

2022 BONAQUA AFRICA TRIATHLON CUP TROUTBECK

Concept Paper

INDIVIDUAL RESPONSIBILITY

The event will follow the latest published <u>Prevention guidelines for Event Organizers</u> for COVID-19 of the World Triathlon.

Also, the event, is under the regulations of the Zimbabwe Ministry of Health, that is the authority with competences in terms of health: TEL $\pm 2634798555/60$

PROCEDURES TO ENTER ZIMBABWE.

- 1. Entry to Zimbabwe requirement is a valid negative PCR test certificate within 48 hours of arrival. Those who do not comply will be denied entry.
- 2. All visitors are encouraged to remain in a Bio Secure Bubble prior to arrival in Zimbabwe but this is not mandatory.
- 3. The current entry requirements for Zimbabwe allow for a quarantine period applicable to arrivals for **ONLY PERSONS WHO ARE NOT FULLY VACCINATED**. ALL ATHLETES ARE ADVISED TO CHECK WITH THE LOC ATHLETE LIAISON OFFICER PRIOR TO TRAVEL CONFIRMATION at: troutbecktri-loc@zimtri.org

COVID Coordinator: For any questions related to COVID restrictions and travel details, please contact Dr AUSTIN JEANS email: jeansdoc86@gmail.com

RISK ASSESSMENT AND MITIGATION

The Local Organizing Committee used the WHO risk assessment and risk prevention checklist for "mass gatherings" in the framework of the covid-19 document to design the event.

The LOC is implementing its activities to comply with the local health authority protocols and minimize the risk of pandemic spread, keeping participants and the public safe and healthy.

Careful management of the schedule and access times of the athletes will be implemented to access the competition areas with adequate social distancing and an immediate exit once finished. The waiting areas will be restricted and controlled by volunteers or security personnel.

Data collection systems will manage the contacts of everyone involved in the event. This includes athletes, technical officials, coaches, volunteers, staff, authorities. This would ensure that we can trace back to the people potentially involved in a suspicious case is identified. It is confirmed the protocol established now by the health authorities will be executed.

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PARTICIPANTS' HEALTH SCREENING

Athletes must continuously monitor their health status (including temperature detection and monitoring of any symptoms) from 14 days before and during the event.

See the "TRAVEL" chapter of this guide for information about traveling to ZIMBABWE.

Temperature checks will be carried out every day at the venue entrance.

Temperature higher than 37.5°C will be reported to the event's Medical Director and Medical

A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.

Registration procedure: Athletes, coaches, and technical officials, will follow WORLD TRIATHLON procedures.

Due to the current situation of the COVID-19, the World Triathlon Medical Committee has made mandatory for all athletes to submit a pre-event medical certificate for participating in the event:

- All individuals (except for the LOC, its volunteers and contractors) applying for an accreditation must fill in the online pre-event questionnaire through the link that is
- Additionally, to this, all elite/u23, para triathletes, coaches, team medical and support NF personnel must perform an Antigenic pre-race test at the arrival in the hosting city. In case of a positive result, a PCR swab test must follow. Time and place for these tests
- We will continue to respect the decision/rules of the local public health of the host

All the specific measures can be found in the table below:



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Categories	Pre-event questionnaire	Process before traveling	Medical certificate before travelling	COVID-19 test at event	Daily health screening
Elite athletes	 In case of stand alone event only	Respect the travel regulations set by the host country	Follow public health or World Triathlon request	In case of stand alone event only	yes
U23 athletes					yes
Junior athletes					yes
Para triathlon athletes/ personal handlers/ guides					yes
Youth athletes	n/a			Follow public health request	yes
AG athletes					yes
Coaches/team medical/ support NF personnel	In case of stand alone event only			In case of stand alone event only	yes
TDs /ITOs/NTOs/ Competition Jury	In case of stand alone event only			yes for the ones in close contact with the athletes; the others follow public health request	yes
F/Continental Federation Delegations	In case of stand alone event only				yes
-OC/ Contractors	Follow public health request			Follow public health request	yes
Para triathlon swim exit sssistants	In case of stand alone event only			In case of stand alone event only	yes

CLOSE CONTACT DEFINITION AND PROCESS TO FOLLOW IN CASE OF POSITIVE CASE In the event of a COVID-19 positive test or a possible (suspicious) case at the event venue all close contacts identified as anyone who has been within 2meters of the person within 24 hours shall be informed and be subject to a rapid antigen test. Any person testing positive on rapid antigen test will be advised to isolate in their room or the Isolation Room in the hotel until confirmatory PCR test results are evaluated.

Prior to departure every visiting athlete/coach/official will undertake a compulsory PCR test. Should the result show positive for Covid then he/she will be transported to a regulated COVID 19 quarantine facility and remain there for the required period of time and be subject to the required testing until a PCR negative certificate is provided as required for their departure flight SPORTS AND RECREATION from Harare. This will be at their own cost. COMMISSION ZINBABINE



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Should hospitalization be deemed necessary the person will be transported by ambulance to HealthPoint hospital in Harare. Hospitalization and treatment costs are for the athlete or their insurance. If the medical insurance will not cover the upfront costs then the athlete is liable to pay and reclaim. Athletes can supply details of their medical insurance to the LOC if they wish to preview the acceptability of their insurance by HealthPoint hospital.

