

2021 Americas Triathlon Cup Ixtapa

INDIVIDUAL RESPONSIBILITY

The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of the World Triathlon.

Also, the event, is under the regulations of Ixtapa, Guerrero , that is the authority with competences in terms of health.

Procedures to enter in Mexico.

COVID Coordinator: For any question related with COVID restrictions and travel details please contact malvarez@asdeporte.com

RISK ASSESSMENT AND MITIGATION

The Local Organizing Committee used the WHO risk assessment and risk prevention checklist for "mass gatherings" in the framework of the covid-19 document to design the event.

The LOC is implementing its activities to comply with the local health authority protocols and minimize the risk of pandemic spread, keeping participants and the public safe and healthy.

A careful management of the schedule and access times of the athletes will be implemented to access the competition areas with an adequate social distancing and an immediate exit once finished. The waiting areas will be restricted and controlled by volunteers or security personnel.

Data collection systems will be used to manage the contacts of everyone involved in the event. This includes athletes, technical officials, coaches, volunteers, staff, authorities. This would ensure that we can trace back to the people potentially involved if a suspicious case is identified. If is confirmed, the protocol established now by the health authorities will be executed.

PARTICIPANTS' HEALTH SCREENING

Athletes must continuously monitor their health status (including temperature detection and monitoring of any symptoms) from 14 days before and during the event.

For information about travelling to Mexico, see the "TRAVEL" chapter of this guide.

Temperature check will be carried out every day at the entrance of the venue.

Temperature higher than 37.5°C will be reported to the Medical Director and Medical Staff of the event.

A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.

Registration procedure: Athletes, coaches, and technical officials, will follow WORLD TRIATHLON procedures. volunteers, staff, media, and authorities will be registered online through a specific application.

Due to the current situation of the COVID-19, the World Triathlon Medical Committee has made mandatory for all athletes to submit a pre-event medical certificate for participating in the event:

- All individuals (except for the LOC, its volunteers and contractors) applying for an accreditation must respect the following conditions:
 - Fill in the online pre-event questionnaire through the link that is provided by the LOC
 - Perform an Antigenic or PCR swap pre- travel test 72 hours before the athletes' travel to the event or no later than 6 days before the event for local athletes/team support and NTOs. Tests that must currently be taken to gain entry to a country are valid as pre-travel tests
- Additionally, to this, all elite/u23/junior/youth and para triathletes must submit a pre-travel medical certificate according to the requirements above
- Finally all elite/u23, para triathletes, coaches, team medical and support NF personnel must perform an Antigenic pre-race test at the arrival in the hosting city. In case of a positive result, a PCR swab test must follow. Time and place for these tests will be determined by the LOC.
- We will continue to respect the decision/rules of the local public health of the host country
- All the specific measures can be found in the table below:

| | Pre-event questionnaire | COVID-19 test before traveling | Medical certificate | COVID-19 test at event | Daily health screening |
|--|-------------------------|--------------------------------|------------------------------|------------------------------|------------------------|
| Elite athletes | yes | yes | yes | yes | yes |
| U23 athletes | yes | yes | yes | yes | yes |
| Junior athletes | yes | yes | yes | follow public health request | yes |
| Youth athletes | yes | yes | yes | follow public health request | yes |
| Para triathlon athletes/ personal handlers/ guides | yes | yes | yes for athletes/guides | yes | yes |
| AG athletes | yes | yes | follow public health request | follow public | yes |

| | | | | | |
|--|------------------------------|------------------------------|------------------------------|------------------------------|-----|
| | | | | health request | |
| Coaches/team medical/ support NF personnel | yes | yes | follow public health request | yes | yes |
| TDs /ITOs/NTOs | yes | yes | follow public health request | follow public health request | yes |
| IF Staff | yes | yes | follow public health request | follow public health request | yes |
| LOC/ Contractors | follow public health request | follow public health request | follow public health request | follow public health request | yes |
| Para triathlon swim exit assistants | yes | follow public health request | follow public health request | yes | yes |

CLOSE CONTACT DEFINITION AND PROCESS TO FOLLOW IN CASE OF POSITIVE CASE

USE OF MASK/MOUTH-NOSE FACE COVERING AND RUBBER/DISPOSABLE GLOVES

According to World Triathlon the use of a mask is mandatory for all athletes, technical officials and team support (except, for the athletes during the competition). Country laws will determine the use of mask for the LOC staff, volunteers and each contractors.
The use of rubber gloves is not mandatory.

ISOLATION TENT AND SUSPICIOUS CASE

During the event, if a Suspicious Case is identified:

- A surgical mask will be applied (provided or used?), preferably by the own Suspicious Case (need to clarify if athletes/team members must have their own and spares);
- That person will be taken to the Isolation Tent by a staff member;
- The Doctor in charge of the Isolation Tent will call the National Health Service <https://www.mexperience.com/lifestyle/healthcare/healthcare-services/> and follow the given procedure;
- The Isolation Tent will be provided with exclusive bathroom, sealed water and food, surgical masks, hand sanitizers and alcohol solution wipes.
-

The definition of suspicious case is symptoms as prescribed by WHO (World Health Organization)

VENUE AND EVENT STRUCTURE

Venue will be closed off to all except athletes, coaches, team medical, Technical Officials and LOC staff and volunteers

CLEANING AND SANITATION

In addition to the cleaning and sanitization measures already in place in common workplaces, further cleaning and sanitization of surfaces that most commonly come into direct contact with people are planned.

