

ATHLETE GUIDE



CheileGrădiștei 
Wintertriathlon
World Championships

CHEILE GRADISTE
26-28 JANUARY 2018

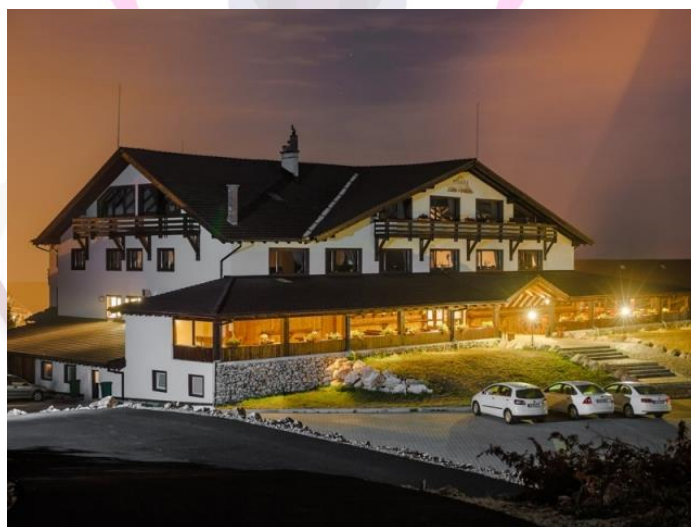
1 | GENERAL INFORMATION

1.1 KEY DATES

FRIDAY 26 JANUARY		
Activity Times Location	Times	Location
TO office open	10:00	Biathlon Arena
Bike Familiarization	14:00	Biathlon Arena
Ski Familiarization	15:00	Biathlon Arena
Race Packet Pick-Up Age Group	16:00	Resort Reception
Elite & Junior Athlete Briefing	18:00	Main Restaurant
Elite & Junior Race Packet Pick-Up	18:30	Main Restaurant
Registration DRACULA WINTER NIGHT RUN	18:30	Biathlon Arena
START DRACULA WINTER NIGHT RUN - open trail race 4 km	19:00	Biathlon Arena
SATURDAY 27 JANUARY		
Activity Times Location	Times	Location
TO office open	07:00	Biathlon Arena
START Elite Women Winter Triathlon World Championships	10:00	Biathlon Arena
START Elite Men Winter Triathlon World Championships	12:25	Biathlon Arena
START Junior Men Winter Triathlon World Championships	14:45	Biathlon Arena
START Junior Women Winter Triathlon World Championships	14:47	Biathlon Arena
START Para Winter Triathlon World Championships	14:49	Biathlon Arena
Race Packet Pick-Up Age Group	16:00	Resort Reception

Award Ceremony – Elite & Junior n	17:00	Main Restaurant
Award Ceremony Dracula Night Run	17:30	Main Restaurant
Mixt Relay Coach Briefing	18:00	Main Restaurant
Age Group Athlete Briefing	19:00	Main Restaurant
SUNDAY 28 JANUARY		
Activity Times Location	Times	Location
TO office open	07:00	Biathlon Arena
Transition Open Age Group Winter Triathlon World Championships	09:00	Biathlon Arena
START Age Group Winter Triathlon World Championships	10:00	Biathlon Arena
START Winter TriTeam Race (Relay: 1 runner, 1 biker & 1 skier)	10:10	Biathlon Arena
START Mix Relay Winter Triathlon World Championships	14:00	Biathlon Arena
Award Ceremony – Age Group, Para, Mixt Relay & TriTeam	17:00	Main Restaurant
After Party	18:00	Main Restaurant

The briefings will be held at the **Resort Fundata – Main Restaurant**



1.2 KEY CONTACTS

Function	Name	Email	Contact Number
LOC Sport Manager	Peter Klosz	klosz.peter@frtri.ro	+40 743 416 873
LOC Service Manager	Ovidiu Burghilea	office@frtri.ro	+40 763 820 423
ITU Team Leader	Alpar Nagy	alpar.nagy@triathlon.org	+36 70 770 0679
ITU Technical Delegate	Enrique Quasada	enrique.quesada@traithlon.org	+ 34 648 075 813
Medical Delegate	Dr.Casandra Man	casandra_man@yahoo.com	+40 746 797 327

1.3 EVENT WEBSITE

Here is the link to the Wintertriathlon World Championships website:

www.wintertriathlon.ro

1.4 EVENT ORGANISER & HOST NATIONAL FEDERATION

Romanian Triathlon Federation office@frtri.ro Website: www.frtri.ro Tel: 0040743416873



2 | VENUES

2.1 VENUE

1. Cheile Gradistei Resort Fundata : touristic complex, biatlon arena & sport center is situated at 20 km from Bran Castle on a higher zone in the Fundata area. Access is done only on a private paved road.

