



# Athletes Guide

# Welcome

Managing director - Will Blackaby is proud to be hosting the World Triathlon Para Series on Saturday 18th March 2023.

The Devonport Triathlon is one of Australia's oldest, with the first event held in 1985. Over its 35 years, Devonport Triathlon has built a global reputation as being 'world class' and one of the country's best triathlon experiences.

We look forward to welcoming you to Devonport on Tasmania's North West Coast and providing you with an unforgettable experience.

Will Blackaby  
Managing Director



# Triathlon Australia



I'm delighted to welcome you to Devonport for the 2023 World Triathlon Para Series. This year we see a weeklong festival of high-quality events descending on Tasmania including the School Sport Australia Nationals, Oceania racing, and the World Triathlon Para Series will headline the racing with the highest standard of competition in the world.

Triathlon is well known for being a sport with a strong and welcoming community that offers an amazing personal challenge. This week will see all of Triathlon's values on display. Unity, enjoyment, and inclusivity are a few that will be at the heart of all the racing across the week.

2023 marks one year out from the 2024 Paris Olympics and Paralympics. Some of our current and future champions will be on display as they prepare for international racing and the journey to selection on the Australian Team.

We are living in the most exciting times for triathlon. We are on the ten-year runway toward Brisbane 2032 Olympics and Paralympics, but before we get there, we will also host the 2026 Commonwealth Games in Victoria.

On behalf of Triathlon Australia, I would thank the local organizing committee, with special thanks to Will Blackaby. Thank you also to the support of Devonport local Government and the Tasmanian Government for their continued support of triathlon.

I look forward to some exciting racing and encourage you to bring everyone you know to meet Australia's best athletes as they race toward Paris 2024. I look forward to seeing you at the finish line.

Tim Harradine  
Chief Executive Officer  
Triathlon Australia



## Tasmanian Premier



I'm delighted to welcome you to the 38th Devonport Triathlon. The Tasmanian Government is pleased to once again be supporting this fantastic showcase of sporting skill and endurance.

Since 1985, the Devonport Triathlon has been one of Australia's leading triathlons, attracting competitors from across the state, Australia and internationally.

I hope you will be inspired by the stunning beachside course, with spectacular views of Bass Strait offering an idyllic backdrop to the event, which once again features a round of the prestigious Paratriathlon World Series alongside the Oceania Elite, U23 Sprint Series, and junior competitive events.

For those visiting our state, I wish you a very warm Tassie welcome. I hope you will enjoy your time on our beautiful north coast and take some time to explore the region, which is home to fantastic produce, great food and wine, and an array of nature-based tourism experiences.

I'd want to take this opportunity to congratulate the organising team and the many volunteers whose hard work is crucial in delivering a sporting participation event of this high calibre.

To all participants, good luck with the event and thank you for being a part of the 2023 Devonport Triathlon Festival.

A handwritten signature in black ink, which appears to read 'Jeremy Rockliff'.

Hon. Jeremy Rockliff MP



## Devonport Mayor



This year the Devonport Triathlon occurs during a time of transformation for Devonport. A time as a city that we, like these amazing triathletes, push ourselves beyond our limits.

I am delighted to welcome you all to the 2023 Devonport Triathlon; a cornerstone of Devonport's sporting identity for over 30 years.

I hope you experience the charm of our region, as you swim, cycle and run through the LIVING CITY of the north-west coast. Enjoy our beautiful beaches, clear waters and scenic parklands.

Thank you to the volunteers who dedicate their time and effort, ensuring the success of this iconic event.

And finally, thank you to the triathletes. As you challenge yourself throughout this experience, you inspire us with your courage, tenacity and strength. You are all champions.

Councillor Alison Jarman Mayor of Devonport



[www.discovertasmania.com.au](http://www.discovertasmania.com.au)





## Event Information

Welcome to the 38th running of the Devonport Triathlon.

The Devonport Triathlon is one of Australia's oldest, with the first event held in 1985.

In 2023 we are ready to welcome athletes from all around the world back to Tasmania. This event has a great atmosphere, stunning course along the waterfront and major support of the local community.

