING FACILITIES

5.2. MEDICAL SERVICES

5.3. BIKE MECHANICAL SERVICE

6. COMPETITION SCHEDULE

6.1. COMPETITION RULES

6.2. ELIMINATOR RACE MODUS

6.3. ATHLETES BRIEFING

6.4. TIMING CHIPS

6.5. RESULTS & LIVE STREAM

6.6. PROTEST & APPEALS

7. COVID-19 MEASUREMENTS

8. ACCREDITATION

9. COURSE MAPS

1. GENERAL INFORMATION

WELCOME TO KITZBÜHEL!

Dear Athletes,

We are more than happy to welcome you back in Kitzbühel for yet another year of spectacular race action surrounding the beautiful town of Kitzbühel. Triathlon continues to grow and develop all around the world, and we are happy to see the new efforts that are being brought into the sport to make it even more spectacular and competitive. In Kitzbühel, we always aim to follow the highest international standards and are therefore very proud to host the premier of the new Eliminator format in the European Cup circuit. By doing so, we are hoping to give Europe's best triathletes the chance to compete in a world class event format.

Regarding the current obstacles concerning the pandemic, we advise you to familiarize yourselves with the current local regulations and restriction on the government website as well as the Concept Paper.

We are delighted that you have chosen to come to Kitzbühel and join us in a fast and exciting race weekend!

1.1 KEY DATES

Kitzbühel Triathlon	
Zeitplan Event Schedule, 17.-19. Juni	
	
Freitag Friday, 17 Juni	
13:00	ETU Elite European Cup - Qualifier wave 1 women
13:50	ETU Elite European Cup - Qualifier wave 2 women
16:00	ETU Elite European Cup - Qualifier wave 1 men
16:50	ETU Elite European Cup - Qualifier wave 2 men
17:40	ETU Elite European Cup - Qualifier wave 3 men
Samstag Saturday, 18. Juni	
13:00	ETU Elite European Cup - Finals women
14:50	ETU Elite European Cup - Finals men
18:00	Sprint Triathlon Kitzbühel Einzel und Staffel Wertung
Sonntag Sunday, 19. Juni	
09:00	ASVÖ Euregio-Kinder-Triathlon-Zug Schüler E (6-7 Jahre)
09:20	ASVÖ Euregio-Kinder-Triathlon-Zug Schüler D (8-9 Jahre)
10:45	ÖTRV Nachwuchscup Schüler C (10-11 Jahre)
11:30	ÖTRV Nachwuchscup Schüler B (12-13 Jahre)
13:10	ÖTRV Nachwuchscup A (14-15 Jahre)
14:50	ÖTRV Nachwuchscup JUN + JUG (16-19 Jahre)

