




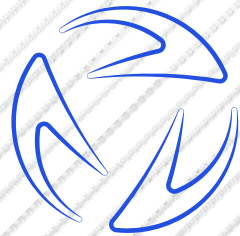
SWIM
750 m



BIKE
880m access
3 laps of 6,200m
470m access



RUN
5 000 m
1 lap



**World Triathlon
Para Cup**
ALHANDRA
2023



7th and 8th of October 2023

COURSES:

Swim 780m
1x

Bike 880m access
3 laps of 6,200m
470m access

Run 5000m
1x



ALHANDRA

Parking P

Parking P

Finish

Transition

Tagus River

200 m



COURSES:

Swim 780m
1x

Bike 880m access
3 laps of 6,200m
470m access

Run 5000m
1x

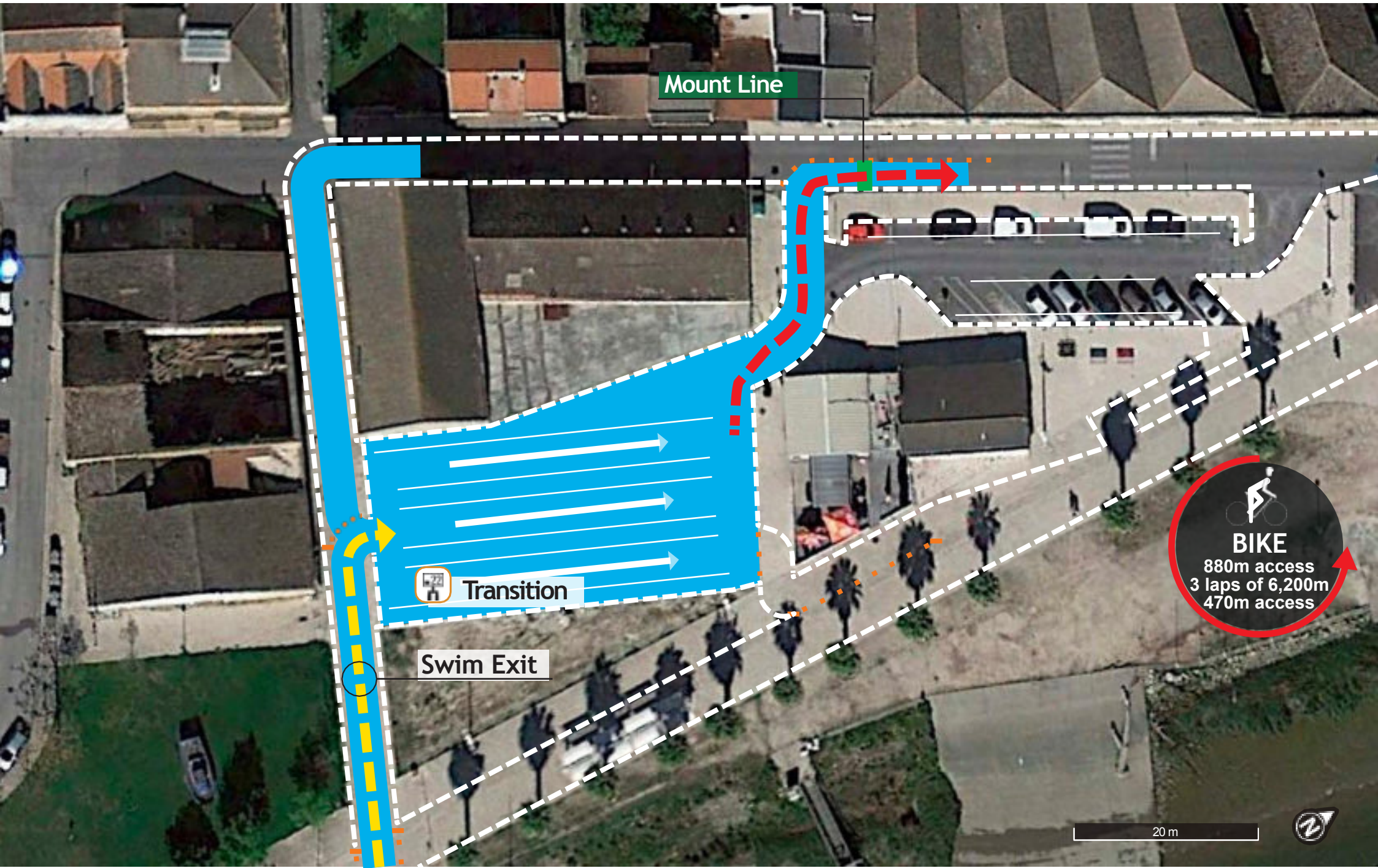




DISTANCES:



880m access
3 laps of 6,200m
470m access



Mount Line

Transition

Swim Exit

BIKE
880m access
3 laps of 6,200m
470m access

20 m





Wheel Station

ALHANDRA

Mount Line

Transition

BIKE
880m access
3 laps of 6,200m
470m access



880m access
3 laps of 6,200m
470m access



BIKE
880m access
3 laps of 6,200m
470m access

1st Return Point



Wheel Station

ALHANDRA

Finish

Transition

2nd Return Point



900 m





Transition

BIKE

880m access
3 laps of 6,200m
470m access

ALHANDRA

IP8

Transition

100 m



DISTANCES:



Dismount Line



BIKE
880m access
3 laps of 6,200m
470m access

Transition



RUN
5 000 m
1 lap

20 m



Run
5 000m
1 lap

Transition

Aid Station


Aid Station


Finish


Return Point






Run
5 000m
1 lap

 Penalty Box

 Aid Station

 Wheel Station

Finish 

 Transition

300 m

