

## 2021 Karlovy Vary World Triathlon Cup

### Concept Paper

#### INDIVIDUAL RESPONSIBILITY

- Have a biosafety plan for your travel (a mask/respirator, personal hand sanitizers, individual food and drinks, avoidance of any crowd or crowded places)
- Participants should aim to keep at least a 2-meter distance from other people, particularly those who feel unwell and cough or sneeze or may have a fever.
- In case of symptoms suggestive of acute respiratory illness before, during or after travel, the athletes are encouraged to seek medical attention and share travel history with their healthcare provider.
- Anyone who feels unwell (i.e. fever, cough) should stay at home and keep away from people until symptoms resolve. Stay away from the event when ill!
- Participants must bring their own equipment (water bottles, towels, masks/respirators and rubber/disposable gloves, etc.)
- Frequent handwashing by participants using soap and hot water or alcohol-based (at least 65–70%) hand rub for 20 seconds.
- Avoid shaking hands, hugging, high fives or fan engagement.
- Avoid steam rooms or saunas.
- Avoid touching your own mouth, nose or eyes.
- Sharing of equipment would be prohibited, utilise your own towel and drink bottle.
- Participants shower and change into clean clothing at home or in a hotel room away from the training or the venue before and after sessions.
- No unnecessary physical contact with a participant, a coach or officials
- Everyone involved with the event over 69 years old and any person with compromised health conditions of the greatest possibility for serious consequences in case of contamination is highly recommended by the organization to take greater preventive measures or even not-participate.
- Travel insurance should cover medical treatment, evacuation and cancellation of trip

#### RISK ASSESSMENT AND MITIGATION

The City Triathlon Karlovy Vary, the Local Organizing Committee (LOC), used the WHO risk assessment and the associate mitigation checklist for mass gatherings in the context of the covid-19 document to design the event offer.

The LOC organization has been implementing multiple activities to respect the Public Health authorities and minimize the pandemic risk keeping the participants and public safe and healthy.

Careful management of the schedule and timing of participant access for an immediate exit of court post-game, with an entry to court when empty only. Minimum use of waiting/marshaling area.

Initiate regular communication with partners, government, public health authorities, participants, officials, volunteers, teams about:

- Event risk assessment results for COVID-19 infection or infection vulnerability
- Information about COVID-19 status in the Czech Republic and in Karlovy Vary
- Copy of supporting resources and signage will be used on venue
- References and Links

PARTICIPANTS' HEALTH SCREENING

- Athletes must monitor their health status continuously (including taking their temperature and monitoring for any symptoms) from 14 days before and during the event.
- A temperature check and oxygen saturation levels check will be performed at the venue entrance daily.  
A temperature above 38°C would be reported to the Covid-19 coordinator
- A Covid-19 coordinator will be appointed within the medical team. He will be responsible for establishing this process and control the respect and application of the health safety rules
- World Triathlon Health Screening Requirements

	Pre-event questionnaire	COVID-19 test before traveling	Medical certificate	COVID-19 test at event	Daily health screening
Elite athletes	yes	yes	yes	yes	yes
Coaches/team medical/support NF personnel	yes	yes		yes	yes

TDs /ITOs/NTOs/ Competition Jury	yes	yes	follow public health request	yes	yes
IF/Continental Federation Delegations	yes	yes	follow public health request	yes	yes
LOC/ Contractors	follow public health request	follow public health request	follow public health request	follow public health request	yes

### PRE ENTRY REQUIREMENTS

All international participants need to follow all requirements below.

