## TRIATHLON ELITE COURSE **MOUILLE POINT** LIGHTHOUSE V&A **CAPE TOWN** STADIUM **GREEN POINT ATHLETICS** STADIUM THE TABLE BAY **GREEN POINT** P HOTEL VICTORIA **URBAN PARK** START WHARF QUAY 6 T2 QUAY 5 FINISH P HELEN SUZMAN BLV TRIATHLON ELITE COURSE SEAPOINT PUBLIC LIBRARY **SWIM COURSE** MAIN RD CYCLE 1 CYCLE 2 RUN START - Quay 6, V&A Waterfront FINISH - Green Point Common **TRANSITION** TRANSITION ROUTE **WATER POINT** WHEEL STATION **PENATLY BOX GALLOWS HILL** SIGNAL HILL TRAFFIC DEPT **EVENT PARKING** SPECTATOR ROUTE