Athletes’ Event Guide

ECO RACE EVENTS

ITU World Paratriathlon Events
Iseo-Franciacorta (BS)
5 Luglio 2014
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**Notes:**
- The table above is a structured representation of the document's contents.
- Each section is listed with its corresponding subsections, if applicable.
- The table format helps in quickly locating specific sections or subsections within the document.
1. GENERAL INFORMATION

1.1 Introduction
The purpose of the Athletes Info Guide is to ensure that all Paratriathlon Athletes and Team Leaders are well informed about all procedures concerning the Event. The LOC has made every effort to ensure that the information contained in this Guide is correct and up-to-date. However, Team Leaders are advised to check with the Sport Info Center concerning any changes in the information included in this guide.

1.2 Key Dates

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Athletes Briefing: Hotel Iseolago, Via Colombera 2, Iseo</td>
<td>Friday July 4th, 18h00</td>
</tr>
<tr>
<td>Athletes Registration and Race Packet distribution: Via Colombera 2, Iseo</td>
<td>Friday July 4th, 19h00</td>
</tr>
<tr>
<td>Welcome Party: Cascina Doss, Via Colombera 15, Iseo</td>
<td>Friday July 4th, 20h00</td>
</tr>
<tr>
<td>Start ITU World Paratriathlon Event: Port Gabriele Rosa</td>
<td>Saturday July 5th, 16h30</td>
</tr>
<tr>
<td>Award Ceremony: Via Largo Zanardelli, Iseo</td>
<td>Saturday July 5th, 19h30</td>
</tr>
</tbody>
</table>

1.3 Key Contacts

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>ITU Technical Delegate</td>
<td>Jorge Garcia (ESP)</td>
<td><a href="mailto:jorge.garcia@triathlon.org">jorge.garcia@triathlon.org</a></td>
</tr>
<tr>
<td>Event Director</td>
<td>Luca Lamera</td>
<td><a href="mailto:lucalamera@mac.com">lucalamera@mac.com</a></td>
</tr>
<tr>
<td>LOC Paratriathlon Coordinator</td>
<td>Neil Mac Leod</td>
<td><a href="mailto:neilaml@hotmail.com">neilaml@hotmail.com</a></td>
</tr>
<tr>
<td>Event Administration</td>
<td>Luca Lamera</td>
<td><a href="mailto:lucalamera@mac.com">lucalamera@mac.com</a></td>
</tr>
<tr>
<td>Technical Operations</td>
<td>Matteo Annovazzi</td>
<td><a href="mailto:matteoanno@inwind.it">matteoanno@inwind.it</a></td>
</tr>
</tbody>
</table>

1.4 Contact Details
The Information Desk Center, LOC OFFICE is located in Via Colombera 2, Iseo
- Friday  July 4th  19:00 to 20:00
Event Contact:  Neil Mac Leod  mobile phone 0039.333.2733886 - 0039.335.7256699
SportWellness Triathlon Team: info@sport-wellness.it

2. VENUE

2.1 Venue
The venue is in the city of Iseo, Lombardy, northern Italian region
DIRECTIONS TO ISEO FROM NEAREST AIRPORTS

<table>
<thead>
<tr>
<th>Airport</th>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Milan Orio al Serio - Iseo</td>
<td>39.5 km</td>
<td>40 min</td>
</tr>
<tr>
<td>Milan Linate - Iseo</td>
<td>82.5 km</td>
<td>70 min</td>
</tr>
<tr>
<td>Milan Malpensa - Iseo</td>
<td>118 km</td>
<td>90 min</td>
</tr>
<tr>
<td>Verona Catullo - Iseo</td>
<td>83 km</td>
<td>60 min</td>
</tr>
<tr>
<td>Venice Marco Polo - Iseo</td>
<td>206 km</td>
<td>120 min</td>
</tr>
</tbody>
</table>
2. VENUE

2.2 Elite Athletes Lounge
Facilities including athletes’ lounge and toilets are provided for the athletes in Via Porto (see the logistic map)

2.3 Doping Control
Doping Control will be performed according to the ITU/WADA rules

2.4 Medical Services
First Aid and Emergency Medical Services will be available during the competition hours to anyone requiring medical assistance. Medical Tents will be provided on site at the recovery zone. Teams should ensure that they have appropriate medical insurance.