USE OF MASK/MOUTH-NOSE FACE COVERING AND RUBBER/DISPOSABLE GLOVES

According to World Triathlon the use of a mask is mandatory for all athletes, technical officials and team support(except, for the athletes during the competition). Country laws will determine the use of mask for the LOC staff, volunteers and each contractors. The use of rubber gloves is not mandatory.

ISOLATION TENT AND SUSPICIOUS CASE

During the event, if a Suspicious Case is identified:

- A surgical mask will be applied (provided or used?), preferably by the own Suspicious Case (need to clarify if athletes/team members must have their own and spares);
- That person will be taken to the Isolation Tent by a staff member;
- The Doctor in charge of the Isolation Tent will call the National Health Service TEL no. +263 4 798555/60 and follow the given procedure;
- The Isolation Tent/Hotel room will be provided with exclusive bathroom, sealed water and food, surgical masks, hand sanitizers and alcohol solution wipes.

The definition of suspicious case is in ZIMBABWE is: The definition of suspicious case is: any person presenting symptoms of headache, fever, chills, sore throat, joint aches, dry cough, shortness of breath.

VENUE AND EVENT STRUCTURE

The Troutbeck Covid-19 Operations Manual has been supplied for particular reference to all contingent operational processes planned for the venue.

CLEANING AND SANITATION

In addition to the cleaning and sanitization measures already in place in common workplaces, further cleaning and sanitization of surfaces that most commonly come into direct contact with people are planned.

In specific entrance areas, products (disinfectant and paper) are supplied to perform self-sanitization of vehicles and workstations.



ATHLETES' SERVICES

AIRPORT TRANSFER

All visiting athletes will be met at Robert Gabriel Mugabe International Airport, and once all immigration, customs and covid protocols are completed, they will be transferred directly to Troutbeck Resort by specifically designated buses based on arrival, that will be sanitised before and after travel, and will ensure adequate seating room for the passengers to avoid any overcrowding. Hand sanitizers and the wearing of masks will also be enforced. Where feasible visiting delegations based on arrivals, will travel together only.

TRAINING FACILITIES

The venue at Troutbeck Resort will allow the athletes to train in the open as individuals or Team groups. There is no requirement for indoor training facilities- swim/bike/run.

ATHLETES' AND COACHES' BRIEFING

At World Triathlon events, all coaches' briefings are cancelled. The athletes' briefing is not mandatory.

All information about the race will be provided through WORLD TRIATHLON website. Special rules for the TROUTBECK race:

- The online briefing will be held on FRIDAY 1 APRIL 2022 at 1200 (see the website) consistent with the World Triathlon Competition Rules and will be pre-recorded and available only on the events' website or will take place online. If live, participants will attend the TD presentation and can contribute questions or feedback through the online Q&A function. If people cannot attend the session in real time, the presentation will be recorded and published on the World Triathlon website for later viewing.
- There are no penalties for those who arrive late or miss the online briefing.
- The race briefing will be available on the events' website.
- TD will be available for any clarifications: **CAMPBELL** BERYI bcamps@mweb.co.za

RACE PACKAGE DISTRIBUTION

The athlete must pick up the race pack in person at the venue. The schedule will be communicated in the week of the event.

COURSE FAMILIARISATIONS

There will be a road closure for a scheduled Bike Familiarisation on Friday morning ATION SPORTS AND RE schedule will be published at the venue and on the website. COMMISSION ZIMBA

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- Swim course familiarization will take place on Friday 0900-1000.
- Official trainings are permitted at the scheduled times only.

EVENT FORMAT

START OF THE RACE: There will be 1 HOUR in between races to warranty a proper time difference to minimize the time that men and women are together at the venue.

TRANSITION AREA: Bike racks will be individual, and the distance between them will be 2

AID STATIONS: Only water will be provided at the aid stations. Volunteers will distribute the water to the athletes as usual.

PENALTY BOX: It will be organised in such a way as to ensure social distancing.

FINISH AREA: The finish tape will be disinfected between races. Photographers, TV, and Media will stay 20 m from the finish line. After crossing the finish line, the athletes will be directed to a first recovery area, and after they will continue to the athletes' lounge. At the recovery area the athletes will take the water themselves. Next to the finish area the medical area will be located.

SPECIFIC RISK MITIGATION PLANNED

Arrival at the venue:

- All the accredited people will access to the venue, through the security gate, to warranty the control of the people that is inside the venue.
- All people will access to event with temperature log, access time, mask detection, and photo log.
- Everything is stored in a file so that the data is available to the health authorities.
- Venue and courses will be completely closed with fences and authorized personnel.
- In the case of any suspicious case, the medical services will be notified.

Non-Essential Services: There will be no massage service.

Technical Officials: The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of the World Triathlon.

Seating Areas: Spectators will be permitted into the venue according to the National restrictions in place on race day..

Social Distancing: The recommendations of the health authorities, World Triathlon and TRIATHLON ZIMBABWE in their protocols will be followed. SPORTS AND RECREATION COMMISSION ZIMBARY



Races & Sport Presentation: The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of World Triathlon

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