

# ATHLETE'S GUIDE 2021

Version 6 11.05.2021

 **Europe  
Triathlon  
Duathlon  
Championships**

**Alsdorf  
2021**  
Middle Distance  
**POWERMAN**

**larasch**   
Wir lieben Sport.

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## 1. GENERAL INFORMATION

### 1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches, and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up to date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

### 1.2. KEY DATES

## Friday 13.08.2021

times	Event	Venue Alsdorf
14:00-16:00	Elite uniform & license check Race pack hand out, include a Covid quick test. Pick up times will be sent out after the registration is closed	Sportsfreund Alsdorf, Bahnhofstraße 56
16:00-18:00	PCR test if someone needs it for the return journey. Registration is required. Result arrives on Sunday. Be aware the test is not for free	tba

## Saturday 14.08.2021

times	Event	Venue Alsdorf
11:00 – 16:00	Issuing of race numbers (EC uniform check) AG, by Nation, times follow after the closing of the Registration	Sportsfreund Alsdorf, Bahnhofstraße 56
17:00 -18:00	Elite briefing <a href="#">http://</a> to insert link WT	Online
18:30-19:00	Online questions form AG	Online
19:30-20:30	Elite second Covid quick test if necessary	Not fixed yet

## Sunday 15.08.2021

Start times Sunday	Group	Venue Alsdorf
08:00- 17:00	Coivd quick test, free for all athletes	tba
08:00	Elite Women	Denkmalplatz
08:05	Elite Men	Denkmalplatz
08:45	AG Men 20-54	Denkmalplatz/Rolling Start 4 every 10 sec
09:15	AG Men 55-85	Denkmalplatz /Rolling Start 4 every 10 sec
10:00	Para	Denkmalplatz
10:02	AG Women	Denkmalplatz/Rolling Start 4 every 10 sec
11:00	Open race / Team relay	Denkmalplatz/Rolling Start 4 every 10 sec
12:20	Sprint Distance	Denkmalplatz/Rolling Start 4 every 10 sec
<b>Cut off times</b>		
14:15	Last bike lap	Denkmalplatz
15:00	bike	Denkmalplatz
16:30	Last run lap	Denkmalplatz

## BIKE CHECK-IN, OUT directly after the finish

Check IN	Check Out	Klasse/Strecke
7:00-8:00	-	Elite Woman
7:00-8:00	-	Elite Men
08:00-8:30	-	AG Men-55 (MK20-MK50)
08:00-8:30	-	AG Men +55 (MK55-MK85)
9:30-9:50	-	Para
9:30-9:50	-	AG Women
9:30-9:50	-	Open race / Team relay
11:00-12:00	-	Sprint

## Medal Ceremony if possible, like the covid concept

	Group	Venue Alsdorf
16:00	Elite	Stadthalle Alsdorf
	EC Para + Age group	Stadthalle Alsdorf
	DM Age group	Stadthalle Alsdorf
	Powerman Sprint	Stadthalle Alsdorf
	Powerman open	Stadthalle Alsdorf

### 1.3. KEY CONTACTS

Name and contact details of:

- Race director Patrick Thevis, [thevis@freenet.de](mailto:thevis@freenet.de)
- technical delegate Thomas Klingler [Thomas.klingler@swisstriathlon.ch](mailto:Thomas.klingler@swisstriathlon.ch)
- Covid officer Florian Hach [florianhach@gmx.de](mailto:florianhach@gmx.de)

### 1.4. CONTACT DETAILS Patrick Thevis, [thevis@freenet.de](mailto:thevis@freenet.de)

## 2. VENUE

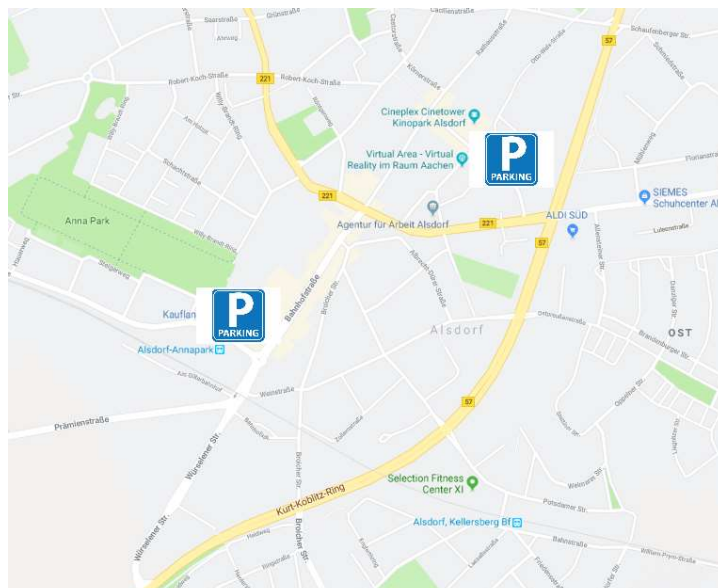
### 2.1. RACE VENUE Denkmalplatz, 52477 Alsdorf



