



# Athletes Guide

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Kitzbühel x Alexander Kellas

**Kitzbühel**

# 1. GENERAL INFORMATION

## 1.1. WELCOME TO KITZBÜHEL!

Dear Athletes,

Welcome to Kitzbühel, where the thrill of competition meets the breath-taking beauty of the Austrian Alps! We are honoured to host such an incredible group of athletes, who bring their passion and dedication to the sport of triathlon. As you prepare to race, we want you to know that we are committed to making your experience here unforgettable. From our state-of-the-art venue to our unparalleled hospitality, we have everything you need to perform at your best.

Here in Kitzbühel, we are committed to upholding the highest international standards for our events. That's why we are proud to host an Elite European Cup yet again, giving Europe's top triathletes the opportunity to compete at the world-class level they deserve.

So welcome to Kitzbühel, where the spirit of competition and the beauty of teamwork come together to create something truly special. We are honoured to have you here, and we wish you the very best of luck in the upcoming races!

We can't wait to see what you bring to the course and wish you all the best of luck as you compete in Kitzbühel!



## 1.2. KEY DATES

### Kitzbühel Triathlon Weekend



### Zeitplan | Event Schedule, June 17th & 18th

SAMSTAG   SATURDAY JUNE 17th	
11:30	Sprint Triathlon
14:00	Gamsstadt Team & Company Relay Triathlon
16:00	ETU Elite Women's Race
18:00	ETU Elite Men's Race
SONNTAG   SUNDAY, JUNE 18th	
08:00	Austrian Championship   Category C (Age 10-11)
08:45	Austrian Championship   Category B (Age 12-13)
10:10	Austrian Championship   Category A (Age 14-15)
11:50	Austrian Championship   JUN + JUG (Age 16-19)
13:45	Kids Triathlon   Category E (Age 6-7)
14:05	Kids Triathlon   Category D (Age 8-9)
15:15	Austrian Championship Team Relay

## 1.3. KEY CONTACTS

### LOC

Triathlonverein Kitzbühel  
Leitnerwald 24  
A-6370 kitzbühel

### EUROPE TRIATHLON TD

Sören Jarling  
[Soeren@jarling.net](mailto:Soeren@jarling.net)  
(+49 151 6847 3191)

### EVENT DIRECTOR

Wolfgang Fuchs  
[office@trikitz.at](mailto:office@trikitz.at)  
(+43 664 2237297)

### EVENT WEBSITE

<https://www.triathlon-kitzbuehel.com/de>

### FACEBOOK

<https://www.facebook.com/KitzTriathlon>

### RACE DIRECTOR

Roman Swidrak  
[roman.swidrak@outlook.de](mailto:roman.swidrak@outlook.de)  
(+43 664 808332067)

### HOST HOTEL

Grand Tirolia Kitzbühel  
Eichenheim 10  
6370 Kitzbühel  
T +43 5356 6661 5  
[info.grandtirolia@hommage-hotels.com](mailto:info.grandtirolia@hommage-hotels.com)

## 1.4.SUSTAINABILITY



Triathlon is a sport that thrives on the natural beauty of the environment in which it takes place, with lakes, forests, and mountains often forming the stunning backdrop for these events. Kitzbühel Triathlon recognizes the importance of preserving these natural spaces for future generations and is committed to delivering a sustainable event.

Our sustainability initiatives are diverse and wide-ranging, including the reuse of our blue carpet, sourcing local catering options, and utilizing mountain bikes and e-bikes for our TO's. We also work closely with other local clubs to share and borrow materials, reducing waste and promoting a more circular approach to event management.

We believe in promoting sustainable transportation options and encourage the use of public transportation to access our event. Our athletes lounge offers tap water for refilling reusable water bottles, eliminating the need for single-use plastic.

