

## 2021 Africa Triathlon Cup Yasmine Hammamet 2021 Africa Triathlon Junior Cup Yasmine Hammamet Concept Paper

### INDIVIDUAL RESPONSIBILITY

The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of the World Triathlon.

Also, the event, is under the regulations of the Ministry of Health, that is the authority with competences in terms of health WEBSITE LINK: <http://www.santetunisie.rns.tn/fr/>

### **Procedures to enter in TUNISIA**

Following the new Covid-19 pandemic preventive procedures announced recently by the health authorities, the conditions for entry into Tunisia are as follow:

\*\* In any cases, international travelers must submit a negative PCR test for Covid-19, carried out less than 72 hours before the first boarding. In addition, to fill in the mandatory information requested on the web site: [E7mi Border](#) then print and sign the two documents generated by the application (the health form and the commitment form) which will be given to the Tunisian health services on arrival and to keep it for the departure.

The PCR Test should be from a certified laboratory for the country of origin. It should be in Arabic or French or English

Children under the age of 12 are exempt from the PCR test requirement,

\*\* Upon arrival to Tunisia, an exceptional exemption from the 7-days self-isolation was obtained from the Ministry of Health for all the delegations participating at the 2021 Africa triathlon cup Yasmine Hammamet and the 2021 Africa Junior triathlon cup Yasmine Hammamet.

\*\* Before arriving to the hotel, a Rapid test (antigen test) will be carried out to all delegations. The access to the hotel will not be allowed without a negative test result.

\*\* Participants will be transported to the hotel in sanitized cars. The delegation's luggage and equipment (bikes...) will be transported in a separate sanitized car and will be disinfected before entering the hotel lobby.

\*\* a second Rapid test (antigen test) will be carried out to all participants (athletes, coaches, ...) 24hours before their races.

\*\* At the time of departure, it's mandatory to provide a negative COVID-19 test carried out 72hours before the first boarding to the country of residence (120 Euros including the 2 rapid tests).

Most of information are in the Facebook page of the ministry of health <https://www.facebook.com/santetunisie.rns.tn>

#### **General information**

The curfew hours start at 10 p.m. and end at 5 a.m.

In addition, tourist restaurants will now close at 8 p.m. and tourist accommodation establishments will only be allowed after 8 p.m. to serve their resident customers. The events, activities and celebrations are resumed in tourist establishments, while limiting themselves to a capacity of 50% and respecting the health protocol of Tunisian tourism and respecting barrier gestures: physical distancing, wearing of a mask and washing of hands.

**COVID Coordinator:** For any question related with COVID restrictions and travel details please contact:

- Dr. Orjouenne Sassi (Email: [sgorjouane@gmail.com](mailto:sgorjouane@gmail.com) Tel: +216 23 217 305)
- Dr. Karim Douguez (Email: [dougaz.karim@gmail.com](mailto:dougaz.karim@gmail.com) Tel: +216 20 329 003)

#### **RISK ASSESSMENT AND MITIGATION**

The Local Organizing Committee used the WHO risk assessment and risk prevention checklist for "mass gatherings" in the framework of the covid-19 document to design the event.

The LOC is implementing its activities to comply with the local health authority protocols and minimize the risk of pandemic spread, keeping participants and the public safe and healthy.

A careful management of the schedule and access times of the athletes will be implemented to access the competition areas with an adequate social distancing and an immediate exit once finished. The waiting areas will be restricted and controlled by volunteers or security personnel.

Data collection systems will be used to manage the contacts of everyone involved in the event. This includes athletes, technical officials, coaches, volunteers, staff, and authorities. This would ensure that we could trace back to the people potentially involved if a suspicious case is identified. If it is confirmed, the protocol established now by the health authorities will be executed.

### **PARTICIPANTS' HEALTH SCREENING**

Athletes must continuously monitor their health status (including temperature detection and monitoring of any symptoms) from 14 days before and during the event.

For information about travelling to TUNISIA, see the "TRAVEL" chapter of this guide.

Temperature check will be carried out every day at the entrance of the venue.

Temperature higher than 37.5°C will be reported to the Medical Director and Medical Staff of the event.

A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.

Registration procedure: Athletes, coaches, and technical officials, will follow WORLD TRIATHLON procedures. Volunteers, staff, media, and authorities will be registered online through a specific application.

### **World Triathlon Pre-Event Covid-19 Screening Process**

All athletes along with the support staff applying for accreditation this event must respect the following pre-event Covid-19 screening conditions (as a minimum):

- Fill in the online pre-event questionnaire
- Perform a PCR swap pre-travel test 72 hours before the athletes' travel to the event (no instant will be accepted) or no later than 6 days before the event for local athletes/team support and NTOs. Tests that must currently be taken to gain entry to a country are valid as pre-travel tests.

- All athletes must submit a pre-travel medical certificate through the World Triathlon registration system according to the specifications listed in the World Triathlon COVID-19 guidelines

World Triathlon has developed an online tool for the World Triathlon pre-event Covid-19 screening process. Please follow the instructions below based on your role at the event to learn how to submit the questionnaire and upload the necessary documents [https://triathlon.org/pre\\_event\\_covid\\_19\\_screening\\_guide](https://triathlon.org/pre_event_covid_19_screening_guide)

Additional conditions may be imposed on events from the local health authorities. These additional measures will be communicated to all via the events' Athletes Guides.