In specific entrance areas, products (disinfectant and paper) are supplied to perform self-sanitization of vehicles and workstations.

ATHLETES' SERVICES

AIRPORT TRANSFER

No LOC provided transfers or transports to/from Airport

ATHLETES' AND COACHES' BRIEFING

At World Triathlon events, all coaches' briefings are cancelled. The athletes' briefing is not mandatory, it will instead be available on-line.

All information about the race will be provided through WORLD TRIATHLON website.

Special rules for the 2021 Ixtapa Americas Triathlon Cup race:

- The online briefing will be held on a date and time consistent with the World Triathlon Competition Rules and will either pre-recorded and available only on the events' website or take place online.
- If live, participants will attend the TD presentation and can contribute questions or feedback through the online Q&A function. If people cannot attend the session in real time, the presentation will be recorded and published on the World Triathlon website for later viewing.
- There are no penalties for those who arrive late or miss the online briefing.
- The race briefing will be available on the events' website.
- The TD will be available for any clarifications: Reg Whatley (USA) rwhatley@gmail.com

RACE PACKAGE DISTRIBUTION

The athlete must pick up the race pack in person at the Gamma Hotel Friday 11:30-14:00

COURSE FAMILIARISATIONS

- Bike course will have no formal familiarization
- Swim course familiarization will take place on Friday (11:00-11:30)
- Official trainings are not planned.

EVENT FORMAT

START OF THE RACE: There will be 10 minutes in between races to warranty a proper time difference to minimize the time that men and women are together at the venue.

TRANSITION AREA: Bike racks will be individual, and the distance between them will be 2 meters.

AID STATIONS: Only water will be provided at the aid stations. Volunteers will distribute the water to the athletes as usual.

PENALTY BOX: It will be organised in such a way as to ensure social distancing.

FINISH AREA: The finish tape will be disinfected between races. Photographers, TV, and Media will stay 20 m from the finish line. After crossing the finish line, the athletes will be directed to a first recovery area, and after they will continue to the athletes' lounge. At the recovery area the athletes will take the water themselves. Next to the finish area the medical area will be located.

SPECIFIC RISK MITIGATION PLANNED

Arrival at the venue:

- All the accredited people will access to the venue, through the security gate, to warranty the control of the people that is inside the venue.
- All people will access to event with temperature log, access time, mask detection, and photo log.
- Everything is stored in a file so that the data is available to the health authorities.
- Venue and courses will be completely closed with fences and authorized personnel.
- In the case of any suspicious case, the medical services will be notified.

Capacity Control

The venue size is around SIZE m²

| Time | Saturday | | | | |
|------------------------------------|----------|---------|-------|-------|----------------|
| | Athletes | Coaches | Staff | Total | Ratio / VS (*) |
| 7:00:00 | ↓ 0 | ↓ 0 | ↑ 100 | 100 | 190,00 |
| 8:00:00 | ↘ 100 | ↓ 0 | ↑ 100 | 200 | 95,00 |
| 9:00:00 | ↘ 200 | ↓ 0 | ↑ 100 | 300 | 63,33 |
| 10:00:00 | ↑ 300 | ↓ 0 | ↑ 100 | 400 | 47,50 |
| 11:00:00 | ↘ 200 | ↓ 0 | ↑ 100 | 300 | 63,33 |
| 12:00:00 | ↘ 100 | ↓ 0 | ↑ 100 | 200 | 95,00 |
| 13:00:00 | ↓ 0 | ↓ 0 | ↑ 100 | 100 | 190,00 |
| 14:00:00 | ↘ 75 | ↑ 25 | ↑ 100 | 200 | 95,00 |
| 15:00:00 | ↘ 75 | ↑ 25 | ↑ 100 | 200 | 95,00 |
| 16:00:00 | ↘ 150 | ↑ 25 | ↑ 100 | 275 | 69,09 |
| 17:00:00 | ↘ 150 | ↑ 25 | ↑ 100 | 275 | 69,09 |
| 18:00:00 | ↘ 75 | ↑ 25 | ↑ 100 | 200 | 95,00 |
| 19:00:00 | ↘ 75 | ↑ 25 | ↑ 100 | 200 | 95,00 |
| 20:00:00 | ↓ 0 | ↑ 25 | ↑ 100 | 125 | 152,00 |
| Venue Size (VS) = 19.000 m2 | | | | | |
| (*) Average square meters x person | | | | | |

Non-Essential Services: There will be no massage service.

Technical Officials: The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of the World Triathlon.

Seating Areas: There will be no spectators during the competition.

Social Distancing: The recommendations of the health authorities, World Triathlon and FMTRI in their protocols will be followed.

Races & Sport Presentation: The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of World Triathlon.