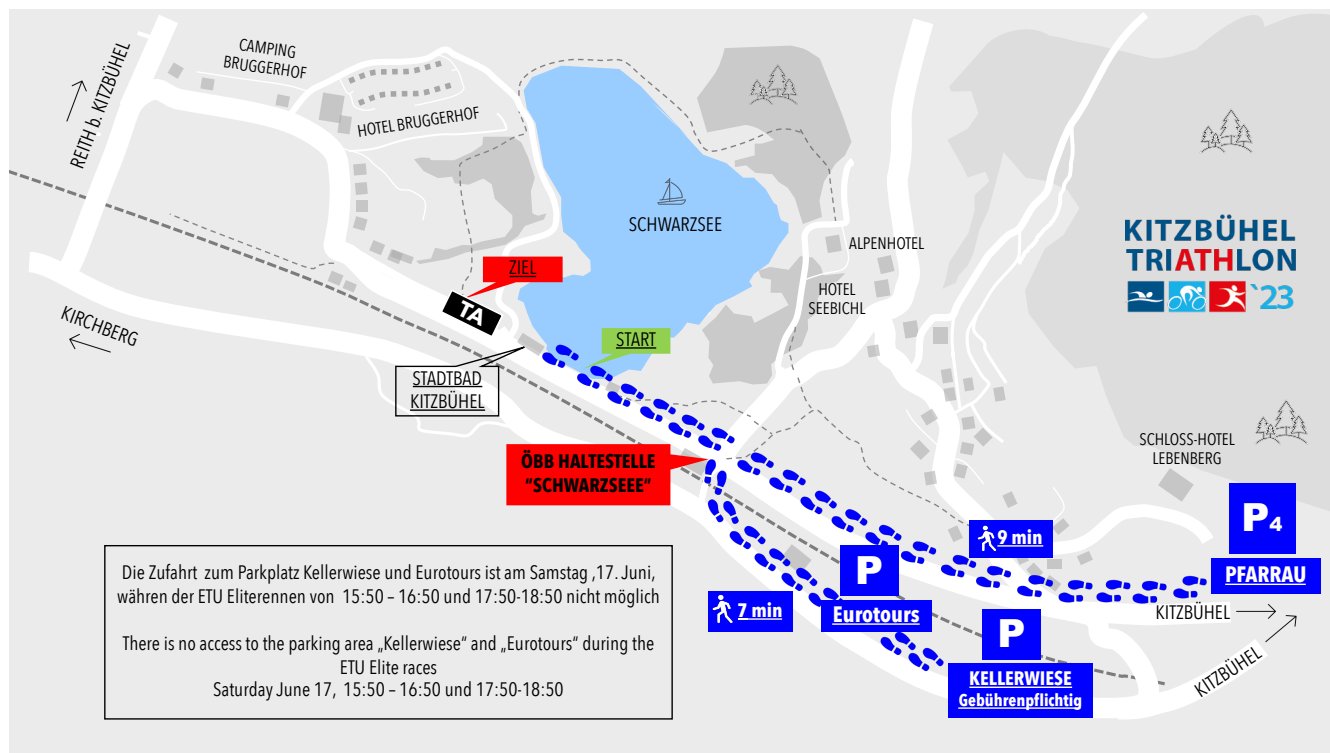
At Kitzbühel Triathlon, we are proud to take a holistic approach to sustainability, recognizing that it is not just a box to tick but an ongoing commitment to protecting our natural environment and making a positive impact on the communities in which we operate.

## 2. VENUE

### 2.1. RACE VENUE



Our stunning location is situated just a 15-minute walk from the town center, and there are various parking areas available as indicated below. There are no parking spaces directly at the race site.



### 2.2. COURSE FAMILIARISATION & TRAINING

#### ! CRITICAL NOTICE !

The roads remain open to traffic and are not closed for training purposes. It is imperative that during all training sessions, local traffic regulations, including speed limits, are adhered to. We require all athletes to demonstrate respect and caution towards any vehicles, cyclists or pedestrians to prevent any potential dangerous situations and accidents.

#### BIKE FAMILIARISATION

The bike familiarisation will take place on **Friday, June 16<sup>th</sup> at 15:00**. The meeting point will be at the **mount line** in the transition area.

