

PATRAS



II ΜΕΣΟΓΕΙΑΚΟΙ ΠΑΡΑΚΤΙΟΙ ΑΓΩΝΕΣ  
II MEDITERRANEAN BEACH GAMES  
II JEUX MEDITERRANEE DE PLAGE

عاب شاطئ البحر الأبيض المتوسط الثانية



# TECHNICAL INFORMATION AQUATHLON

## **TECHNICAL INFORMATION**

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## **1. INTERNATIONAL TRIATHLON UNION (ITU)**

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Av. De Rhodanie 54  
Lausanne CH-1007, Switzerland  
Tel: + 41216146030  
Fax: +41216146039  
Email: ITU Head Office  
Website: <http://www.triathlon.org>  
President: Ms. Marisol Casado  
Secretary General: Ms. Loreen Barnett

## **2. INTERNATIONAL COMMITTEE OF MEDITERRANEAN GAMES**

Athens Olympic Sport Complex  
Spirou Loui Ave. - Aquatic Center  
Maroussi - Athens - Greece - 15123  
Tel: +30 210 6850206  
Fax: +30 210 6850207  
Email: [info@cijm.org.gr](mailto:info@cijm.org.gr)  
Website: <https://cijm.org.gr/>

## **3. MANAGEMENT OF THE COMPETITION**

### **3.1 ITU Technical Delegate**

Mr. Andreas Galanos  
Email: [andreas.galanos@gmail.com](mailto:andreas.galanos@gmail.com)  
Phone: +30 697 476 5120

### **3.2 Staff of the Organizing Committee of the Mediterranean Beach Games Patras 2019 (OCMBG 2019).**



The staff organization of the competition is made up of the Sport Director and the ITU Technical Delegate who are going to be responsible for the proper conduct of the competition with the cooperation of competition managers of the unit support.

Competition Manager: Grigoris Skoularikis  
E-mail: [grigoris@runningnews.gr](mailto:grigoris@runningnews.gr)  
Phone: +30 697 7966003

## 4. COMPETITION FORMAT, DATE AND VENUE

### 4.1 Competition date and format

Aquathlon competition of the 2<sup>nd</sup> Mediterranean Beach Games will be held at **31<sup>st</sup> of August** and will include the official distance:

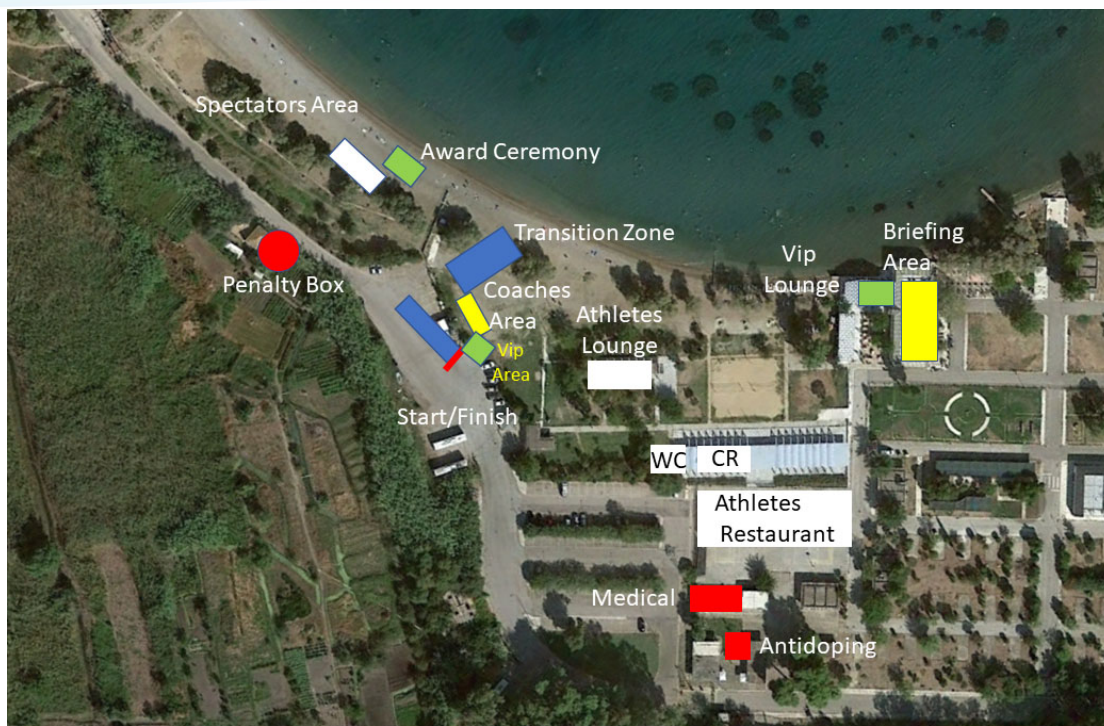
Aquathlon	
II MEDITERRANEAN BEACH GAMES "PATRAS 2019"	
 	
