

1. GENERAL INFORMATION

The purpose of the Athletes Guide is to ensure that all Athletes and Team Leaders are well informed about all procedures concerning the 2015 Tiszaújváros ITU Triathlon World Cup and the 2015 Tiszaújváros ETU Triathlon Junior European Cup

1.1 KEY DATES

What/Where?	Date?	Time?
Elite Athletes Briefing Derkovits Community Center	Thursday, 6 August	18:00
Athletes Welcome Ceremony Town-square		19:30
Bike Familiarization Sunday cycle course	Friday, 7 August	8:30 – 9:00
Swim Familiarization Lake		9:30 – 12:00
Junior Athletes Briefing Derkovits Community Center		10:00
Junior Semi-finals Starts Venue	Saturday, 8 August	12:30 – 13:45
Elite Semi-finals Starts Venue		15:10 – 17:21
Registration for the Finalists (Elite and Junior) Hotel Phoenix		19:00 – 20:00
Junior Final Women Start Venue	Sunday, 9 August	13:00
Junior Final Men Start Venue		14:00
Medal Ceremony – Junior Top 3 Venue		15:00
Elite Final Women Start Venue		15:45
Elite Final Men Start Venue		17:10
Medal Ceremony – Elite Top 3 Venue		18:15
Closing Banquet Kazinczy Dining Hall		19:00
Award Ceremony – Elite Top 20 Town-square		21:00
After Party Camelot Club		23:00

1.2 KEY CONTACTS

ITU EB Representative	Renato Bertrandi	+36 30 674 1539
ITU Team Leader	Zita Csovelyák	+36 30 986 2226
ITU Technical Delegate	Dirk Bogaert	+36 30 201 6977
Race Referee	Béla Varga Dr.	+36 30 645 2726
Co-Chair of the LOC	Balázs Márkus	+36 70 333 7435
LOC Event Director	Tibor Lehmann	+36 30 645 2745
LOC Race Director	Gergely Márkus	+36 30 688 2997

1.3 CONTACT DETAILS

TVK Mali Triatlon Klub – Tibor Lehmann (President - Event Director)

Teleki Blanka ut 6., 3580 Tiszaujvaros, Hungary

Mobile: +36 30 645 2745, Phone: +36 49 540 094, Fax: +36 49 540 095

trievent@triatlon.t-online.hu , www.tvkmalitriatlon.hu

2. VENUE

2.1 VENUE

The venue is located in the centre of Tiszaujvaros at the Hotel Phoenix. The swimming will take place in the City Lake.

2.2 ELITE ATHLETES LOUNGE

Facilities including athletes' lounge and toilets are provided to the athletes at the Transition Area. Sealed bottles of water will be offered to the elite athletes before the race in the athletes' lounge.

2.3 DOPING CONTROL

Doping Control will be performed according to the ITU/WADA rules. Location of the in-competition tests is in the club house of the TVK Mali Triatlon Klub in the Sport Centre.

2.4 MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the venue on August 8 and 9 before and during the competition hours and during the open water swim training to everyone requiring medical assistance.

Medical and paramedical personnel from Red Cross will be available throughout competition times. Ambulances will be available to provide emergency transfer to hospital. A Medical Tent will be provided on site at the finish area. Only Team Medical Doctors with Accreditations will be able to access this tent. Accreditations for Medical Doctors are given after the Athletes Briefing, by the ITU Medical Delegate.

Possible medical services at the venue are free of charge. Any ambulance transport to or treatment in clinics and practices is to be paid by the participants. Athletes / teams should ensure that they have appropriate medical insurance.

2.5 BIKE MECHANIC SERVICE

Our Bike Partner “**MALI**” will offer a comprehensive Bike Mechanic Support from August 7 until August 9.

Friday	14:00 – 18:00	-> In front of Hotel Phoenix
Saturday	10:00 – 17:00	-> At the Athletes Lounge
Sunday	09:00 – 17:00	-> At the Athletes Lounge

2.6 INFORMATION CENTER / LOC OFFICE

The LOC Office is located at the Sport Centre.

Contact: Fruzsina Szabolcsi

Address: Teleki Blanka ut 6., 3580 Tiszaujvaros, Hungary

Phone: +36 70 600 2682

Email: trievent@triatlon.t-online.hu

2.7 SECURITY

A private security company will be responsible for the venue security and Community Police and Field of Play (FOP) Marshals will patrol around the Field of Play. Police and a certified Traffic Management Company will manage the Road Closures and the traffic around the course.

2.8 COMPETITION UNIFORM PRINTING

In case a printing is needed (name/country code) on competition uniform, please contact the LOC office till Friday.

2.9 MASSAGE SERVICES

Massage therapists are available on call during the whole week.

Viola Pásztor-Juszkó: Építők út 7., +36202822285
Roland Szabó: Munkácsy út 44., +36204020175
László Temesvári: Alkotmány köz 5., +36703668308

3. ACCOMMODATION

The official hotel is the **Hotel Phoenix** (in front of the venue).

3.1 POST OFFICE

The post office is located 100m from the official hotel.