#### World Triathlon Event COVID-19 screening process

- A minimum of one antigenic COVID-19 test for all athletes, and support NF personnel is required at the event location. In case of a positive result, a PCR swab test must follow. A time and place for these tests will be determined by the LOC.
- Daily health screening is also required also in all events
- The above process is a standard process in all the events this season. Additional conditions may be imposed on events from the local health authorities. These additional measures will be communicated to all via the events' athletes' guides.

A summary of the pre-event and event COVID-19 screening process can be found at the table below:

	Pre-event questionnaire	COVID-19 test before traveling	Medical certificate	COVID-19 test at event	Daily health screening
<b>Elite athletes</b>	yes	yes	yes	yes	yes
<b>U23 athletes</b>	yes	yes	yes	yes	yes
<b>Junior athletes</b>	yes	yes	yes	yes	yes
<b>Youth athletes</b>	yes	yes	yes	yes	yes
<b>Para triathlon athletes/ personal handlers/ guides</b>	yes	yes	yes for athletes/guides	yes	yes
<b>AG athletes</b>	yes	yes	yes	yes	yes
<b>Coaches/team medical/ support NF personnel</b>	yes	yes	follow public health request	yes	yes
<b>TDs /ITOs/NTOs</b>	yes	yes	follow public health request	yes for the ones in close contact with the athletes the others follow public health request	Yes
<b>IF Staff</b>	yes	yes	follow public health request		yes
<b>LOC/ Contractors</b>	follow public health request	follow public health request	follow public health request	follow public health request	yes
<b>Para triathlon swim exit assistants</b>	yes	follow public health request	follow public health request	yes	yes

## CLOSE CONTACT DEFINITION AND PROCESS TO FOLLOW IN CASE OF POSITIVE CASE

- Positive case is not allowed to enter Tunisia
- LOC will conduct an Antigen test on all athletes the day before the Race (if it is positive, a PCR test is required).
- Therefore, a quarantine for 7 days at the hotel (the same or other hotel) will be mandatory
- In this case, it will be a close coordination with all the Medical Team and it will be a regular medical and welfare checks. All things will be on the guidelines prevention of the Hotel dedicated to the quarantine (it's under the control of the Health Ministry)
- For the quarantine hotels, it will be many options and the concerned person can choose (proximity and price).
- If an athlete positive case will require hospitalisation, the LOC will take it in consideration and our Medical team will follow the case closely. The hospitalisation charges are the responsibility of the athlete/respective federation. Indeed, as the athlete already has a travel insurance, he/she can be reimbursed when coming back to his/her country.
- As usually, in the venue, it will be at least one ambulance and one civil protection vehicular, but in our event this year and due to the COVID, we will have an additional ambulance specialized for emergency evacuation in the case of positive or suspected case.
- For the evacuation and isolation process at and from the event venue, it will be according the sanitary and COVID protocol. Our COVID coordinators (Dr. Karim & Dr. Orjouenne) will be at the venue from 27 to 30 May and they will be at the disposal for any questions or support or emergency.

## USE OF MASK/MOUTH-NOSE FACE COVERING AND RUBBER/DISPOSABLE GLOVES

According to World Triathlon, the use of a mask is mandatory for all athletes, technical officials and team support (except, for the athletes during the competition). Country laws will determine the use of mask for the LOC staff, volunteers and each contractors.  
The use of rubber gloves is not mandatory.

## ISOLATION TENT AND SUSPICIOUS CASE

During the event, if a Suspicious Case is identified:

- A surgical mask will be applied (provided or used?), preferably by the own Suspicious Case (need to clarify if athletes/team members must have their own and spares);
- That person will be taken to the Isolation Tent by a staff member;
- The Doctor in charge of the Isolation Tent will call the National Health Service **80.101.919** and follow the given procedure;
- The Isolation Tent will be provided with exclusive bathroom, sealed water and food, surgical masks, hand sanitizers and alcohol solution wipes.

The definition of suspicious case is when the symptoms are such as:

- Fever
- Dry cough
- Fatigue
- Shortness of breath,
- Loss of appetite,
- Confusion,
- Persistent pain or pressure in the chest,
- High temperature (above 38 °C).

### **VENUE AND EVENT STRUCTURE**

- A temperature check will be at all entries to the venue
- Volunteers will be equipped with sterilize and disinfectant gel at all entries to the venue
- The venue has been designed to maintain at least 1m.5 distance among all participants
- Except athletes during the competition, wearing a mask is mandatory
- Volunteers will distribute masks to those who have not.
- Volunteers will be everywhere to make sure participants do not take off their masks.

### **CLEANING AND SANITATION**

In addition to the cleaning and sanitization measures already in place in common workplaces, further cleaning and sanitization of surfaces that most commonly come into direct contact with people are planned.

In specific entrance areas, products (disinfectant and paper) are supplied to perform self-sanitization of vehicles and workstations.