2.5 Bike Mechanic Centre
There will be bike support available at 200mt far from the transition area, nearest the parking on Via Repubblica Saturday July 5th from 14h00 to 16h30

2.6 Security
Police will manage the Road Closures and the traffic throughout the course
### 3. ACCOMODATION

<table>
<thead>
<tr>
<th>HOTEL</th>
<th>DISTANCE FROM THE RACE VENUE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ambra Hotel Iseo</strong></td>
<td>50mt</td>
</tr>
<tr>
<td>Porto Gabriele Rosa, 2</td>
<td></td>
</tr>
<tr>
<td>25049 Iseo (Bs)</td>
<td></td>
</tr>
<tr>
<td>Phone 0039.030.980130</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.ambrahoteliseo.it">www.ambrahoteliseo.it</a></td>
<td></td>
</tr>
<tr>
<td><strong>Hotel Ristorante Milano</strong></td>
<td>100mt</td>
</tr>
<tr>
<td>Lungolago G. Marconi, 4</td>
<td></td>
</tr>
<tr>
<td>25049 Iseo (Bs)</td>
<td></td>
</tr>
<tr>
<td>Phone 0039.030.980449</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.hotelmilano.info">www.hotelmilano.info</a></td>
<td></td>
</tr>
<tr>
<td><strong>Borgolago Suites</strong></td>
<td>150mt</td>
</tr>
<tr>
<td>Via Sambuco, 23</td>
<td></td>
</tr>
<tr>
<td>25049 Iseo (Bs)</td>
<td></td>
</tr>
<tr>
<td>Phone 0039.030.9822497</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.borgolago.com">www.borgolago.com</a></td>
<td></td>
</tr>
<tr>
<td><strong>International Hotel</strong></td>
<td>300mt</td>
</tr>
<tr>
<td>Via Martiri della Libertà, 9</td>
<td></td>
</tr>
<tr>
<td>25049 Iseo (Bs)</td>
<td></td>
</tr>
<tr>
<td>Phone 0039.030.9840091</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.internationalhoteliseo.it">www.internationalhoteliseo.it</a></td>
<td></td>
</tr>
<tr>
<td><strong>Hotel Iseolago</strong></td>
<td>1Km</td>
</tr>
<tr>
<td>Via Colombera, 2</td>
<td></td>
</tr>
<tr>
<td>25049 Iseo (Bs)</td>
<td></td>
</tr>
<tr>
<td>tel 0039.030.9889299</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.iseolagohotel.it">www.iseolagohotel.it</a></td>
<td></td>
</tr>
<tr>
<td><strong>Hotel La Mosa Provaglio D'Iseo</strong></td>
<td>3Km</td>
</tr>
<tr>
<td>Via Sebina, 23</td>
<td></td>
</tr>
<tr>
<td>25050 Provaglio di Iseo (Bs)</td>
<td></td>
</tr>
<tr>
<td>Phone 0039.030.9883262</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.hotellamosa.com">www.hotellamosa.com</a></td>
<td></td>
</tr>
</tbody>
</table>
4. TRANSPORTATION

Getting to Iseo:
By Train: Brescia – Edolo (Iseo Station)
By Plain: Bergamo 40 km (Bus Bergamo-airport, Sarnico-bus station, Bus to Iseo)

LOC will provide special price for the rental car and private transfer service from the international airports of Brescia, Verona, Milano through the “Air Car Service Company”.

To reserve your transfer service, please send a request complete of date of arrival/departure, airport and hour selected, name/surname and your flight schedule to the booking centre contact aairport@aircarservice.com

BY AIR CAR SERVICE S.R.L.
Via Folzoni 17
24052 Azzano San Paolo (BG)

Contact: Paola Lorenzi
Booking Code: ITU Event Iseo-Franciacorta
Phone: +39.035.38.44.411
Fax: +39.035.38.44.412
e-mail: airport@aircarservice.com
Web site: www.aircarservice.com