### Parking

Parking close to venue. Kaufland Alsdorf, Bahnhofstr. 37, 52477 Alsdorf

Be care full this parking looked form 8:00- 16:00



2.2 COURSE FAMILIARIZATION We have no familiarisation.

**Be careful it not allowed to ride bikes on the roads L240 and on the 57n. They can only use when they are closed for the race.**

#### 2.3. ATHLETE'S LOUNGE

The bag drop of is in the city hall, there are also toilets.

A recovery area is behind the finish, showers are in the Luisenbad it can used be the covid concept.

#### 2.4. RACE PACKAGE

The Elite/para get the race pack at the Sportsfreund Alsdorf, Bahnhofstraße 56 on Friday

AG Race pack pick with the uniform check is located at the Sportsfreund Alsdorf, Bahnhofstraße 56

#### 2.5. DOPING CONTROL

The doping control will be located in the town hall. Doping tests will be conducted according to WORLD TRIATHLON/WADA rules. The athletes must carry their identification to the doping control facilities.

### 3. ACCOMMODATION

Book your hotel room as soon as possible (in2 Boarding House, City Hotel Alsdorf and Hotel Gloria Alsdorf). Camping facilities are 2 km from the race site.

### 4. TRANSFER AND TRANSPORT

Closest airports from the event: Maastricht/Aachen Airport at 40 km, Cologne Airport at 70 km and Düsseldorf Airport at 70 km with well working railway connection to Alsdorf

### 5. ATHELETE'S SERVICES

#### 5.1. TRAINING FACILITIES

Showers at the completion days are near the TA in **Luisenbad**



BIKE The bike course cannot be used for training, most of the roads are normally closed for bikes



RUN The run course can use all time.

#### 5.2. BIKE MECHANICAL SERVICE

Bike Shop: bestbike Radsport, Bahnhofstraße 43, 52477 Alsdorf

## 6. COMPETITION SCHEDULE

### 6.1. ELITE WOMEN

DAY	START	END	ACTIVITY	LOCATION
13.08.2021	14:00	16:00	Athlete registration	Sportsfreund Alsdorf, Bahnhofstraße 56
14.08.2021	17:00	18:00	Online Briefing	http:
14.08.2021	19:30	20:30	Second Covid quick test if necessary	Not fixed yet
15.08.2021	7.00	8:00	TA check in	Denkmalplatz
15.08.2021	7:50		Calling area	Denkmalplatz
15.08.2021	7:55		Athletes introduction	Denkmalplatz
15.08.2021	8:00		Start	Denkmalplatz
15.08.2021	16:00		Award Ceremony	Town hall

### 6.2. ELITE MEN

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### 6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the International Triathlon Union.

[https://www.triathlon.org/uploads/docs/World\\_Triathlon\\_Sport\\_Competition\\_Rules\\_2020\\_201811253.pdf](https://www.triathlon.org/uploads/docs/World_Triathlon_Sport_Competition_Rules_2020_201811253.pdf)

#### 6.4. ATHLETE'S BRIEFING

### Saturday 15.08.2021

17:00 18:00 Uhr	Elite/Para he briefing  <b>Over WT registration</b>	online
09:00	Video online Race briefing AG as download	LOC and WT Website

#### 6.5. TIMING CHIPS

At the registration athletes will be given a timing chip, it is inside the start number.

#### 6.6. RESULTS

Results will be uploaded live at the WORLD TRIATHLON official website [www.triathlon.org](http://www.triathlon.org).

Please inform if there is any live coverage.

All the Results information will be distributed to the Team Leaders at the Information Centre (location?).

