



Winter World Championships

PRAGELATO - SESTRIERE 2024

Winter Triathlon Age Group/Para General Map Course **Alternative**

Run: 2 (1) laps of 2.5 km (TC 32m)

Bike: 3 (2) laps of 3.2 km (TC 99m)

Ski: 5 (3) laps of 2.0 km (TC 70m)

Repetition: x1

Total Run: 5.0 (2.5) km

Total Bike: 9.6 (6.4) km

Total Ski: 10.0 (6.0) km