MEN	WOMEN
2.500m Running	2.500m Running
1.000m Swimming	1.000m Swimming
2.500m Running	2.500m Running

### 4.2 Venue

Aquathlon competition will be held at **31<sup>st</sup> of August** at **NTO Camping** at the North Park of Patras.







#### 4.3 Athletes Briefing:

Athletes Briefing: will take place on Friday 30.08.2019 as follows

- 09.00-09.30 Race Briefing
- 09.30-09.45 Race Pickup
- 10.15-10.45 Run familiarisation
- 11.00-11.30 Swim familiarization

#### 4.4 Competition Schedule

- Saturday 31.08.2019
- 09.00 Start Elite Women
- 10.30 Start Elite Men
- 11.15 Award Ceremony

### 5. TERMS AND CONDITIONS UPON WHICH THE COMPETITION WILL BE HELD

Aquathlon competitions will take place if at least eight (8) nations for men's event and six (6) nations for women's event have registered by the deadline set for numeric registration. Considering the minimum number of participants, the President of the

Technical Commission of the International Committee of the Mediterranean Games (ICMG), assisted by one or two (2) other members from the same Commission,

appointed by the President of the ICMG and in the presence of the Sports Director of OCMBG 2019, it will be decided the interruption of the numerical registration. Depending on the Entries by Number submitted by **15th of May, 2019 (23:59 EET)**, the abovementioned Commission will decide on the actual carrying out of the race, or on the possible cancellation of one or more categories, by **22 May 2019**. Then immediately the OCMBG 2019 will notify the National Olympic Committees (NOCs) involved, via fax or e-mail about the possible cancellation of one or more of events. Once confirmed, the events will be held and medals will be awarded, regardless of the actual number of participants.

## **6. COMPETITION REGULATIONS**

Aquathlon competition will be held in accordance with the ITU rules in force during the time period of the competition, special dispensations by the ICMG excepted. ([https://www.triathlon.org/uploads/docs/itusport\\_competition-rules\\_2019.pdf](https://www.triathlon.org/uploads/docs/itusport_competition-rules_2019.pdf))

Any case not covered by the aforesaid rules will be decided as follow:

- General cases will be settled according to ICMG rules;
- Technical questions will be decided according to ITU rules.

Any dispute arising before or during the competitions will be decided by the Director of the competitions in accordance with mentioned rules, except by ICMG.

## **7. TECHNICAL ORGANIZATION**

The Organizing Committee, along with the Technical Delegate of ITU, is responsible for the technical organization and management of the Aquathlon competition of the 2<sup>nd</sup> edition of the Mediterranean Beach Games 2019 in Patras.

