

## Schedule/Programme for Participants

| <b>Thursday, 29/07/2010</b> |  |  |
|-----------------------------|--|--|
| <b>19:00</b>                | Medical forum for triathletes  | Hofgarten-Stadthalle   |
| <b>Friday, 30/07/2010</b>   |  |  |
| <b>13:00-18:30</b>          | Permission control, registration and receipt of associated documents <b>CLASSIC and LD WC</b>  | Hofgarten-Stadthalle   |
| <b>13:00-18:30</b>          | TRADE SHOW   | Hofgarten-Stadthalle   |
| <b>18:30</b>                | Race meeting <b>CLASSIC</b>  | Tent at Hofgarten-Stadthalle   |
| <b>19:00</b>                | Allgäuland Pasta party for athletes (free) and guests<br>Presentation of the <b>LD WC</b> participating nations and <b>LD WC</b><br>opening ceremony | Tent at Hofgarten-Stadthalle<br>Town centre/tent                       |
| <b>from 17:00</b>           | Long shopping night in Immenstadt's shops with extensive social programme  | Town centre  |
| <b>Saturday, 31/07/2010</b> |  |  |
| <b>from 07:00</b>           | Breakfast at Strand Café   | Boat harbour in Bühl   |
| <b>06:30-07:30</b>          | + Bicycle deposit, <b>CLASSIC</b> participants at cycle park<br>+ Deposit of cycling clothing<br><b>Please try to be there as early as possible</b>  | Cycle park next to Camping Site in Bühl                                |
| <b>06:30-08:00</b>          | Deposit of running and training clothing and chip registration   | Please follow the signs!<br>Boat harbour in Bühl at lake Großer Alpsee |
| <b>07:50</b>                | Alphorn concert  | Band stand in starting area  |
| <b>08:00</b>                | Start Women <b>CLASSIC</b>   | Boat harbour   |
| <b>08:25</b>                | Alphorn concert  | Band stand in starting area  |
| <b>08:32</b>                | Start Men <b>CLASSIC</b>   | Boat harbour   |
| <b>from 10:50</b>           | Change to run course   | Auwald stadium   |
| <b>from 12:10</b>           | Finish <b>CLASSIC</b>  | Auwald stadium   |
| <b>about 14:00</b>          | Flower ceremony Allgäu <b>CLASSIC</b> for the three best in the overall standings (men and women)  | Auwald stadium   |
| <b>until 16:00</b>          | Collection of bicycles and clothing in the transition area<br>cycle/run, <b>all participants</b><br><b>Security patrols until 16:00</b>              | Auwald stadium,<br>transition area                                     |
| <b>15:30</b>                | <b>Official end Allgäu CLASSIC</b>   |  |
| <b>16:30</b>                | <b>Award ceremony Allgäu CLASSIC</b>   | Tent at Hofgarten-Stadthalle   |
| <b>15:00-18:30</b>          | TRADE SHOW   | Hofgarten-Stadthalle   |
| <b>15:00-17:30</b>          | Permission control, registration and receipt of associated documents <b>LD WC</b>  | Hofgarten-Stadthalle   |
| <b>18:30</b>                | Race meeting <b>LD WC</b>  | Tent at Hofgarten-Stadthalle   |
| <b>afterwards</b>           | Conclusion, award ceremony   | Tent at Hofgarten-Stadthalle   |
| <b>Sunday, 01/08/2010</b>   |  |  |
| <b>from 06:00</b>           | Breakfast at Strand Café   | Boat harbour in Bühl   |
| <b>05:30-06:30</b>          | + Bicycle deposit, <b>LD WC</b> participants at cycle park<br>+ Deposit of cycling clothing<br><b>Please try to be there as early as possible</b>    | Cycle park next to Camping Site in Bühl                                |
| <b>05:30-07:00</b>          | Deposit of running and training clothing and chip registration   | Please follow the signs!<br>Boat harbour in Bühl at lake Großer Alpsee |
| <b>06:50</b>                | Alphorn concert  | Band stand in starting area  |
| <b>07:00</b>                | 1. Start <b>LD WC</b>  | Boat harbour   |
| <b>07:25</b>                | Alphorn concert  | Band stand in starting area  |
| <b>07:30</b>                | 2. Start <b>LD WC</b>  | Boat harbour   |
| <b>from 11:00</b>           | Change to run course   | Auwald stadium   |
| <b>from 12:50</b>           | Finish <b>LD WC</b>  | Auwald stadium   |
| <b>about 14:00</b>          | Flower ceremony <b>LD WC</b> for the three best in the overall standings (men and women)   | Auwald stadium   |
| <b>until 19:00</b>          | Collection of bicycles and clothing in the transition area<br>cycle/run, <b>all participants</b><br><b>Security patrols until 19:00</b>              | Auwald stadium,<br>transition area                                     |
| <b>18:00</b>                | <b>Official end LD WC</b>  |  |
| <b>19:00</b>                | <b>Award ceremony LD WC</b> and farewell to participants   | Tent at Hofgarten-Stadthalle   |