

| DATE/ ACTIVITY  | TIME                       | PLACE                                     |
|---|----------------------------|---|
| <b>Tuesday, June 11th</b>                                       |                            |   |
| Information Desk  | 08:00-12:00                | Culture Center                            |
| Bike Mechanic Service   | 10:00-13:00<br>17:00-20:00 | Main Venue by Shimano                     |
| Training Sessions in the Swimming Pool Age Groups Paratriathlon | 16:00 - 18:00              | Swimmig Pool                              |
| <b>Wednesday, June 12 th</b>                                    |                            |   |
| Information Desk  | 08:00-12:00<br>13:00-18:00 | Culture Center                            |
| Bike Mechanic Service   | 09:00 - 18:00              | Main Venue by Shimano                     |
| Age Group Team Managers Briefing                                | 15:00                      | Culture Center                            |
| Age Group Athletes Briefing                                     | 16:00                      | Culture Center                            |
| Training Sessions in the Swimming Pool Elite, Juniors           | 14:00 - 16:00              | Swimmig Pool                              |
| Training Sessions in the Swimming Pool Age Groups Paratriathlon | 16:00 - 18:00              | Swimmig Pool                              |
| <b>Thursday, June 13 th</b>                                     |                            |   |
| Bike Mechanic Service   | 06:00 - 18:00              | Main Venue by Shimano                     |
| Bike course Familiarization Elite & Juniors                     | 06:30 - 07:00              | Transition Area for Elite and Junior only |
| Bike course Familiarization Paratriathlon                       | 07:00 - 07:30              | Paratriathlon Transition Area             |
| Training Sessions in the Swimming Pool Elite, Juniors           | 08:00 - 12:00              | Swimmig Pool                              |
| Information Desk  | 09:00 - 20:00              | City Hall - Culture Center                |
| Packets distribution and race numbers for AG                    | 09:00 - 20:00              | Culture Center                            |
| Tri Expo  | 09:00 - 20:00              | Main venue                                |
| Elite& Junior swim course familiarization                       | 10:30 - 11:30              | Pantoon                                   |
| Technical Paratriathlon meeting                                 | 11:00 - 12:00              | City Hall                                 |
| Age Group , swim course familiarization                         | 11:30 - 12:30              | Pantoon                                   |
| Paratriathlon swim course familiarization                       | 12:30-13:30                | Pantoon                                   |
| Training Sessions in the Swimming Pool Age Groups Paratriathlon | 14:00 - 18:00              | Swimmig Pool                              |

|  |                     |                        |
|--|---------------------|------------------------|
| Junior race briefing   | 16:00               | Culture Center         |
| AG Olympic Compulsory check in and uniform check                 | 16:00 - 18:00       | AG Transition Area     |
| Elite athletes briefing  | 17:00               | Culture Center         |
| Packets distribution and race numbers for Elite and Junior Elite | after briefing only | Culture Center         |
| Parade of Nations and Opening Ceremony                           | 18:30               | Culture Center         |
| Pasta Dinner for All   | 19:00 - 20:00       | Harbour-Bistro Bellman |
| ETU Congress   | 09:00 - 16:00       | Grand Kaptan Hotel     |

### Friday, June 14th Age Group Olympic, Junior Women and Elite Women

|   |                      |                       |
|---|----------------------|-----------------------|
| Bike Mechanic Service   | 05:00 - 20:00        | Main Venue by Shimano |
| Age group Olympic Transition area opens                         | 05:00 - 07:00        | Transition area       |
| Age Group Olympic starts  | <b>07:00 - 08:30</b> | Pantoon               |
| Training Sessions in the Swimming Pool Elite, Juniors           | 08:00 - 12:00        | Swimmig Pool          |
| Tri Expo  | 09:00 - 20:00        | Main venue            |
| Information Desk  | 09:00 - 14:00        | City Hall             |
| Junior Women Lounge opens for check                             | 11:30 - 12:30        | Main venue            |
| Junior Women check in-Transition area opens                     | 12:00 - 12:45        | Main venue            |
| Junior Women swim warm up                                       | 12:00 - 12:45        | Pantoon               |
| Junior Women presentation                                       | 12:50                | Main venue            |
| Junior Women start  | <b>13:00</b>         | Pantoon               |
| Training Sessions in the Swimming Pool Age Groups Paratriathlon | 14:00 - 18:00        | Swimmig Pool          |
| Elite Women Lounge opens for check                              | 14:30 - 15:30        | Main venue            |
| Elite Women check in-Transition area opens                      | 15:00 - 15:45        | Main venue            |
| Elite Women swim warm up  | 15:00 - 15:45        | Main venue            |
| Elite Women presentation  | 15:50                | Main venue            |
| Elite Women start   | <b>16:00</b>         | Pantoon               |
| AG sprint Compulsory check in and uniform check                 | 16:00 - 18:00        | transition area       |
| Award Ceremony for Junior and Elite Women                       | 18:15                | Finish Gantry         |
| Award Ceremony for Olympic Age groups                           | 18:45                | Finish Gantry         |