- Fill an arrival form by Czech Government <https://plf.uzis.cz/>
- Fill LOC arrival form <https://forms.gle/B671F5gJxhoCqucC9>
- Install <https://erouska.cz/> application for contact tracing
- Follow [https://www.triathlon.org/pre\\_event\\_covid\\_19\\_screening\\_guide](https://www.triathlon.org/pre_event_covid_19_screening_guide)
- All participants need to bring their own masks for outdoor use and respirators(FFP2 or N95) indoor use. This is mandatory by Czech Government

### ARRIVAL INFORMATION

Arrival information is available and up-to-date on LOC Covid related site

[https://citytriathlon.cz/en/covid-19\\_en/](https://citytriathlon.cz/en/covid-19_en/)

### USE OF MASK/MOUTH-NOSE FACE COVERING AND RUBBER/DISPOSABLE GLOVES

- Use of masks/mouth-nose face covering by volunteers, officials and other accredited clients in contact with participants.
- Participants must wear masks/mouth-nose face covering during any non-competition activity.
- For all INDOORS activities FFP2 or N95 respirator is mandatory instead of usual mask
- Participants must wash/disinfect their hands whenever possible.
- Organization will be only providing masks/mouth-nose face covering and rubber/disposable gloves to its volunteers and staff along with a contingency amount

for medical needs.

All other participants must bring their own equipment.

## VENUE AND EVENT STRUCTURE

Organization will set the venue in a manner to ensure physical (at least 2 meters) separation of athletes, officials, spectators (if any) and support staff. Spectators would also be invited to follow the social distancing rules while the grandstands seating. All the flows within the venue should be one-directional. Spectators (if any) would be advised not to stop in narrow sections of the corridors.

We would also implement:

- Ensure everyone entering the venue accepts the health guidelines.
- Speed up the venue entry process and minimize contacts.
- Likelihood reduce delays, lines and/or physical distancing issues.
- Event schedule is divided into blocks throughout the day.  
Force a public turnover, frequent hand washing and maintaining venue capacity.
- Limit the total number of people in the venue and respect 2 meters physical distancing.
- Hand washing facilities at the venue entrance and sanitization points available on the venue.
- Ensure common surfaces are sanitised regularly.
- Minimise the sharing of equipment.
- Equipment are disinfected and dried after each training or event.
- Builds and maintain a comprehensive accurate database of our participants.

No opening / closing ceremonies and briefings are planned, minimizing the opportunities for mass gathering.

## ATHLETES' SERVICES

### AIRPORT TRANSFER

### TRAINING FACILITIES

- Athletes are recommended to keep distance during running sessions and during their session in the swimming pool. Overall recommendation is to try to have those sessions in the morning to avoid peak times.

### ATHLETES' AND COACHES' BRIEFING

- All race information will be provided to the athletes online.

- An online briefing will be organized on the ZOOM platform. Details will be provided prior the briefing.

#### RACE PACKAGE DISTRIBUTION

- Registration times will be allocated to each delegation and will be communicated electronically to them along with his/her race number.
- All personal according to Health Screening process will be first tested for Covid-19
- The temperature and oxygen saturation levels will be checked.
- Allocated time slot and 2m between athletes must be respected inside the registration room.
- During the Race packages distribution, Everyone needs to wear respirators(N95 or FFP2), including staff.

#### BAG DROP-OFF

- NO bag drop area will be provided. Limit your personal belongings that can be left within your transition area.

#### COURSE FAMILIARISATIONS

- Details will be provided in the respective athlete's guide.

#### TRANSITION ZONE CHECK IN/OUT

- Athletes must respect check-in times in allocated specific time slots.
- The distance of 2m between athletes must be respected at the waiting area outside the transition zone.
- Athletes must wear masks/mouth-nose face covering during the check-in process.
- Athletes are requested to check out immediately after their race is completed.
- The intent is ensuring athletes are spending as little time as possible at the venue to minimise risk.
- Transitions will be completely disinfected between races

#### EVENT FORMAT

- The athletes will be allowed to keep their last-minute equipment at their transition spot.
- Athletes will keep their face-masks all the time, except racing and warming up
- New mask needs to be used between warmup and introduction. Also a new mask needs to be used after the race is over
- Athletes must not expose their torso and nudity is strictly forbidden.
- The athletes are recommended to avoid running directly behind another athlete at a distance less than 4m. If the distance is less, it is recommended to be either at a 45-degree angle or alongside the other athlete and avoid facing each other.

## FINISH AREA

- Finish area will be designed to keep the flow of athletes to the recovery area which will be available for after race immediate rest and for handing over of refreshment bags. Athletes should spend only the necessary amount of time there.
- NO photos post-finish area.