The athletes will be escorted for **1 lap**. Further training is up to your own risk and **all athletes must adhere to the local traffic regulations**.

The swim familiarisation will also take place on **Friday, June 16<sup>th</sup>**. Meeting point will be the **swim start** at the Stadtbad Schwarzsee. Athletes will have the opportunity to have the swim course

familiarization from **15:30- 16:30**. During the swim course familiarisation, there will be lifeguards and swim safety in place.

## 2.3.ATHLETES LOUNGE



The Athlete's Lounge, situated at the rear of the public area tent near the finish area, will offer restroom facilities and a tap for filling water bottles with drinking water. Additionally, a recovery zone containing water will be conveniently located immediately behind the finish area. The athlete's lounge is open on Friday, June 16<sup>th</sup> from 14:00 to 20:00 and on Saturday, June 17<sup>th</sup> 14:00 to 20:00.

## 2.4. LOC OFFICE



The LOC office can be found next to the transition area in the tent. We are happy to assist you with your questions.

## 2.5.DOPING CONTROL



Doping Controls will be implemented according to the World Triathlon and WADA standards. If tested, athletes must carry their **identification** to the doping control facilities. Testing will take place nearby the venue.

## 2.6.ATHLETES BRIEFING & RACE PACKAGE

The race package distribution will take place at the central tent at the event area. The package pick-up will be starting from **17:00 on Friday, June 16<sup>th</sup>**. You will receive your race number, accreditation, tattoo etc.



It is required that all athletes show up **in person** with a photo-ID (driving license, passport, etc.).



The entry fee will be € 85,00 for the Elite. Should it have not been covered by the national federations in advance, it can be paid at the registration desk (**cash only, no cards!**).



After the briefing we invite all athletes and coaches to the 'Pasta-Party', where some delicious food will be prepared to fuel for the upcoming races.

## 2.7.SECURITY



During opening hours, access to the athletes area will be controlled. Admission is only possible for authorized people with valid accreditation. Restricted areas (athletes area, transition zone) might be under **video surveillance** for security reasons. These areas will be marked with a sign. For more information, please see our disclaimer. A technical official will be present on the field of play. Road closure will be managed by the LOC and local police.

## 3.ACCOMMODATION

### 3.1.HOST HOTEL



The Grand Tirolia Kitzbühel, the newest member of the Hommage Luxury Hotels Collection, is nestled amidst the stunning Kitzbühel mountain scenery, right by the 18-hole Championship Golf Course Eichenheim. The hotel has just reopened after a complete rejuvenation. Upon entering the hotel lobby, you immediately feel at ease with the stylish and cozy designer armchairs. All 76 rooms and suites have been tastefully redesigned - modern, elegant, yet with a Tyrolean touch. For culinary

delights, guests can choose between the new restaurant Tirolia and the Gasthaus Eichenheim: The restaurant combines international cuisine with alpine gastronomy, inspired by French and Swiss influences. The Gasthaus showcases traditional Tyrolean cuisine in a new light.

The Grand Alps Spa, spanning 2000 m<sup>2</sup>, entices guests with indoor and outdoor pools, a sauna area, whirlpools, and tranquil treatment rooms. Yoga enthusiasts will delight in the Grand Alps Yoga area, featuring three light-filled rooms with mountain views. For those still full of energy, the state-of-the-art gym awaits with the latest fitness equipment.

Grand Tirolia Kitzbühel is the perfect place for those seeking something special, true to our motto "Where Moments Make Memories."

For further inquiries, Kitzbühel Tourism is happy to help you with your stay in Kitzbühel and can provide accommodation offerings and arrangements.

