

 **Europe  
Triathlon  
Sprint & Relay  
Championships**

Balıkesir  
2023



04-05-06 August 2023

V2\_03.08.2023

# Athletes Guide



<b>1. GENERAL INFORMATION</b>	<b>5</b>
1.1. INTRODUCTION	5
1.2. KEY DATES	5
1.3. KEY CONTACTS	5
1.4. CONTACT DETAILS	6
<b>2. VENUE</b>	<b>6</b>
2.1. RACE VENUE	6
2.2 COURSE FAMILIARISATION	7
2.3. ATHLETE'S LOUNGE	7
2.4. ATHLETES' RACE PACKAGE	7
2.5. DOPING CONTROL	8
2.6. SECURITY	8
2.7. LOC OFFICE	8
<b>3. ACCOMMODATION</b>	<b>8</b>
<b>4. TRANSFER AND TRANSPORT</b>	<b>8</b>
<b>5. ATHLETES' SERVICES</b>	<b>9</b>
5.1. TRAINING FACILITIES	9
5.2. MEDICAL SERVICES	9
5.3. BIKE MECHANICAL SERVICE	9
<b>6. COMPETITION SCHEDULE</b>	<b>10</b>
6.3. COMPETITION RULES	12
6.4. ATHLETES' BRIEFING	12
6.5. TIMING CHIPS	12
6.6. RESULTS	13
6.7. PROTEST & APPEALS	13
<b>7. ACCREDITATION</b>	<b>13</b>
<b>8. OTHER USEFUL INFORMATION</b>	<b>13</b>
8.1. LANGUAGE	13
8.2. POPULATION	13
8.3. CURRENCY	13
8.4. TIME	13
8.5 ELECTRICITY	13
8.6 WATER	13
8.7 TELEPHONE CONNECTIONS	14
<b>9. COURSE MAPS</b>	<b>14</b>
9.1. SEMIFINAL, FINAL AND JUNIOR & ELITE MIXED RELAY SWIM START	14
9.2 SWIM COURSE	14
9.3. TRANSITION	15
9.4. BIKE COURSE	15
9.5. TRANSITION 2	16
9.6 RUN COURSE	16

It is with great joy that I welcome all the Triathlon National Federations that will be present at our 2023 Europe Triathlon Sprint & Relay Championships in Balıkesir, Türkiye.

The Turkish NF has done great improvements in the last years not only with the quality of its athletes, but also supporting Europe Triathlon in the organisation of events.

In addition to the "historical" race in Alanya, recently Europe Triathlon events have been organised in Balıkesir and Yenişehir: It has helped to increase organisational skills.

I am really eager to witness the 2023 Europe Triathlon Sprint & Relay Championships in Balıkesir where the best European Elite Athletes will compete in the Sprint distance for the European title. We will also see the best U-23s and the best Juniors of Europe to fight for the European Champions titles..On top of that - mixed team relays -fast and furious format for Elite and Junior will thrill the audience in Balıkesir just in two weeks time.

We have in front of us a "not to be missed" edition of the Europe Triathlon Championships!

See you there.

Renato Bertrandi

Europe Triathlon President.



Dear Distinguished Guest ,

Balıkesir; with its ancient historical and cultural values as well as its unique nature, fertile lands and gastronomy has great potential. It has a strong and deep-rooted history. As the Metropolitan Municipality, with this power derived from our past, we are working hard to build a city where the citizens are proud to live. We have a dream of a city where each district stands out with its unique elements and is accepted worldwide. Each of our district regions has element that can be a brand on its own. While strengthening the thermal tourism identity of some of our districts, the nature tourism identity, the youth and sports and health tourism identity of others have started to record success.



We are taking steps to make Balıkesir a new centre of attraction for sports and diving enthusiasts. Balıkesir hosts youth and sports centres in various districts and open courses for the children and young people in these centres according to the age categories and participants preferences. We have taken an important step to develop diving tourism with the underwater gallery, where the sculptures placed to the seabed having both local and universal values and the Aeneas route. In addition to this, to protect the red corals and to maintain its existence and enable diving enthusiasts to discover this region of Ayvalık, which is only available in the world, in Portofino, Italy we are doing projects and investments. Gastronomy is now a reason for travel, and Balıkesir has a great value with its organic products, local flavours and its cuisine. We have 18 products registered with geographical indication. 14 of them are food products, and among them the most known products are Balıkesir lamb, 50 kinds of cheese and olives and olive oils.