## Saturday, June 15<sup>th</sup> – Age group Sprint, Junior Men and Elite Men

|   |                      |                       |
|---|----------------------|-----------------------|
| Bike Mechanic Service                                     | 05:00 - 20:00        | Main Venue by Shimano |
| Age group Sprint Transition area Opens                    | 05:00 - 07:00        | Transition area       |
| Age Groups Sprint Start                                   | <b>07:00 - 08:30</b> | Pantoon               |
| Tri Expo  | 09:00 - 20:00        | Main venue            |
| Information Desk  | 09:00 - 20:00        | City Hall             |
| Junior Men Lounge opens                                   | 10:30 - 11:30        | Main venue            |
| Junior Men Transition area opens for check in             | 11:00 - 11:45        | Main venue            |
| Junior Men swim warm up                                   | 11:00 - 11:45        | Pantoon               |
| Junior Men presentation                                   | 11:50                | Main venue            |
| Junior Men Start  | <b>12:00</b>         | Pantoon               |
| Elite Men Lounge opens                                    | 13:30 - 14:30        | Main venue            |
| Elite Men Transition area opens for check in              | 14:00 - 14:45        | Main venue            |
| Elite Men swim warm up                                    | 14:00 - 14:45        | Pantoon               |
| Elite Men presentation                                    | 14:50                | Main venue            |
| Elite Men Start   | <b>15:00</b>         | Pantoon               |
| Award Ceremony for Junior and Elite Men                   | 17:15                | Transition area.      |
| Award Ceremony for Sprint Age groups                      | 17:30                | Transition area.      |
| Relay Junior & Elite briefing                             | 19:00                | City Hall             |
| Paratriathlon race briefing and race packets distribution | 20:00                | City Hall             |

## Sunday, June 16<sup>th</sup> Team Relay and Paraolympic Events

|  |                      |                       |
|--|----------------------|-----------------------|
| Information Desk                                 | 06:00 - 18:00        | City Hall             |
| Bike Mechanic Service                            | 06:00 - 14:00        | Main Venue by Shimano |
| Junior Relay Lounge check                        | 06:30 - 07:30        | Main venue            |
| Junior Relay transition area opens for check in  | 07:00 - 07:45        | AG Transition Area    |
| Junior Relay swim warm up                        | 07:00 - 07:45        | Pantoon               |
| Junior Relay presentation                        | 07:50                | Main venue            |
| Junior Relay team Starts                         | <b>08:00</b>         | Pantoon               |
| Elite Relay Lounge check                         | 08:30 - 09:30        | Main venue            |
| Elite Relay Transition area opens for check in   | 09:00 - 09:45        | AG Transition Area    |
| Elite Relay swim warm up                         | 09:00 - 09:45        | Pantoon               |
| Elite Relay presentation                         | 09:50                | Main venue            |
| Elite Relay team Starts                          | <b>10:00</b>         | Pantoon               |
| Paratriathlon Lounge check                       | 11:30 - 12:30        | Main venue            |
| Paratriathlon Transition area opens for check in | 12:00 - 12:45        | AG Transition Area    |
| Paratriathlon swim warm up                       | 12:00 - 12:45        | Pantoon               |
| Paratriathlon presentation                       | 12:50                | Main venue            |
| Paratriathlon Start                              | <b>13:00</b>         | Pantoon               |
| Award ceremony Team                              | <b>16:00 - 16:05</b> |                       |
| Award Ceremony Paratriathlon                     | 16:15- 17:15         | Transition area       |
| Closing Party and Ceremony                       | 20:00                | Filika Restaurant     |