1.2. KEY CONTACTS

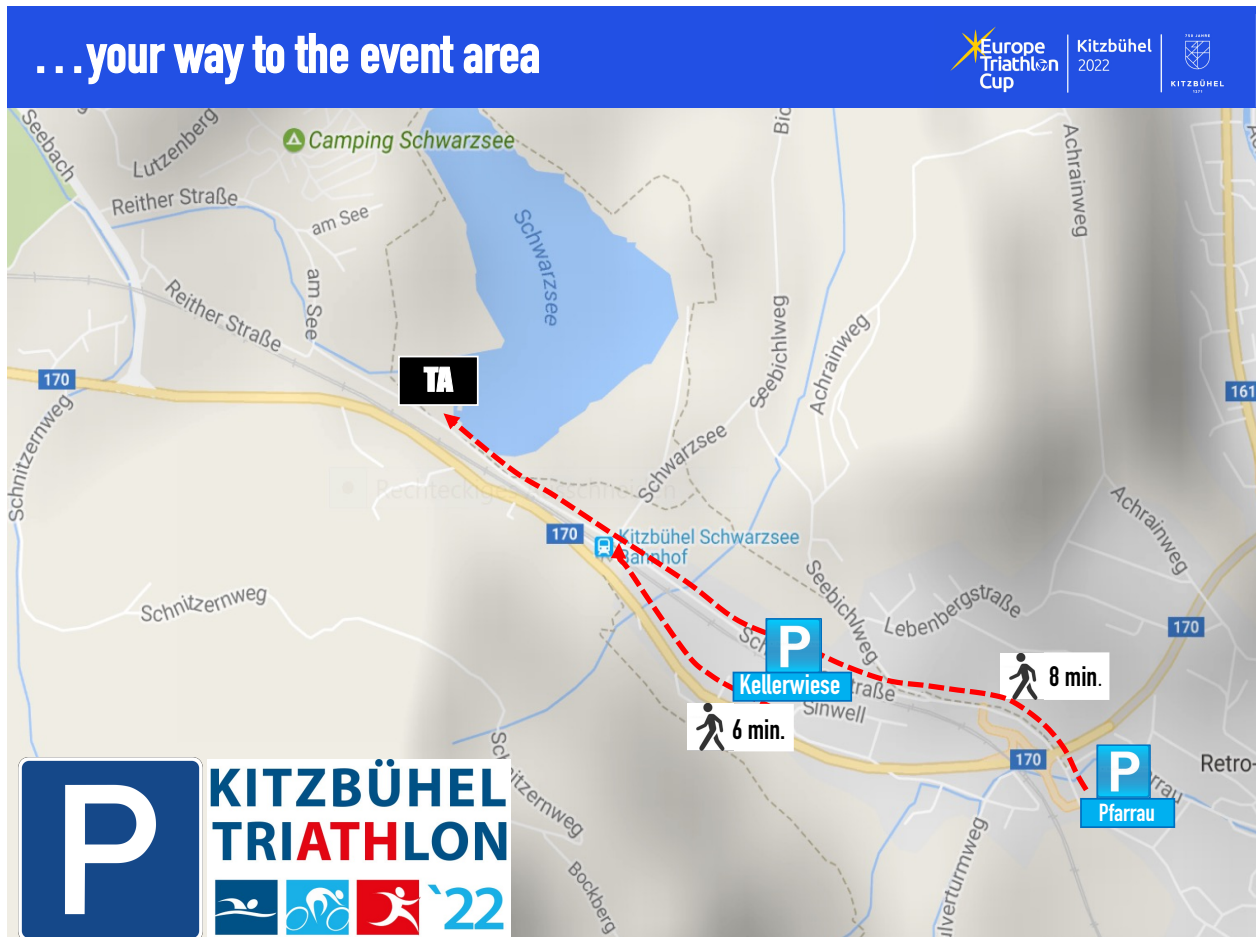
LOC	TRIATHLONVEREIN KITZBÜHEL, LEITNERWALD 24, A-6370 KITZBÜHEL
EVENT DIRECTOR	Wolfgang Fuchs office@trikitz.at (+43 664 2237297)
RACE DIRECTOR	Roman Swidrak roman.swidrak@outlook.de (+43 664 808332067)
Europe Triathlon TD	Györgyi Bodnár gyorgyike.bodnar@gmail.com (+44 (0)7 449-30-2072)
EVENT WEBSITE	http://www.triathlon-kitzbuehel.com/de
FACEBOOK	https://www.facebook.com/Triathlon.Kitzbuehel/
Host Hotel	Schlosshotel Lebenberg, https://www.daslebenberg.com

2. VENUE

2.1. RACE VENUE

Our beautiful venue is located about 15min walking distance away from the town center.

Parking is available in several spots as can be seen below.



2.2 COURSE FAMILIARIZATION & TRAINING

! IMPORTANT INFORMATION !

Roads are open to traffic and not closed for training purposes.

During all training it is mandatory to follow the local traffic regulations including speed restrictions. We expect from all athletes to respect and watch out for any vehicles/ cyclists / pedestrians to avoid accidents

The bike familiarization will take place on **Thursday, June 16th at 14:30**. The meeting point will be at the **mount line** in the transition area. The athletes will be escorted for 2 laps.

Consecutively, the swim familiarization will also take place on **Thursday, June 16th**. Meeting point will be the **swim start** at the Stadtbad Schwarzsee. Athletes will have the opportunity to have the swim course familiarization from **15:00- 16:00**.

2.3. ATHLETES LOUNGE

The Athlete's Lounge will be located behind the public area tent next to the finish area. It will provide restrooms and drinking water, which can be refilled in your bottles.

A recovery zone with water will be placed right behind the finish area.

2.4. ATHLETES RACE PACKAGE PICK-UP & REGISTRATION

The race package distribution will take place at the host hotel **Schlosshotel Lebenberg**, located 10min away from the event site. The package pick-up will be starting from **17:00 on Thursday, June 16th**.

You will receive your race number, accreditation, tattoo etc.

It is required that all athletes show up **in person** with a photo-ID (driving license, passport, etc.).

The entry fee will be € 85,00 for the Elite. Should it have not been covered by the national federations in advance, it can be paid at the registration desk (cash only, no cards!).