The resort offers beautiful panoramas for the Piatra Craiului mountains and Bucegi mountains, the freshness and the privacy make the complex to be a place full of beauty and peace



2.2 ATHLETES' LOUNGE – Elite, U23, Junior & Para

Facilities including an athletes' lounge and toilets are provided for the athletes close to the finish area. Sealed bottles of water, hot tea and fruit will be offered to the athletes before and after the race, in the athletes' lounge.

Athletes' lounge check in times:

- Elite men & women 27 January 8:30 – 11:30
- Junior men & women 27 January 13:45 – 14:15
- Para men & women 28 January 13:45 – 14:15
- Mixt Relay 28 January 12:30 – 13:45

2.3 DOPING CONTROL

Doping control will be performed according to the international anti-doping rules and standards. The doping control facilities are located at the main venue, next to the athletes' lounge.

2.4 MEDICAL SERVICES

Medical services will be provided at the venue during each official activity (course familiarizations/competitions)

DESIGNATED HOSPITAL

A designated hospital is prepared to receive any casualty necessary. There is considerable local expertise in treating the undead.

The designated hospital for this event is:

Regional Emergency Hospital Brasov

Calea București 25, Braşov 500326 Tel [00 40 268 320 022](tel:0040268320022)

2.5 BIKE MECHANIC SERVICE

Bike Mechanic Support will be available in the Biathlon Arena

2.6 INFORMATION CENTRE / LOC OFFICE

The LOC Information Office is located at Biathlon Arena next the Athlete Lounge

Opening hours LOC Office:

Wednesday 26 January	10:00 – 16:00
Thursday 27 January	10:00 – 16:00
Friday 27 January	10:00 – 20:00
Saturday 27 January	07:00 – 20:00
Sunday 27 January	07:00 – 18:00

For assistance outside these hours, please contact LOC Service Manager Ovidiu Burghilea +40 763 820 423



3 | ACCOMODATION

3.1 OFFICIAL HOTEL

Cheile Gradistei – Resort Fundata & Resort Moeciu

Jud.Brasov; Comuna Fundata, 507070

CONTACT & BOOKING:

cheilegradistei@gmail.com & klosz.peter@frtri.ro Tel : 00 40 372 681 401

DISTANCE HOTEL-VENUE

*Resort Fundata 5 minutes' walk ,

* Resort Moeciu 10 minutes' car

PRICES :

* Accommodation & full board 3*** - 65.00 euro/day/person in double room - 75.00 euro/ day/person in single room

* Accommodation & full board 2** - 55.00 euro/ day/person in double room - 65.00 euro/ day/person in single room

Including free access to SPA and Sport Facility

Romania's electrical current is 230 V; 50 cycles and sockets take the standard continental European dual round-pin plugs.

4 | AIRPORT TRANSFERS

The LOC will provide transportation for athletes and officials from Bucuresti Otopeni & Sibiu International Airport

For booking and price please contact **Adina Dusa** - +40 746 793 078 dia27a@yahoo.com

* Bucuresti Otopeni International Airport 177 km - Transfer cost :42 euro/pers/way

* Sibiu International Airport 145 km Transfer cost :40 euro/pers/way

5 | TRAINING

5.1 BIKE&RUN&COUNTRY SKI TRAINING

The course will be marked out from Tuesday 25 January. It will be possible to train using the race course every day (except when there are races) between 10:00 and 18:00. Please note, in the case of bad weather the course may be closed. Use sports facility fee: free for Resort Fundata & Resort Moeciu guest and 25 euro/day for other athletes

5.4 COURSE FAMILIARIZATIONS

BIKE & SKI

Bike & Ski course familiarization start from Biathlon Arena

Friday 26 January

- Elite & Junior athletes' bike course familiarization escorted / full course 14:00
- Age Group athletes' bike course familiarization escorted / full course 14:30
- Elite, & Junior athletes' country ski course familiarization escorted / full course 15:00
- Age Group athletes' country ski course familiarization escorted / full course 15:30



6 | COMPETITION INFORMATION

6.1 COMPETITION SCHEDULE

Friday 26 January 2018

Bike Familiarization	14:00	Biathlon Arena
Country Ski Familiarization	15:00	Biathlon Arena
Race Packet Pick-Up Age Group	16:00	Resort Reception
Elite & Junior Athlete Briefing	18:00	Main Restaurant

