

Information Passport







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1. General Information

a. Program

Friday 6, March			
4:00 p.m	Run course viewing		
5:30 p.m	Registration		
6:00 p.m	Athletes Briefing		
Saturday 7, March			
9:00 am	Swim training		
10:00 a.m	Bicycle course viewing		
Sunday 8, March			
5:00 a.m	Registration		
5:00 a.m	Racks zone opening		
5:10 a.m	Athletes Lounge 1 opening (beach)		
6:00 a.m	Start of the men race		
6:25 a.m	Start of the women race		
6:30 a.m	Athletes Lounge 1 closening		
7:00 a.m	Athletes Lounge 2 opening (finish line)		
10:10 a.m	Racks zone closening		
10:20 a.m	Awards ceremony		
10:30 a.m	Athletes Lounge 2 closening		

b.

Entry Fee	
Panamericano (Elite-sub23)	\$120

c.

Price Money		
Elite	\$5000 between men and women	
1st.	\$750	
2nd.	\$625	
3rd.	\$500	
4th.	\$375	
5th.	\$250	





2. Venue, Host hotel, Maps

Host Hotel

The host hotel will be Condovac La Costa. The swimming section will be doing in the beach located in front of the hotel, and in the facilities of Condovac is going to be located the racks zone, part of the run and the finish line.

Hotel Condovac la Costa. Tel: +506 2527 4000 www.condovac.com

Melvin Araya, Ejecutivo de Reservaciones

E-Mail: maraya@condovac.com /info@condovac.com

Tel: (506) 4001 1117 / 4001 1100 / 4001 1116 / 4001 1118

***If you pay before February 20, you receive a 10% off in hotel rates. Rates includes breakfast and taxes.

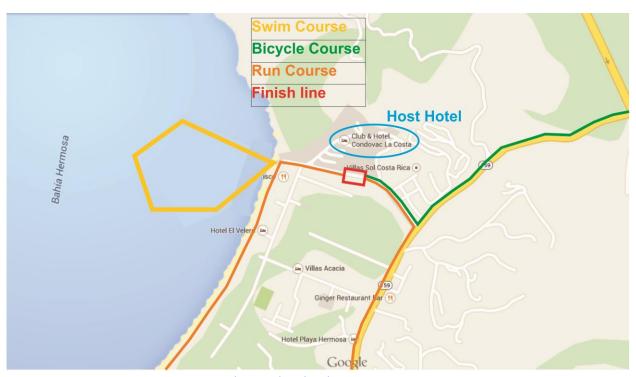


Figure 1. The Host hotel and swimming course map.





Swim Course

The start will be at the beach, with a short walk to the water. In the Elite competition, the athletes must complete two laps of 750 meters each, after the first lap the athletes must walk towards the beach then re-enter the water for the second lap.

The water temperature is expected to be from 24 - 26 Celsius.



Figure 2. Bicycle course map.

Bicycle course

Athetles should complete only one lap of 40 kms.





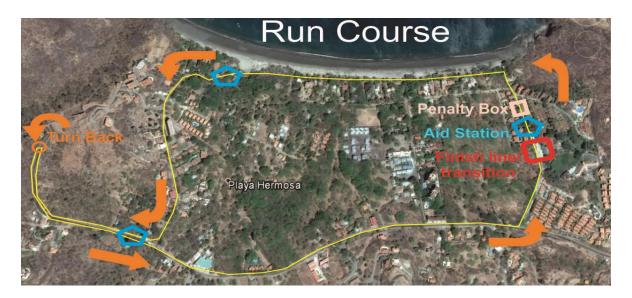


Figure 3. Run course map.

The running course has 5 km, so, every athlete must complete 2 laps for the 10km.

3. Transportation from/to the airport

The event closest airport is Daniel Oduber Airport. It is located in Liberia, Costa Rica.

The transportation from Manuel Oduber airport to the host hotel and from the hotel to Manuel Oduber airport will be provided by the organizing committee. Also, the organizing committee will help the international athetles to coordinate the transportation from/to another airport but each athetle should pay for it.

Important note: the athletes that require this service, must send the flight information to the following email address: floaiza@feutri.org

4. Other information





Athletes Lounge

At the athletes lounge, the athletes will find water and hydrating drinks.

Medical Service

Before and during the competition there will be medical services provided.

Bikes Mechanical Service

The mechanical service will be available at the host hotel on Saturday and before the competition on Sunday.

Organizing Committee Office

The organizing committee office will be located at the host hotel.

