**Event Rules**

**1. GENERAL:**

1) Athletes will be required to sign the ITU Athletes Agreement, as a precondition for entering the race.

2) All athletes and team support personnel must carry their own medical insurances.

3) According to ITU rule, Elite, Junior competitions will be drafting-legal, and Age Groups, Fun Tri, Duathlon and Aquathlon competitions will be drafting-prohibited.

4) All Elite athletes are required to register through respective National Federation on the ITU Website.

5) All Age Group athletes are required to conduct a Health Check before the race according to the attached Guidelines and the related certificate must be shown upon registration at the Official Hotel.

**2. EQUIPMENTS:**

1) The equipments of competitors (Bicycle, helmet, uniform etc.) must abide by ITU Rules and Regulations. Mountain bikes will be allowed for Age Groups and Fun Tri groups athletes provided that the bikes are coincident with safety regulations.

2) Exposed bare torso is not acceptable during competition, including the swimming section.

3) On the race day, athletes will be given a Timing band and swimming cap during their check-in procedure. The timing band should be worn on the athlete’s right ankle, which must be returned upon finish or delivered to a technical official in case of withdrawing from the race.

**3. RACE NUMBERS:**

1) For all the athletes, the following numbers will be provided and should be used according to the formula as below:

* One(1) bike number, to be attached to the saddle pole.
* Three(3) sticker numbers, to be attached at the front and both sides of the helmet.
* One(1) sticker number, to be attached to the bag.

2) For Age Groups and Fun Tri groups, two(2) sets of bib numbers will be provided, which preferably shall be attached to the chest and upper back. At least, the bib number must be attached to the upper back during cycling and to the chest during running. No bib number will be used for Elite groups.

3) Body decal numbers will be used for Elite athletes. For Age Group athletes, the body numbers will be drawn by technical officials.

**4. DOPING CONTROL:**

Doping Tests will be performed according to the ITU/WADA rules.

**5. TIME LIMITS:**

|  |  |  |
| --- | --- | --- |
| **Category** | | **Total** |
| Triathlon | Standard Distance | 4hrs |

Attachment: *(Only for Age Group athletes)*