Balıkesir, with its vision to be the attraction centre for sports and sports tourism, is honoured to be the host city for this event and I invite everyone to experience our ancient city, Balıkesir, with hospitable people to meet, to see the unique scenic beaches, natural wonders and to enjoy the traditional flavours made with many kinds of products.

Sincerely,

Yücel Yılmaz

Mayor of Balıkesir Metropolitan Municipality

Dear Triathletes, Coaches, Technical Officials, and Distinguished Guests,

It is my utmost pleasure and honour to extend a warm welcome to each and every one of you to the 2023 Europe Triathlon Sprint & Relay Championships Balıkesir, which will take place in the beautiful city of Balıkesir from the 3rd to the 6th of August.

This event marks a significant milestone for our federation and the entire triathlon community in Türkiye. It is a moment of pride and joy to have the privilege of hosting such esteemed athletes and passionate individuals from across Europe. The 2023 Europe Triathlon Sprint & Relay Championships Balıkesir is not only a celebration of athleticism and determination but also an opportunity to foster camaraderie and friendship amongst all participants.

Balıkesir, with its picturesque landscapes, historical richness, and warm hospitality, serves as a perfect backdrop for this championship. Our dedicated team has been working tirelessly to ensure that every aspect of the event is organised to the highest standards, creating an unforgettable experience for everyone involved.

Throughout the competition, you will not only witness fierce sporting rivalry but also witness the power of unity that sports can bring. The championship will undoubtedly showcase the incredible talent and dedication that each athlete possesses, inspiring spectators and aspiring triathletes alike.

As we gather in Balıkesir, let us remember the core values of sportsmanship, fair play, and mutual respect. Let us compete with passion, but always uphold the spirit of friendly competition and support for one another.

I would like to express my gratitude to all the athletes who have come from various corners of Europe to participate, the coaches who have trained and mentored these incredible talents, and the Technical Officials who will ensure the smooth running of the event.

Lastly, I would like to extend my heartfelt appreciation to our event sponsors, partners, and volunteers, without whom this championship would not have been possible.

May the Triathlon European Championship in Balıkesir be a memorable and enriching experience for all. Let us come together to celebrate our shared love for triathlon and leave with cherished memories that will last a lifetime.

Wishing you all the best of luck and success in the upcoming championship!

Bayram Yalçınkaya

President, Türkiye Triathlon Federation



## 1. GENERAL INFORMATION

### 1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

### 1.2. KEY DATES

DAY	START	END	ACTIVITY	LOCATION
03/08	13:00		Press Conference	Venue
03/08	17:00	17:30	Junior Briefing	Venue
03/08	18:00	18:30	Elite Briefing	Venue
04/08	8:10		Semi Final 1 - Junior Women	Venue
04/08	8:45		Semi Final 2 - Junior Women	Venue
04/08	9:20		Semi Final 3 - Junior Women	Venue
04/08	9:55		Semi Final 1 - Junior Men	Venue
04/08	10:30		Semi Final 2 - Junior Men	Venue
04/08	11:05		Semi Final 3 - Junior Men	Venue
04/08	15:30		Semi Final 1 - Elite Women	Venue
04/08	16:05		Semi Final 2 - Elite Women	Venue
04/08	16:40		Semi Final 3 - Elite Women	Venue
04/08	17:15		Semi Final 1 - Elite Men	Venue
04/08	18:25		Semi Final 2 - Elite Men	Venue
04/08	19:00		Semi Final 3 - Elite Men	Venue
05/08	9:00		Final B Junior Women	Venue
05/08	9:35		Final B Junior Men	Venue
05/08	10:10		Final A Junior Women	Venue
05/08	10:45		Final A Junior Men	Venue
05/08	15:30		Final B Elite Women	Venue
05/08	16:05		Final B Elite Men	Venue
05/08	16:40		Final A Elite Women	Venue
05/08	17:15		Final A Elite Men	Venue
05/08	19:00		Medal Ceremony	Venue
06/08	11:00		Mixed Relay Junior	Venue
06/08	15:30		Elite/U23 Mixed Relay	Venue
06/08	17:30		Medal Ceremony	Venue