### **2023 Devonport Triathlon will host the following events:**

Wednesday 15th March

- School Sport Australia Triathlon Championships
- School Sport Australia Multi Class Championships

Thursday 16th March

- School Sport Australia Triathlon Relay Championships
- School Sport Australia Multi Class Relay Championships

Saturday 18th March

- World Triathlon Para Series
- Oceania Sprint Triathlon Championships - Elite & U23

Sunday 19th March

- Australian Mixed Team Relay Championships - Elite & U23



## CONTACT INFORMATION

Our event information centre will be located upstairs at the Devonport Surf Club. This is the main contact for athlete questions. For technical questions regarding your race, you are invited to attend the race briefing, located at Level 3, Paranaple Centre, 145 Rooke Street Devonport where Technical Officials (TOs) and Event Director will be available to answer any questions.

Please contact the LOC for further enquires

### **Tri Events Tasmania**

Will Blackaby  
Event Director  
Email: [will.blackaby@trieventstas.com](mailto:will.blackaby@trieventstas.com)  
Phone: +61 439 143 131

### **Further Information**

Website  
[www.devonport-triathlon.com.au](http://www.devonport-triathlon.com.au)

### **Local Organising Committee (LOC)**

Event Director  
Will Blackaby  
[will.blackaby@trieventstas.com](mailto:will.blackaby@trieventstas.com)

Athlete Services  
Maree Blackaby  
[admin@trieventstas.com](mailto:admin@trieventstas.com)

Medical Coordinator  
SafeTas

### **World Triathlon Team**

Technical Delegate  
Cathi Davey (NZL)  
[info@bissonplasticsurgery.com](mailto:info@bissonplasticsurgery.com)

Assistant Technical Delegate  
Michael Thompson (AUS)  
[michael@prestigeblinds.com.au](mailto:michael@prestigeblinds.com.au)

## EVENT SCHEDULE



### FRIDAY 17TH MARCH

Swim Course Familiarisation	09:00 - 10:00
Athlete Briefing/ Registration	17:00 - 18:00

### SATURDAY 18TH MARCH

Athlete Lounge Check In	10:45 - 11:15
Transition Check In	11:30 - 12:00
Swim Warm Up - Elite & U23 Female	11:40 - 12:10
Introductions - Elite & U23 Female	12:20
RACE START - Elite & U23 Female	12:30
Swim Warm Up - Elite & U23 Male	12:55 - 13:25
Introductions - Elite & U23 Male	13:35
RACE START - Elite & U23 Male	13:45
Medal Ceremony	15:00



## EVENT SCHEDULE



### **Sunday 19th March**

Athlete Lounge Check In	10:15 - 11:15
Transition Check In	10:55 - 11:25
Swim Warm Up	11:05 - 11:35
RACE START - Australian MTR Championships	11:45
Medal Ceremony	13:30





Devonport City Council  
[www.devonport.tas.gov.au](http://www.devonport.tas.gov.au)



# PRE RACE INFORMATION

## Course Maps



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## Course Maps





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# PRE RACE INFORMATION

## **Visa Application**

Please contact Eric Angstadt

[eric.angstadt@triathlon.org](mailto:eric.angstadt@triathlon.org) for visa application information

## **Registration**

National federations will register their Elite athletes, coaches, and medical staff using the WT online system.

Elite athletes, guides and handlers must check-in prior to entering the pre-race briefing. All athletes must pick up their own race kit at registration which will be handed out by the Technical Officials.

## **IMPORTANT for all Athletes**

An additional medical waiver will be provided at the time of the briefing. This waiver will need to be signed in order to receive a race kit.

### **Events based care - no charge**

Onsite/on course assessment

### **Secondary site - fee for service**

Medical intervention not associated with the event (pre or post event).

Ambulance transport to an off-site medical facility. Secondary facility services.

Hospital, medical clinic, pharmacy. Any follow up care post event.



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## Swim Course

### Course Description

- The swim is in the bay at the front of the Devonport Surf Life Saving building.
- Athletes will gather at the pre-start area 15mins before the start of their race and will be marshalled for athlete introductions.

### Start Area

- The swim will commence on the beach. Details will be advised at the Race Briefing.
- The course consists of one (1) loop of a 750m swim.

### Water Temperature & Tides

- March 18th - High: 08:07  
Low: 14:48
- The water temperature in Devonport can vary dramatically from 15-21 degrees.

### Swim Familiarisation

- Athletes will be able to practice on the swim course on Friday 17th March at 9am.

### Swim Warm Up

- Noted at the briefing.

### Water Quality

- The water quality standards are in accordance with the World Health Organisations (WHO) standards and the European public health standards. World Triathlon competitions rules ensure safe swimming conditions for all athletes.

## TRANSITION

The transition area will be located at the Devonport Surf Life Saving Club. Bikes and helmets will be checked at the Athlete lounges. Spare wheels will also be checked at the athletes lounge and you will be responsible for taking these to the wheel station for final check-in.