#### **Kitzbühel Tourismus**

Hinterstadt 18

6370 Kitzbühel

<http://www.kitzbuehel.com>

Phone: +43 5356 66660

Booking:

<https://www.kitzbuehel.com/en/holiday-planning/accommodation-booking/accommodations>

Contact person:

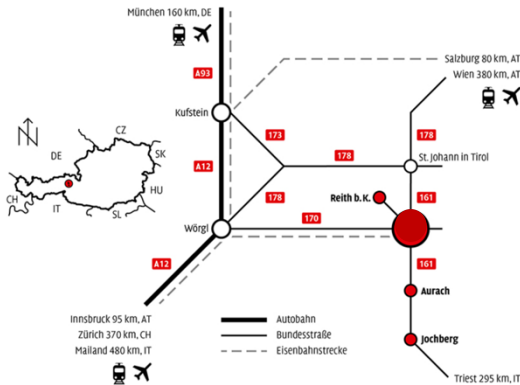
Gintsberger Sabine

+43 5356 66660-11

[s.gintsberger@kitzbuehel.com](mailto:s.gintsberger@kitzbuehel.com)



## 3.2. TRANSFER AND TRANSPORT



Situated in Western Austria in the middle of the Tyrolean Alps, Kitzbühel is within easy reach of three international airports, and enjoys convenient direct train links with Innsbruck airport. Alternatively, the resort is less than a 2-hour car drive from Salzburg (80km), Innsbruck (95km) or Munich (165km).

For sustainability reasons, we recommend you take the excellent public transport system or share your rides to reach Kitzbühel.

Please see here a few companies that are providing transfer services to Kitzbühel:

<https://austriatransfers.at/>

<https://www.kitzbuehel.com/en/holiday-service/getting-here/>

<https://www.tirol-taxi.at/de-home>

<https://www.alps2alps.com/en/munich-airport/muc-transfer-to-kitzbuehel>

## 4. ATHLETE SERVICES

### 4.1. TRAINING FACILITIES

#### SWIM

At the "Aquarena" in Kitzbühel, athletes can engage in pre-competition swim training at the 25m indoor pool on a "first come, first served" basis for lap swimming. The admission rates can be found at the office desk.

<https://www.kitzski.at/de/erlebnisbad-aquarena.html>

Additionally, there is an olympic 50m outdoor pool "Panorama Bad St. Johann in Tirol" located 8km away from Kitzbühel, find the admission rates at the office desk.

<https://www.badewelt.at/de/freibad.html>

For open water swimming, the lake Schwarzsee is open to the public.

#### BIKE


**! Roads are not closed to traffic for training sessions therefore the local traffic regulations must be strictly followed at all times, including speed regulations. We expect our athletes to respect and watch out for other vehicles as well as cyclists and pedestrians !**

#### RUN

For track workouts, Kitzbühel provides a 400m Track and Athletic Facility "Sportplatz Langau", which is open to the public.

Address: Jochberger Straße 120, 6370 Kitzbühel

## 4.2. MEDICAL SERVICE

 First Aid and Emergency Medical Service will be provided on scene from medical personnel throughout the race weekend. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site near the finish area. Medical services at the venue are free of charge. Treatment in private hospitals is to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

Closest hospital: Krankenhaus St. Johann i. T., Bahnhofstraße 14, 6380 St. Johann in Tirol  
Emergency telephone: **144 (all emergencies)**

## 4.3. BIKE MECHANICAL SERVICE



Bike stores in Kitzbühel:

Toni's Pro Shop  
+43 (0)5357 2447  
Bahnhofstraße 2, 6365 Kirchberg in Tirol  
<https://www.tonisproshop.at>

Radsport Stanger (Raimund Stanger)  
+43 5356 62549-11  
[info@radservice.at](mailto:info@radservice.at)