### 1.3. KEY CONTACTS

Name and contact details of:

- Race director: Hüseyin Onur Aydemir, [onuraydemir@triatlon.org.tr](mailto:onuraydemir@triatlon.org.tr)
- Technical delegates: Alpar Nagy, [alpar.nagy@triathlon.org](mailto:alpar.nagy@triathlon.org) Patrick Hendrickx, [p.hendrickx@telenet.be](mailto:p.hendrickx@telenet.be)

- Athletes services manager: Kubilay Tolga Ergün, [k.tolgaergun@gmail.com](mailto:k.tolgaergun@gmail.com), Phone: +905454349189
- Europe Triathlon Office: [hq@europe.com](mailto:hq@europe.com). Phone number : +32478825456.

#### 1.4. CONTACT DETAILS

LOC : Balıkesir Metropolitan Municipality

Eski Kuyumcular, Mahallesi, Mekik Sk. No:25, 10010 Karesi/Balıkesir

[belediye@balikesir.bel.tr](mailto:belediye@balikesir.bel.tr)

+90 266 239 15 10

National Federation: Türkiye Triathlon Federation

Maltepe mah Şehit Daniş Tunaligil Sok. No:3 Daire:15 Çankaya / Ankara

[bilgi@triatlon.org.tr](mailto:bilgi@triatlon.org.tr)

+90 312 309 25 70

## 2. VENUE

### 2.1. RACE VENUE

The 2023 Balıkesir Europe Triathlon Sprint & Relay Championships has one venue. Located in [Balıkesir Avlu](#)



#### RACE MAPS

1. [2023 Europe Triathlon Sprint & Relay Championships Balıkesir, Semi Finals](#)
2. [2023 Europe Triathlon Sprint & Relay Championships Balıkesir, Finals](#)
3. [2023 Europe Triathlon Sprint & Relay Championships Balıkesir, Mixed Relays](#)

## 2.2 COURSE FAMILIARISATION

DATE	TIME		ACTION	CATEGORY
03.08.2023	10:00	10:30	Bike Familiarisation <a href="#">Meeting Point</a>	Elite / U23
03.08.2023	10:45	11:15	Bike Familiarisation <a href="#">Meeting Point</a>	Junior
03.08.2023	11:00	11:30	Swim Familiarisation <a href="#">Meeting Point</a>	Elite / U23
03.08.2023	11:45	12:15	Swim Familiarisation <a href="#">Meeting Point</a>	Junior

## 2.3. ATHLETE'S LOUNGE

The Athlete Lounge is located just to the left of the transition area which is named Avlu Convention and Cultural Central. Inside, there will be dressing rooms, restrooms and physiotherapists, all dedicated to the athlete's needs and it will be available for Elite/U23/Juniors/Mixed Team Relay Athletes during hours included in the schedule

[Location](#)

A recovery zone will be placed near the finish area. It will provide toilets and water.

## 2.4. ATHLETES' RACE PACKAGE

For the Semifinals athletes race packages will be distributed before the briefing as indicated on [section 6](#) (competition schedule). The briefing will take place at the Avlu Convention and Cultural Central.

[Location](#)

For the finals athletes race packages will be distributed at athletes lounge at the time slot indicated on [competition schedule](#)(section 6).

[Location](#)

Mixed Junior Team Relay, Sunday August 6th, 9:30

Mixed Elite Team Relay, Sunday August 6th, 14:00

[Location](#)

Composition of race package:

- Helmet numbers (3) & Bike number (1)
- Body decals for both arms & legs – 4 x sets
- Accreditation pass

Registration fees:

Junior individual – € 130



Elite/U23 - € 150

Mixed Junior Relay – € 175

Mixed Elite Relay - € 185

## 2.5. DOPING CONTROL

Doping tests will be conducted according to World Triathlon/WADA rules by the Turkish Anti-Doping Commission. The athletes must carry their identification to the doping control facilities. There will be a dedicated doping control room inside the athlete lounge. Athletes will undergo doping tests in these private rooms.