## BIKE COURSE

### Course

- Bike = 4 Laps x 5km = 20km
- Turn left out of transition, east along Bluff Road to Clements St intersection, u-turn here and return west along Bluff Rd .
- Turn left at Coles Beach and travel over train line and turn right onto North Street.
- Turn left into North Street.
- U-turn just before Percy St Intersection.
- Return down the hill.
- Left onto Nixon, then u-turn.
- Return to transition via Coles Beach Road and Bluff road to complete 3.5km lap, u-turn for next lap.

### Wheel Station

- Wheel station is located 20m prior to transition.

### Litter Zone

- There will be a litter zone on the bike course to dispose of litter without being penalised. The litter zone will be located 50m from transition on either side of the road.

# REHYDRATE YOUR BODY



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Hydration Partner



## RUN COURSE

### Course

- 2 laps x 2.5km = 5km
- Head east along Bluff Road / Victoria Parade.
- U-turn at George Street and return (staying on the road).

### Run Course Penalty Box

- The penalty box will be located 50m before the finish line.

### Aid Stations

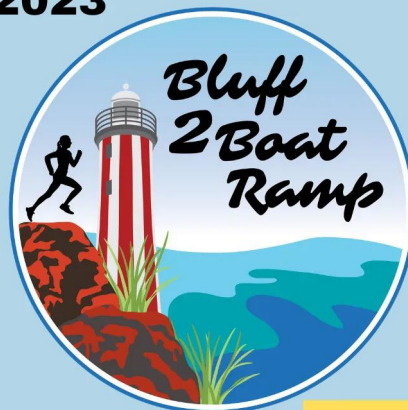
- There is water available to athletes at the designated aid stations on the run course.
- Aid station will be located at Clements Street.

### Litter Zone

- There will be a litter zone on the run course to dispose of litter without being penalised. The litter zone will be located 50m on either side of the aid station.

**SUNDAY MARCH 19TH, 2023**

**1.5 KM / 5 KM / 10 KM  
EVENTS**



**REGISTER TODAY -  
[WWW.BLUFF2BOATRAMP.COM](http://WWW.BLUFF2BOATRAMP.COM)**







## **Swim Training Availability**

Further Information via  
[www.devonport-triathlon.com.au](http://www.devonport-triathlon.com.au)



## POST RACE INFORMATION

### Transport

Devonport Airport

- Only 11km from the race venue
- Operates smaller planes with restrictions on oversize luggage

Launceston Airport

- 108km from the race venue
- Operates larger planes and is easier to check in oversize luggage.

### Airport Transfers

Airport transfers are available to all competitors and support staff. Booking essential via [www.devonport-triathlon.com.au](http://www.devonport-triathlon.com.au)

Alternatively make your own arrangements through the following car hire providers: Thrifty, Hertz, Avis, Budget, and Europcar.

### Event Parking

Devonport Oval - parking bays on William Street, Byard Park, James Street, Eugene Street are all available for public parking.

### Changed Traffic Conditions

Victoria Parade / Bluff Road - from George St around to William St Junction from approx. 5am till 5pm.

Please review maps at [www.devonport-triathlon.com.au](http://www.devonport-triathlon.com.au)

### Local Contact Details

Police: 000

Medical Clinic

Smart Clinics - 144 William Street (03) 6424  
3588

Mersey Community Hospital  
(03) 6478 5500

Devonport Taxi Service  
(03) 6423 3223

Taxi Combined Devonport  
(03) 5424 1431

Devonport Visitor Centre  
(03) 6424 4466

### Things to do in Devonport

Providore Place

Friday Night Market after the athlete briefing  
and registration next to the Paranple Centre.  
[www.providoreplace.com.au](http://www.providoreplace.com.au)

### Restaurants

Mr Good Guy Devonport  
Novotel Devonport  
(03) 6420 5555

Drift Cafe & Restaurant  
Bluff Road Devonport  
(03) 6424 4695

Mrs Jones Restaurant Bar & Lounge  
Bluff Road  
(03) 6423 3881

Discover Tasmania Website  
[www.discovertasmania.com.au](http://www.discovertasmania.com.au)

### Practical Information

Currency: Australian Dollars - AUD

Official language - English

Electric power - 230 volts (50Hz)

Weather - Average temperature 15 to 25  
degrees Celsius

Nearest post office - Australia Post  
88 Formby Road Devonport



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