

2021 Europe Triathlon Duathlon Championships Târgu Mureș

Concept Paper

INDIVIDUAL RESPONSIBILITY

The event will follow the latest published [Prevention guidelines for Event Organizers](#) for COVID-19 of the World Triathlon.

Also, the event, is under the regulations of [Romanian National Institute of Public Health](#), that is the authority with competences in terms of health <http://www.cnsctb.ro/index.php/liste-zone-afectate-covid-19>.

Procedures to enter in Romania:

Entry rules for Romania depend on its national [classification of risk areas](#).

- "Green" areas: countries where the cumulative incidence rate of new COVID-19 cases in the last 14 days is less than or equal to 1,5 per 1000 inhabitants;
- "Yellow" areas: countries where the cumulative incidence rate of new COVID-19 cases in the last 14 days is between 1,5 and 3 per 1000 inhabitants;
- "Red" areas: countries where the cumulative incidence rate of new COVID-19 cases in the last 14 days is greater than or equal to 3 per 1000 inhabitants.

Travellers who remain in Romania for less than 3 days (72 hours) and present a negative test for SARS-CoV-2, performed no more than 48 hours before entering the national territory, are exempted from the obligation to quarantine.

Travel from countries classified as "green"

Travellers arriving from countries classified as "green" can enter Romania without being subject to any isolation or test requirement.

Travel from countries classified as "yellow"

Travellers arriving from countries classified as "yellow", who do not provide a **pre-departure negative PCR test taken within 72 hours prior to arrival**, are subject to a **14-day quarantine**. Children aged 3 and under are exempted from the PCR test requirement.

The quarantine period may be shortened by taking a PCR test no less than 8 days after arrival. If the result of this test is negative, the period of quarantine can end on day 10.

Provisions for vaccinated people

Travellers who have received their final vaccination for COVID-19 more than 10 days ago, are exempt from quarantine. It is required to show proof of vaccination, including the dates.

Travel from countries classified as "red"

Travellers arriving from countries classified as "red" are subject to a **14-day quarantine**.

The quarantine must take place at the person's home, at a declared location or, as the case may be, at a dedicated location designated by the authorities.

The quarantine period may be shortened by taking a PCR test no less than 8 days after arrival. If the result of this test is negative, the period of quarantine can end on day 10.

Provisions for vaccinated people

Travellers who have received their final vaccination for COVID-19 more than 10 days ago, are exempt from quarantine. It is required to show proof of vaccination, including the dates.

COVID Coordinator: For any question related with COVID restrictions and travel details please contact **Istvan Besenyei** (istvan.besenyei@triatlonromania.ro)

RISK ASSESSMENT AND MITIGATION

The Local Organizing Committee used the WHO risk assessment and risk prevention checklist for "mass gatherings" in the framework of the covid-19 document to design the event.

The LOC is implementing its activities to comply with the local health authority protocols and minimize the risk of pandemic spread, keeping participants and the public safe and healthy.

A careful management of the schedule and access times of the athletes will be implemented to access the competition areas with an adequate social distancing and an immediate exit once finished. The waiting areas will be restricted and controlled by volunteers or security personnel.

Data collection systems will be used to manage the contacts of everyone involved in the event. This includes athletes, technical officials, coaches, volunteers, staff, authorities. This would ensure that we can trace back to the people potentially involved if a suspicious case is identified. If is confirmed, the protocol established now by the health authorities will be executed.

PARTICIPANTS' HEALTH SCREENING

Athletes must continuously monitor their health status (including temperature detection and monitoring of any symptoms) from 14 days before and during the event.

For information about travelling to Romania, see the "TRAVEL" chapter of this guide.

Temperature check will be carried out every day at the entrance of the venue.

Temperature higher than 37.5°C will be reported to the Medical Director and Medical Staff of the event.

A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.

Registration procedure: Athletes, coaches, and technical officials, will follow WORLD TRIATHLON procedures. volunteers, staff, media, and authorities will be registered online through a specific application.

World Triathlon Pre-Event Covid-19 Screening Process

All athletes along with the support staff applying for accreditation this event must respect the following pre-event Covid-19 screening conditions (as a minimum):

- Fill in the online pre-event questionnaire

- Perform an

Antigenic or PCR swap pre-travel test 72 hours before the athletes' travel to the event or no later than 6 days before the event for local athletes/team support and NTOs. Tests that must currently be taken to gain entry to a country are valid as pre-travel tests.