### **ATHLETES' SERVICES**

#### **AIRPORT TRANSFER**

- Only dedicated vehicles designated by the LOC are allowed to move during the period of stay since the arrival at the Tunis airport (self -arranged and self-propelled movement is prohibited unless prior information and confirmation)
- Under the supervision of the LOC staff, each person will move from the hotel check-out to the airport according to the flight time of each country.

#### **TRAINING FACILITIES**

- All training will only be conducted at the location designated by the competition.
- Run & Bike familiarization will be confirmed by the LOC before 10 days of the race.
- Swim familiarization will be conducted within the time specified in the competition, and the warm-up will be conducted only at the specified time and place.

## ATHLETES' AND COACHES' BRIEFING

At World Triathlon events, all coaches' briefings are cancelled. The athletes' briefing is not mandatory.

All information about the race will be provided through WORLD TRIATHLON website.

Special rules for the 2021 Africa Triathlon Cup Yasmine Hammamet / 2021 Africa Triathlon Junior Cup Yasmine Hammamet race:

- The online briefing will be held on a date and time consistent with the World Triathlon Competition Rules and will either pre-recorded and available only on the events' website or take place online.
- If live, participants will attend the TD presentation and can contribute questions or feedback through the online Q&A function. If people cannot attend the session in real time, the presentation will be recorded and published on the World Triathlon website for later viewing.
- There are no penalties for those who arrive late or miss the online briefing.
- The race briefing will be available on the events' website.
- The TD will be available for any clarifications: Ms. Catherine Jennings (zudwa@yahoo.com)

## RACE PACKAGE DISTRIBUTION

The athlete must pick up the race pack in person at the venue. The schedule will be communicated in the week of the event.

## COURSE FAMILIARISATIONS

- Bike course will be recorded on video (NO online ride).
- Swim course familiarization will take place on Friday (time to be confirmed)
- Official trainings are not planned.

## EVENT FORMAT

**START OF THE RACE:** There will be one hour (1h) in between races to warranty a proper time difference to minimize the time that men and women are together at the venue.

**TRANSITION AREA:** Bike racks will be individual, and the distance between them will be 2 meters.

**AID STATIONS:** Only water will be provided at the aid stations. Volunteers will distribute the water to the athletes as usual.

**PENALTY BOX:** It will be organised in such a way as to ensure social distancing.

**FINISH AREA:** The finish tape will be disinfected between races. Photographers, TV, and Media will stay 20 m from the finish line. After crossing the finish line, the athletes will be directed to a first recovery area, and after they will continue to the athletes' lounge. At the recovery area, the athletes will take the water themselves. Next to the finish area, the medical area will be located.



## SPECIFIC RISK MITIGATION PLANNED

### Arrival at the venue:

- All the accredited people will access to the venue, through the security gate, to guarantee the control of the people that is inside the venue.
- All people will access to event with temperature log, access time, mask detection, and photo log.
- Everything is stored in a file so that the data is available to the health authorities.
- Venue and courses will be completely closed with fences and authorized personnel.
- In the case of any suspicious case, the medical services will be notified.

### Capacity Control

The venue size is around 4000 m<sup>2</sup>

Time	Saturday					Sunday				
	Athletes	Coaches	Staff + TO's	Total	N° / m2 (*)	Athletes	Coaches	Staff + TO's	Total	N° / m2 (*)
09:00:00	→ 40	→ 10	↑ 80	130	30,77	→ 100	↓ 10	↑ 60	170	23,53
10:00:00	→ 50	↑ 20	↑ 80	150	26,67	→ 100	↓ 10	↑ 60	170	23,53
11:00:00	→ 50	↑ 20	↑ 80	150	26,67	↑ 150	↑ 30	↑ 60	240	16,67
12:00:00	→ 80	↑ 20	↑ 80	180	22,22	↑ 150	↑ 30	↑ 60	240	16,67
13:00:00	→ 80	↑ 20	↑ 80	180	22,22	↓ 40	→ 20	↑ 60	120	33,33
14:00:00	↑ 120	↑ 20	↑ 80	220	18,18	↓ 40	→ 20	↑ 60	120	33,33
15:00:00	↑ 120	↑ 20	↑ 80	220	18,18					
16:00:00	↑ 100	→ 10	↑ 80	190	21,05					
17:00:00	→ 50	↓ 0	↓ 50	100	40,00					
18:00:00	↓ 0	↓ 0	↓ 50	50	80,00					
19:00:00	↓ 0	↓ 0	↓ 50	50	80,00					
20:00:00	↓ 0	↓ 0	↓ 50	50	80,00					

If in the cell (N°/m2) there are results <18, has to be reviewed immediately

Introduce the venue size (m2)

4 000 m2

The system will modify the data

(\*) Number of m2 that one person is taking

**Non-Essential Services:** There will be no massage service.

**Technical Officials:** The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of the World Triathlon.

**Seating Areas:** No seating areas, but there will be limited number of spectators during the competition.

**Social Distancing:** The recommendations of the health authorities, World Triathlon and the Tunisian Triathlon & Paratriathlon Federation in their protocols will be followed.

**Races & Sport Presentation:** The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of World Triathlon.