

# ATHLETE'S GUIDE 2017







Greetings and welcome to the 2017 Salinas ITU Triathlon World Cup,

We are thrilled to be returning to Salinas for the second time as it debuted as a new World Cup host to our calendar only last year. While the ITU World Triathlon Series is the premier level of triathlon in the world, we always remain committed to the series that was our first, and helped to catapult triathlon to where it is today. So we are excited to be heading back to Salinas as it is set to host the 14<sup>th</sup> stop on the 2017 ITU World Cup circuit.

While Ecuador is a small South American nation, it has a rich history with ITU having hosted multiple CAMTRI and Pan American Cups. With Salinas offering a spectacular venue with beautiful beaches, there is massive potential to grow the sport of triathlon in Ecuador, and this World Cup has been the start of many more races to come.

ITU would like to thank the local organizing committee, the city of Salinas and the Ecuadorian Triathlon Federation for helping to stage what I'm sure will be another fantastic ITU World Cup.

Overall, I encourage all athletes, volunteers, organizers, media and supporters to enjoy the beautiful city and the spectacle of ITU triathlon. Have a wonderful weekend, and enjoy the season.

Sincerely,

Marisol Casado

President, International Triathlon Union

**IOC** Member







### **SALINAS - HOST CITY**



Salinas is the most important coastal beach-town on the coast of Ecuador. It lies on a peninsula called Santa Elena in the province of the same name. This beautiful city, progressive and modern, sits on the outmost point in the Pacific from Panama to the southern tip of the continent.

Salinas has ground transportation access through first class highways, and you can fly internationally to the nearest airport in Guayaquil, airport code GYE. With its hotel infrastructure always under development, its nationally and internationally recognized gastronomy, its touristic services, climate and location, Salinas is host to several international events, and now has the honor to host the SALINAS ITU WORLD CUP 2017.





### **GENERAL INFORMATION**

The purpose of the Athletes Guide is to ensure that all Elite Athletes and Team Leaders are well informed about all procedures concerning the 2017 Salinas ITU World Cup. Please keep in mind that this information can change and the final race information will be provided to the athletes and the team managers at the athlete's briefing.

KEY DATES
ELITE ATHLETES BRIEFING - Friday, Oct. 27 – 6:00 PM – Hotel Barcelo
BIKE FAMILIARIZATION - Saturday, Oct. 28 – 10:00 – 10:30 AM – Venue
<b>SWIM FAMILIARIZATION</b> -Saturday, Oct. 24 – 10:30 – 11:30 AM – Venue
ELITE WOMEN COMPETITION - Sunday, Oct. 29 – 8:00 AM – Venue

**ELITE MALE COMPETITION - Sunday, Oct. 29 – 9:30 AM – Venue** 

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Federacion Ecuatoriana de Triatlon - TRIFED

President – Julio Ramirez

Juramo51@yahoo.es







#### **VENUE and TRANSITION AREA**



**Chipipe Church on Avenida Malecon** 

The venue has <u>relocated</u> from the 2016 location. Always at Chipipe Beach, this time <u>the Transition Area</u> will be on the West side of <u>Chipipe Church and plaza</u> in Chipipe Beach, on Ave Jose Luis Tamayo (Los Almendros). <u>The Finish Line</u>, Athlete's Services and <u>Athlete's Lounge</u> will be <u>ACROSS</u> the street from Chipipe Church, inside the Municipal Grounds on Avenida Malecon. This area will be open starting FRIDAY morning.



### **ELITE ATHLETES LOUNGE and ATHLETE'S SERVICES**

Facilities including athletes' lounge and toilets are provided to the athletes at the finish area. Sealed bottles of water, fruit and snacks will be offered to the athletes before and after the race in the athletes' lounge. The Athlete's Lounge is located inside the municipal grounds across the church on Ave. Malecon, directly in front of the Finish Line.



### **DOPING CONTROL**

Doping Control will be performed according to the ITU /WADA rules. Doping Control will be under the supervision of Dr. Tyrone Flores. Tests will be performed at the Caridi Chipipe Hotel, only 2 blocks South from transition area.







### **MEDICAL SERVICES**

First Aid and Emergency Medical Services will be available at the venue on Oct. 28th and 29<sup>th</sup> before and during the competition hours.

Medical and paramedical personnel from Cruz Roja (Red Cross) will be available throughout the competition. Two ambulances will be available to provide emergency transfer to the hospital. A medical tent will be provided on site at the post finish area.



### **BIKE MECHANIC SERVICE**

The LOC will have bike mechanics near the finish line at the venue starting Friday October 27<sup>th</sup>. General bike services are free of charge, and packing or unpacking of bikes are available for a fee.







### **INFORMATION CENTRE / LOC OFFICE**

The LOC Office will be located at the Hotel Caridi Chipipe on Ave. Jose Luis Tamayo, 2 blocks South from the venue.

Kerly Mora Perez +593-969-502525. Email: Presidencia.Trifed@gmail.com



### **ACCOMODATION**

Partner Hotel: Hotel Caridi Chipipe, between 4th and 5th Avenues,

Also Hotel Suite Salinas, Salinas.



