

# 2022 Europe Triathlon Junior Cup Tábor

## Concept Paper

### **INDIVIDUAL RESPONSIBILITY**

The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of the World Triathlon.

Also, the event is under the LOCAL/REGIONAL AUTHORITY regulations, which is the authority with competencies in terms of health:

<https://koronavirus.mzcr.cz/mimoradna-a-ochrana-opatreni/>

### **PROCEDURES TO ENTER CZECH REPUBLIC.**

No restriction to enter Czech Republic.

**COVID Coordinator:** For any questions related to COVID restrictions and travel details, please contact Šimon Kuncl, [simon.kuncl@triatlon.cz](mailto:simon.kuncl@triatlon.cz), +420 728 556 530

### **RISK ASSESSMENT AND MITIGATION**

The Local Organizing Committee used the WHO risk assessment and risk prevention checklist for "mass gatherings" in the framework of the covid-19 document to design the event.

The LOC is implementing its activities to comply with the local health authority protocols and minimize the risk of pandemic spread, keeping participants and the public safe and healthy.

Careful management of the schedule and access times of the athletes will be implemented to access the competition areas with adequate social distancing and an immediate exit once finished. The waiting areas will be restricted and controlled by volunteers or security personnel.

Data collection systems will manage the contacts of everyone involved in the event. This includes athletes, technical officials, coaches, volunteers, staff, authorities. This would ensure that we can trace back to the people potentially involved in a suspicious case is identified. It is confirmed the protocol established now by the health authorities will be executed.

### **PARTICIPANTS' HEALTH SCREENING**

Athletes must continuously monitor their health status (including temperature detection and monitoring of any symptoms) from 14 days before and during the event.

See the "TRAVEL" chapter of this guide for information about traveling to COUNTRY.

Temperature checks will be carried out every day at the venue entrance.

Temperature higher than 37.5°C will be reported to the event's Medical Director and Medical Staff.

A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.

Registration procedure: Athletes, coaches, and technical officials, will follow WORLD TRIATHLON procedures.

Due to the current situation of the COVID-19, the World Triathlon Medical Committee has implemented some measures for participating in the event:

- All individuals (except for the LOC, its volunteers and contractors) applying for an accreditation must fill in the online pre-event questionnaire

[https://triathlon.org/pre\\_event\\_covid\\_19\\_screening\\_guide](https://triathlon.org/pre_event_covid_19_screening_guide)

- We will continue to respect the decision/rules of the local public health of the host country
- All the specific measures can be found in the table below:

Categories	Pre-event questionnaire	Process before traveling	Medical certificate before travelling
Junior athletes	Yes		
Coaches/team medical/ support NF personnel	Yes	Respect the travel regulations set by the host country	Follow public health or World Triathlon request
TDs /ITOs/NTOs/ Competition Jury	Yes		
IF/Continental Federation Delegations	Yes		

**CLOSE CONTACT DEFINITION AND PROCESS TO FOLLOW IN CASE OF POSITIVE CASE**

**What should I do as a contact person?**

If you have had close contact with a person who has tested positive for the coronavirus, it is strongly recommended that you stay at home for five days and avoid contact. The first full day of quarantine is the day after the last contact with the infected person. In addition, it is advised that you test (yourself) daily during this period.

**When symptoms occur:**

COVID-19 disease can have very similar symptoms to the flu or a cold: the most common signs of illness include a dry cough, runny nose and fever. However, a number of other symptoms are also possible, such as shortness of breath, loss of the sense of smell and taste, muscle and joint pain, and sore throat and headache. Therefore, it is not easy to determine whether one has been infected with the coronavirus or not. Only a correctly

performed and certified rapid antigen test and - if absolutely necessary - a PCR test in the second step can provide certainty.

Please stay at home if you have cold symptoms of any kind and avoid contact. This also applies to a positive self-test or rapid test result - regardless of whether you have signs of illness and have been vaccinated or have recovered.

