

Elite Athletes' briefing

Thursday 24th, February 2022



Americas
Triathlon



Duathlon
Championship
TOCANCIPÁ
2022



Agenda

Welcome and Introductions

Competition Jury

Schedules and Timetables

Check-in and Procedures

The Course

Post-Race Procedures

Weather forecast



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Welcome and Introductions



- Martha Yeo, World Triathlon Technical Delegate
- Ferley Muñoz, World Triathlon Assistant Technical Delegate
- José Fernando Espinosa, World Triathlon Head Referee Elite
- Alejandro Vargas, World Triathlon Head Referee Junior
- Juan Manuel Velasco, President Federación Colombiana de Triatlón
- Janos Kapitany, LOC Director



Competition Jury



- Martha Yeo, Chair
- Juan Manuel Velasco, President FEMECOLTRI
- William Cuevas, Secretary FEMECOLTRI



Schedule and Timetables



FRIDAY 25th REGISTRATION

10:00 am	5:00 pm
Karen's Pizza Restaurante	Hotel IBIS Chía
Bogotá	Cundinamarca

Payment in cash in USD

RACE PACKAGE PICK-UP

Your package includes:

- Stickers – Helmet (3x), Bike (1x)
- Body decals – both arms and both legs
- Wrist band gives access to access lounge on race day

It is mandatory to present a **NEGATIVE** antigen test (no more than 48 hours) and ID in order to register and proceed to packet pick up



Schedule and Timetables



Saturday 26th February 2022 ELITE Men and Women

09:30 – 10:25	Athletes' Lounge check-in
09:30 – 10:25	Transition Area check-in
10:15 – 10:30	Warm up
10:40	Athletes' Introduction
10:45	Elite Men Start
10:48	Elite Women Start
14:15	Medal ceremony



Schedule and Timetables



Saturday 26th February 2022 JUNIOR Men and Women

11:30 – 12:25	Athletes' Lounge check-in
11:30 – 12:25	Transition Area check-in
12:15 – 12:30	Warm up
12:40	Athletes' Introduction
12:45	Junior Men Start
12:48	Junior Women Start
14:15	Medal ceremony



Check-in procedures



Athletes' Lounge

- Uniform & race gear check (name, country, logos, World Triathlon logo)
- photos taken of each uniform.
- Wearing other uniform during the race = DSQ
- Body marking check (both arms, both legs)
- Timing chip distribution 1 chip for the ankle
- Leave your bag in the Athletes' Lounge

Check-in procedures



Transition Area (Bike check)

- Handlebars with clips-on
- Wheels and spare wheels (only authorized UCI wheels)
- Disc brakes are now legal and spare wheels with disc brakes may be placed at the team wheel station however they are not allowed in the neutral wheel station
- Leave your spare wheels to the designated Official at the athletes' lounge
- Bike frame
- Saddle position (-5cm ≤ Men & -2 cm ≤ Women) - approved exceptions on World Triathlon website
- Approval for the addition/modification of any equipment to the bike MUST be obtained from the Head Referee
- Mechanic service available

Check-in procedures



Transition Area

- Helmet check - Don't leave your helmet fastened in the transition

The athlete who misses to comply with this rule will receive a time penalty in TA1.

- 2nd pair of Running Shoes outside the box, helmet on the bike
- To add any equipment to the bike, you must obtain approval from the Head Referee at registration and packet pick up

Pre-start Procedures



Athlete Introduction

- 10 minutes before start - lineup
- Jog to the prestart line once your name is called
- Select your position and stay behind the line!