## 2.6. SECURITY

There will be local police and 112 emergency ambulance services at the venue. Additionally, there will be private security personnels to manage access control and crossing across control.

## 2.7. LOC OFFICE

The LOC office will be located in the registration area in Avlu Convention and Cultural Center.

Operating hours:

Thursday, 03 August 2023 between 10:00 - 20:00

Friday, 04 August 2023 between 06:00 - 20:00

Saturday, 05 August 2023 between 07:00 - 20:00

Sunday, 06 August 2023 between 06:00 - 19:00

Contact Person:

Kubilay Tolga ERGUN, E-mail: [k.tolgaergun@gmail.com](mailto:k.tolgaergun@gmail.com), Phone: +905454349189

## 3. ACCOMMODATION

For all accommodation needs:

Ms. Ceren Demirkaya

Sayga Travel

Türsab Licence No: 13933

Adress: Valikonağı Caddesi Akkirman Sokak Akkirman Apartmanı No:2/1 Kat:5 D:18 Nişantaşı Şişli / İSTANBUL

triathlon@sayga.travel

Host Hotel

Onhann Hotel (\*\*\*\*) Paşaalanı Mah. Bandırma Cad. A - Blok Yaylada AVM No: 114 / A - 121 Karesi / Balıkesir

<http://www.onhann.com.tr/> / [info@onhann.com.tr](mailto:info@onhann.com.tr) / (+90) 0266 234 041

## 4. TRANSFER AND TRANSPORT

For all transfer needs:

Ms. Ceren Demirkaya

Sayga Travel

Türsab Licence No: 13933

Adress: Valikonağı Caddesi Akkirman Sokak Akkirman Apartmanı No:2/1 Kat:5 D:18 Nişantaşı Şişli / İSTANBUL

triathlon@sayga.travel

Visa Information

By clicking the link below you can check whether you are going to need a visa to enter Türkiye :  
<https://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa>

## 5. ATHLETES' SERVICES

### 5.1. TRAINING FACILITIES

#### SWIM

Swim Course:

Additional to swim course familiarisations, a part of the canal (between the start pontoon and exit ramp) will be available for training from 2nd of August to 3rd of August between 09:00-11:00 and 17:00-19:00 . There will be lifeguards on site.

Pool Swim:

Atatürk Swimming Pool will be available for training from 2nd and 3rd of August.

There will be lifeguards on site.

Address: Hasan Basri Çantay Mah., Park Altı Sk Atatürk Stadı yanı, Balıkesir

For Reservation Tel: +90 226 245 87 83

#### BIKE

No specific bike roads are provided. The road around the venue will be open to traffic till the race day.

#### RUN

İsmail Akçay Athletics Track, open to public use, has administrative offices, large and small sports halls that can be used in rainy weather, warehouses, locker rooms and showers. Inner lane 400 metres, outer lane 450 metres.

[Location](#)

Additionally, The run path around the Avlu Recreation Area is open to public use.

### 5.2. MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions and during the race. There will be First Aid and Emergency Medical Services at the Race Village on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

Closest hospital address: Balıkesir Devlet Hastanesi,  
Atatürk, Balıkesir Devlet Hst. Acil Servis İç Yolu 1-10, 10020 Karesi/Balıkesir

[Location](#)

Emergency telephone number: 112

### 5.3. BIKE MECHANICAL SERVICE

Official Bike mechanical partner Shimano Türkiye will be at the EXPO area, close to the transition area.

