



World Triathlon
Cup

HUATULCO

2022

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Triatlón AsTri
HUATULCO



ATHLETE'S GUIDE

**2022 World Triathlon
Cup HUATULCO**

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1. GENERAL INFORMATION

1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches, and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

1.2 KEY DATES

Thursday June 16

18:00 (GMT-5) Online Athletes Briefing

Friday June 17

13:00 to 19:00 Age Group Packet pick up at Santa Cruz

16:00 to 19:00 Elite Athletes Packet Pick up at Santa Cruz

Saturday June 18

7:30 Age Group Event Starts

16:30 Elite Athletes Lounge Opens

18:00 Elite Female Starts

19:30 Elite Female Awards Ceremony

Sunday June 19

6:30 Elite Athletes Lounge Opens

8:00 Elite Male Starts

9:30 Elite Male Awards Ceremony

1.3 KEY CONTACTS

Race Director

Mauricio Alvarez

malvarez@asdeporte.com

Technical Delegate

Paul Brandt

paul.brandt@usatriathlon.org

World Triathlon Team Leader

Laura Blackwell

Laura.blackwell@triathlon.org

Medical Delegate
Humberto Aguilar
drhumbertoaguilar@me.com

Athlete Services Manager
Diana Cortes
dcortes@asdeporte.com

1.4 CONTACT DETAILS

AsDeporte
Av. San Jeronimo 424 PB1
Col. Jardines del Pedregal
Ciudad de México
Cp. 01900

Mauricio Alvarez
malvarez@asdeporte.com

2. VENUE

2.1 RACE VENUE



2.2 COURSE FAMILIARIZATION

SWIM

You will be able to familiarize yourself with the swimming course on Friday, June 17th from 10:15 to 11:00.

The location will be the same as the start of the race, "Santa Cruz".

Please note: It is forbidden to swim outside the test swimming zone at any time because of safety reasons and marine traffic!

BIKE

You will be able to familiarize yourself with the bike course on Friday,

June 17th at 09.00 (Starting at the transition area). 3 laps (30 min aprox)

its going to be escorted by local pólice so the roads will not be fully closed so use caution

2.3. ATHLETE'S LOUNGE

Beside the transition zone, 2500 m2 open area fence delimited.

Inside you find a 10x10 changing tent / cloakroom, bike racks, bathrooms, resting area and chairs, snacks, water, Gatorade, registration tent, natural shaided.

Saturday

16:30 Elite Athletes Lounge Opens (women)

Sunday

6:30 Elite Athletes Lounge Opens (men)

2.4. ELITE ATHLETES' RACE PACKAGE

Friday June 17th, 2022

16:00 – 19:00

Parque Santa Cruz



2.5. DOPING CONTROL

Hotel Castillo Huatulco

Bld. Santa Cruz S/N, Bahía de Santa Cruz, Bahías de Huatulco, 70989 México
CONADE Doctor is Yadhira Cuevas

2.6. SECURITY

Head Of Security , Jose Mercado: 6242466777



2.7. World Triathlon OFFICE

Holiday Inn Huatulco
Blvd. Benito Juárez 604-Sector "A", 70987 Oax.
Phone number: 958 583 0433

Wednesday
10:00-13:00
Thursday 16 and Friday 17
10:00 - 13:00
15:00 - 19:00

For urgent matters, you can contact Laura Blackwell,
World Triathlon Team Leader on whatsapp: +1-778-957-4925

3. ACCOMMODATION

Pia Oberholzer
huatulcohotel@prodigy.net.mx
Tel. +52 (958) 581 0486 / 581 0487

LADA 01-800 224 4279
TOLL FREE USA 1-866 416 0555
<http://www.hoteleshuatulco.com.mx>

4. TRANSFER AND TRANSPORT

Huatulco Airport

VISA:

Those athletes who need an invitation letter in order to obtain a visa to enter into Mexico, must contact Miss Erika Gomez at the Mexican National Federation: afiliaciones@triatlon.com.mx

Local Transportation from Airport to Hotel

Please contact directly LOC,
Diana Cortes dcortes@asdeporte.com

You will have until Friday, 10 June to send your flight itinerary

5. ATHLETE'S SERVICES

5.1. TRAINING FACILITIES

SWIM

XQUENDA SPA

Lote 2 manzana 8 sector P
Playa principal Bahía de Chachue
Tel. 9585834448

Monday to Friday from 7:00 to 20:00

Price for admission is: Adult 5 USD

Reservations needed

BIKE

The LOC will not close the course for practice, the athletes can practice at own risk.