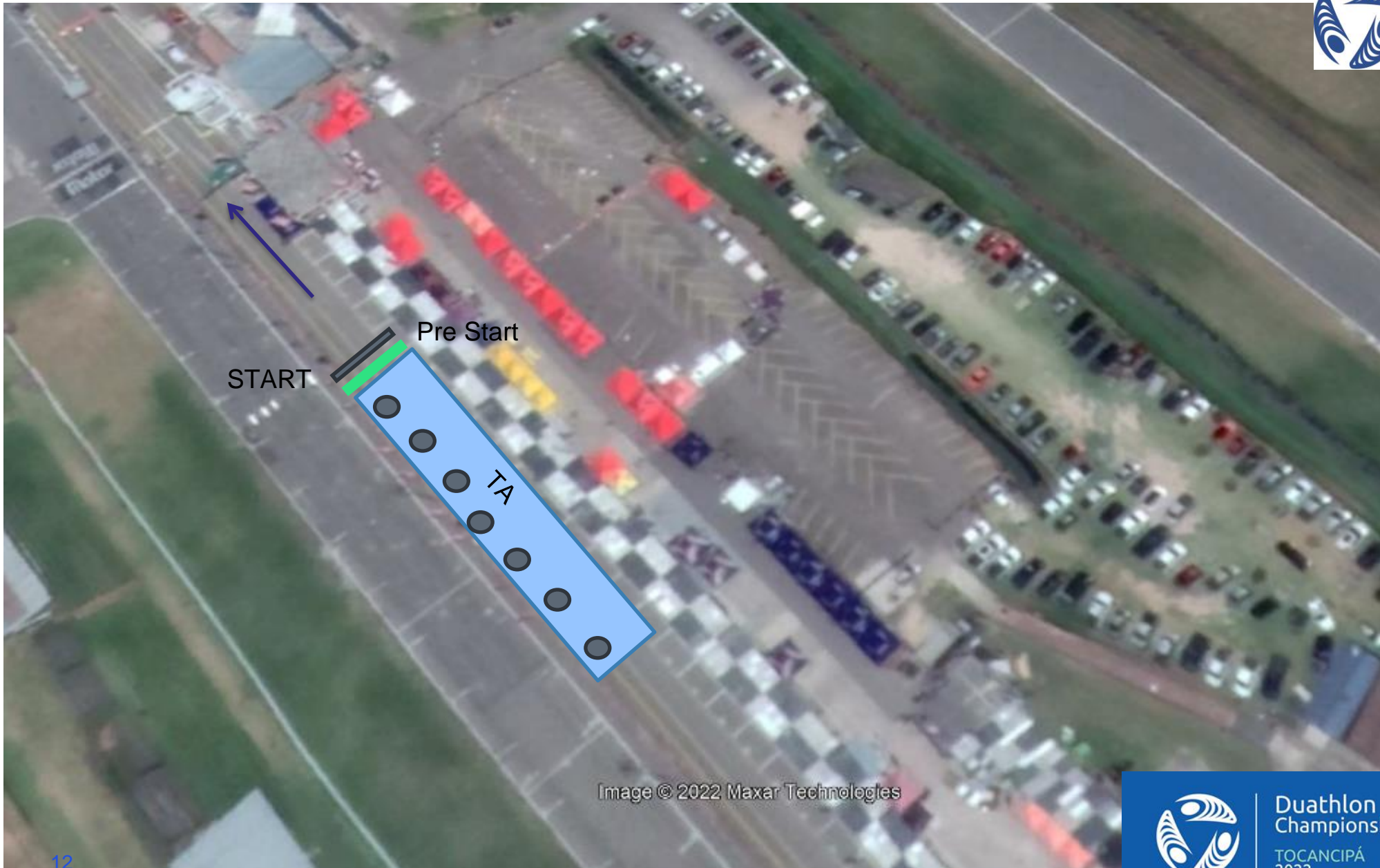


Image © 2022 Maxar Technologies

Fechas de imágenes: 3/16/2018 4°57'38.17" N 73°56'45.00" W



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Start Procedures



Athlete in position

- The start can be given any time after the HR announces "On your mark"
- Air horn blast
- The race starts

Athletes not moving forward at the start will receive a time penalty in TA1.



False-start Procedures



False-start (many athletes)

- Several horn blasts
- Officials will move in front of athletes
- Everyone goes back to her/his original start spot

Valid start with early starters

- If a few athletes start before the horn and everyone else starts with the horn, the false starter(s) will receive a 15 second penalty for ELITE in TA1 and 10 second penalty for JUNIOR in TA1
- During the time penalty, the athlete(s) may NOT touch any equipment.