Team Comp (Martin Comploi)  
<https://www.team-comp.at>

## 5.COMPETITION

### 5.1.COMPETITION SCHEDULE

#### 2023 ETU Triathlon Cup Kitzbühel Competition Schedule



FRIDAY, JUNE 16th		
15:00	Bike familiarisation	Start at mount line
15:30 - 16:30	Swim familiarisation	Swim start
17:00	Race package pick-up	Event area   Central tent
18:00	Athletes Briefing	Event area   Central tent
following	Pasta Party	Event area   Central tent
SATURDAY, JUNE 17th		
14:00	Elite Women's Athlete Lounge Check-In	Athletes lounge
15:15-15:45	Elite Women Athletes' Transition Check In	Transition area
15:50	Elite Women's Athlete Presentation	Swim start
<b>16:00</b>	<b>Elite Women's Start</b>	Swim start
16:00	Elite Men's Athlete Lounge Check-In	Athletes lounge
17:00-17:15	Check-out Womens	Transition area
17:15-17:45	Elite Men Athletes' Transition Check In	Transition area
17:50	Elite Men's Athlete Presentation	Swim start
<b>18:00</b>	<b>Elite Men's Start</b>	Swim start
19:00-19:15	Check-out Men	Transition area
19:00	Elite Women's and Men's Medal Ceremony	Venue / athletes lounge
19:30	After Race Party	Town Center - KC750 Café

### 5.2.COMPETITION RULES



The event will follow the latest published Competition Rules of the International

Triathlon Union:

[https://www.triathlon.org/uploads/docs/World-Triathlon\\_Competition-Rules\\_2023\\_20230208.pdf](https://www.triathlon.org/uploads/docs/World-Triathlon_Competition-Rules_2023_20230208.pdf)

### 5.3.TIMING CHIPS



On race day athletes will be given a timing chip, to be worn on the athletes' ankle. Athletes will pick up the timing chips before the competition, during their check-in procedure.

### 5.4.SWIM WARM-UP

It is possible to have a swim warm-up before the line-up from **15:15-15:50** (women's race) and

**17:15-17:50** (men's race). Access to and from the water is possible from the swim exit.

## 5.5. START



The start area is on the lakeside of the Stadtbad Kitzbühel. The start process will be a dive start from a pontoon. The Head Referee with the assistance of Europe Triathlon Technical Officials, will start each race.

## 5.6. SWIM COURSE



Elite athletes will swim one lap of the course which totals 750m in an anti-clockwise direction. You can see the course map at the end of this guide.

## 5.7. BIKE COURSE



The bike course is 4 laps of 5 km per lap – a total distance of 20km. There are several technical parts on the course, so we advise you to familiarize yourself accordingly and be cautious taking turns in big packs. We especially want to highlight the turns and the short descent section onto the main street. Please take care of yourself and your fellow athletes.

## 5.8. WHEEL STATION

The team wheel station on the bike course will be located about 600m from the TA, shortly before the ascent on the 'Seebichl'. Wheels can be dropped off at the opening of the transition area for check-in and will be transported there by our staff. Please be aware that we cannot transport wheels to the wheel station shortly before the start. There will be no neutral wheel station.

## 5.9. RUN COURSE



The run course starts along on the same road as the bike course and will also take a lefthand turn up the Seebichl. After a short incline there will be a turnaround point. In total, there are x2 laps of 2.5km.

## 5.10. AID STATION & LITTERING ZONE



There will be one Aid station on the run course. The aid station will be approx. 600m away from the transition area. A littering zone will be attached to aid station and these areas will also serve during the bike course.

## 5.11. RESULTS & LIVE STREAM



Results will be uploaded live at the World Triathlon official website [www.triathlon.org](http://www.triathlon.org).

There will also be a live stream available to follow the race action: <https://k19.at>

## 5.12. PROTEST AND APPEALS



Standard procedures will be followed according to the World Triathlon Competition Rules.

## 5.13. FINISH



Timing chip removal must be done by the athlete, who must deposit the timing chip to a specific bin close to the exit of the post-finish area.

All recovery stations will be self-served. Massage facilities will not be provided. Athletes must avoid lying or sitting down on the blue carpet (without any medical need/problems). Any non-accredited persons can watch the event from the spectator's areas.

## 5.14. MEDAL CEREMONIES



The medal ceremonies will take place at 19:00 in the event tent. Required athletes will be escorted via staff to where they need to be shortly before the ceremonies.

## 6. ACCREDITATION



The LOC will provide accreditations to all the athletes and coaches. Such accreditations will be distributed on Friday at the race package pick-up. Only accredited people will be allowed to access certain venue areas.