After the pick-up we invite all athletes to join us at the **pasta party** in the host hotel Schlosshotel Lebenberg.

2.5. LOC OFFICE & INFO POINT

The LOC office can be found next to the transition area in the tent, as well as the info point. We are happy to assist you with your questions.

2.6. DOPING CONTROL

Doping Controls will be implemented according to the World Triathlon and WADA standards. If tested, athletes must carry their **identification** to the doping control facilities. Testing will take place nearby the venue.

2.7. SECURITY

A security company will be responsible for the security of the athlete's area. Field of play marshals will be present around the field of play. Local police will manage the road closures.

3. ACCOMMODATION

We are pleased to inform that our official Host Hotel for the 2022 Event is **"Schlosshotel Lebenberg"**.

The Lebenberg Schlosshotel has the ideal location for all athletes of the Kitzbühel Triathlon. Enjoy the best sleep in our Junior Suites above the rooftops of Kitzbühel, so that you are as well rested as possible for the Kitzbühel Triathlon. The bikes can of course be taken to the hotel room. The 4-star-superior hotel provides a spacious spa area, various saunas and a relaxation room for your regeneration. The 46 m long panoramic pool also offers a breathtaking view over the Kitzbühel mountains.



For more information on your stay, please visit: [Europe Triathlon Cup Kitzbühel \(daslebenberg.com\)](https://www.daslebenberg.com)

Schlosshotel Lebenberg

Phone +43 [0]5356 6901

Email: hotel@daslebenberg.com

Web: <https://www.daslebenberg.com>

Address: Lebenbergstraße 17, A- 6370 Kitzbühel

For further inquiries, Kitzbühel Tourism is happy to help you with your stay in Kitzbühel and can provide accommodation offerings and arrangements.

Kitzbühel Tourismus

Hinterstadt 18

6370 Kitzbühel

<http://www.kitzbuehel.com>

Phone: +43 5356 66660

Booking:

<https://www.kitzbuehel.com/en/holiday-planning/accommodation-booking/accommodations>

Contact person:

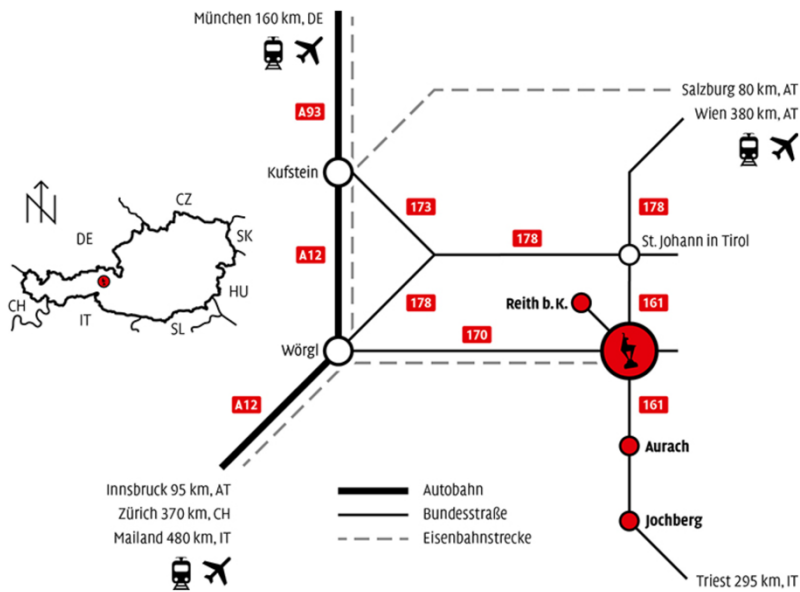
Gintsberger Sabine

+43 5356 66660-11

s.gintsberger@kitzbuehel.com

4. TRANSFER AND TRANSPORT

Situated in Western Austria in the middle of the Tyrolean Alps, Kitzbühel is within easy reach of three international airports, and enjoys convenient direct train links with Innsbruck airport. Alternatively, the resort is less than a 2-hour car drive from Salzburg (80km), Innsbruck (95km) or Munich (165km).



Please see here a few companies that are providing transfer services to Kitzbühel:

<https://austriatransfers.at/>

<https://www.kitzbuehel.com/en/kitz-365/four-seasons-travel/>

<https://www.a2b.com/austria/kitzbuehel>

<https://www.alps2alps.com/en/munich-airport/muc-transfer-to-kitzbuehel>

5. ATHLETE SERVICES

5.1. TRAINING FACILITIES

SWIM

Pre-competition swim training can be done at the local 25m indoor pool at the "Aquarena" in Kitzbühel ("first come first serve" basis for lap swimming). Find the admission rates at the office desk.

