



## 2018 Cholpon-Ata NTT-ASTC Sprint Triathlon Asian Cup and Central Asian Championships

### Schedule

#### Friday, July 6

<b>00.00-14.00</b>	Arrival of athletes and their transportation to the official hotel. <i>Two available time of athletes departure from the airport to the hotel for their convenience</i>
<b>15:30-16:30</b>	Bike course familiarization
<b>16:30-17:00</b>	Swim course familiarization
<b>17:30-18:00</b>	Elite Athlete's Press Conference
<b>18:00-19:00</b>	Elite Athletes Registration and Briefing
<b>19:00</b>	Welcome Dinner/Pasta Party

#### Saturday, July 7

<b>11:00-12:00</b>	Elite Women Check-in
<b>11:15</b>	Transition open, Elite Women warm up starting
<b>12:00</b>	Transition closes, Elite Women warm up finishing
<b>12:02</b>	Elite Women Athletes introduction
<b>12:15</b>	Elite Women Start
<b>12:35-13.35</b>	Elite Men check-in
<b>12:50</b>	Transition open, Elite Men Warm up starting
<b>13:35</b>	Transition close, Elite Men Warm up finishing
<b>13:37</b>	Elite Men Athletes introduction
<b>13:50</b>	Elite Men start
<b>15:10</b>	Elite Men and Women Medal Ceremonies
<b>19:00</b>	Gala dinner

#### Sunday, July 8

<b>until 12:00</b>	Departure of participants
<b>until 12:00</b>	Departure of guests and ITU and ASTC members