<table>
<thead>
<tr>
<th>PRICE PER CAR (BERLINA) ONE WAY</th>
<th>PRICE</th>
<th>DISTANCE</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>From Bergamo airport to Iseo</td>
<td>€ 66,00</td>
<td>39,5km</td>
<td>40 min.</td>
</tr>
<tr>
<td>From Milano Linate airport to Iseo</td>
<td>€ 132,00</td>
<td>82,5km</td>
<td>70 min.</td>
</tr>
<tr>
<td>From Milano Malpensa to Iseo</td>
<td>€ 187,00</td>
<td>118km</td>
<td>90 min.</td>
</tr>
<tr>
<td>From Verona airport to Iseo</td>
<td>€ 132,00</td>
<td>83km</td>
<td>60 min.</td>
</tr>
<tr>
<td>From Venezia airport to Iseo</td>
<td>€ 297,00</td>
<td>206km</td>
<td>120 min.</td>
</tr>
</tbody>
</table>

Extra charge for Minibus: 30€uro
Payment: cash or credit card (VISA or Mastercard)
5. TRAINING

5.1 Course Familiarization

You will be able to have the following course familiarizations for the athletes registered in the LOC Office:

- **Saturday July 5th, from 9h00 to 10h00** Bike course Familiarization: start area
- **Saturday July 5th, from 10h00 to 11h00** Swim course Familiarization: start area

During the course familiarization there will be medical services available.

During the bike course familiarization LOC will escort the athletes round the course.

6. COMPETITION INFORMATION

6.1 Competition Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
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<tr>
<td>Friday July 4th, 20h00</td>
<td>Welcome Party: Cascina Doss, Via Colombera 15, Iseo</td>
</tr>
<tr>
<td>Saturday July 5th, 9h00-10h00</td>
<td>Bike course Familiarization: start area</td>
</tr>
<tr>
<td>Saturday July 5th, 10h00-11h00</td>
<td>Swim course Familiarization: start area</td>
</tr>
<tr>
<td>Saturday July 5th, 14h00-16h00</td>
<td>Athlete’s Lounge: Port Gabriele Rosa</td>
</tr>
<tr>
<td>Saturday July 5th, 15h00-16h15</td>
<td>Check in Transition Area: Port Gabriele Rosa</td>
</tr>
<tr>
<td>Saturday July 5th, 16h30</td>
<td>Start ITU World Paratriathlon Event: Port Gabriele Rosa</td>
</tr>
<tr>
<td>Saturday July 5th, 19h30</td>
<td>Award Ceremony: Via Largo Zanardelli, Iseo</td>
</tr>
<tr>
<td>Saturday July 5th, 20h00</td>
<td>Pasta Party: Viale Repubblica 7, Iseo</td>
</tr>
</tbody>
</table>

6.2 Competition Rules

The ETU/ITU Event will follow the latest published Competitions Rules of the International Triathlon Union.

6.2.1 ITU Uniform Rules

To compete in ITU events, all the athletes must comply with the ITU Uniform Rules. Please download the here enclosed to document:


**Please Remember**

- There are not restrictions in terms of colours, but the sponsor’s logo must be positioned in the allotted sponsor space
- Family Name, NOC code and ITU logo are mandatory

6.3 Insurance

The LOC has insurance with a reputable insurance company, a standard public liability and property damage insurance policy to cover the risks of insurable nature under this Agreement and the staging of the Event and related events. The insurance policy has named, as insured ITU Executive Board Members, ITU Staff, ITU International Officials, the Global Partners, Global Sponsors, the ETU Executive Board and Staff, the respective LOC directors, officers, agents, volunteers, employees and contractors. All athletes and team support personal must carry their own medical insurance.
6. COMPETITION INFORMATION