<https://www.kitzski.at/de/erlebnisbad-aquarena.html>

Additionally, there is an olympic 50m outdoor pool "Panorama Bad St. Johann in Tirol" located 8km away from Kitzbühel, find the admission rates at the office desk.

<https://www.badewelt.at/de/freibad.html>

For open water swimming, the lake Schwarzsee is open to the public.

BIKE

! Roads are not closed to traffic for training sessions therefore the local traffic regulations must be strictly followed at all times, including speed regulations. We expect our athletes to respect and watch out for other vehicles as well as cyclists and pedestrians !

RUN

For track workouts, Kitzbühel provides a 400m Track and Athletic Facility "Sportplatz Langau", which is open to the public.

Address: Jochberger Straße 120, 6370 Kitzbühel

5.2. MEDICAL SERVICE

First Aid and Emergency Medical Service will be provided on scene from medical personnel throughout the race weekend. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site near the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals is to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

Closest hospital:

Krankenhaus St. Johann i. T., Bahnhofstraße 14, 6380 St. Johann in Tirol

Emergency telephone:

+43 699 14414600

5.3. BIKE MECHANICAL SERVICE

Bike stores in Kitzbühel:

Radspport Stanger (Raimund Stanger, +43 5356 62549-11, info@radservice.at)

Team Comp (Martin Comploi, +43 650 9403617, info@team-comp.at)

6. COMPETITION SCHEDULE

2022 ETU Triathlon Cup Kitzbühel Competition Schedule, June 16-18 2022			Kitzbühel 2022	
Thursday, June 16				
14:30	Bike familiarisation	start at mount line		
15:00 - 16:00	Swim familiarisation	at the swim start		
17:00	Race package pick-up	Host Hotel Schlosshotel Lebenberg		
following	Pasta Party	Host Hotel Schlosshotel Lebenberg		
Friday, June 17				
11:00	Elite Women Athlete Lounge open - registration & bike check	Athletes lounge		
12:00 - 12:45	Elite Women Athletes' Transition Check In	Transition area		
13:00	Elite Women Super Sprint - Qualifier wave 1	Swim start		
13:50	Elite Women Super Sprint - Qualifier wave 2	Swim start		
14:00	Elite Men Athlete Lounge open - registration & bike check	Athletes lounge		
14:40 - 14:55	Check-out Women	Transition area		
15:00 - 15:45	Elite Men Athletes' Transition Check In	Transition area		
16:00	Elite Men Super Sprint - Qualifier wave 1	Swim start		
16:50	Elite Men Super Sprint - Qualifier wave 2	Swim start		
17:40	Elite Men Super Sprint - Qualifier wave 3	Swim start		
18:30	Check-out Men	Transition area		
19:00	Registration Finalist	Venue / athletes lounge		
Saturday, June 18				
10:30	Elite Athlete Lounge open - registration & bike check	Athletes lounge		
12:00 - 12:45	Elite Women Athletes' and Men Transition Check In	Transition area		
13:00	Elite Women Super Sprint - Final Stage 1	Swim start		
13:35	Elite Women Super Sprint - Final Stage 2	Swim start		
14:10	Elite Women Super Sprint - Final Stage 3	Swim start		
14:50	Elite Men Super Sprint - Final Stage 1	Swim start		
15:25	Elite Men Super Sprint - Final Stage 2	Swim start		
16:00	Elite Men Super Sprint - Final Stage 3	Swim start		
16:30 - 16:45	Check-out Women and Men	Transition area		
17:00	Award Ceremony	Event area		

6.1. COMPETITION RULES

The event will follow the latest published Competition Rules of the International Triathlon Union:

https://www.triathlon.org/about/downloads/category/competition_rules

6.2. ELIMINATOR RACE MODE

We are excited to hold the premier of another innovative and fast new race format in Europe. The race will consist out of a Super Sprint qualifying race (500m swim, 11.2km bike, 3km run). The qualifier races will take place on Friday June 17th, and consist out of two and three qualifying waves for female and male athletes, respectively. The first ten male athletes as well as the first 15 female athletes to cross the finish line in the qualifiers will move on to the finals on Saturday.