All accredited people are requested to **always carry their accreditation cards** with them and to show them upon request. Accreditation Cards are **mandatory** to enter the venue.

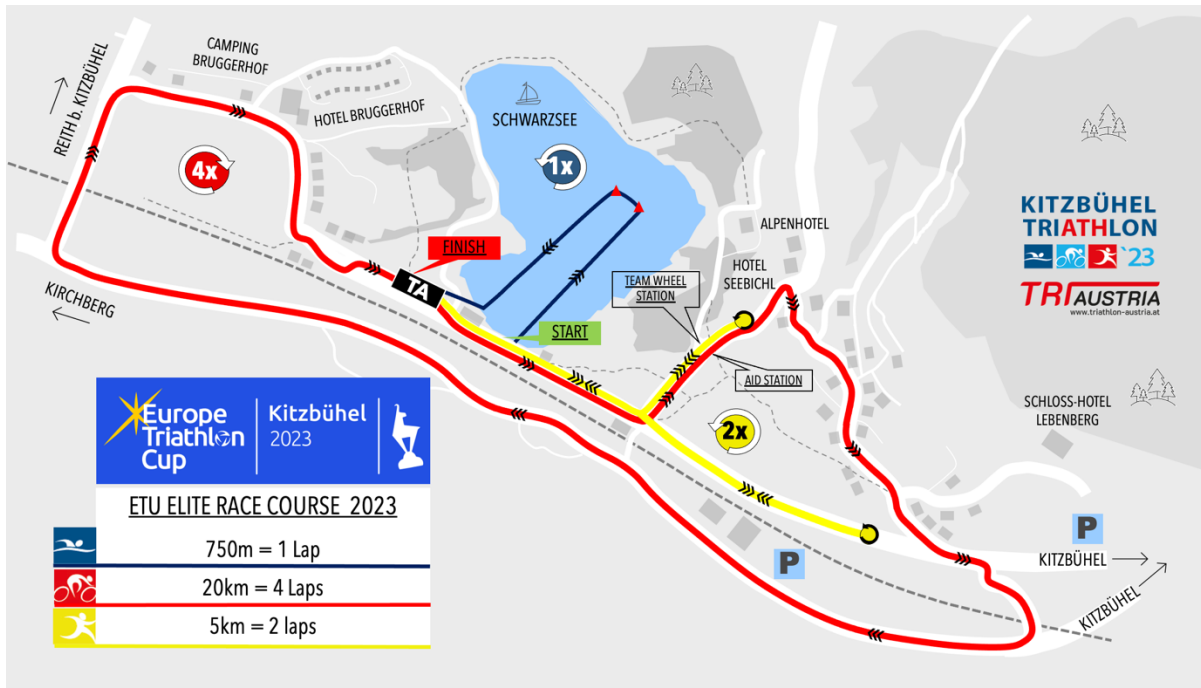
## 7. AFTER RACE PROGRAM



After the race on Saturday, we would like to extend a warm invitation to all athletes to join us for an exciting after-race program downtown! After an intense day of competition, it's time to unwind and have some fun. Our after-race program will feature a DJ spinning the latest hits at the 'KC 750' in Kitzbühel, just a few minutes from the race venue. As a special bonus, we will be handing out vouchers for a free drink at the registration. We look forward to seeing you there and celebrating your incredible achievements.



# 8. COURSE MAPS





# ENTDECKEN SIE DAS TIROLER LEBENSGEFÜHL

Lebensfreude und Leichtigkeit, Natur und Nachhaltigkeit – im Grand Tirolia Kitzbühel können Sie Ihren Urlaub ganz entspannt genießen. Freuen Sie sich auf die größten Zimmer und Suiten der Gamsstadt, das 2.000 m<sup>2</sup> große Grand Alps Spa, exquisite Kulinarik und den Golfplatz Eichenheim, einen der schönsten Europas.

WHERE MOMENTS MAKE MEMORIES