6.4 Athletes Race Packets
Athletes’ race packets will be distributed at the registration and accreditation office.

6.4.1 Registrations
- Athletes must sign the ITU Athletes’ Agreement, which states that any dispute arising from the ITU Rules that cannot be settled by its existing appeal procedure, shall be settled finally by the Court of Arbitration for Sport (CAS) in Lausanne, Switzerland, to the exclusion of recourse to ordinary courts. Once signed, the ITU Athletes’ Agreement is valid until the end of the competition year it has been signed.
- National Federations are responsible for entering their athletes and coaches for all ITU Events using the ITU online system on [www.triathlon.org](http://www.triathlon.org).
- All questions regarding entries must be submitted via e-mail to entries@triathlon.org.
- Athletes must provide picture ID at race registration/packet pick-up prior to competition.
- The 2014 Iseo - Franciacorta ITU World Paratriathlon Event start list will be produced and published inside the ITU web site www.triathlon.org. No athlete will be included in the start list if the entry has not been processed through ITU online entry system.
- The athlete registration at the event will not proceed until payment has been received in full from the LOC within the deadline of Saturday June 28th:

  **Bank transfer**
  - Holder: Sport & Wellness srl
  - Bank: Credito Bergamasco filiale di Romano di Lombardia
  - IBAN: IT82Y 03336 53420 00000012807
  - Swift code: CREBIT22

- Registration Fees Paratriathlon 60,00 €uro per athlete

**REMEMBER:** Athletes must contact their NF to enter them via the ITU Online System if they want to be entered for an ITU race. There are no exceptions here.

6.5 Timing Bands
On the race day, athletes will be given a timing chip. Athletes will pick up the timing chips before the competitions, during their check-in procedure. Athletes have to return the timing band, in order to collect their bike from the Transition Area, after the race.
6. COMPETITION INFORMATION

6.6 Information about the FOP

6.6.1 Swim Course: One lap of 750 metres in the Lake of Iseo, one of the most astonishing small lakes of the world

6.6.2 Bike course: 7 km lap to be repeated 3 times, almost completely flat with a breathtaking view over the lake and a peculiar passage in the old city center of Iseo, under the fifth century Church Pieve di Sant'Andrea

6.6.3 Run Course: 3 laps of 1650 metres in the center of Iseo with the finish line located in the main square of Iseo

6.6.4 Tecnical area: Technical Area will be located on the bike course. In this area is allowed fixing and assistance

6.6.5 Distances:

<table>
<thead>
<tr>
<th>Category</th>
<th>Swim</th>
<th>Bike</th>
<th>Run</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paratriathlon: PT1–PT2–PT3–PT4–PT5</td>
<td>750mt – 1 lap</td>
<td>21km – 3 laps</td>
<td>5km – 3 laps</td>
</tr>
</tbody>
</table>

6.6.6 Aid Station: Aid station will be located at the finish area (beyond the finish line)


6.6.9 Results: Results will be uploaded live at the ITU official website www.triathlon.org. Also live coverage of the race will be displayed through the web page.

6.6.10 Protest & Appeals: Standard procedures will be followed according to the ITU Competition Rules.

6.6.11 Sport Massage Service: available to the athletes after the race at the transition area

7. ACCREDITATION

The LOC will provide to all the organizing committee members, ITU Technical Officials, athletes, VIPs, media, technical staff, court personnel, volunteers, etc., the official Accreditation Card.

Accreditations will be distributed at the Race Office before the Technical Briefing. Only accredited people will be allowed to access certain venue areas. Accreditation Cards are colour-coded and provide access to specific areas of the competition areas. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request.
8. ATHLETES SOCIAL EVENTS

8.1 Briefings

Date: Friday July 4th, 18h00

Briefing location: Hotel Iseolago, Via Colombera, 2 - 25049 Iseo (Bs) - www.iseolagohotel.it

9. USEFUL INFORMATION

9.1 Language The official language in Iseo is the Italian

9.2 Population 9,094 people live in the city of Iseo

9.3 Currency The currency of Italy is the Euro. Most major currencies may be exchanged at banks

9.4 Time Iseo time is (GMT +01:00)

9.5 Electricity The electric current is 220 volts

9.6 Water Running water is appropriate for drinking

9.7 Telephone If calling from abroad to Italy dial +39

To call abroad from fixed telephones in Italy must dial the prefix 00, the country code and the phone selected. Vodafone, Tim, Wind and Tre are the major mobile phone service providers in Italy.
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START  VI Free Leading Zones  STOP

FINISH LINE

EXIT T2

RUN PENALTY BOX

RUN COURSE
3 laps 5Km

ECORACE

3X

TRANSITION AREA

RUN COURSE
3 laps 5Km