In case of suspicious case:

- Wear mask
- Report to the doctor at the event site, with distance and wearing an FFP-2 mask
- Self-test
- if positive, isolate
- and carry out PCR test if necessary
- The Doctor will call the National Health Service +420 226 20 1221 and follow the given procedure

## VENUE AND EVENT STRUCTURE



## CLEANING AND SANITATION

In addition to the cleaning and sanitization measures already in place in common workplaces, further cleaning and sanitization of surfaces that most commonly come into direct contact with people are planned.

In specific entrance areas, products (disinfectant and paper) are supplied to perform self-sanitization of vehicles and workstations.

## ATHLETES' SERVICES

### **AIRPORT TRANSFER**

Nearest airport is Vaclav Havel Airport Prague /PRG/

## PRAGUE AIRPORT <> TÁBOR SHUTTLE

Transport from the airport Prague to Tábor (appx. 1 hour) is provided by minibus for 8 persons including bike boxes and luggage.

### SHUTTLE PRICE

Price € 100 one-way trip (1-8 people including bikes).

## BY TRAIN

The nearest train station is Tábor. It is a 5-minutes walk from the race centre. You can use <https://www.cd.cz/en/> or The "My Train" mobile application to find the connection and buy a ticket. In the third step of the ticket purchase, don't forget to reserve a place for your bike.

## TRAINING FACILITIES

### SWIM

Swimming pool (25m)

<http://www.tzmt.cz/plavecky-stadion/>

Address: TZMT, Kvapilova 2500, 390 03 Tábor

Opening hours 9:00 – 18:00

Pool reservations – yes, but only for extra swimming line reservation

### BIKE

Zone Komora (1km - closed training circuit), <http://www.tzmt.cz/zona-komora/kontakty/>

Address: Na Bydžově 3122, 390 05, Tábor

Circuit reservations – yes, but only for teams course reservation.

### RUN

Athletic stadium (400m track), <https://www.tzmt.cz/fotbalove-stadiony/kontakty/>

Opening hours 8:00 – 18:00

Address: U stadionu Míru 1579, Tábor 390 03

Reservations – yes

## ATHLETES' AND COACHES' BRIEFING

At World Triathlon events, all coaches' briefings are cancelled. The athletes' briefing is not mandatory.

All information about the race will be provided through WORLD TRIATHLON website.

Special rules for the European Junior Cup race:

- The online briefing will be held on a date and time consistent with the World Triathlon Competition Rules and will either pre-recorded and available only on the events' website or take place online.
- There are no penalties for those who arrive late or miss the online briefing.
- The race briefing will be available on the events' website.
- The TD will be available for any clarifications: Joanna Pyrzyńska-Figurska, [joannapyrzyńska@gmail.com](mailto:joannapyrzyńska@gmail.com)

## RACE PACKAGE DISTRIBUTION

The athlete must pick up the race pack in person on the ground floor of Černá Perla, Šafaříkova 3123, 39002 Tábor

## **COURSE FAMILIARISATIONS**

Bike course familiarisation: 23rd July 2022, 14:00 – 15:00

## **EVENT FORMAT**

**START OF THE RACE:** There will be enough time in between races to warranty a proper time difference to minimize the time that men and women are together at the venue.

**TRANSITION AREA:** Bike racks will be individual, and the distance between them will be 1,5 meters.

**AID STATIONS:** Only water will be provided at the aid stations. Volunteers will distribute the water to the athletes as usual.

**PENALTY BOX:** It will be organised in such a way as to ensure social distancing.

**FINISH AREA:** The finish tape will be disinfected between races. After crossing the finish line, the athletes will be directed to a first recovery area, and after they will continue to the athletes' lounge. At the recovery area the athletes will take the water themselves. Next to the finish area the medical area will be located.

## **SPECIFIC RISK MITIGATION PLANNED**

### **Arrival at the venue:**

- Pre event questioner is stored in a file so that the data is available to the health authorities.
- Venue and courses will be completely closed with fences and authorized personnel.
- In the case of any suspicious case, the medical services will be notified.

**Non-Essential Services:** There will be no massage service.

**Technical Officials:** The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of the World Triathlon.

**Seating Areas:** There will be no spectators during the competition.

**Social Distancing:** The recommendations of the health authorities, World Triathlon and Czech Triathlon Association in their protocols will be followed.

**Races & Sport Presentation:** The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of World Triathlon.