RUN

The LOC will not close the course for practice, the athletes can practice at own risk.

5.2. MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the Registration area and during the race. There will be First Aid and Emergency Medical Services at the Race Village on competition day.

Medical and Paramedical personnel will be available throughout the race.

Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

Clínica IMSS 41 HUATULCO - Seguro Social IMSS

Boulevard chahue lote 49 manz 5; sector R "Las Palmas", 77989 Santa Cruz

Emergency telephone number

(958) 587-11-82

5.3. BIKE MECHANICAL SERVICE

Friday 17th, 2022

12:00 – 19:00

Parque Santa Cruz

Saturday

16:30 Elite Athletes Lounge (women)

Sunday

6:30 Elite Athletes Lounge (men)

6. COMPETITION SCHEDULE

6.1. ELITE WOMEN

DAY	START	END	ACTIVITY	LOCATION
Thursday 16	18:00	19:00	Online Athlete's briefing	Online
Friday 17	16:00	19:00	Race package dis tribution	Plaza Santa Cruz
Saturday 18	16:20	16:40	Athlete registration	Plaza Santa Cruz
Saturday 18	16:30	17:40	Athlete Lounge check in	Plaza Santa Cruz
Saturday 18	16:45	17:40	TA check in	Plaza Santa Cruz
Saturday 18	17:15	17:45	Swim warm-up	Plaza Santa Cruz
Saturday 18	17:45		Calling area	Plaza Santa Cruz
Saturday 18	17:55		Athletes introduction	Plaza Santa Cruz
Saturday 18	18:00		Start	Plaza Santa Cruz
Saturday 18	19:30		Award Ceremony	Plaza Santa Cruz

6.2 ELITE MEN

DAY	START	END	ACTIVITY	LOCATION
Thursday 10	18:00	19:00	Online Athlete's briefing	Online
Friday 17	16:00	19:00	Race package distribution	Plaza Santa Cruz
Sunday 19	6:20	6:40	Athlete registration	Plaza Santa Cruz
Sunday 19	6:30	7:40	Athlete Lounge check in	Plaza Santa Cruz
Sunday 19	6:45	7:40	TA check in	Plaza Santa Cruz
Sunday 19	7:15	7:45	Swim warm-up	Plaza Santa Cruz
Sunday 19	7:45		Calling area	Plaza Santa Cruz
Sunday 19	7:55		Athletes' introduction	Plaza Santa Cruz
Sunday 19	8:00		Start	Plaza Santa Cruz
Sunday 19	9:15		Award Ceremony	Plaza Santa Cruz

6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the World Triathlon.

6.4. ATHLETE'S BRIEFING

Thursday June 16
18:00 (GMT-5) Online Athletes Briefing

6.5. ATHLETE'S CHECK IN UNIFORM

During the athletes lounge check in

6.6. TIMING CHIPS

On race day athletes will be given a timing chip, to be worn on the athletes' ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure.

6.7. RESULTS

Results will be uploaded live at the World Triathlon official website www.triathlon.org. All the Results information will be distributed to the Team Leaders at the Information Centre (Holiday Inn Hotel)

6.8. PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules

7. ACCREDITATION

The LOC will provide to all the Organizing Committee Members, World Triathlon Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.



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Friday, June 17
Plaza Santa Cruz
16:00 – 19:00

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition venue. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

8. OTHER USEFUL INFORMATION

8.1. ACTIVITIES

<https://www.explorehuatulco.com/101-things-to-do-in-huatulco>

8.2. LANGUAGE

Spanish, most hotels also speak English

8.3. CURRENCY

MXN Mexican Peso

8.4. TIME

GMT -5

8.5. ELECTRICITY

127 volts
American Style A/B

8.6. WATER

Just drink bottled water

8.7. TELEPHONE CONNECTIONS

From other countries use +52

8.8. WEATHER

Min 23 °C Max 35°C



Americas
Triathlon

9. COURSE MAPS

SWIM START

SWIM COURSE

Start procedures: beach start 60 m wide

The Race Referee with assistance of Technical Officials, who are assigned to the start, will start each race.

Number of laps: 1

Average water temperature 25 C

Map of the swim course

<https://apps1.semarnat.gob.mx:8443/dgeia/gob-mx/playas/destinos/huatulco.html>



TRANSITION 1

A flow through transition has been developed to keep athletes moving forward in one direction. Athletes enter the transition and must deposit swim gear in a bin placed beside the bike racks. Athletes' name, numbers and country code are displayed on the top of each bike rack. After the helmet is secure, athletes unrack the bike by moving forward into the centre lane and towards the mount line.



