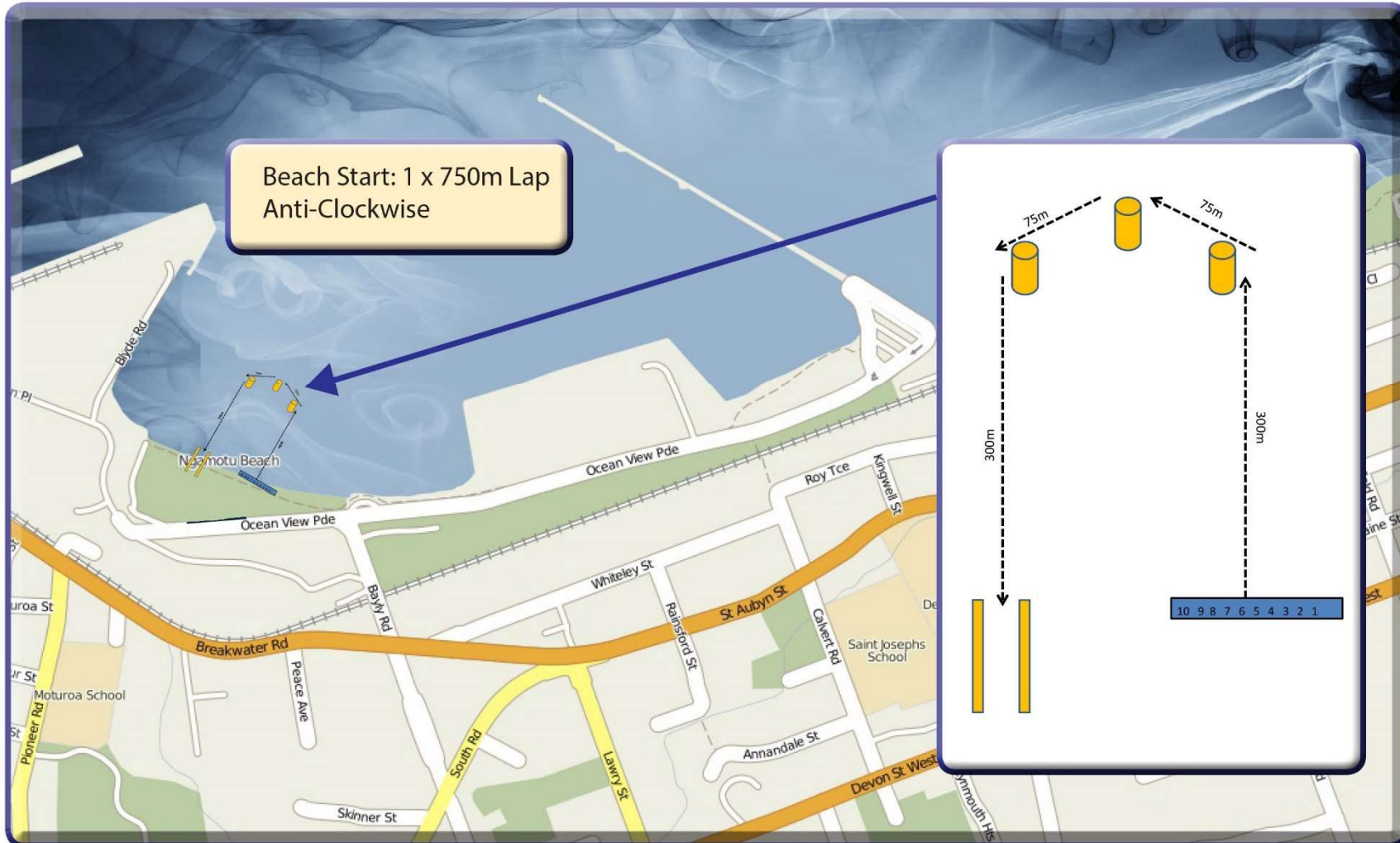
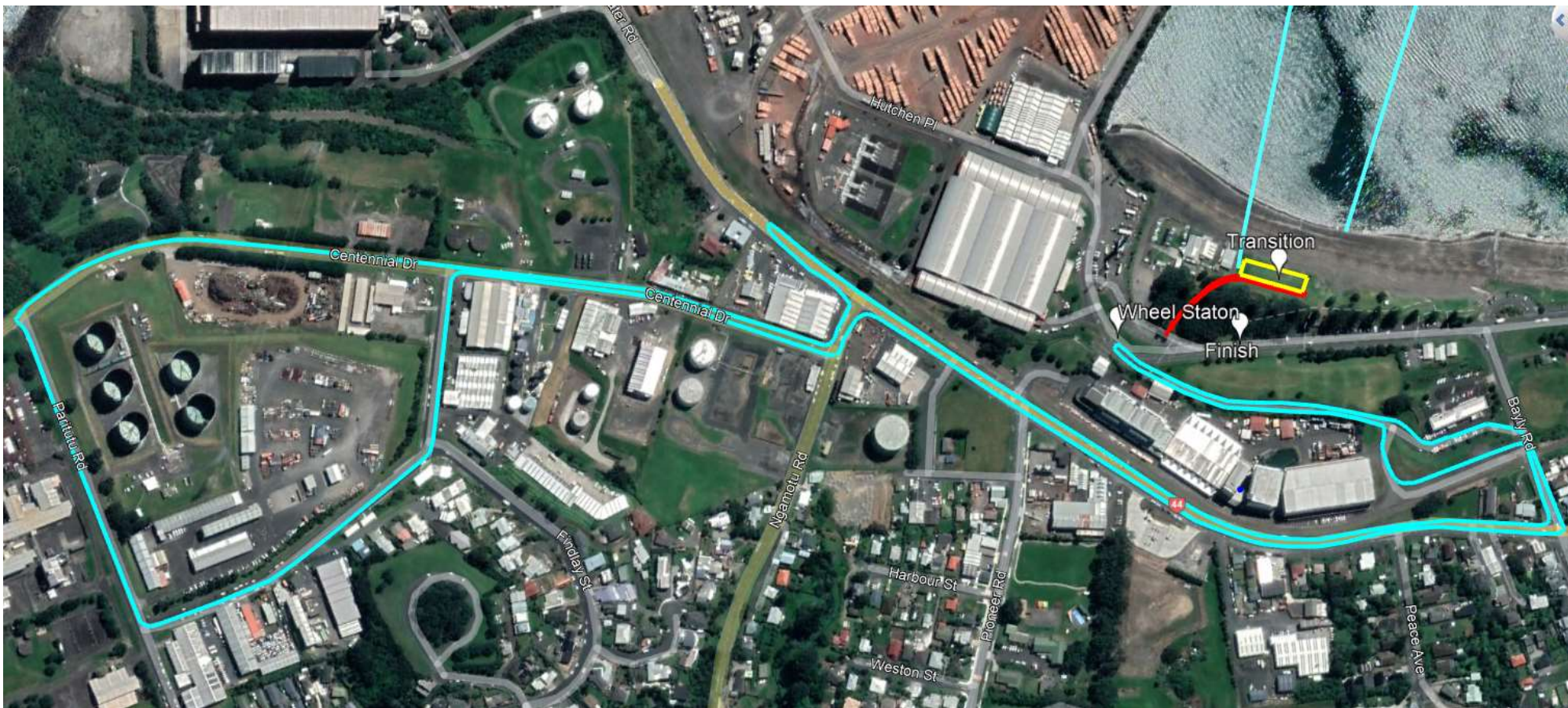




Elite 750m SWIM Course - 1 Lap



Elite 20km CYCLE Course - 4 laps



Elite 5km RUN Course - 3 laps