3.2 BANK

The nearest banks are located behind the official hotel. (Budapest Bank, MKB Bank)

4. TRANSPORTATION

The LOC will provide transportation for all Athletes and their Team Officials from airport – hotel – airport for a fixed price according to the agreement with the International Triathlon Union as follows: Budapest Airport – 50 Euro /person / return trip (included bike), Debrecen Airport – 30 Euro /person / return trip (included bike)

Booking via info@triatlon.t-online.hu

5. TRAINING

5.1 SWIM TRAINING

Training in the Lake

Pre-competition swimming training will take place at the Lake as per the schedule above.

Swimming pools

25m Indoor pool – Sport Centre

Teleki Blanka ut 6., 3580 Tiszaujvaros, Hungary

Operating hours: 15:00 – 18:00

Entrance fee: 3 Euro or 800 HUF per person

Please note: There are no pre-reservations available.

5.2 BIKE TRAINING

Training routes are available on roads around the city.

The route is not closed to traffic. You are cycling at your own risk.

5.3 RUN TRAINING

You will find a 920m circuit in the park 300m from the Official Hotel.

5.4 COURSE FAMILIARISATION

SWIM

See schedule options above. Swimming in the lake in other times are strictly forbidden.

BIKE

See schedule options above. Arrows will be marked on the road for both Saturday and Sunday routes.

6. COMPETITION INFORMATION

6.1 Competition Schedule

August 8. (Saturday)

Athletes Lounge open for Juniors	11:00 – 12:00
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EVENT	DISTANCE	TRANSITION-IN	START	TRANSITION-OUT
Junior W semi-final 1.	0,5 / 12 / 3,2	11:30 – 12:30	12:30	14:15 – 14:30
Junior W semi-final 2.			12:45	
Junior M semi-final 1.			13:00	
Junior M semi-final 2.			13:17	
Junior M semi-final 3.			13:31	
Junior M semi-final 4.			13:45	

Athletes Lounge open for Elites	13:00 – 14:30
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EVENT	DISTANCE	TRANSITION-IN	START	TRANSITION-OUT
Elite W semi-final 1.	0,75 / 20 / 5	14:30 – 15:00	15:10	18:00 –
Elite W semi-final 2.			15:32	
Elite W semi-final 3.			15:54	
Elite M semi-final 1.			16:21	
Elite M semi-final 2.			16:41	
Elite M semi-final 3.			17:01	
Elite M semi-final 4.			17:21	

August 9. (Sunday)

Athletes Lounge open for Juniors	11:30 – 12:30
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EVENT	DISTANCE	TRANSITION-IN	START	TRANSITION-OUT
Junior W Final	0,5 / 12,5 / 3,6	12:15 – 12:45	13:00	14:45 – 15:00
Junior M Final			14:00	
ETU Junior European Cup Awards Ceremony			15:00	

Athletes Lounge open for Elites	14:15 – 15:15
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EVENT	DISTANCE	TRANSITION-IN	START	TRANSITION-OUT
Elite W Final	0,75 / 20 / 5	15:00 – 15:30	15:45	18:15 –
Elite M Final			17:10	
ITU Triathlon World Cup Awards Ceremony			18:15	

6.2 COMPETITION RULES

The 2015 Tiszaujvaros ITU Triathlon World Cup and the 2015 Tiszaujvaros ETU Triathlon Junior European Cup will follow the latest published Competitions Rules of the International Triathlon Union.

<http://www.triathlon.org/about/downloads/category/rules>

6.3 PRELIMINARY INFORMATION ABOUT THE FOP

6.3.1 COURSE SPRINT DISTANCE RACES ON SATURDAY

START

The start area is at the Town-square side of the City Lake. Athletes will start from a pontoon and stand in a starting position approximately 75cm wide. The Race Referee with the assistance of ITU Technical Officials, who are assigned to the start, will start each race.

SWIM COURSE

The swim loop is 250m long. The first turn is in about 110m distance. The average water temperature in the City Lake in August is 24°C. You will find actual information about the water temperature on the information board in the official hotel.

BIKE COURSE

Generally flat profile. There are laps of 6 km for the Juniors and 10 km for the Elites on Saturday. There are laps of 2.5 km to ride on Sunday. The route is technically demanding at certain areas, due to changes of direction and tight turns. Very good tarmac surface. First runner - last biker scenario might occur, therefore athletes might be taken out by ITU Technical Officials according to ITU Rules.

WHEEL STATIONS

Two wheel stations will be located on the bike course – before the entrance of the transition area and out on the course. Team wheels need to be checked during the bike check in before.

- Wheel station – before the entrance of the transition area: Please bring your own/team wheels!
- Wheel station out on the course: Wheels will be provided by LOC

RUN COURSE

Generally flat course. There are laps of 1,66km on Saturday and 1,25km on Sunday. The course is slightly different for the Juniors than the Elites on Sunday.

AID STATIONS

The aid stations are located on the run course at km 0.2 and km 0.8. Sealed 0.5 litre bottles of water will be handed out for the Elites and water in plastic cups for the juniors. Please note that littering zones will be applicable on the run course.