On Saturday, the race action continues for all finalists in form of the eliminator format, consisting of three short races, with only half the distance from the day before (250m swim, 5.6km bike, 1.5km run). The first final will have our 30 Men and Women finalists on the start line and the first 20 athletes to cross the finish line proceed to the second round of finals. There is only a short break in-between the races, as the second round will begin just 35 mins after the start of final 1. After the 2nd final, the top 10 finishing athletes will continue on to the 3rd final with just another short break. The 3rd final will then give us our podium winners for this fast and exciting new eliminator format in the Europe Triathlon European Cup.

6.3. ATHLETES BRIEFING

The race briefing will be online and available prior to the race. This will be a pre-recorded briefing available on the event website from 12pm on Thursday, June 16th. They can be found on the Europe Triathlon website for the corresponding race under the following links:

Briefing: <https://briefings.triathlon.org/kitzbuhel>

6.4. TIMING CHIPS

On race day athletes will be given a timing chip, to be worn on the athletes' ankle. Athletes will pick up the timing chips before the competition, during their check-in procedure.

6.5. RESULTS & LIVE STREAM

Results will be uploaded live at the World Triathlon official website www.triathlon.org.

There will also be a live stream available to follow the race action: <https://k19.at>

6.6. PROTEST AND APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules.

6.7. FURTHER COMPETITION CHANCE

For all athletes who did not get a chance to qualify for the finals on Saturday, there is the additional opportunity to race at the **local Sprint race on Saturday evening**. Late entry is possible on-site as long as slots are still available. Please check the event website for more information in the Sprint race.

7. COVID-19 MEASUREMENTS

We advise all athletes to monitor their health status daily up to the race. In case of a fever, cough, or other illness-related symptoms it is not possible to enter the race for the safety of every athlete.

For more detailed information on the covid guidelines, please see the Concept Paper on the Europe Triathlon Website.

For the current Covid World Triathlon rules, please check: https://triathlon.org/about/downloads/category/medical_publications

8. ACCREDITATION

The LOC will provide accreditations to all the athletes and coaches. Such accreditations will be distributed on Thursday at the race package pick-up. Only accredited people will be allowed to access certain venue areas.

All accredited people are requested to always carry their accreditation cards with them and to show them upon request. Accreditation Cards are **mandatory** to enter the venue.

To have access to the athletes lounge on Saturday, all finalists are required to show up with their accreditation at the finalist registration to receive an identification marking.

9. RACE COURSE

QUALIFIER - FRIDAY

SWIM COURSE - QUALIFIER

2 laps (2x 250m) with exiting the water between the laps, in the anti-clockwise direction, keeping all the red buoys on the left shoulder. The distance to the first buoy will be 120m.

BIKE COURSE - QUALIFIER

4 laps (4x 2.8km), hilly and technical course with sharp turns and a narrow "forward-and-back" section. Please take notice of the **narrow road section 250m from the transition area** and sharp turns. Please take note of the speed bumps also. The team wheel station is located 1km after the TA at the bottom of the "Seebichl".

RUN COURSE - QUALIFIER

2 laps (1x 1.5km), asphalt course mostly flat with small ascend to the turnaround point at the Seebichl. There will be an aid station close to the run turnaround. The penalty box will be located towards the end of the lap, on the right side before the transition area.

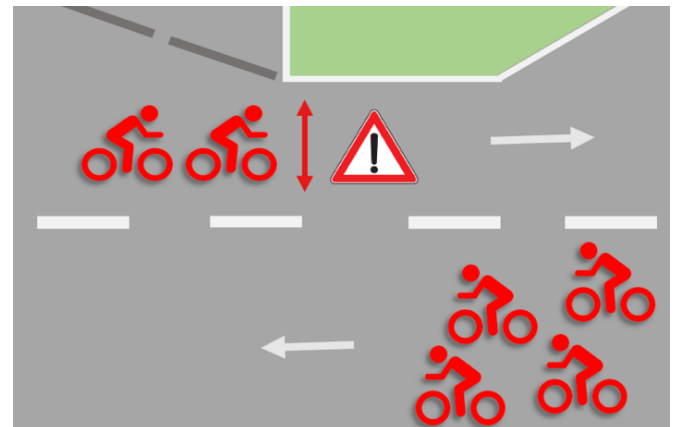
ELIMINATOR - SATURDAY

SWIM COURSE - ELIMINATOR

1 lap (250m), anti-clockwise direction, keeping all red buoys on the left shoulder when passing. The distance to the first buoy is 120m.

