

## DATES AYOF

16 – 20 January 2013

## TRIATHLON COMPETITION

18 – 19 January 2013

## VENUE

Sydney International Regatta Centre  
Penrith Lakes  
Free entry for Spectators

## PARTICIPANT NUMBERS

48 Athletes  
Max. 4 Athletes per team –  
(2 men & 2 women)  
24 Team Officials  
Max. 2 Team Officials per team

# TRIATHLON



- **EVENTS & FORMAT**

*Individual (M & W):*

750m Swim, 20km Bike, 5km Run

*Team Relay Mixed Gender (2 male & 2 Female):*

250m Swim, 5km Bike & 1.5km Run – each competitor

- **AGE CRITERIA**

Born Between 1 January 1994 and 31 December 1997

- **INVITED NATIONS**

Australia (x2)

Great Britain

Japan

USA

Canada

Hungary

Netherlands

China

ITU (x2)

New Zealand



***For Further Information:***

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