

2022 Asia Triathlon Cup Aqaba

Start	Finish	Event	venue
Pre-Race on Thursday 29th September 2022			
11:30	12:30	Volunteers familiarization & rehearsals	Race Venue
Pre-Race on Friday 30th September 2022			
10:00 a.m.	10:45 a.m.	Bike Course Familiarization	Double Tree by Hilton Hotel
11:00 a.m.	12:00 a.m.	Swim Course Familiarization	Swim Course
14:00	16:00	Elite Registration: Uniform Check & Bike Check	Double Tree by Hilton Hotel (LG)
16:00	17:00	TOs familiarization & rehearsals	Race Venue
18:00 p.m.	18:30 p.m.	Briefing Elite and age groups	Online
19:00 p.m.	20:00 p.m.	Race Package Distribution	Double Tree by Hilton Hotel
20:00	21:00	TO's Meeting With TD	Double Tree by Hilton Hotel
SATURDAY 1 October			
05:00 a.m.	06:30 a.m.	Elite Men Athlete Lounge Check-in	Athlete Lounge
06:00 a.m.	06:45 a.m.	Elite Men Transition Check-in	Transition Area
06:00 a.m.	06:45 a.m.	Elite Men Swim Course Warm-up	Swim Course
06:45 a.m.	06:55 a.m.	Elite Men Line Up	Ayla B12
07:00 a.m.	09:00 a.m.	Elite Men Race	Race Course
05:00 a.m.	06:30 a.m.	Elite Women Lounge Check-in	Athlete Lounge
06:00 a.m.	06:45 a.m.	Elite Women Transition Check-in	Transition Area
07:25 a.m.	08:00 a.m.	Elite Women Swim Course Warm-up	Swim Course
08:00 a.m.	08:10 a.m.	Elite Women Line Up	Ayla B12
08:15 a.m.	10:15 a.m.	Elite Women Race	Race Course
13:00 p.m.	13:30 p.m.	Medal Ceremony	Ayla B12 beach
SATURDAY 1 October- Age Group			
05:00 a.m.	06:30 a.m.	Athletes' Lounge open and check-in	Athlete Lounge
06:00 a.m.	06:45 a.m.	Age Group Transition open	Transition Area
08:40 a.m.	09:15 a.m.	Age Group Triathlon Swim Course Warm-up	Swim Course
09:15 a.m.	10:30 a.m.	Age Group Duathlon Start	Race Course
09:30 a.m.	10:45 a.m.	Age Group Triathlon & team Triathlon Start	Race Course
13:30 p.m.	14:00 p.m.	Medal Ceremony	Ayla B12 beach

Open Race & Elite Race
1 OCT 2022
ayla Championship
2022 ASTC Asian Cup