### **7.1 Specific procedures under which the competition will be held**

The competition system will be conformed to the ITU rules

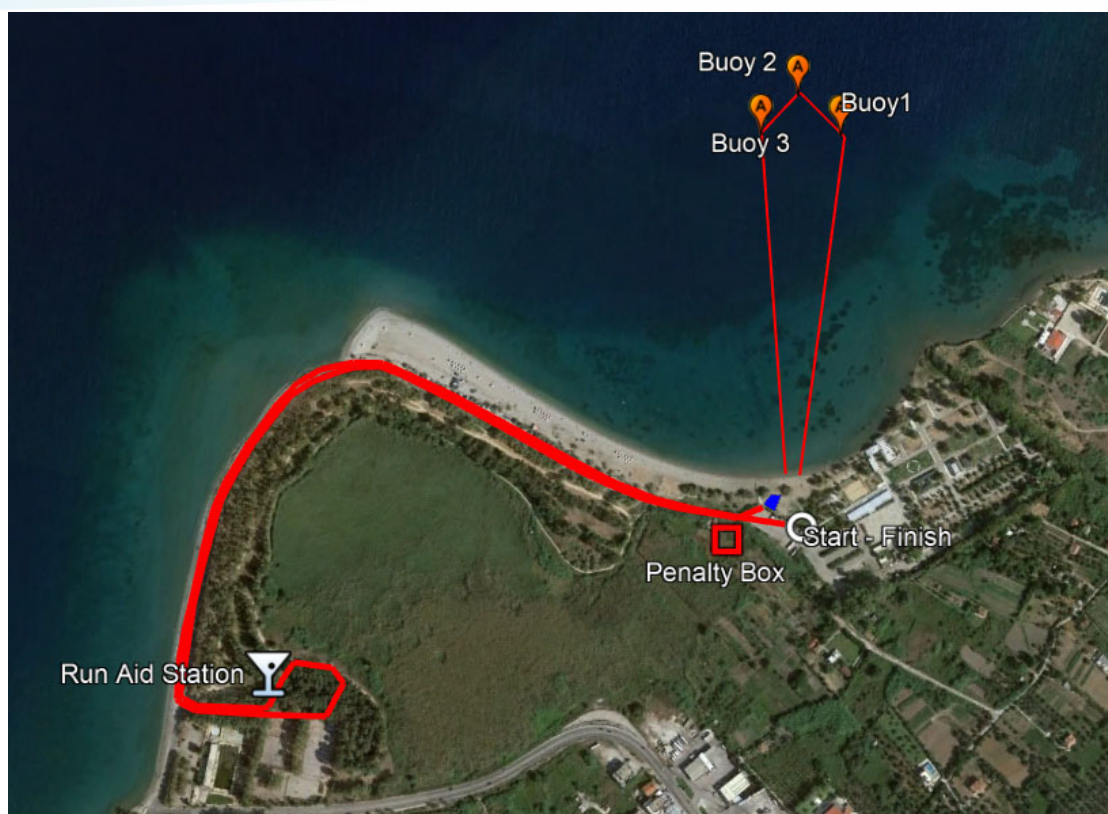
### **7.2 Random draw and composition of team rounds**

The numbers will be assigned by the ITU office when the registrations for the Aquathlon competition will be completed, and will be visible on the site [www.mbgpatras2019.gr](http://www.mbgpatras2019.gr) and on [www.triathlon.org](http://www.triathlon.org), in section dedicated to the Mediterranean Beach Games.

## **8. COMPETITION VENUE**

### **8.1 Playing Venue**

Aquathlon competitions of the 2nd edition of the Mediterranean Beach Games will take place with the following path:



### Indicative Graphic Depiction

#### Running Part

- Starting Point is Iroon Polutehniou Street, Patra 26 442
- Running along Iroon Polutehniou Street until turning point at 1250m from the start where athletes will have to turn and run backwards another 1250m (total distance 2,5km) until they reach the transition area.

