bonaqua Africa Triathlon Cup Troutbeck	2023 BONAQUA AFRICA TRIATHLON CUP, AFRICA TRIATHLON JUNIOR CUP, ZIMBABWE NATIONAL TRIATHLON CHAMPIONSHIPS, BONAQUA CIMAS I-GO CORPORATE TEAM TRIATHLON & DUATHLON CHALLENGES, OFF-ROAD TRIATHLON, MOUNTAIN BIKE, YOUTH-MINI TRIATHLON, AQUATHLON, DUATHLON, AQUABIKE & OPEN WATER SWIM	
DAY	TIME	PRE AND POST EVENT SCHEDULE
THURSDAY 30/03		VISITING INTERNATIONAL ATHLETES ARRIVE HARARE INTL. AIRPORT, TRANSFER TO TROUTBECK INN RESORT
	1700	ALL ONLINE ENTRIES CLOSE
FRIDAY 31/03		COURSE FAMILIARISATION
	0900-0945	CYCLE COURSE FAMILIARISATION - ELITE, JUNIORS
	1000-1030	SWIM COURSE FAMILIARISATION - ELITE, JUNIORS
	1400-1430	SECOND SESSION SWIM COURSE FAMILIARISATION
		ELITE/U23 ATHLETES
	1130-1230	REGISTRATION & RACE PACK COLLECTION
	1230	ATHLETES BRIEFING - CONFERENCE ROOM
	1300-1330	
	1220 1100	JUNIOR MEN & WOMEN
	1330-1400	REGISTRATION & RACE PACK COLLECTION
	1400	ATHLETES BRIEFING - CONFERENCE ROOM
	1430	MEDIA CONFERENCE-CONFERENCE ROOM
		ALL OTHER PARTICIPANTS RACE PACK COLLECTION & LATE ENTRIES - TRIATHLON / DUATHLON / AQUATHLON /
	1400 1600	
	1400 - 1600	AQUABIKE / CORPORATE TEAMS / OFF-ROAD / MTB / OPEN WATER SWIM - REPORT TO
	1600	SPECIFIC CATEGORY DESKS IN REGISTRATION ZONE
	1600	ALL ENTRIES CLOSE
		RACE BRIEFINGS
	1615	ALL TRIATHLON, AQUABIKE & DUATHLON INDIVIDUALS & TEAMS - AG/YOUTH SUPERSPRINT/CORPORATE CHALLENGE DUATHLON & TRIATHLON TEAMS / AQUABIKE AG - CONFERENCE ROOM ** AT LEAST 1 TEAM MEMBER MUST ATTEND THE BRIEFING.
		FOR ALL EVENTS - COURSE MAPS WILL BE DISPLAYED AT THE VENUE, THEY ARE ALSO AVAILABLE TO VIEW ON OUR WEBSITE WWW.ZIMTRI.ORG. PLEASE TAKE THE TIME TO STUDY THEM
	1800	TECHNICAL OFFICIALS & VOLUNTEERS BRIEFING
SATURDAY 01/04		COMPETITION DAY
	PRE-RACE	OFF-ROAD TRIATHLON & MTB - REPORT TO TRANSITION TENT - BRIEFING 15 MINUTES BEFORE START OF YOUR RACES
	PRE-RACE	YOUTH MINI - REPORT TO TRANSITION ZONE - BRIEFING 15 MINUTES BEFORE START OF YOUR RACE
	PRE-RACE	AQUATHLON - REPORT TO TRANSITION ZONE - BRIEFING 15 MINUTES BEFORE START OF YOUR RACE
	PRE-RACE	OPEN WATER SWIM - 10 MINUTES BEFORE START OF EACH EVENT
	1800	TECHNICAL OFFICIALS & VOLUNTEERS BRIEFING
SUNDAY 02/04	ТВС	DEPARTURES TO HARARE