The course Elite



Run 1 4 laps of 2.5 km Total 10 km

Bike 8 laps of 5 km Total 40 km

Run 2 2 laps of 2.5 km Total 5 km



The course Junior



Run 1	2 laps of 2.5 km	Total 5 km
Bike	4 laps of 5 km	Total 20 km
Run 2	1 laps of 2.5 km	Total 2.5 km



The course



Image © 2022 Maxar Technologies

Google Earth

Transition Flow



- Individual Bike Racks
- 2nd pair Running shoes in front of the box, helmet on the bike – only one pair of shoes can be in front of the box!
- Used equipment into the box
- The bike must be racked in the first transition by the rear wheel and in the second transition by either of the wheels
- Bags to the Athletes Lounge
- Mount line at the end of the TA (**green**)
- Dismount at entry of the TA (**red**)

Transition Area



Run course 1

- 4 laps total distance of 10 km – Elite
- 2 laps total distance of 5 km - Junior
- Aid stations:
 - 2 per lap
 - For locations see the map
 - Sealed water and ice
 - Discard plastic bottles within the littering zones. (20m before and 80m after Aid stations)



Run course 1



Bike course

- 8 laps total distance of 40 km - Elite
- 4 laps total distance of 20 km - Junior
- Flat and very technical
- 2 Wheel Stations
 - 1 Neutral wheel station 1 Team wheel station
 - For locations see the map
- Lap Counter 20 m after Transition Area on the right side
- Lapped athletes are out of the race
- First runner – last biker scenario
- Different gender athletes cannot draft each other. Direct DQ

