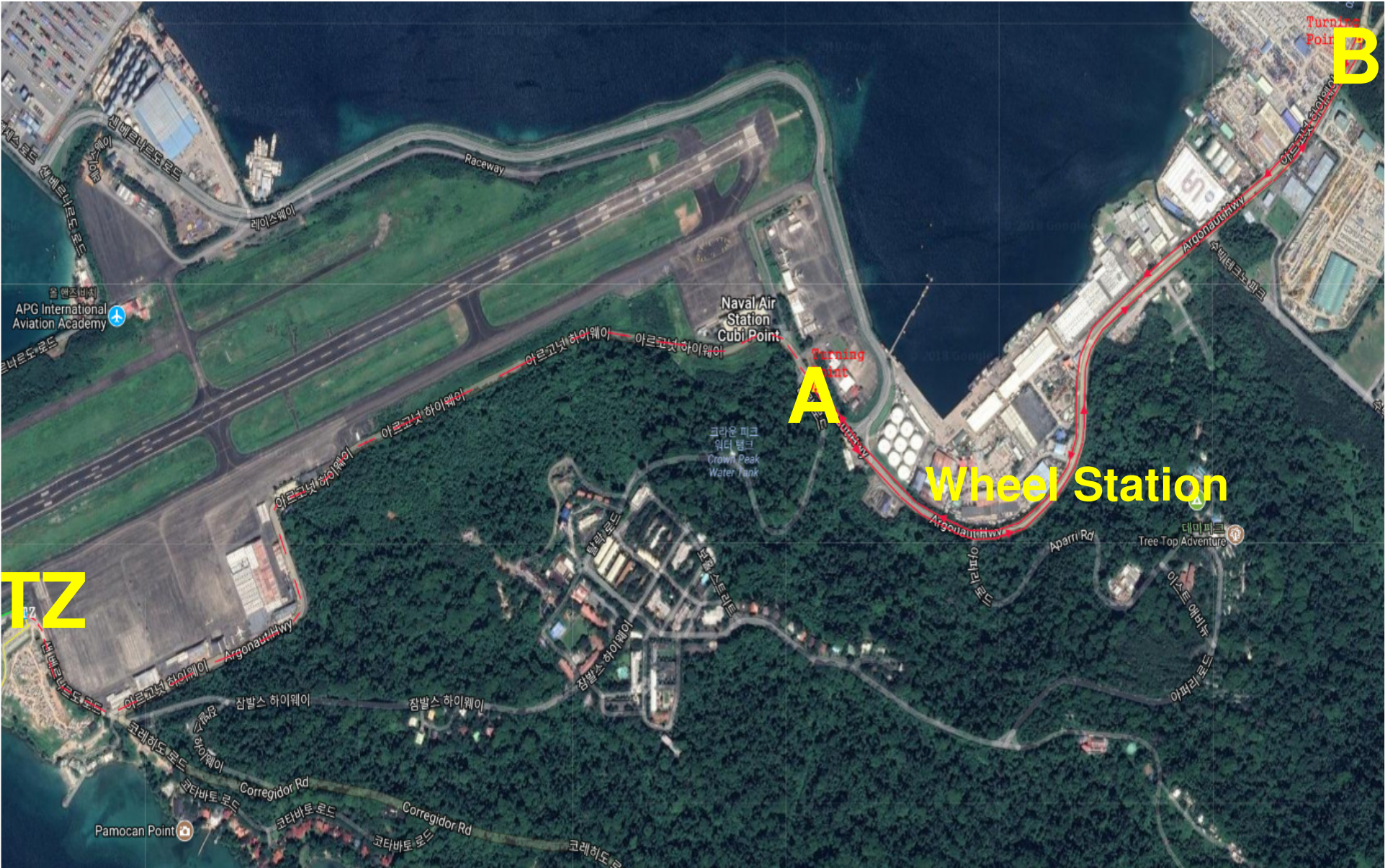


# Swim course 750m - 2 laps



# Bike Course 20km – 3 laps



# Run Course 5km - 2 laps

