



2010 Strathclyde Park ITU European Cup Athlete Prospectus

Event Intro

The 2014 Commonwealth Games venue will host the 2010 Strathclyde Park ITU European Cup, hosted by British Triathlon in partnership with North Lanarkshire Council and Event Scotland. The race will also feature the British Elite Triathlon Championships for 2010, along with races for age groupers.

The race is filmed and will be broadcast in the UK on Channel 4 and internationally on Setanta and other local channels.

Key Information

Event Date	23rd May 2010
Race Start Times	11.30am Women, 2.15pm Men
Race Distances	1500m, Two lap swim 38km, Seven lap bike 10km, Three lap run

Course Description

Swim – The swim section will begin with a pontoon start, and at the half way point the athletes will exit the water, a short run then dive back in to start their second lap. Water temperature is expected to be 13°C.

Bike – Seven laps on an undulating course with several short sharp climbs. Each lap will pass through transition.

Run – Three laps on an undulating course with several short climbs which follows much of the bike course. Each lap is 3.33km.

Race Briefing and Course Familiarisation

These will take place on the afternoon of 22nd May 2010.

Accommodation & Transfers

There are several hotels within the park, all a short bike ride from the course, some of which are listed below:

Holiday Inn Express, Strathclyde Park
www.hiexpress.co.uk distance from the venue 2km

Alona Hotel
www.alonahotel.co.uk distance from the venue 2km

Holiday Inn Express, Hamilton
www.hiexpress.co.uk distance from the venue 3km

Hilton Strathclyde Hotel
www.hilton.com distance from the venue 8km

The organisers are providing a free transfer service from **Glasgow International Airport ONLY**, taking athletes to one of the four hotels listed above ONLY. You must sign up to this service no later than two weeks before the event.

If you choose to fly into another airport transfers will not be provided.

Prize Money

£20,000 in total, split equally men and women.

Position	%	Prize Money
1st	25%	£2,500
2nd	20%	£2,000
3rd	15%	£1,500
4th	10%	£1,000
5th	8%	£800
6th	7%	£700
7th	6%	£600
8th	4%	£400
9th	3%	£300
10th	2%	£200

Please be aware, for non-UK residents the organisers will automatically deduct Basic Rate Tax of 22% from the total prize money. All prize money will be paid by bank transfer upon receipt of the triathlete's bank details after the race.

Entry Fee

Entry to the elite race will cost – 35 GBP or 40 EUR

This is payable directly to the organisers at the event at the elite athlete briefing. Payment can also be accepted in Euros.





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British Triathlon Super Series

The 2010 Strathclyde Park ITU European Cup is also the first event in the British Triathlon Super Series, the UK domestic elite competition series.

The series consists of five races, athletes score points in each race dependent on their position, with their best three races counting to their final ranking. The series is open to all comers regardless of nationality. The current champions are Jodie Stimpson and Stuart Hayes.



British Triathlon Super Series Prize Structure (Equal Men & Women)

1st Place	£1500
2nd Place	£500
3rd Place	£250

Races in the British Triathlon Super Series

23rd May	2010 Strathclyde Park ITU European Cup
6th June	Blenheim Triathlon
13th June	Nokia Windsor Triathlon
8th August	London Triathlon
19th September	Wales

For details about the series and to enter any of these races please use the contact details at the end of this document.

Past Winners of the Strathclyde Park Elite Triathlon

Whilst this is the first year the race has been an ITU European Cup, Strathclyde Park has hosted elite triathlons for the past three years, with many famous names appearing on the roll of honour.



Position Women Men

2007

1st	Hollie Avil (GBR)	Will Clarke (GBR)
2nd	Lisa Norden (SWE)	Stuart Hayes (GBR)
3rd	Kirsty McWilliam (GBR)	Alistair Brownlee (GBR)

2008

1st	Samantha Warriner (NZL)	Will Clarke (GBR)
2nd	Christina Pilz (GER)	Alistair Brownlee (GBR)
3rd	Jodie Swallow (GBR)	Dann Brook (GBR)

2009

1st	Jodie Swallow (GBR)	Will Clarke (GBR)
2nd	Kerry Lang (GBR)	Aaron Harris (GBR)
3rd	Jodie Stimpson (GBR)	Dann Brook (GBR)

How to Enter

Entries are being taken through the ITU entry system, you should contact your National Federation if you wish to enter the race.

More Information

If you want to find out more about the race please contact the British Triathlon Federation:

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www.britishtriathlon.org