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BIKE COURSE

Number of laps: 4

Map of the bike course



<https://youtu.be/0VYf77uxGTc>

TRANSITION 2

The dismount line will be placed 10 meters before the entrance of the transition zone, forward. Athletes enter the transition and must deposit helmet in a bin placed beside the bike racks. Athletes' names, numbers and country code are displayed on the top of each bike rack. After the helmet is in the bin and running shoes are on, athletes exit by moving forward into the centre lane and towards run start line.



Americas
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RUN COURSE

Description: flat

Number of laps: 2

Run penalty box will be near the bike dismount line

Map of the run course.



10. TRAVEL TO MEXICO

1. Travel

Currently, Mexico doesn't have any air travel restrictions from any country, although the airlines' operations are far from being full-fledged. Tourists from anywhere in the world can visit Mexico now without going into mandatory quarantine or having to take any COVID diagnostic test or Complete vaccine card. There aren't any rules defying travel by train or ship either.

Since January 1, the country has introduced a spotlight system which saw the reopening of several states in Mexico in phases. Places flagged as red allow only essential activities, whereas restaurants, hotels, and other non-essential activities are open in a limited capacity in the orange zones. Tourist hotspots such as Mayan Riviera, Los Cabos, and Puerto Vallarta lie in the orange zone. Hotels and resorts are operating at a maximum occupancy of 80% instead of the commonly witnessed 95% in the pre-COVID days.

COVID Coordinator: For any question related with COVID restrictions and travel details please contact
Octavio Martinez omartinez@asdeporte.com

2. Airport transfers

- Keep face mask on every moment
- All the transfer units must be sanitized prior each transfer
- Windows open instead air conditioner
- No stops allowed until final destination
- Recommended to keep silence during rides
- KEEP AT LEAST 1 SEAT CLEAR BETWEEN EACH PERSON
- The transfer between persons who do not belong to the same delegation or group of persons will be reduced as much as possible.

3. Accommodation

Check with each hotel the restrictions.
<http://www.hoteleshuatulco.com.mx>

4. Training sites

Athletes are recommended to keep distance during running sessions and during their session in the swimming pool. Overall recommendation is to try to have those sessions in the morning to avoid peak times.

5. Athletes' Briefing

Athletes briefing will be pre-recorded and available at: here.

6. Race Package distribution

Race package to be collected between 16:00 – 19:00 local time on Friday, June 17 at Plaza Santa Cruz by the athlete.
The use of mask and social distancing is optional.

7. Competition activities

a. The mask is optional.

Please make sure that you will wear your mask after the warm-up.

b. Wheel stations:

-At the neutral wheel stations, all wheels will be disinfected before being delivered to the specific locations. An athlete in need of a spare wheel will be directed by the TO to the proper wheel which can be picked up by the athlete.

- At the team wheel station, the volunteers and TOs present at that location must not have any contact with the team wheels. The team representatives are responsible for disinfecting the wheels prior to depositing them at the wheel station. An athlete in need of a spare wheel will be directed by the TO to the proper wheel which can be picked up by the athlete.
 - In both cases, the wheel that is left behind by the athlete will be disinfected by the TO before being deposited at the station.
 - Technical officials will wear masks/mouth-nose face covering and rubber/disposable gloves.
- c. Finish Area
- Timing chip removal must be done by the athlete, who must deposit the timing chip to a specific bin close to the exit of the post-finish area.
 - Medallist photo at the post-finish area is not allowed.
 - Massage facilities will not be provided.
 - Athletes must avoid lying or sitting down on the blue carpet (without any medical need/problems). A minimum number of volunteers will be available to support the athletes and make sure that the athletes are not congregating at the post finish area. These volunteers will wear rubber/disposable gloves and masks/mouth-nose face covering.
 - Masks will be distributed to the athletes to wear at their earliest convenience.
- d. Medal Ceremonies
- Medal ceremonies will be performed as World Triathlon protocols.

8. Spectators' access

The event will be open to spectators.

9. Accreditations

Only one accreditation to coach and team medical per team.

10 Cleaning protocols on site

All facilities used by the athletes will be cleaned and disinfected by the LOC through the day.



OFFICIAL WEB
WWW.asdeporte.com



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