

14-16 September 2018

		Distance		
Categories main races:		Swim	Bike	Run
Elite:	1998 and older	750m	20km	5km
Juniors:	1999-2002	750m	20km	5km
Youth:	2003-2005	375m	10km	2,5km

		Distance		
Age group athletes		Swim	Bike	Run
1.	30-39 years	750m	20km	5km
2.	40-49 years	750m	20km	5km
3.	50+ years	750m	20km	5km

		Distance		
Kids race //	Category 1 and 2	Swim	Bike	Run
1. category	12 years, 11 years, 10 years	185m	4km	1km
2. category	9 years, 8 years, 7 years	185m	4km	1km