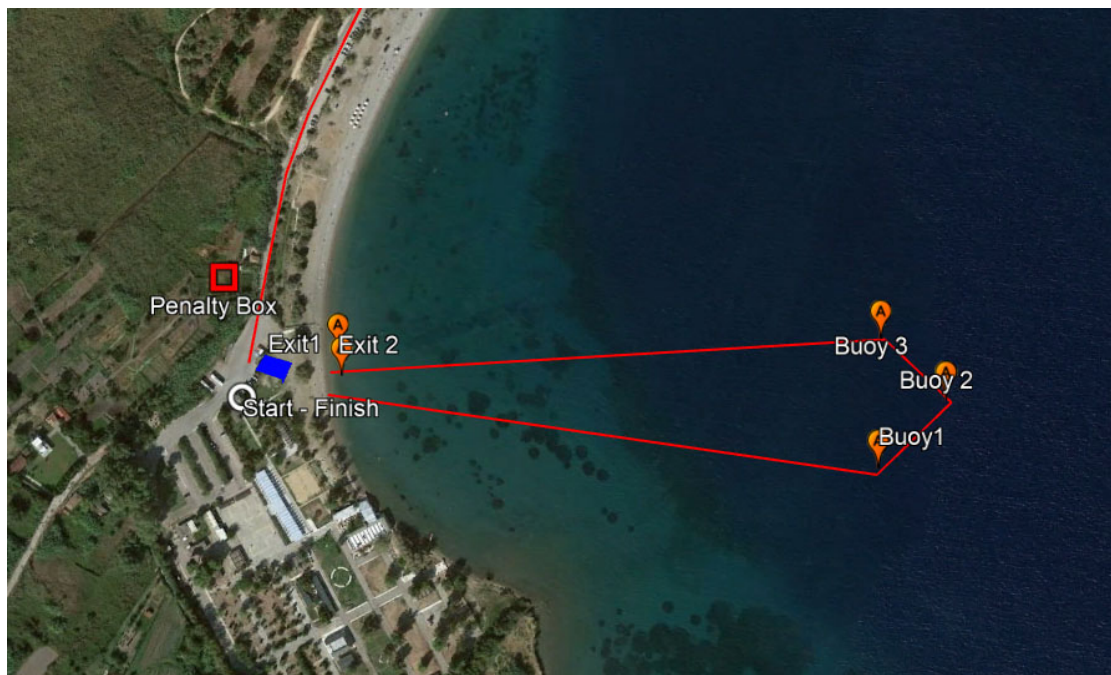
*(Running Course will be delimited with barricades, traffic cones and a start/finish arch)*





#### Swimming Part

- Athletes will enter the sea and they will swim 500 meters until return point which is the turn mark for the shore. Route will be 1km.  
(buoys will show athletes the route into the sea )



#### Running Part

- Athletes will exit the sea at the transition area and follow the same route of total distance 2.5km



## 8.2 Warm-up Venues

A warm-up area, established by the ITU Technical Delegate, will be provided for Athletes (near the competition area).

## 8.3 Changing Rooms

Changing rooms, and supporting facilities such as showers and toilets will be provided for men and women.

## 8.4 Athlete's Lounge

The Athletes lounge, located near the playing field, is for athletes only; during competition sessions, access will be allowed only by showing the accreditation pass. In this lounge, competing athletes will be provided with refreshments including cold beverages, water and fruits.

## 8.5 Mixed Zone and Press Conference Room

Accredited media will be allowed to conduct short interviews with the Athletes in the Mixed Zone immediately after competitions. Athletes must go through this area to get out of the arrival area and they are requested to cooperate and to answer questions from the press. Upon request by

accreditation media, the person in charge of the press of OCMBG 2019 will escort the athletes or their coaches to the Press Conference Room in order to answer questions from the reporters.

#### **8.6 Equipment**

All sports and technical equipment used for Running and Swimming race and training will comply with technical regulations as defined by ITU and in force during the competition time period, special dispensations by the ICMG excepted.

### **9. TRAINING**

#### **9.1 Training Venue**

Based on the number athletes registered for the competitions a suitable number of training areas will be available for training. The training venues will be available one to two days prior to the competition, according to the training program which will be conducted after the final number of participants will be submitted and it will be provided by the OCMBG 2019. A running track and a swimming pool will be available for training as well.

#### **9.2 Procedures for training sessions scheduling**

Teams will be informed upon their arrival. Teams will receive more information on the training sessions at the Information Center and the Technical Office of Aquathlon.

#### **9.3 Available services at the training Venues**

Available services at the training venues will be the same like those in the competition venue.