PENALTY BOX

Penalty Box is located right-hand side of the run course around 200 m before Finish line.

6.4 WEATHER CONDITIONS

The climate in Tiszaujvaros in August can rise above 30°C in the afternoon.

6.5 RESULTS

Results will be uploaded live at the ITU's official website: www.triathlon.org
All the results information will be posted on the information board at the Official Hotel.

6.6 PROTEST & APPEALS

Standard procedures will be followed according to the ITU Competition Rules.

7. ACCREDITATION

LOC will provide all Athletes, Coaches, Team Medical, Technical Officials, Journalists, etc. with an official **accreditation card** according to the ITU Event Operational and Technical Requirements.

Accreditation cards for Athletes, Coaches and Team Medical doctors will be handed out during the official registration **after the Race Briefings**.

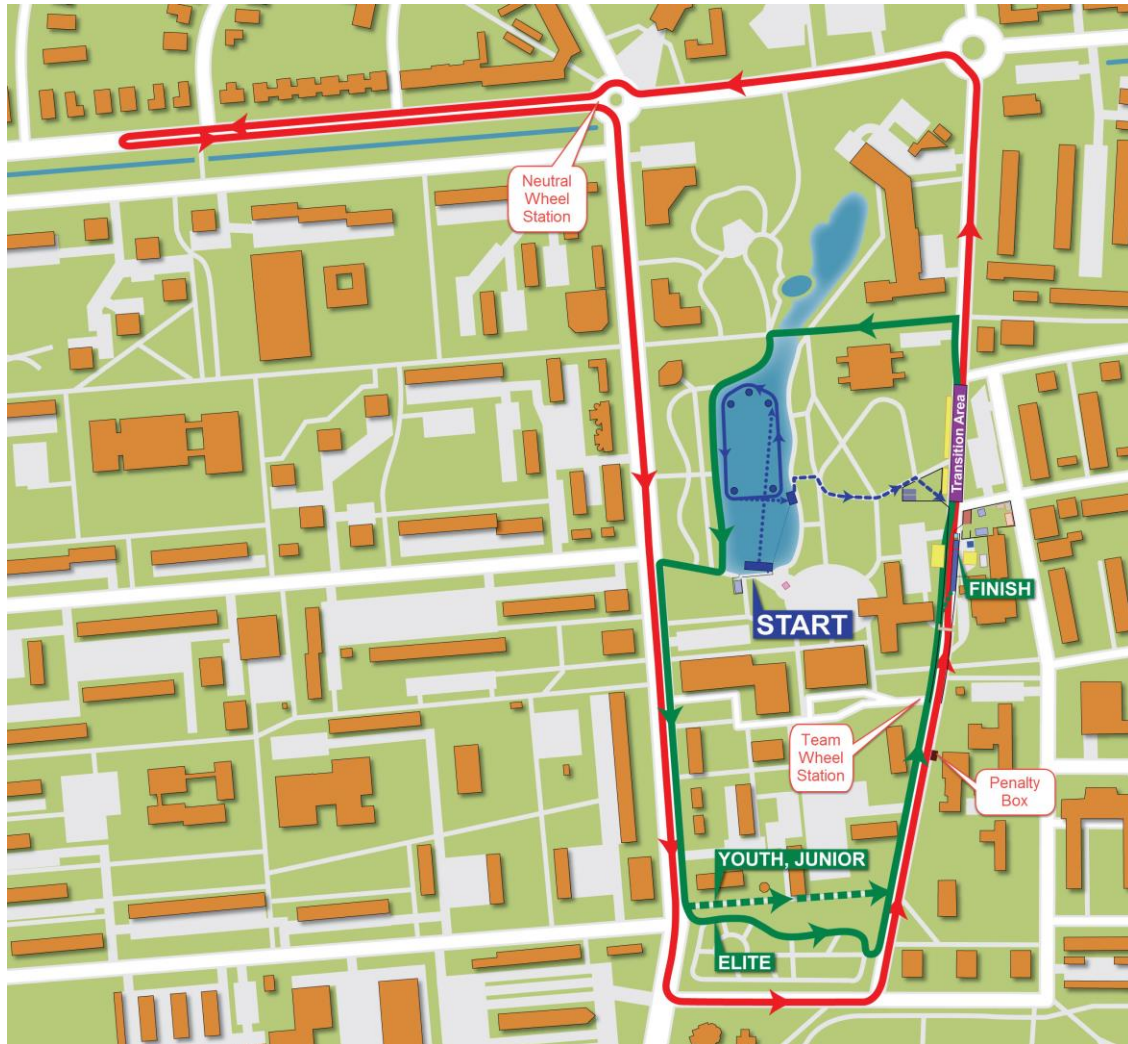
Only accredited persons will be allowed to access certain venue areas. Accreditation cards are number-coded and provide access to specific areas of the competition areas. **All accredited persons are requested to carry their accreditation cards with them at all times and to show them upon request.**

8. COURSE MAPS

SATURDAY



SUNDAY



VENUE