**6. COMPETITION SCHEDULE**

Schedule				
Date	Time	Until	Action	Category
03.08.2023	10:00	10:30	Bike Familiarization	Elite / U23
03.08.2023	10:45	11:15	Bike Familiarization	Junior
03.08.2023	11:00	11:30	Swim Familiarization	Elite / U23
03.08.2023	11:45	12:15	Swim Familiarization	Junior
03.08.2023	13:00	13:30	Elite Press Conference	Elite / U23
03.08.2023	15:00	17:00	Elite/U23/Junior Race Package Distribution	Elite / U23 / Junior
03.08.2023	17:00	17:30	Briefing Junior	Junior
03.08.2023	18:00	18:30	Briefing Elite	Elite / U23
Date	Time	Until	Action	Category
04.08.2023	6:30	7:30	All Junior Athletes - Athlete Lounge Open	Junior
04.08.2023	7:00	8:00	All Junior Athletes -TA check-in	Junior
04.08.2023	7:45	8:00	Junior Women, Semifinal 1 - Swim warm-up	Junior
04.08.2023	8:03	8:08	Junior Women, Semifinal 1 - Call/Introduction	Junior
04.08.2023	8:10	8:40	Junior Women, Semifinal 1	Junior
04.08.2023	8:20	8:35	Junior Women, Semifinal 2 - Swim warm-up	Junior
04.08.2023	8:38	8:43	Junior Women, Semifinal 2 - Call/Introduction	Junior
04.08.2023	8:45	9:15	Junior Women, Semifinal 2	Junior
04.08.2023	8:55	9:10	Junior Women, Semifinal 3 - Swim warm-up	Junior
04.08.2023	9:13	9:18	Junior Women, Semifinal 3 - Call/Introduction	Junior
04.08.2023	9:20	9:50	Junior Women, Semifinal 3	Junior
04.08.2023	9:30	9:45	Junior Men, Semifinal 1 - Swim warm-up	Junior
04.08.2023	9:48	9:53	Junior Men, Semifinal 1 - Call/Introduction	Junior
04.08.2023	9:55	10:25	Junior Men, Semifinal 1	Junior
04.08.2023	10:05	10:20	Junior Men, Semifinal 2 - Swim warm-up	Junior
04.08.2023	10:23	10:28	Junior Men, Semifinal 2 - Call/Introduction	Junior
04.08.2023	10:30	11:00	Junior Men, Semifinal 2	Junior
04.08.2023	10:40	10:55	Junior Men, Semifinal 3 - Swim warm-up	Junior
04.08.2023	10:58	11:03	Junior Men, Semifinal 3 - Call/Introduction	Junior
04.08.2023	11:05	11:35	Junior Men, Semifinal 3	Junior
04.08.2023	11:30	12:00	All Junior Athletes - TA Check-out	Junior
04.08.2023	13:50	14:50	All Elite categories - Athlete Lounge open	Elite / U23
04.08.2023	14:20	15:20	All Elite categories - TA check-in	Elite / U23
04.08.2023	15:05	15:20	Elite Women, Semifinal 1 - Swim warm-up	Elite / U23
04.08.2023	15:23	15:28	Elite Women, Semifinal 1 - Call/Introduction	Elite / U23
04.08.2023	15:30	16:00	Elite Women, Semifinal 1	Elite / U23
04.08.2023	15:40	15:55	Elite Women, Semifinal 2 - Swim warm-up	Elite / U23