- All athletes must submit a pre-travel medical certificate through the World Triathlon registration system according to the specifications listed in the World Triathlon COVID-19 guidelines

World Triathlon has developed an online tool for the World Triathlon pre-event Covid-19 screening process. Please follow the instructions below based on your role at the event to learn how to submit the questionnaire and upload the necessary documents https://triathlon.org/pre_event_covid_19_screening_guide

Additional conditions may be imposed on events from the local health authorities. These additional measures will be communicated to all via the events' Athletes Guides.

World Triathlon Event COVID-19 screening process

- A minimum of one antigenic COVID-19 test for all athletes, and support NF personnel is required at the event location. In case of a positive result, a PCR swab test must follow. A time and place for these tests will be determined by the LOC.
- Daily health screening is also required also in all events
- The above process is a standard process in all the events this season. Additional conditions may be imposed on events from the local health authorities. These additional measures will be communicated to all via the events' athletes guides.

A summary of the pre-event and event COVID-19 screening process can be found at the table below:

	Pre-event questionnaire	COVID-19 test before traveling	Medical certificate	COVID-19 test at event	Daily health screening
Elite athletes	yes	yes	yes	yes	yes
U23 athletes	yes	yes	yes	yes	yes
Junior athletes	yes	yes	yes	yes	yes
Youth athletes	yes	yes	yes	yes	yes

Para triathlon athletes/ personal handlers/ guides	yes	yes	yes for athletes/guides	yes	yes
AG athletes	yes	yes	follow public health request	follow public health request	yes
Coaches/team medical/ support NF personnel	yes	yes	follow public health request	yes	yes
TDs /ITOs/NTOs	yes	yes	follow public health request	follow public health request	yes
IF Staff	yes	yes	follow public health request	follow public health request	yes
LOC/ Contractors	follow public health request	follow public health request	follow public health request	follow public health request	yes
Para triathlon swim exit assistants	yes	follow public health request	follow public health request	yes	yes

CLOSE CONTACT DEFINITION AND PROCESS TO FOLLOW IN CASE OF POSITIVE CASE

Below, for the sake of completeness, is the definition taken from the Circular of the Romanian Center of Disease Control, 04/January/2021:

Close contact is defined as:

- Person living in the same household as a patient with COVID-19;
- Person who has had direct physical contact with a case of COVID-19 (eg tightening hand without subsequent hand hygiene);
- Person who has had unprotected direct contact with infectious secretions of a case of COVID-19 (eg during coughing, touching handkerchiefs with unprotected hand glove);
- Person who has had face-to-face contact with a COVID-19 case at a distance less than 2 m and with a minimum duration of 15 minutes;

- Person who was in the same room (eg classroom, meeting room, hospital waiting room) with a case of COVID-19 for at least 15 minutes and at a distance of less than 2 m;

- Person among the medical staff or another person who provide direct care to a COVID-19 patient or person in line laboratory personnel handling samples collected from a patient with COVID-19, without the correct wearing of protective equipment.

The epidemiological link could have taken place in the previous 14 days the date of onset.

Any person who has worn appropriate mask / protective equipment and a respected physical distance IS NOT CONSIDERED DIRECT CONTACT.

Procedures are defined for:

- The collection of contact information from the person with the virus.
- The management of the workplace to be sanitized, and possible information to be communicated to the competent authorities.

USE OF MASK/MOUTH-NOSE FACE COVERING AND RUBBER/DISPOSABLE GLOVES

According to World Triathlon the use of a mask is mandatory for all athletes, technical officials and team support (except, for the athletes during the competition). Country laws will determine the use of mask for the LOC staff, volunteers and each contractor.

The use of rubber gloves is not mandatory.

ISOLATION TENT AND SUSPICIOUS CASE

During the event, if a Suspicious Case is identified:

- A surgical mask will be applied (provided or used?), preferably by the own Suspicious Case (need to clarify if athletes/team members must have their own and spares);
- That person will be taken to the Isolation Tent by a staff member;
- The Doctor in charge of the Isolation Tent will call the National Health Service TELEPHONE and follow the given procedure;
- The Isolation Tent will be provided with exclusive bathroom, sealed water and food, surgical masks, hand sanitizers and alcohol solution wipes.
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CLEANING AND SANITATION

In addition to the cleaning and sanitization measures already in place in common workplaces, further cleaning and sanitization of surfaces that most commonly come into direct contact with people are planned.