## SUMMARY OF ACTIVITIES

<u>Item</u>	<u>Pandemic control activity Implemented</u>
General Seating Areas	Sanitized between events
Canteens	Not provided
Cash Handling	No cash accepted, Credit or debit cards only
Changerooms	Participants to change before coming to the venue
Transition Cleaning	Sanitized races
Designated Entry & Exit Points	Distinct venue entry and exit
Hand sanitizers	Room Entry and on venue
Infrared Temperature Testing	On venue entry
Public Water Fountains	Not provided
Sanitise Finish area	Sanitized between events
Social Distancing in areas with Lines	2 meters
Toilets	Cleaned every hour
Medias	Social distancing with participants
Testing	Antigen or PCR according to Health Screening

## SPECIFIC RISK MITIGATION PLANNED

### **Arrival on venue**

On arrival, participants would have their temperature and oxygen saturation level checked. Venue will display clear instructions and signage to inform participants of the Health Risks of COVID-19 and rules of entry into the venue. Hand sanitizer would be available at the entry.

### **Equipment**

Equipment (e.g. microphones, transition racks, tables, etc) would be sanitised prior to use each day and in between each races. A process will be in place to ensure there is compliance.

Participants will be limited to use their equipment. They are not permitted to share with others their equipment.

### **Medical coordinator**

A covid-19 coordinator will be appointed to manage the restrictions so that the races and events are conducted in a controlled manner, overseeing social distancing, overall numbers of participants (and minimising the number of non-participants in the venue) and people, management of equipment hygiene and participants compliance (hand hygiene, entry and exit to the venue and areas).

### **Breaks between races**

Set a break between races allows us to clean transitions and finish areas before the next race

### **Capacity Control**

Capacity control and crowd control are limited as we have limited rights to enforce such a thing. In venue we are not expecting a high number of athletes at the same time

### **Triathlon competition contact risk mitigation**

Athletes will be required to shower with soap and change (at hotel or home) prior to their race and again immediately following the race at their hotel room or their home. This mitigation will be supported with significant hand hygiene strategies during a competition.

It is the responsibility of each athlete to ensure he/she complies with this requirement.

### **Venue Entry and Exit**

Venue will have designated separate entry and exit routes to reduce the risk of contact between groups. If an individual is ill, has a fever, cough, runny nose, sore throat or any other sign of being acutely unwell, they will not be permitted to enter the venue.

### **Hygiene during the warmup or the race**

To reduce the risk of infection in a race when there will be some incidental contact hand sanitizers will be available in transition, finish and start area. Participants, Volunteers and Technical officials will be required to use hand sanitizers when required during races, including between races, and when substitutions move in and out of the event.

### **Towels and Drink Bottles**

Participants should bring a personal towel and drink bottle(s) and not share these with others.

### **Non-Essential Services**

Changing should be done in participants' home or hotel room before coming to the venue. Participants should arrive at the venue ready to perform.

General seating areas are not fenced off. Application of sanitary rules will be enforced.

### **Technical officials**

Technical Officials should take care to consider avoiding crossover between groups. Officials will apply consistent groupings of officials throughout the day.

Officials must be directed to:

- Only use the whistle when necessary
- Use a short, sharp whistle blow, no long hard blows
- Do not officiate when feeling unwell
- Use hand sanitizer at every break in the race (between groups, substitutions)
- Blow a whistle facing away from athletes

### **Seating Areas**

Venue seating (if available) will set in manner to respect social distancing guidelines with the help of volunteer to manage seating only for the numbers allowed.

### **Social Distancing**



Venue entrance and other areas where people will gather, or lines may occur will be marked clearly in accordance with the Public Health authorities to encourage participants to follow Social Distancing advice (for example 2 metre spacing).

### **Races & Sport Presentation**

Participants presentation would be done respecting 2 meter spacing (done for TV only). We would enforce also social distancing for media interface with participants.

Minimise close contact:

- No handshake and no high-five between participants, colleagues, officials, etc.