04.08.2023	15:58	16:03	Elite Women, Semifinal 2 - Call/Introduction	Elite / U23
04.08.2023	16:05	16:35	Elite Women, Semifinal 2	Elite / U23
04.08.2023	16:15	16:30	Elite Women, Semifinal 3 - Swim warm-up	Elite / U23
04.08.2023	16:33	16:38	Elite Women, Semifinal 3 - Call/Introduction	Elite / U23
04.08.2023	16:40	17:10	Elite Women, Semifinal 3	Elite / U23
04.08.2023	16:50	17:05	Elite Men, Semifinal 1 - Swim warm-up	Elite / U23
04.08.2023	17:08	17:13	Elite Men, Semifinal 1 - Call/Introduction	Elite / U23
04.08.2023	17:15	17:45	Elite Men, Semifinal 1	Elite / U23
04.08.2023	17:25	17:40	Elite Men, Semifinal 2 - Swim warm-up	Elite / U23
04.08.2023	17:43	17:48	Elite Men, Semifinal 2 - Call/Introduction	Elite / U23
04.08.2023	17:50	18:20	Elite Men, Semifinal 2	Elite / U23
04.08.2023	18:00	18:15	Elite Men, Semifinal 3 - Swim warm-up	Elite / U23
04.08.2023	18:18	18:23	Elite Men, Semifinal 3 - Call/Introduction	Elite / U23
04.08.2023	18:25	18:55	Elite Men, Semifinal 3	Elite / U23
04.08.2023	19:00	19:45	All Elite Categories - TA Check-out	Elite / U23
<b>Date</b>	<b>Time</b>	<b>Until</b>	<b>Action</b>	<b>Category</b>
05.08.2023	7:20	8:20	All Junior Athletes - Athlete Lounge Open, Registration and Race Package Distribution	Junior
05.08.2023	7:50	8:50	All Junior Athletes -TA check-in	Junior
05.08.2023	8:20	8:50	Junior Women, Final B - Swim warm-up	Junior
05.08.2023	8:53	8:58	Junior Women, Final B - Call/Introduction	Junior
05.08.2023	9:00	9:30	Junior Women, Final B	Junior
05.08.2023	9:10	9:25	Junior Men, Final B - Swim warm-up	Junior
05.08.2023	9:28	9:33	Junior Men, Final B - Call/Introduction	Junior
05.08.2023	9:35	10:10	Junior Men, Final B	Junior
05.08.2023	9:45	10:00	Junior Women, Final A - Swim warm-up	Junior
05.08.2023	10:03	10:08	Junior Women, Final A - Call/Introduction	Junior
05.08.2023	10:10	10:40	Junior Women, Final A	Junior
05.08.2023	10:20	10:35	Junior Men, Final A - Swim warm-up	Junior
05.08.2023	10:38	10:43	Junior Men, Final A - Call/Introduction	Junior
05.08.2023	10:45	11:15	Junior Men, Final A	Junior
05.08.2023	11:15	12:00	All Junior Athletes - TA Check-out	Junior
05.08.2023	13:50	14:50	All Elite categories - Athlete Lounge open, Registration and Race Package Distribution	Elite / U23
05.08.2023	14:20	15:20	All Elite categories - TA check-in	Elite / U23
05.08.2023	15:05	15:20	Elite Women, Final B - Swim warm-up	Elite / U23
05.08.2023	15:23	15:28	Elite Women, Final B - Call/Introduction	Elite / U23
05.08.2023	15:30	16:00	Elite Women, Final B	Elite / U23
05.08.2023	15:40	15:55	Elite Men, Final B - Swim warm-up	Elite / U23
05.08.2023	15:58	16:03	Elite Men, Final B - Call/Introduction	Elite / U23
05.08.2023	16:05	16:35	Elite Men, Final B	Elite / U23
05.08.2023	16:15	16:30	Elite Women, Final A - Swim warm-up	Elite / U23

05.08.2023	16:33	16:38	Elite Women, Final A - Call/Introduction	Elite / U23
05.08.2023	16:40	17:10	Elite Women, Final A	Elite / U23
05.08.2023	16:50	17:05	Elite Men, Final A - Swim warm-up	Elite / U23
05.08.2023	17:08	17:13	Elite Men, Final A - Call/Introduction	Elite / U23
05.08.2023	17:15	17:45	Elite Men, Final A	Elite / U23
05.08.2023	17:45	18:30	All Elite Categories - TA Check-out	Elite / U23
05.08.2023	19:00	19:30	<b>Medal Ceremony</b>	ALL
<b>Date</b>	<b>Time</b>	<b>Until</b>	<b>Action</b>	<b>Category</b>
06.08.2023	8:45	9:00	Mixed Junior Relay, Team declaration	Junior
06.08.2023	9:00	10:00	TA set up for LOC	LOC
06.08.2023	9:30	10:30	Mixed Junior Relay, Athlete Lounge Check-in/ race package pick-up	Junior
06.08.2023	10:00	10:50	Mixed Junior Relay, TA check-in	Junior
06.08.2023	10:30	10:45	Mixed Junior Relay, Swim Warm-up	Junior
06.08.2023	10:50	10:58	Mixed Junior Relay, Call/Introduction	Junior
06.08.2023	11:00	13:00	Mixed Junior Relay	Junior
06.08.2023	13:00	13:30	Mixed Junior Relay, TA check-out	Junior
06.08.2023	13:30	14:30	TA set up for LOC	LOC
06.08.2023	13:45	14:00	Mixed Elite Relay, Team declaration	Elite
06.08.2023	14:00	15:00	Mixed Elite Relay, Athlete Lounge Check-in/race package pick-up	Elite
06.08.2023	14:30	15:20	Mixed Elite Relay, TA check-in	Elite
06.08.2023	15:00	15:15	Mixed Elite Relay, Swim Warm-up	Elite
06.08.2023	15:20	15:28	Mixed Elite Relay, Call/Introduction	Elite
06.08.2023	15:30	17:00	Mixed Elite Relay	Elite
06.08.2023	17:00	17:30	Mixed Elite Relay, TA check-out	Elite
06.08.2023	17:30		<b>Medal Ceremony</b>	Elite / Junior