### **10. ELIGIBILITY**

All NOCs of the ICMG member countries whose Federations are also ITU members can take part in Aquathlon Tournament of the 2nd Edition of the Mediterranean Beach Games 2019 in Patras. Athletes must be nationals of the country they represent and must comply with and follow ICMG and ITU conditions and rules.

Each country is eligible to take part in the Competition with maximum two (2) Athletes for each race.

### **11. REGISTRATION**

#### **11.1 General principles**

The 2<sup>nd</sup> Mediterranean Beach Games in Patras 2019 are open to all the athletes of NOC of the Mediterranean countries- members of ICMG, as it is referred to the regulations of the ICMG map and IOC. All the athletes that participate to the competition must be citizens of the country they represent according to IOC regulations.

#### **11.2 Entries**

The submission of entries by NOCs for the Games will only be accepted via the online e- Sport Entries system (ESE), which is available in English. The list of



entries by number of an NOC with participating athletes must be sent to the OCMBG, via the e-Sports Entries System, until the **15 May 2019 (23:59, EET)** at the latest. This is the “Final by Number for Athletes & Team Officials” deadline. The e-Accreditation System will be opened to the NOCs from June 3, 2019. NOCs are allowed from this moment onwards to enter all information about all potential athletes and officials included in the NOC category, without a Maximum number of persons. All participating athletes must be citizens of the countries they represent according to the IOC rules. Athletes must be entered in each event into which they could take part. Entries system will be accessible on a special section on the website: [www.mbgpatras2019.gr](http://www.mbgpatras2019.gr). Each Delegation will receive a code and a password to access e-sports entries system, download the Technical Information Manual in English and proceed with the numerical registration.

#### **11.2.1 Preliminary Entries by Number**

The Preliminary Entries by Number form issued by the NOC of each participating country must be submitted to the OCMBG 2019 by: **24<sup>th</sup> of March 2019 (23:59 EET)**.

#### **11.2.2 Entries by Number**

The Entries by Number form issued by the NOC of each participating country must be submitted to the OCMBG 2019 by: **15<sup>th</sup> of May 2019 (23:59 EET)**.

#### **11.2.3 Preliminary Entries by Name**

The Entries by Name (**Long List**) must be entered into the system by the NOC of each participating country and must be submitted to the OCMBG 2019 by: **30<sup>th</sup> of June 2019 (23:59 EET)**.

#### **11.2.4 Final Entries by Name**

The final nominative list (**Short list**) of participating Athletes issued by the NOC of each participating country must be submitted to the OCMBG 2019 by: **30<sup>th</sup> of July 2019 (23:59 EET)**.

### **11.3 Entries Confirmation**

Confirmation of entries of the participant athletes will be announced at the Information Technology Center, before the technical meeting. The Team Leader of each Country will be duly sent the specific forms for entries confirmation.

## **12. TECHNICAL MEETING (ATHLETES BRIEFING)**

The Technical Meeting will be held at least one day prior to the start of the competition. The time fixed for the Meeting will be announced at a later date. The Meeting will be organized following ITU rules and under the supervision of the ITU Technical Delegate.

The meeting will be attended by:

- ITU Technical Delegate;
- A Representative for each Participating Country
- OCMBG 2019 Aquathlon Competition Manager
- A representative of the OCMBG 2019
- All Athletes are required to attend signing the form presence, as regulation ITU.

A member of the ICMG Technical Commission will attend the meeting. The Technical Delegate will conduct the briefing to the presence of the Competition Manager.

### **13. MEDICAL SERVICES**

#### **13.1 Medical services available to the Accommodation Sites and Venues**

Medical Services will be available in the Athletes' Accommodation Sites and at the Training and Competition venues for all accredited.

##### **a. Athletes' Accommodation Sites**

Athletes' Accommodation Sites Medical Care will provide assistance to the residents with the following medical services:

- Sports medicine;
- Physiotherapy;
- First aid;
- 24-hour emergency service;
- Ambulance Service.

A Medical Guide will be published with a detailed list of medical services that will be given to the Mediterranean Family during the Games.

##### **b. Training and Competition venues**

Service of sports medicine and physiotherapy will be provided to athletes and support staff at the training and competition venues.