Bike Course Map



Bike to Run



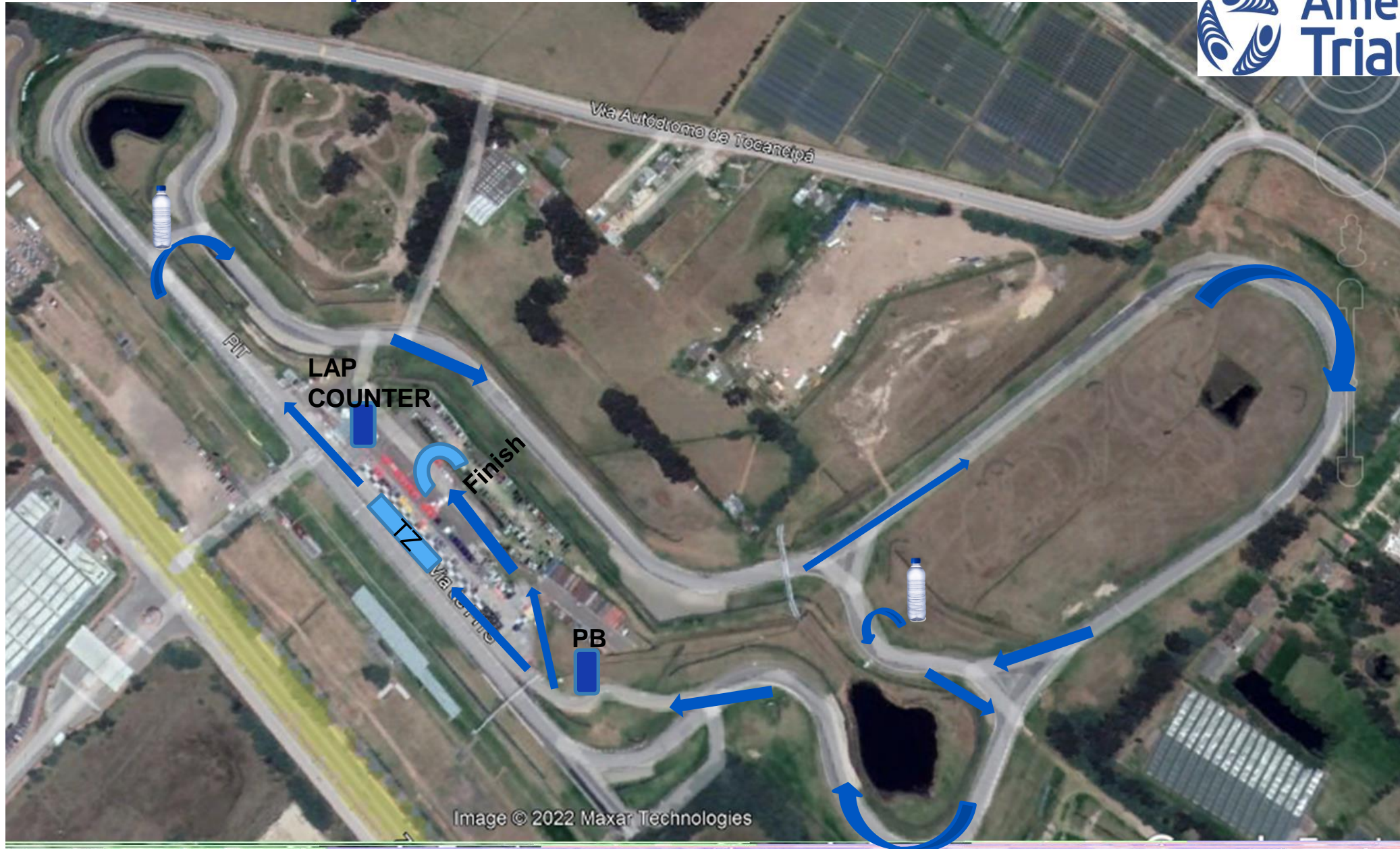
Run course 2

- 2 laps total distance of 5 km – ELITE
- 1 lap total distance of 2.5 km – JUNIOR

- Aid stations:
 - 2 per lap
 - For locations see the map
 - Sealed water and ice
 - Discard plastic bottles within the littering zones. (20 m before and 80 m after Aid stations)
 - Avoid congestion in finish área
 - Go to mixed zone / recovery area



Run 2 Course Map



Finish



Run Penalty Box

- Start infringements will be served in T1
T1, Bike, T2 and Run Infringements will be served in Run
- **Location:** 120m before Transition Area and 180m before the Finish Area
- **Information:** White board to show race numbers and letters to indicate violations
- (Athletes need to read the board – coaches are advised to check and inform their athletes)
- **Procedure:** ELITE -15 seconds time penalty served on any lap of the run
JUNIOR – 10 seconds time penalty

Penalties must be posted prior to the last lap on the run. Any penalties following that point will be served on the spot.

Athletes have the option to decide whether to stop at the penalty box and serve the penalty or continue to the finish. Not stopping will result in DSQ on crossing the finish line. The athlete may then appeal the penalty. Evidence will only be made available if an appeal is filed.

Rule interpretation

- **Mount after the mount line:** An athlete's foot must contact the ground past the mount line, before the athlete mounts the bike. If this contact doesn't occur, it is considered an infringement of the rules **(M)**.
- **Dismount before the dismount line:** An athlete's foot must contact the ground before the dismount line after the athlete dismounts the bike. If this contact doesn't occur, it is considered an infringement of the rules **(D)**.
- **Discharge or store your equipment inside your designated area:** Leaving the equipment (helmet, extra shoes, etc.) in the designated box. If leaving the equipment outside the box, it is considered an infringement of the rules **(E)**.

Run Penalty Box



Violations Abbreviations:

Littering	L	Mount Line	M
		Dismount Line	D
Equipment outside the box	E	Other violations	V

For example:

12 D athlete #12 received a time penalty for a dismount line violation

12 ME athlete #12 received 2-time penalties for mount line and equipment outside the box violations



Post-race Procedures



- “Mixed Zone” - immediately after finish 1, 2, 3 with host broadcaster first.
- Medal Presentation – protocol at 14:15 h
- Elite/U23/Junior athletes are not allowed to carry their country flag on the podium; there will be flags raising with the playing of the national anthem of the winner.
- Prize money

Colombian athletes will receive prize via wire transfer

Non Colombian athletes cash in USD after medal ceremony. ID required



Ambush Marketing Rules



- For ceremony awards, please dress up with race uniform (or country uniform)
Ambush marketing rules apply.
- Race caps/visors are allowed at the podium
- Ambush marketing is defined as:
“Deliberately using the opportunity of live television and media photographers to acquire additional exposure for your sponsor product, apparel or brand.”
- Please follow the ambush marketing rule
- The consequence for this behavior is:
The athlete will immediately forfeit their prize money for that event.

Post-race Procedures



Anti-Doping Control

- Photo ID is needed for every athlete to have ready for Doping Control

Medical

- Only accredited team medical will be allowed to enter the medical tent after the LOC Doctor's permission.

Anti-Doping Control

- All coaches have to collect accreditation to be able to enter the venue.
- Only Coaches who have been registered from their NF into the World Triathlon online system are entitled for an accreditation

Weather forecasts



	Temperature in °C	Weather
Thursday	Max 16° / Min 9°	84% chance of rain
Friday	Max 15° / Min 9°	86% chance of rain
Saturday	Max 15° / Min 8°	80% chance of rain



ENOUGH

NEED HELP?

Contact

safesport@triathlon.org

Visit

triathlon.org/about/safeguarding_policy

WORLD TRIATHLON
SAFEGUARDING & ANTI-HARASSMENT POLICY



Have a good race !



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