### 6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the World Triathlon published and applicable from November 2022 – [WT Competition Rules](#)

### 6.4. ATHLETES' BRIEFING

03.08.2023, 17:00-17:30, Juniors Briefing

03.08.2023, 18:00-18:30, Elites Briefing

05.08.2023, 18:00-18:30, Mixed Junior Relay, Coaches Briefing

05.08.2023, 18:00-18:30, Mixed Elite Relay, Coaches Briefing

### 6.5. TIMING CHIPS

At race Check-In, Athletes will be issued with their timing chip which is to be worn above the left ankle. Athletes will also be given their numbered Swim Cap and must have their Uniform available to

be checked for WT guideline compliance. Bikes will be checked for safety and compliance on entry to the Transition Area.

#### **6.6. RESULTS**

Results will be uploaded live at the World Triathlon official website [www.triathlon.org](http://www.triathlon.org). There will be live coverage on both triathlonLive and Europe Triathlon youtube channel. All the Results information will be distributed to the Team Leaders at the Information Centre at Avlu Culture and Convention Center

#### **6.7. PROTEST & APPEALS**

Standard procedures will be followed according to the current World Triathlon Competition Rules

### **7. ACCREDITATION**

The LOC will provide all the Organising Committee Members, Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

Accreditation cards will be distributed together with race packages.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition.

All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

### **8. OTHER USEFUL INFORMATION**

#### **8.1. LANGUAGE**

Türkiye's official language is Turkish.

#### **8.2. POPULATION**

According to current information approximately 85 million 279 thousand 553 people are living in Turkey.

#### **8.3. CURRENCY**

Currency is Turkish Liras (TL)

#### **8.4. TIME**

GMT +3

#### **8.5 ELECTRICITY**

230V 50 Hertz

In Türkiye the power sockets are of type E.

#### **8.6 WATER**

Non-potable water

## 8.7 TELEPHONE CONNECTIONS

+90 area code

## 9. COURSE MAPS

### 9.1. SEMIFINAL, FINAL AND JUNIOR & ELITE MIXED RELAY SWIM START



Start will be from a pontoon, 30 m length and 6 m wide. Depth at the start: 1,5m. The Race Referee with assistance of Technical Officials, who are assigned to the start, will start each race.