#### 6.7. PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules

### 7. ACCREDITATION

The LOC will provide to all the Organizing Committee Members, WT Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

Info on when and where the accreditations will be distributed.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition areas.

All accredited people are always requested to carry their Accreditation Cards with them and to show them upon request. Accreditation Cards are mandatory to enter the venue.

### 8. OTHER USEFUL INFORMATION

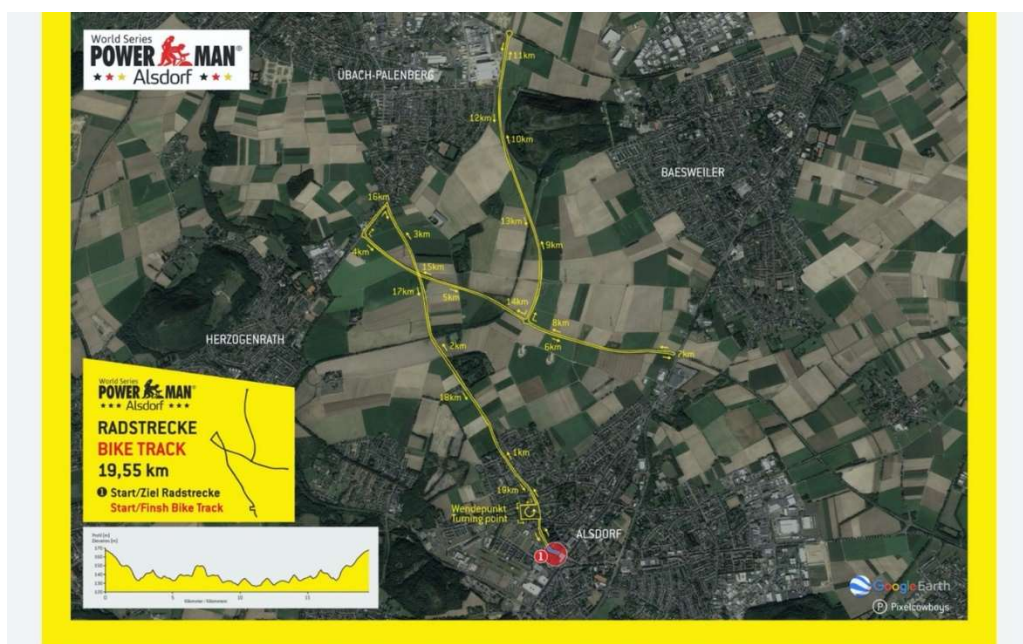
8.1. LANGUAGE is English.



[overview in google earth as download](#)

The map illustrates the triathlon course in Alsdorf. The run track is shown as a blue loop starting at the 'Check In' area (1) near the 'Dilke Weg'. It includes an entrance/exit point (2), a para-athletes section (3), a check-out point (4), another entrance/exit (5), and a start area (6). The bike route is indicated by green arrows, leading from the start area through various transition zones (7-11) and back to the finish area (12). Key locations include the Stadthalle, Rathausstraße, and Luisenstraße. A legend on the left lists the numbered points corresponding to the map features.

- 1 Check In
- 2 Ein/Ausgang Laufstrecke  
Entrance/Exit Run Track
- 3 Ausgang Laufstrecke Para Athleten  
Exit Run Para athletes
- 4 Check Out
- 5 Ein/Ausgang Radstrecke  
Entrance/Exit Run Track
- 6 Start
- 7 Verpflegungszone / Aid Station
- 8 Ziel, Erholungs- und Verpflegungszone  
Finish Area
- 9 Aussteller, Gastronomie, Besucherzone  
Expo, Catering Zone, Visitor Area
- 10 Siegererhöhung und Toiletten  
Award ceremony, Toilets
- 11 Umkleide und Duschen / Locker Room
- 12 Wechselzone Elite + Para / Transition area
- 13 Wechselzone/Transition area AG European championship
- 14 Wechselzone/Transition area AG German championship
- 15 Wechselzone/Transition area Open race/Team relay
- 16 Wechselzone/Transition area Sprint distance



🏃 RUN COURSE



## 10. Covid Plan

Quick Test are available under:

mEvent location

<https://www.glueckauf-apotheke-alsdorf.de/>

mEvent location

<https://www.apothekeamdenkmalplatz.de/>

**Be care full, without a registration, a testing is not possible.**

The complete Covid plan is online on the web page.

**Good luck, and thanks to our sponsors.**