BIKE COURSE - ELIMINATOR

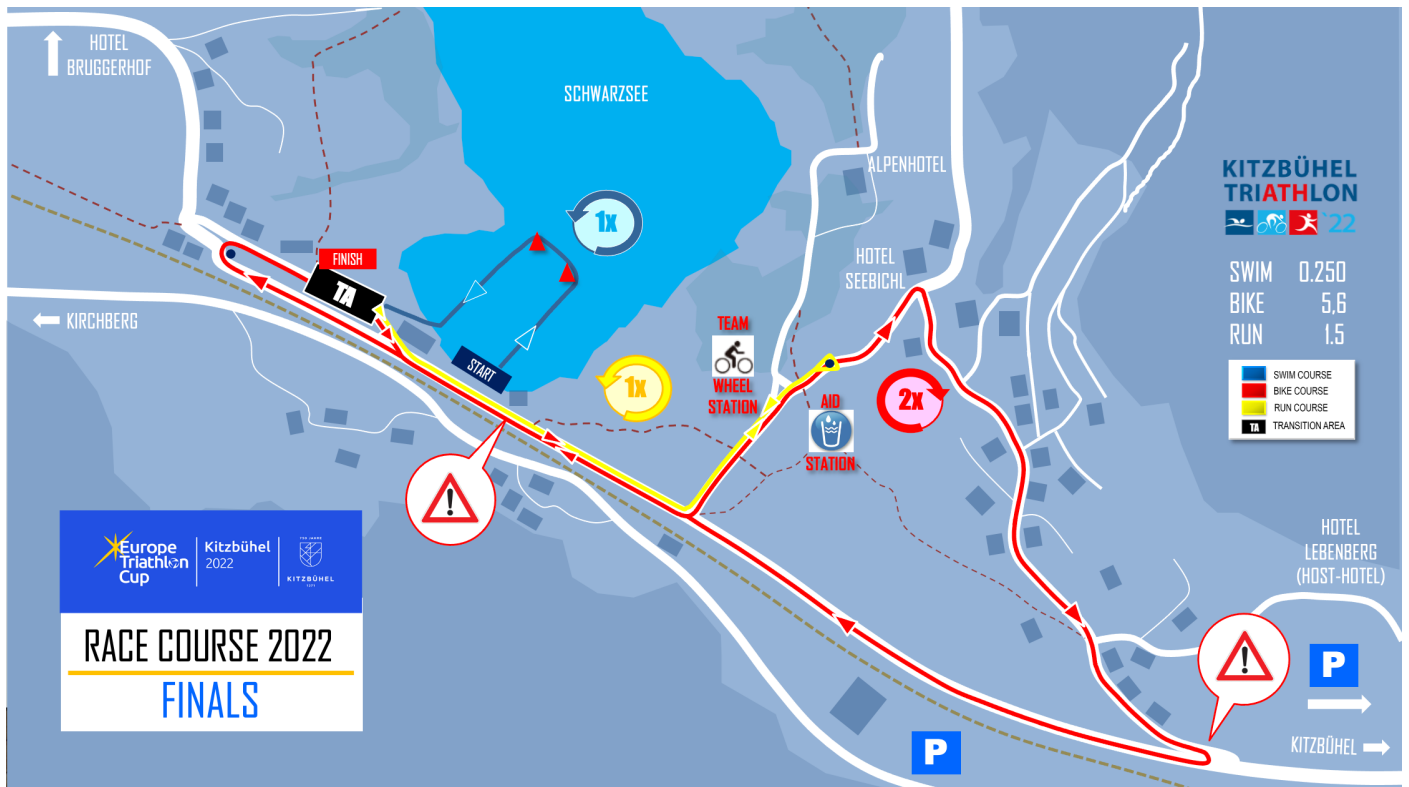
2 laps (2x 2.8km), hilly and technical course with sharp turns and a narrow "forward-and-back" section. Please take notice of the **narrow road section 250m from the transition area** and sharp turns. Please take note of the speed bumps also. The team wheel station is located 1km after the TA at the bottom of the "Seebichl".



RUN COURSE - ELIMINATOR

1 lap (1.5km), asphalt course mostly flat with small ascend to the turnaround point at the Seebichl. There will be an aid station close to the run turnaround. The penalty box will be located towards the end of the lap, on the right side before the transition area.





THE LOC AND ALL VOLUNTERS WISH YOU GOOD LUCK, A SAFE AND FAIR RACE AND HOPE YOU WILL ENJOY YOUR STAY IN KITZBÜHEL!