### 9.2 SWIM COURSE

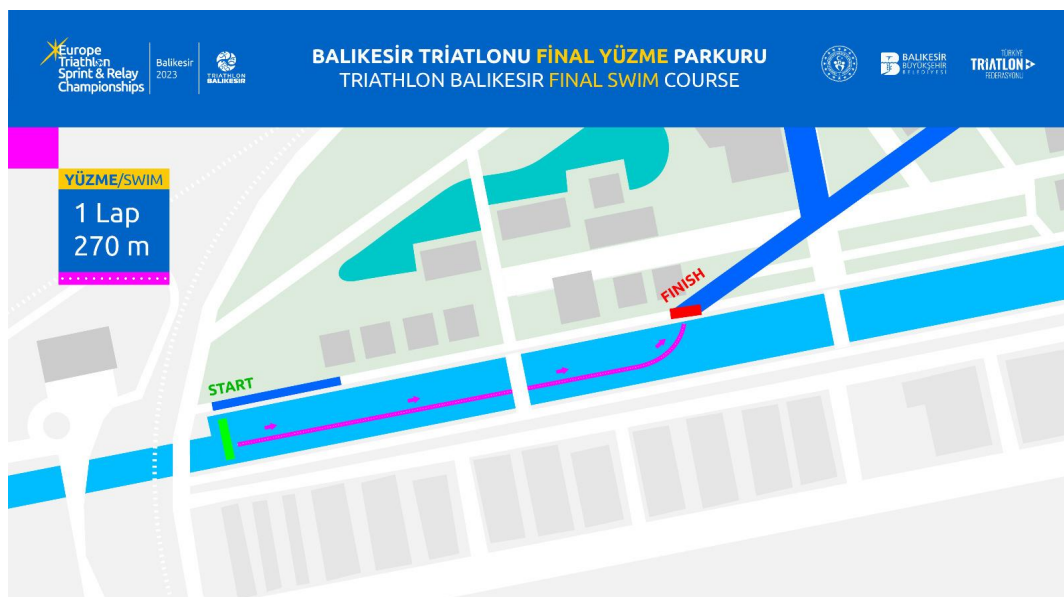
Number of laps: 1 (one)

Distance of the course: 270m

Distance from the pontoon to the first buoy: 255 m

The swim course follows the right side of the buoys, so all of the buoys should stay at athletes left while passing

Average water temperature: 23-25°C



### 9.3. TRANSITION

A flow through transition has been developed to keep athletes moving forward. Athletes enter the transition and must deposit swim gear in a bin placed beside the bike racks. Athletes' names and/or numbers are displayed on the top of each bike rack. After the helmet is secured, athletes unrack the bike by moving forward into the centre lane and towards the mount line



### 9.4. BIKE COURSE

For all events: High quality asphalt, flat, technical and fast course

3 laps/Total distance: 8 km/ Elevation: 44m

Team Wheel station: It will be located near transition, in a place where athletes pass at the end of each lap.

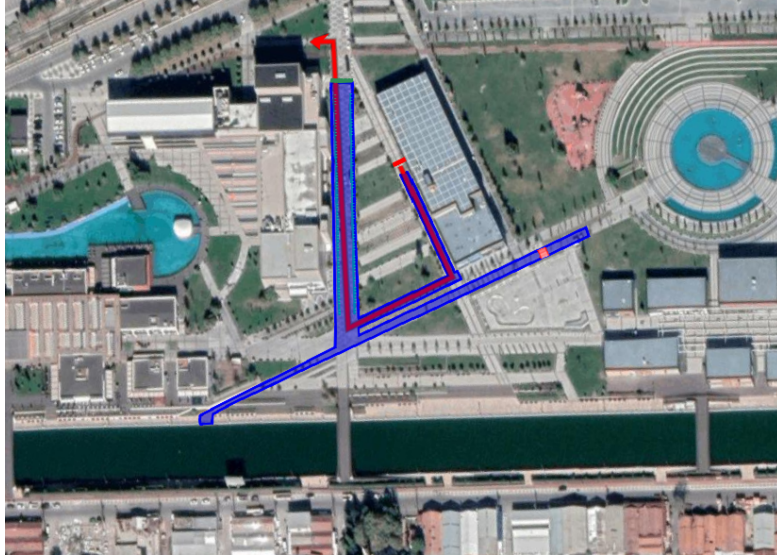
Neutral Wheel station is placed at 1.45 km after the mount line.





## 9.5. TRANSITION 2

After the last lap of the bike, athletes have to get off the bike before the dismount line. They run by holding the bike, turning right to enter the TA. Athletes enter the transition and must deposit the bike. Running shoes may be placed beside the rack or in the box. After this they should proceed to the run course.



## 9.6 RUN COURSE

Description: Flat

**FINALS RUN COURSE: 2 laps/1.7 k**



### MIXED RELAY RUN COURSE

1ST, 2ND AND 3RD ATHLETE: 2 laps/1.9 k/Flat

LAST ATHLETE: 2 laps/1.7 k/Flat



Good luck!