An ambulance service to designated hospitals will be also organized.

A water rescue service will be provided by qualified personnel.

#### **13.2 Anti-doping tests**

Anti-doping test will be conducted during, and sometimes prior to the competition, under the responsibility of the Medical Committee of the ICMG in collaboration with the Anti-Doping Commission of OCMBG 2019 and in accordance with ICMG and ITU rules.

All Athletes selected for anti-doping tests will receive written notification. The procedure for collecting of samples to be analyzed in accordance with set rules and the time limits will then start.

Any athlete who refuses to undergo anti-doping control or who tests positive will be excluded from the competition and will be sanctioned along with his team according to the ICMG and ITU rules.

### **14. TO's AND REFEREES**

#### **14.1 Technical Officials**

For Aquathlon competition International and National TO's will be appointed by ITU. The TO's will control the correct performance of the competition in accordance with Regulation, and timekeepers, through the chip, will prepare a ranking that will be approved by the Technical Delegate, before being exposed and announced.

#### **14.2 Appeals committee**

In accordance with the technical regulations of events of each sport scheduled in the 1st edition of Mediterranean Beach Games, an International Appeals Committee will be created. They will be responsible for the scrutiny of official complaints lodged, as well as of appeals.



If the Technical Delegate is not the President of the Appeals Committee, the International Federation will decide, through the Technical Delegate, the name of the President of the Jury of Appeal appropriately named.

In general, special dispensation by the International Federation excepted, the Appeals Committee shall be composed of:

- The technical delegate
- A member representing the OCMBGP 2019
- A member representing Hellenic Olympic Committee

This list will be communicated by the ITU Technical Delegate during the Technical Meeting. In the event of a complaint, the members of the Committee cannot be of the same nationality as the person lodging the complaint itself.

## **15. PROTEST AND APPEALS**

Complaints and appeals will be examined according to ITU international regulations.

## **16. ATHLETIC APPAREL**

### **16.1 Athletes apparel**

Athletes taking part in the competitions of Aquathlon in the 2<sup>nd</sup> Edition of the Mediterranean Beach Games must wear uniforms which correspond to the standards provided by ITU rules. No advertising logos may appear on the uniforms, accessories or, generally, on any clothing or equipment worn or used by athletes, with the exception of producer labels of the clothing and equipment, under the condition that the latter are not displayed for advertising purposes, in accordance with ICMG and ITU rules. Every material used in competition will be checked by the judges on the day of the event, in the area called "athletes' lounge" just before the start of the competition. The awards ceremony is subject to the same rules for the advertising aspects of the athletes' uniform.

### **16.2 Referees apparel**

The referee's apparel is determined according to the specifications that ITU defines.

## **17. SPECIAL EVENTS AND AWARDS**

Award ceremonies will be held according to the daily program.

### **17.1 Medals and diplomas**

#### **Medals and diplomas**

In accordance with the ICMG rules, the following prizes will be awarded:

- **First Prize**

A Gold medal and a diploma for each first-ranked athlete

- **Second Prize**

A Silver medal and diploma for each second-ranked athlete


- **Third Prize**

A Bronze medal and diploma for each third-ranked athlete

- **From the 4th to 8th place**

A diploma for each athlete

## 18. CALENDAR

Aquathlon	
II MEDITERRANEAN BEACH GAMES "PATRAS 2019"	
	
31st of August - 08:00 - 15:00	
MEN'S RACE	WOMEN'S RACE
Men: Run-Swim-Run	Women: Run-Swim-Run
Award Ceremony Aquathlon	

## 19. SPORT'S INFORMATION DESKS

Sport's Information Desks will provide specific information regarding Aquathlon Competition located at the competition venue and at the accommodation site of the Sport's Athletes. These information desks will provide information on competition times, training sessions, transportation, list of athletes and results. Information Desks will also provide technical information issued and communicated by ITU and the OCMBG 2019.

## 20. REGULATIONS APPROVAL

In case of disagreement on the interpretation of this Regulation, the English version shall prevail.

This Regulation was approved by the ICMG on the **28<sup>th</sup> of February 2019**.