### **TRANSPORTATION**

The LOC will provide free transportation for elite athletes and their team's officials from the airport-hotels-airport. In order to guarantee your transfer, please forward your arriving and departure information to:

Elma Ramirez Romero <u>Presidencia.Trifed@gmail.com</u>



### **Bike/Swim Familiarization**

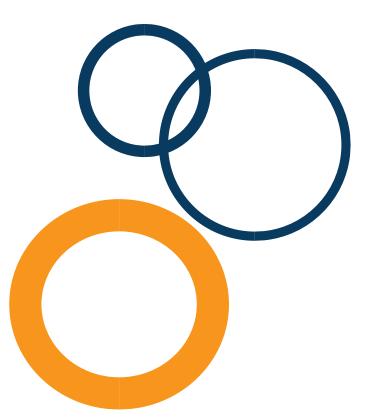
Bike Familiarization meeting point: Please be at 10:00am in front of Chipipe Church on Avenida Malecon, on Saturday, Oct. 28th.

**Swim Familiarization meeting point:** On Chipipe Beach. Walk from Chipipe Church towards the beach on Ave. Luis Tamayo (Los Almendros), and you should find us there from 10:30 am to 11:30 am, Saturday Oct. 28<sup>th</sup>.

Please be aware that the age group race will be on-going and we only have a short window of time for this activity.

#### **COACHES BRIEFING:**

There will not be Coaches Briefing











### **COMPETITION SCHEDULE**

### Friday Oct. 27th

18:00 pm - Elite Athletes Briefing - Hotel Barcelo

### Saturday Oct. 28th

10:00 am - Bike course familiarization 3 laps with police escorts

10:30-11:30 am - Swim course familiarization Chipipe Beach in front of venue

### **SUNDAY OCT 29th - WOMEN**

6:30 - 7:30 am - Athlete Lounge Opens/Close for Elite Women

7:00 am - 7:45 am - Transition Opens/Close for Bike Check-in - Elite Women

7:00 am - 7:45 am - Swim warm up Opens/ Close

7:45 am - Transition for Elite Women closed

7:50 am Elite Women line up

8:00 am - Elite Women race START







### **SUNDAY OCT 29th - MEN**

8:00 - 9:00 am - Athlete Lounge Opens/Close for Elite Men

8:30 - 9:15 am - Transition Opens/Close for Bike Check-in - Elite Men

8:30 - 9:15 am - Swim warm up Open/Close

9:15 am - Transition for Elite Men closed

9:20 am – Elite Men line up

9:30 am - Elite Men race START

11:30 am – Awards Ceremony Men and Women

### **COMPETITION RULES**

http://www.triathlon.org/about/downloads/category/competition rules



### **INFORMATION ABOUT THE FOP**

### **START**

The Start area is at Chipipe Beach off the beach access closest to Chipipe Church on Avenida Jose Luis Tamayo (Los Almendros).

#### **SWIM COURSE**

The course consists of 1 lap of 750 meters in a rectangular shape. The water temperature during the last weeks is expected to be between 20 - 23 C.

#### **BIKE COURSE**

Generally flat. There are 4 laps of 5km each. The route is out and back with a "U" turn at the end of each lap. Somewhat technical as athletes approach transition and go past the finish line area. Athletes who are lapped are taken out of the race. The "First runner, last biker" scenario is unlikely for this event. In this case the biker will be taken off the course.

### WHEEL STATION

Two wheel stations will be provided, the first one is for team wheels located at the corner of Ave Eloy Alfaro and Ave. Jose Luis Tamayo (Los Almendros) across from the transition area. Team wheels will be dropped at the Athlete's lounge appropriately marked. The Neutral Wheel station will be located close to the turn around on the bike.







### **PENALTY BOX**

The penalty box will be located close to the exit of transition area on Ave. Eloy Alfaro.

#### **RUN COURSE**

Completely flat, with 2 LAPS. It starts on Ave. Eloy Alfaro (the same avenue used for the bike course), and makes a sharp RIGHT turn into Ave. Malecon with great views of Chipipe Beach and the ocean. The Turn-around is at the intersection of Ave. Malecon and Avenida 12.

### **AID STATIONS**

There are 2 aid stations, both will be double aid stations. Sealed water will be provided at each station. <u>Please note the littering zones which will be enforced.</u>



### **WEATHER CONDITIONS**

The weather conditions expected in late October range usually around 20 to 28 degrees Celsius, with water temperatures of 20 to 23 degrees.



#### **PROTESTS AND APPEALS**

Standard procedures will be followed according to the ITU competition rules.



### **ACCREDITATION**

LOC will provide all athletes, coaches, technical officials, and journalists with an official accreditation card according to the ITU Event Operational and Technical Requirements.

Accreditation cards for athletes and coaches will be handed out during the official registration on Friday, Oct. 27 after the face Briefing at the Hotel Barcelo. Only accredited persons will be allowed to access certain venue areas.

All accredited persons are requested to carry their accreditation cards with them at all times and to show them upon squest