Registration DRACULA WINTER NIGHT RUN	18:30	Biathlon Arena
START DRACULA WINTER NIGHT RUN - open trail race 4 km	19:00	Biathlon Arena

Saturday 27 January 2018

TO office open	07:00	Biathlon Arena
Transition Area Open for Elite Women	09:00	Biathlon Arena
START Elite Women Winter Triathlon World Championships	10:00	Biathlon Arena
Transition Area Open for Elite Man	11:30	Biathlon Arena
START Elite Men Winter Triathlon World Championships	12:25	Biathlon Arena
Transition Area Open for Junior Man & Women	14:00	Biathlon Arena
START Junior Men Winter Triathlon World Championships	14:45	Biathlon Arena
START Junior Women Winter Triathlon World Championships	14:47	Biathlon Arena
START Para Winter Triathlon World Championships	14:49	Biathlon Arena
Race Packet Pick-Up Age Group	16:00	Resort Reception
Award Ceremony – Elite & Junior & Dracula Night Run	17:00	Main Restaurant
Mixt Relay Coach Briefing	18:00	Main Restaurant
Age Group Athlete Briefing	19:00	Main Restaurant

Sunday 28 January 2018

TO office open	07:00	Biathlon Arena
Transition Open Age Group Winter Triathlon World Championships	09:00	Biathlon Arena
START Age Group Winter Triathlon World Championships	10:00	Biathlon Arena
START Winter TriTeam Race (Relay: 1 runner, 1 biker & 1 skier)	10:10	Biathlon Arena
START Mix Relay Winter Triathlon World Championships	14:00	Biathlon Arena
Award Ceremony – Age Group, Mixt Relay & TriTeam	17:00	Main Restaurant
After Party	18:00	Main Restaurant

6.2 COMPETITION RULES

The Wintertriathlon World Championships will conform to the current ITU Competition Rules. (https://www.triathlon.org/about/downloads/category/competition_rules)

6.3 INFORMATION ABOUT THE FIELD OF PLAY

Run course

- Each lap = 1,5 km elevation 40 m
- Elite & Age Group = 5 laps
- Juniors & Para = 2 laps

Bike Course

- Each lap = 2,65 km elevation 70 m
- Elite & Age Group = 5 laps
- Juniors & Para = 2 laps

Ski Course

- Each lap = 2 km elevation 50 m

- Elite & Age Group = 5 laps
- Juniors & Para = 2 laps

Wheel Stations – Elite & Juniors Only

- There will be one team wheel station.

Teams are permitted to leave team wheels to the wheel station.

Aid Stations

- There will be 1 aid station along the run course.

Littering zones

- Clearly marked littering zones will be marked on both the bike and the run courses. More information will be provided at the race briefing.

Ski Penalty box

- There will be 1 ski penalty box. It will be located in the end of the lap

Coaches areas – Elite & Juniors only

- There will be 2 coaches areas (next to the transition area and next to the penalty box)

6.4 WEATHER CONDITIONS

In Cheile Gradistei, the months of January are characterized by a continental, winter temperature; mornings and evenings -2 to -10 degrees centigrade and -4 to +4 degrees centigrade in daytime.

For weather forecasts go to <https://www.accuweather.com/ro/ro/fundata/277842/weather-forecast/277842>

6.5 RESULTS

Results will be uploaded live to the ITU's official website: www.triathlon.org

All the results information will be distributed to the team managers / coaches at the LOC Information Office.

6.6 PROTESTS & APPEALS

Standard procedures will be followed according to the ITU Competition Rules.

6.7 COURSE MAPS

RUN COURSE MAP



BIKE COURSE MAP



SKI MAP



7 | ACCREDITATION

LOC will provide to all the athletes and team support an official accreditation card in line with ITU guidelines.

Additional accreditation cards can be collected at the race briefings.

Only accredited persons will be allowed to access certain venue areas. Accreditation cards are colour-coded and provide access to specific areas of the competition areas. All accredited persons are requested to carry their accreditation cards with them at all times and to show them upon request.

Resort Fundata & Resort Moeciu guest will have special accreditation for free access to SPA and Sport Facility

8 | PUBLIC TRANSPORT

No Public transport in Resort Fundata – everything is in 10 minute' walk distance

No Public Transport in Resort Moeciu – can ask transport from LOC to race venue in race day from Resort Moeciu to Resort Fundata and back





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