In specific entrance areas, products (disinfectant and paper) are supplied to perform self-sanitization of vehicles and workstations.

ATHLETES' SERVICES

AIRPORT TRANSFER

- The service will be carried out for all athletes, Delegations and Guests of the Event, upon prior request.
- The transfer between persons who do not belong to the same delegation or group of persons will be reduced as much as possible.

Please address your Airport Transfer requests to Avram Izabella - office@masterskibikeclub.ro

TRAINING FACILITIES

There are no dedicated training facilities available

ATHLETES' AND COACHES' BRIEFING

At World Triathlon events, all coaches' briefings are cancelled. The athletes' briefing is not mandatory.

All information about the race will be provided through WORLD TRIATHLON website.

Special rules for the EVENT race:

- The online briefing will be held on a date and time consistent with the World Triathlon Competition Rules and will either pre-recorded and available only on the events' website or take place online.
- If live, participants will attend the TD presentation and can contribute questions or feedback through the online Q&A function. If people cannot attend the session in real time, the presentation will be recorded and published on the World Triathlon website for later viewing.
- There are no penalties for those who arrive late or miss the online briefing.
- The race briefing will be available on the events' website.
- The TD will be available for any clarifications: Alexander Kochetkov (sandrutis@gmail.com)

RACE PACKAGE DISTRIBUTION

The athlete must pick up the race pack in person at the venue. The schedule will be communicated in the week of the event.

COURSE FAMILIARISATIONS

- There will be no bike and run familiarizations, however Sprint distance course is accessible to all athletes
- Official trainings are not planned.

EVENT FORMAT

START OF THE RACE: There will be TIME in between races to warranty a proper time difference to minimize the time that men and women are together at the venue.

TRANSITION AREA: Bike racks will be standard A-shape

AID STATIONS: Only water will be provided at the aid stations. Volunteers will distribute the water to the athletes as usual.

PENALTY BOX: It will be organised in such a way as to ensure social distancing.

FINISH AREA: The finish tape will be disinfected between races. Photographers, TV, and Media will stay 20 m from the finish line. After crossing the finish line, the athletes will be directed to a first recovery area, and after they will continue to the athletes' lounge. At the recovery area the athletes will take the water themselves. Next to the finish area the medical area will be located.

SPECIFIC RISK MITIGATION PLANNED

Arrival at the venue:

- All the accredited people will access to the venue, through the security gate, to warranty the control of the people that is inside the venue.
- All people will access to event with temperature log, access time, mask detection, and photo log.
- Everything is stored in a file so that the data is available to the health authorities.
- Venue and courses will be completely closed with fences and authorized personnel.
- In the case of any suspicious case, the medical services will be notified.

Capacity Control

The venue size is around 50000 m²

Time	Saturday				
	Athletes	Coaches	Staff	Total	Ratio / VS (*)
7:00:00	↓ 0	↓ 0	↑ 100	100	190,00
8:00:00	↘ 100	↓ 0	↑ 100	200	95,00
9:00:00	↘ 200	↓ 0	↑ 100	300	63,33
10:00:00	↑ 300	↓ 0	↑ 100	400	47,50
11:00:00	↘ 200	↓ 0	↑ 100	300	63,33
12:00:00	↘ 100	↓ 0	↑ 100	200	95,00
13:00:00	↓ 0	↓ 0	↑ 100	100	190,00
14:00:00	↘ 75	↑ 25	↑ 100	200	95,00
15:00:00	↘ 75	↑ 25	↑ 100	200	95,00
16:00:00	↘ 150	↑ 25	↑ 100	275	69,09
17:00:00	↘ 150	↑ 25	↑ 100	275	69,09
18:00:00	↘ 75	↑ 25	↑ 100	200	95,00
19:00:00	↘ 75	↑ 25	↑ 100	200	95,00
20:00:00	↓ 0	↑ 25	↑ 100	125	152,00

Venue Size (VS) = 19.000 m2

(*) Average square meters x person

Non-Essential Services: There will be no massage service.

Technical Officials: The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of the World Triathlon.

Seating Areas: There will be no designated seating area for spectators during the competition.

Social Distancing: The recommendations of the health authorities, World Triathlon and Romanian Triathlon Federation in their protocols will be followed.

Races & Sport Presentation: The event will follow the latest published Prevention guidelines for Event Organizers for COVID-19 of World Triathlon.